



Commissioner's Notes

June 2011

A monthly newsletter from Commissioner Julian Tackett, Kentucky High School Athletic Association, 2280 Executive Drive, Lexington, Kentucky 40505 859-299-5472 • www.khsaa.org

REMINDER ABOUT FOOTBALL CONTESTS, PRACTICES AND EQUIPMENT

Case BL-25-25 What is the first date for non-varsity football playing of contests (JV and Freshman)?

Non-varsity games can be played beginning the day following the team's first regular season varsity contest. A school playing in week 0 could not play against a school who doesn't play until week 1 in a non-varsity game until after the week 1 varsity game had been played.

Case BL-25-26- When does contact football practice begin?

The first date of contact practice is based on the first full day of classes for the student body in each school. Contact practice begins seven days prior to the first official day (which is the first day prior to students). The following is the calendar for the next several years.

2011	
First day of School for the student body	First practice in pads
July 25-July 29, 2011	July 25, 2011
August 1- August 4, 2011	July 25, 2011
August 5, 2011	July 26, 2011
August 8, 2010	July 27, 2011
August 9, 2011	July 28, 2011
August 10, 2011	July 29, 2011
August 11 or later	August 1, 2011
2012	
First day of School for the student body	First practice in pads
August 9 or earlier, 2012	July 30, 2012
August 10, 2012	July 31, 2012
August 13 or later, 2012	August 1, 2012

Case BL-25-27- What equipment can be worn, what activities can occur, and what restrictions are in place for football practice during the summer period and once official practice begins for the team.

Definitions

1) "Helmet-Only Period" activity is a practice period where only a helmet is worn. During this helmet-only period, no full contact drills or other activity can occur which would result in a player completing a tackle, or being blocked or tackled to the ground. Padded and protective equipment such as pads held by a single player (but not blocking sleds and other structures designed for work with full pads) can be used.

2) "Practice in Pads Period" is practice when the remainder of the football gear (other than the helmet) specified in NFHS Rule 1-5 is worn and activity during the session is not restricted with regard to contact.

The following are the allowances for the wearing of pads from June 1 until the season ends:

1) The earlier of the day following the last date of school or June 1, through June 24 is a Helmet-Only period. During this period:

a) A football player may wear a helmet during any football



specific drill or session that is supervised or attended by any member of the high school coaching staff, but may wear no other gear as defined by NFHS Football Rule 1, Section 5; and

b) There are no insurance provisions in place at this time.

2) From June 25 to July 9 (inclusive of those dates) is the KHSAA Dead Period (Bylaw 26). During this period:

a) No practice (individual or team, Helmet-Only or Practice in Pads) activities may be conducted;

b) All Bylaw 26 restrictions shall apply; and

c) There are no insurance provisions in place at this time.

3) July 10 to July 14 is a Helmet-Only Period. During this period:

a) No other gear as defined by NFHS Football Rule 1, Section 5 may be worn;

b) The restrictions of the definition of a Helmet Only Period must be observed; and

c) There are no insurance provisions in place at this time.

4) July 15 to the first day of contact is a Helmet-Only Period. During this period:

a) No other gear as defined by NFHS Football Rule 1, Section 5 may be worn;

b) The restrictions of the definition of a Helmet Only Period must be observed;

c) Legal, on-campus, non-contact, non-interscholastic activity is covered by the KHSAA catastrophic insurance; and

d) Non-contact game simulations may be conducted and not applied to scrimmage limitations provided that the first contact practice has not been conducted.

5) The earlier of August 1 or seven week days prior to the first date of school for the student body starts the Practice in Pads Period. During this period:

a) All other pads as defined in Rule 1-5 in addition to the helmet can be worn;

b) It is recommended that the first two to three days of this period be with shoulder pads only, followed by a non-contact day, followed by the addition of the rest of the equipment;

c) Full contact practice may begin for all individuals who have previously (after July 15) had five days of supervised non-contact practice in order to become acclimatized to heat and acclimated to practice;

d) Teams cannot conduct multiple contact practice sessions on consecutive days. If multiple contact practices (up to a maximum of two) are held on a day, then only one contact practice session can be held on the following day;

e) There is not a restriction on the number of non-contact practices conducted on any day;

f) Any play involving at least one player from more than one team shall count as a scrimmage; and

g) Provided all practice and activity are compliant with KHSAA rules, the KHSAA catastrophic insurance is in place.

General Reminders

1) Nothing about Bylaw 25 or its interpretations prevents a school from allowing equipment to be issued to students to attend individual camps at other sites without members of the coaching staff and outside of the KHSAA Dead Period.

2) Nothing about Bylaw 25 or its interpretations prevents individual camp attendance by players using school owned equipment outside of the dead period or team camp attendance within the contact window and subject to the scrimmage limitations.

SCHOOLS REMINDED OF CRITICAL NEED TO UPDATE INFORMATION

At this time of year, administrators and coaches are changing schools, retiring, moving to other careers, etc. This is a critical time for the KHSAA to keep its information up to date about your school.

If you are an administrator leaving your school, please take the time to update your information one last time by going through the Members Login on the KHSAA web site to update the information as of now.

Much effort has been expended by staff and the member schools over the last year in making sure of the accuracy of the information, and your cooperation is greatly appreciated. If you need password assistance, contact Marilyn Mitchell at the KHSAA (mmitchell@khsaa.org).

SPORT UPDATES

Baseball

The Kentucky National Insurance/KHSAA State Baseball Tournament enjoyed a record run last week, topped off by the largest championship game crowd in the history of the event. A total of 5,097 patrons turned out at Whitaker Bank Ballpark to witness Central Hardin's first state championship in a boys' sport. More than 23,000 fans turned out for the 15 games last week.

Basketball

The proposal to change the limit of games in basketball from 23 including two tournaments, to a fixed limit of 30 games has been approved per the notice to the schools on June 14. There are no longer tournament counting exceptions.

Cross Country

The 2011 State Cross Country Meet will be held at the Kentucky Horse Park on Saturday, November 12

Softball

Expansion of the KHSAA State Softball Tournament to three days this year was a considerable success. Players, coaches and fans alike seemed to enjoy the opening night of the tournament on Thursday, which allowed for more scheduling flexibility on Friday. Excessive heat necessitated water breaks in accordance with the KHSAA heat index policy but the tournament was able to stay on schedule. Allen County-Scottsville, buoyed by a large following, won its first state championship in any sport.

Track and Field

Thanks to all of the meet workers, coaches and athletes for helping make the 2011 State Track and Field Meet a success. Everyone's cooperation with the change in procedure for the clerking areas and the practice area made the days run smoothly. Congratulations to you all.

Volleyball

The KHSAA will be sponsoring a Volleyball Officials Camp in conjunction with the Volleyball Coaches Association Coaches Clinic and the Bluegrass State Games. Details will be forwarded once finalized, but the tentative date is July 28-29 in Lexington.

Also, the proposal to change the number of regular season games to a fixed limit of 35 has been approved per the notice to the schools on June 14. There are no longer tournament counting exceptions.

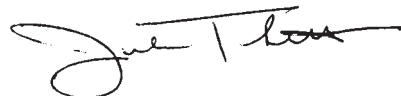
Wrestling

The most significant changes in weight classes in high school wrestling in 23 years will take place in the 2011-12 season. The 14 weight classes approved by the NFHS for 2011-12 are as follows: 106 (pounds), 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285. The largest weight class (285 pounds) remains unchanged.

UPCOMING EVENTS

June 25-July 9	Dead Period
June 28-July 2	93rd Annual NFHS Summer Meeting Philadelphia, PA
July 21-23	KHSAA Board of Control Meeting, Green Turtle Bay, Grand Rivers

Thanks for all of your continued support!



Julian Tackett