

**FALL 2010 KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION ANNUAL MEETING
PROPOSALS SUBMITTED TO THE DELEGATES BY THE BOARD OF CONTROL FOR CONSIDERATION AS REQUIRED BY 702 KAR
7:065 AND THE ANNUAL REVIEW OF ASSOCIATION RULES. ALL PROPOSALS TO BE CONSIDERED SEPTEMBER 20, 2010 FOR
ADOPTION EFFECTIVE WITH THE 2011-2012 SCHOOL YEAR**

PROPOSAL 2010-1

Proposed by the KHSAA Board of Control

A proposal to revise Bylaw 5 academic requirement to ensure that year to date progress is maintained by student-athletes even in systems where courses and subject areas change during the school year.

Rationale – This proposal would ensure that students are making normal progress toward passing the school year. Under the current rule and system, and with the technology system in place for monitoring records, year to date progress is not possible to be tracked in systems where credit units are completed during the middle of the school year (block systems on trimester or semester). In some cases, students are not passing in earlier credit periods (semesters or trimesters), but are passing in the current credit period and are being allowed to play. This will ensure that academic standards are met throughout the year, and returns to rule to a more easily monitored form for the membership as the current system for recording data in the vast majority of the member schools (Infinite Campus) cannot do year to date grades when courses change. This change does not prohibit any school or school system from adopting a more rigid standard as a requirement for athletic participation.

Bylaw 5. Minimum Academic Requirement

Sec. 3) Continual Progress During the School Year

On a weekly basis, a student shall be making continual progress during the school year in order to be eligible to participate in athletics during the subsequent week (Monday through Sunday period) and through the next opportunity to examine grades in this manner. Absent any other determination, this weekly check of grades shall be conducted on each Friday of each grading period or on the last day of classes preceding that particular Friday if no classes are conducted on that particular Friday. Special tests or recitations shall not be given for the purpose of making the student eligible.

To be making continual progress, a student shall have passed in four hours of instruction units as defined by Kentucky Board of Education regulations (of the six hours of instruction required) during the previous credit period that closed during the school year (trimester or semester). To be making continual progress the student shall also be passing cumulatively for the current credit period in at least four hours of instruction as defined by Kentucky Board of Education regulations (of the six hours of instruction required) or the equivalent of four hours of instruction acceptable to graduation.

~~On a weekly basis, a student shall also be passing (cumulatively for the credit period) in at least four hours of instruction as defined by Kentucky Board of Education regulations (of the six hours of instruction required) or the equivalent of four hours of instruction acceptable to graduation in order to be eligible to participate in athletics during the subsequent week (Monday through Sunday period) and through the next opportunity to examine grades in this manner. On its membership form, each member school shall designate the day of the week, approved and documented through local policies, that the grades shall be examined for the student athletes within that school in order to make this determination. Absent any other determination, this weekly check of grades shall be conducted on each Friday of each grading period or on the last day of classes preceding that particular Friday if no classes are conducted on that particular Friday. Special tests or recitations shall not be given for the purpose of making the student eligible.~~

PROPOSAL 2010-2

Proposed by the KHSAA Board of Control

A proposal to revise Bylaw 25 game counting requirements to eliminate tournament counting exemptions.

Rationale – This proposal would be a change to the manner in which basketball games are counted toward the limitation of seasons. The current method, despite best educational efforts, continues to result in schools having difficulty in properly monitoring and limiting tournaments. This proposal would fix the maximum number of games at 30 games, thereby having minimal if any impact on existing playing schedules. This would also eliminate the vulnerability some schools have in scheduling contests with teams who because of unexpected tournament advancement or success, end up cancelling games or needing other schedule revisions.

Bylaw 25. Limitation of Seasons

Sec. 1) General Provisions Concerning All Sports

a) School Time shall not:

Be lost for travel to or from, or participation in, any regular season interscholastic athletic contest.

Sec. 3) Sports Specific Limitations - Basketball - Boys and Girls

a) Following the opening day of school, there shall be no organized basketball practice prior to October 15.

b) Prior to the opening game of regular season play, a basketball team may have only two (2) scrimmages or practice games with players other than members of the squad.

c) The first basketball game shall not take place prior to the Monday following the state football semifinals,

d) The season shall consist of a maximum of thirty (30) games to be played prior to the beginning of KHSAA state championship competition (district). ~~maximum of twenty three (23) games to be played prior to the beginning of KHSAA state championship competition (district). A maximum of two (2) tournaments may be included in any manner other than counting each game played against the limit of twenty three (23) games. Any two tournaments played during the regular season may be counted as one game per tournament against the limit of twenty three (23) provided that neither tournament necessitates the team playing more than four (4) games. Any game played over the limit of four in any one tournament shall be counted against the limit of twenty three (23) games.~~

e) The opportunity to participate in regular season contests shall end at all levels of play (grades 9-12) on the Saturday preceding the first KHSAA Tournament (District, Region or State) which shall be no earlier than the conclusion of the twelfth (12th) regular season playing week and not later than the conclusion of the thirteenth (13th) regular season playing week, depending upon the KHSAA Corresponding Dates Calendar and the scheduling of the state basketball tournaments, with the exception that the varsity team may practice and play through its elimination from KHSAA sanctioned tournament play. Following elimination, there shall be no further practice or play during the remainder of the academic school year.

f) The Board of Control may waive provision(s) (b) or (d) of this Bylaw to allow member schools to participate in Hall of Fame Classic contests. Rules on participation in the Classic shall be made by the Board of Control and published in the Athlete Magazine as a part of the official record of the Association.

PROPOSAL 2010-3

Proposed by the KHSAA Board of Control

A proposal to revise Bylaw 25 game counting requirements to eliminate tournament counting exemptions.

Rationale – This proposal would be a change to the manner in which volleyball games are counted toward the limitation of seasons. The current method, despite best educational efforts, continues to result in schools having difficulty in properly monitoring and limiting tournaments. This proposal would fix the maximum number of games at 35 games, thereby having minimal if any impact on existing playing schedules. This would also eliminate the vulnerability some schools have in scheduling contests with teams who because of unexpected tournament advancement or success, end up cancelling games or needing other schedule revisions.

Bylaw 25. Limitation of Seasons

Sec. 1) General Provisions Concerning All Sports

a) School Time shall not:

Be lost for travel to or from, or participation in, any regular season interscholastic athletic contest.

Sec. 13) Sports Specific Limitations - Volleyball - Girls

a) The first organized practice for the fall varsity (grades 9-12) season shall not take place prior to July 15.

b) There shall be no more than two (2) scrimmages or practice games prior to the first regular season contest of that year.

c) The first match shall not take place prior to the Monday of Corresponding Week 6

d) The season shall consist of a maximum of thirty-five (35) matches to be played prior to the beginning of KHSAA state championship tournament competition (district). ~~maximum of twenty (20) matches to be played prior to the beginning of KHSAA state championship tournament competition~~

(district). In any three (3) invitational or other type tournaments, the matches played by a member school shall count as only one match for each tournament against this limit:

- e) The opportunity to participate in regular season contests shall end at all levels of play (grades 9-12) on the Saturday preceding the first KHSAA Tournament (District, Region or State), with the exception that the varsity team may practice and play through its elimination from KHSAA sanctioned tournament play. Following elimination, there shall be no further practice or play.

PROPOSAL 2010-4

Proposed by the KHSAA Board of Control

A proposal to revise Bylaw 25 Limitation of Seasons to remove the automatic requirement of ineligibility for tournament play from the penalty provisions for exceeding contest limits.

Rationale – This proposal would more properly place the penalty for any school that violates the number of games. As currently written, the rule has the real possibility of inappropriately punishing students for the acts or omissions of adults. In the case of a school exceeding the game limits, this is not generally at the direction, request or consent of the student-athletes, but is generally done by well meaning but misinformed or miscalculating coaches or athletic administrators.

Bylaw 25. Limitation of Seasons

Sec. 1) General Provisions Concerning All Sports

- d) Specific Penalties for Violations - Too Many Contests

Any school violating provisions of this Bylaw by playing too many contests shall ~~not be eligible for state championship competition or may be otherwise penalized. For the determination to be made that the limit has been exceeded, it shall be reported in writing and received by the KHSAA prior to 12:01 a.m. (midnight) ET on the first day of the postseason tournament series as established by the KHSAA Memorandum Calendar. If detected and verified, the team exceeding the limit shall be ineligible for postseason play and may be further penalized in accordance with Bylaw 33. If the report is made after that point, the team shall be penalized in accordance with Bylaw 33 but shall remain eligible for tournament play during the current season.~~

PROPOSAL 2010-5

Proposed by Pat Richardson, Principal, Southwestern High School

A proposal to revise Bylaw 25 provisions and allow the local school or school district to establish the parameters for coaching contact during the school year outside of the sports season.

Rationale – This proposal would make a radical shift from the current restrictive rules governing out of season coaching contact. In a perfect world, coaches and kids would be together during the sports season, but then outside of the season, kids would participate in other activities, sports and involvements. However, the outside influence of other amateur sports organizations and events have eroded the loyalty of student-athletes to their school program, and in fact, may potentially threaten the future of high school based sports. This proposal would give football coaches, in sports where the schools chose to allow, an opportunity to be with the student-athletes that they have coached and not require the athletes to seek outside assistance and become involved in outside leagues to continue in competition in their specific sport.

Bylaw 25. Limitation of Seasons

Sec. 5) Sports Specific Limitations - Football - Boys

- a) Organized practice in helmets-only shall not begin prior to July 15. Organized practice in pads (contact practice) shall not begin prior to the earlier of August 1 or seven (7) week days (not counting Saturdays and Sundays) prior to the opening day of school (which shall be defined as the day prior to the classes starting for the student body), but under no circumstances can be prior to the last Monday in July.

After practice in pads (contact practice) has begun and prior to the first day of classes for the students, school shall not conduct multiple on-field practice sessions in pads (e.g., two-a-days or three-a-days) on consecutive days (e.g., two-one two-one format).

After the opening day of the school year, a school shall not conduct multiple on-field practice sessions in pads (e.g., two-a-days or three-a-days) on a day in which school is in session. All schools shall submit all required documentation to verify the proper execution of the practice regulations, including scrimmage, contact, and Heat/Humidity Measurement and Compliance Programs.

- b) After contact practice (practice in pads) has begun, there shall be no more than two (2) scrimmages or practice games per member school (grades

9-12) after contact practice has begun and prior to the opening varsity game of the season with players other than members of the squad.

- c) The first game shall not take place prior to the Friday of NFHS corresponding week 8 (Week 1).
- d) The season shall consist of a maximum of ten (10) regular season games and the opportunity to play regular season games shall conclude at the end of NFHS corresponding week 17. Any school may play one of the allowable regular season games during Week 0 (NFHS corresponding week 7) if the total schedule does not exceed ten (10) regular season games and that the allowable number of scrimmages in subsection (b) is reduced to one. Any KHSAA school that chooses to compete for a district title and is placed in a classification where only four (4) weeks are needed to complete the playoffs may play an additional regular season contest (total of 11 contests), the last of which can be played during the first round of the playoffs for the other classifications:
- e) The opportunity to participate in regular season contests shall end at all levels of play (grades 9-12) on the Saturday preceding the first KHSAA Tournament (District, Region or State), with the exception that the varsity team may practice and play through its elimination from KHSAA sanctioned tournament play. Following elimination, there shall be no further practice or play during the remainder of the academic school year.
- f) Each player, in order to be eligible to participate against another school, shall have taken part in a minimum of ten (10) practice periods extending over a period of ten (10) days during the preceding three weeks.
- g) Every player shall have five (5) days of practice without pads (non-contact) to become acclimated to heat conditions immediately prior to the first of the five (5) required days of practice in pads (contact).
- h) Each football school may conduct ten (10) days of practice during three consecutive calendar weeks, which shall be chosen by the school on or before December 15. The three consecutive calendar weeks shall not begin prior to the Monday following the school's elimination from postseason play in basketball, and shall not conclude later than the last day of school. Any period of time when school is not in session on a week day, including testing and breaks, shall not count as one of the ten (10) permitted days, and practice may not be conducted on those days. ~~ten (10) practice periods of not more than two (2) hours in length and not more than one practice per day over ten (10) days during the three calendar school weeks following the school's elimination from post-season play in basketball.~~ All equipment authorized by the football playing rules may be used during this period. There shall be no inter-school competition during this period, and all participants shall be eligible according to all KHSAA eligibility rules.
- In order to conduct the spring practice sessions:
- 1) No student below grade nine may participate nor may seniors participate;
 - 2) Dates shall be reported to the KHSAA on supplied forms;
 - 3) Only students currently eligible by all KHSAA rules including Bylaws 2 through 12 may participate;
 - 4) Intrasquad games may be held but shall be counted as one of the ten practice sessions; and
 - 5) There shall be no school or coach imposed penalty for any player who chooses not to participate.
 - 6) There shall be no mandatory participation by any person on a spring sports eligibility list (or entering any spring sport scrimmage or contest) and no mandatory participation by any other person not appearing on a spring sports eligibility list.
- i) The Board of Control may waive provision(s) (b) or (d) of this Bylaw to allow member schools to participate in Hall of Fame and Museum contests. Rules on participation in the Classic shall be made by the Board of Control and published in the Athlete Magazine as a part of the official record of the Association.

PROPOSAL 2010-6

Proposed by the KHSAA Board of Control

A proposal to revise Bylaw 27 to comply with the provisions of HB327 in the Kentucky General Assembly, 2010.

Rationale – This proposal is necessary to memorialize the emergency provisions of 2010 HB327, which expanded the pool of individuals who meet the definition of a Level 2 coach to include those who complete a pre-approved course of professional development as contrasted with 64 hours of college. The proposal also shifts the requirement for a Sports Medicine Symposium to an online format, likely combined with the Sports Safety Course requirement, and applies the requirement to all coaches.

Bylaw 27. Requirement for Coaches and Others Working With High School Teams

Sec. 1) Definitions

a) Level 1 Coaches

An individual seeking a coaching position shall be categorized as Level 1 if that individual is a certified teacher and member of the regular school system faculty and meets the following criteria prior to assignment to coaching duties:

- 1) Is employed a minimum of three (3) regular periods for teaching classes, including physical education;
- 2) Is employed for supervision of study halls; or
- 3) Is exercising responsibilities in other activity assignments within the school schedule.

b) Level 2 Coaches

An individual seeking a coaching position shall be categorized as Level 2 if that individual meets the following criteria prior to assignment to coaching duties and does not meet the qualifications of Level 1:

- 1) Shall be 21 years of age;
- 2) Shall not be a violent offender or convicted of a sex crime as defined by KRS 17.165 that is classified as a felony; and
- 3) Shall submit to a criminal record check under KRS 160.380.
- 4) Shall meet one of the following additional qualifications:
 - i. Have graduated from a public or accredited high school and hold a provisional or standard teaching certificate;
 - ii. Have completed sixty-four semester hours of college credit from an accredited college or university as documented by an official transcript; or
 - iii. Be a graduate from a public or accredited high school and be in compliance with the local district standards for serving as an approved substitute teacher as approved by the Education Professional Standards Board; or
 - iv. Be a graduate from a public or accredited high school and complete a Level 1 Coaching Certification Program approved by NFHS as well as completing prescribed electives as detailed by the KHSAA Board of Control. Level 2 coaches approved under exception (iv) shall complete the KHSAA Coaching Education program prior to coaching in the first interscholastic contest.

5) Prior to assuming duties, Level 2 coaches shall successfully complete training provided by the local school district. The training shall include information on the physical and emotional development of students of the age with whom the Level II coach will be working, the district's and school's discipline policies, procedures for dealing with discipline problems, and safety and first aid training. Follow up training shall be provided annually.

c) Waiver of ~~Level 2~~ 64-hour requirement

In the event that the member school is unable to staff head or assistant coaching positions in any sport or sport activity (including cheerleading) with a Level 1 or Level 2 individual, the member school may request through the Superintendent that the KHSAA allow for a waiver of this rule in order that the additional time be available to find an applicant meeting the criteria.

d) Head Coach

As referred in this regulation, the head coach shall be the head varsity coach designated by the school or Board of Education unless otherwise noted in the bylaw.

Sec. 2) Hiring and Employment Requirements

a) Required Level

Level 1 or 2 individuals (head and assistant) may be assigned as the head or assistant coach in any sport or sport activity (including cheerleading).

b) Member School Obligations in Hiring

- 1) The Superintendent shall ensure that all assignments for coaching duties comply with all applicable state and local policies.
- 2) The hiring process shall ensure that in considering those individuals seeking coaching duties, the most qualified individual shall be assigned.

In considering qualifications, the qualifications desired for the position, the references, interviews and experience of those seeking the duties, and the education background shall be considered.

c) Compensation

Any person assigned to coaching duties at any level (grades 9-12) shall be duly employed through the respective board of education and the entire coaching salary shall be paid through that board in accordance with local Board of Education policy.

Sec. 3) Post Hire Requirements and Requirements for Continuing Coaching Duties

a) C.P.R. and AED Training

All coaches (head and assistant) at any level in all sanctioned sports and sport activities (including cheerleading) shall provide documentation of successful completion of a C.P.R. course including the use of an Automatic External Defibrillator and the requisite First Aid Training, as approved by a college or University, the American Red Cross, American Heart Association or other bona fide accrediting agency. Initial certification shall use in-person instruction and certification shall be timely and appropriately updated as required by the approving agency.

b) Coaches Education Program

1) A Coaches Education Program has been approved as the coaching education program in Kentucky. The program shall include a course of study to include a KHSAA approved Coaches Education Program, KHSAA rules information and local district policies. The cost of attending the KHSAA Coaches Education Program shall be the responsibility of the individual coach(es). Local school districts or local schools may, upon successful completion of all coaching education requirements including all examinations, reimburse the coaches for the expense of attending the course.

2) Level 1 individuals assigned to duties as a coach (head or assistant), who are hired as a member of the school system faculty for the first time following the 1995-96 school year shall take and complete all requirements for the Kentucky Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.

3) Level 2 individuals (subsections i, ii and iii) assigned to duties as a coach (head or assistant) shall take and complete all requirements for the KHSAA Approved Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.

4) Level 2 individuals (subsections iv) assigned to duties as a coach (head or assistant) shall take and complete all requirements for the KHSAA Approved Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.

c) Sports Safety Training

1) Each coach (head and assistant, including cheerleading) at all levels (grades 9-12) shall be required to complete a sports safety course consisting of training on how to prevent common injuries.

i. The content of the course shall include emergency planning, heat and cold illnesses, emergency recognition, head injuries, neck injuries, facial injuries and the principles of first aid.

ii. The course shall be taught by a Certified Athletic Trainer, Registered Nurse, Physician or Physician's Assistant licensed to practice in Kentucky.

iii. The course material and content shall be updated every thirty (30) months.

iv. Each coach having completed the course shall re-certify by taking the course not less than once every two (2) years.

2) Successful completion of the course shall constitute a passing score.

3) Each coach (head and assistant, including cheerleading) at all levels (grades 9-12) shall have successfully completed the sports safety course.

4) The penalty for noncompliance with this section shall be suspension from coaching duties in all contests for a period not to exceed one year or any penalty otherwise included in Bylaw 33.

d) Medical Symposium Updates

1) All persons employed as ~~head~~ coaches in all sanctioned sports and sport activities (including cheerleading) shall ~~complete attend~~ every two years, an online Sports Medicine Symposium sanctioned by the KHSAA, approved and conducted by the Kentucky Medical Association.

All member schools of the KHSAA shall pay the necessary expenses of head coaches for the required attendance at the sanctioned Sports Medicine Symposium.

2) The penalty for noncompliance with this section shall be suspension from coaching duties in all contests for a period not to exceed one year or any penalty otherwise included in Bylaw 33.

e) KHSAA Rules Clinic

1) All head varsity coaches shall annually attend at least one rules interpretation clinic conducted by representatives of the KHSAA in the sport in which they coach and the school desires to enter a team in postseason play, if these clinics are conducted under the authorization of the Commissioner.

2) The penalty for noncompliance with this section shall be suspension from coaching duties in all contests for a period not to exceed one year or any penalty otherwise included in Bylaw 33.