

## CROSS COUNTRY – GIRLS

- 1975 - Pleasure Ridge Park, AAA Team
  - Michele Lowry, Westport, AAA Ind.
  - Franklin County, AA Team
  - Holly Straight, Woodford County, AA Ind.
  - Lex. Catholic, A Team
  - Susan Cunningham, Bath County, A Ind.
- 1976 - Waggener, AAA Team
  - Kathleen Beumel, Apollo, AAA Ind.
  - Daviess County, AA Team
  - Karen Porter, Apollo, AA Ind.
  - Lex. Catholic, A Team
  - Karen Porter, Owen County, A Ind.
- 1977 - Central, AAA Team
  - Leslie Voit, Atherton, AAA Ind.
  - Daviess County, AA Team
  - Kathleen Beumel, Apollo, AA Ind.
  - Lex. Catholic, A Team
  - Karen Porters, Owen County, A Ind.
- 1978 - Atherton, AAA Team
  - Camille Forrster, Atherton, AAA Ind.
  - Highlands, AA Team
  - Kathleen Beumel, Apollo, AA Ind.
  - Ft. Campbell, A Team
  - Karen Porter, Owen County, A Ind.
- 1979 - Central, AAA Team
  - Camille Forrester, Central, AAA Ind.
  - Highlands, AA Team
  - Kathleen Buemel, Apollo, AA Ind.
  - Ft. Campbell, A Team
  - Mary Shuber, Berea, A Ind.
- 1980 - Central, AAA Team
  - Lori Linville, Daviess County, AAA Ind.
  - Highlands, AA Team
  - Lynn Russel, Harrison County, AA Ind.
  - Ft. Campbell, A Team
  - Jamie Balar, Silver Grove, A Ind.
- 1981 - Daviess County, AAA Team
  - Karen Daniel, Owensboro, AAA Ind.
  - Pulaski County, AA Team
  - Pam Raglin, Bourbon County, AA Ind.
  - Providence, A Team
  - Kitty Davidson, Ft. Campbell, A Ind.
- 1982 - Daviess County, AAA Team
  - Nancy Crutcher, Oldham County, AAA Ind.
  - Danville, AA Team
  - Melissa Thomas, Union County, AA Ind.
  - Trigg County, A Team
  - Kim Hawkins, Bath County, A Ind.
- 1983 - Daviess County, AAA Team
  - Nancy Crutcher, Oldham County, AAA Ind.
  - Clay County, AA Team
  - Kathy Plank, Conner, AA Ind.
  - Lex. Catholic, A Team
  - Kim Hawkins, Bath County, A Ind.
- 1984 - Oldham County, AAA Team
  - Donna Combs, Ballard, AAA Ind.
  - Danville, AA Team
  - Kathy Plank, Conner, AA Ind.
  - Lex. Catholic, A Team
  - Kim Hawkins, Bath County, A Ind.
- 1985 - Oldham County, AAA Team
  - Donna Combs, Ballard, AAA Ind.
  - Danville, AA Team
  - Denna Boggs, Whitesburg, AA Ind.
  - Providence, A Team
  - Denise Schank, St. Henry, A Ind.
- 1986 - Oldham County, AAA Team
  - Wendy Frazler, Henry Clay, AAA Ind.
  - Danville, AA Team
  - Katie Stamps, Danville, AA Ind.
- St. Henry, A Team
- Amy Clements, St. Henry, A Ind.
- 1987 - Pulaski County, AAA Team
  - Paula Kelly, Boyd County, AAA Ind.
  - Danville, AA Team
  - Katie Stamps, Danville, AA Ind.
  - St. Henry, A Team
  - Stephanie Edgar, Dayton, Ind.
- 1988 - Pulaski County, AAA Team
  - Ginger Watkins, Franklin County, AAA Ind.
  - Warren East, AA Team
  - Patty Dowd, Fleming County, AA Ind.
  - Frankfort, A Team
  - Stephanie Edgar, Dayton, Ind.
- 1989 - Notre Dame, AAA Team
  - Ginger Watkins, Franklin County, AAA Ind.
  - Warren East, AA Team
  - Scarlett Haley, Russell, AA Ind.
  - St. Henry, A Team
  - Stephanie Edgar, Dayton, Ind.
- 1990 - Notre Dame, AAA Team
  - Michelle Marshall, Boone County, AAA Ind.
  - Fort Campbell, AA Team
  - Sylvia Moreno, Fort Campbell, AA Ind.
  - St. Henry, A Team
  - Maureen Egan, St. Henry, A Ind.
- 1991 - Pulaski County, AAA Team
  - Mandy Jones, Pulaski County, AAA Ind.
  - Notre Dame Academy, AA Team
  - Ginger Watkins, Franklin County, AA Ind.
  - Trigg County, A Team
  - Christina Brown, Owen County, A Ind.
- 1992 - Pulaski County, AAA Team
  - Michele Marshall, Boone County, AAA Ind.
  - Oldham County, AA Team
  - Catoyia Brown, Owensboro, AA Ind.
  - Fort Knox, A Team
  - Christina Brown, Owen County, A Ind.
- 1993 - Daviess County, AAA Team
  - Rachel Sanford, Pulaski Southwestern, AAA Ind.
  - Warren East, AA Team
  - Anna Ryan, Scott, AA Ind.
  - St. Henry, A Team
  - Mindy Martin, Walton Verona, A Ind.
- 1994 - Sacred Heart, AAA Team
  - Rachel Sanford, Pulaski Southwestern, AAA Ind.
  - Western Hills, AA Team
  - Christi Beth Johnston, Hart County, AA Ind.
  - St. Mary, A Team
  - Adrienne Lima, St. Mary, A Ind.
- 1995 - Sacred Heart, AAA Team
  - Rachel Sanford, Pulaski Southwestern, AAA Ind.
  - Western Hills, AA Team
  - Karen Lutes, Harrison County, AA Ind.
  - St. Mary, A Team
  - Mindy Martin, Walton Verona, A Ind.
- 1996 - Pulaski County, AAA Team
  - Rachel Sanford, Pulaski Southwestern, AAA Ind.
  - Western Hills, AA Team
  - Jessica Southers, Russell, AA Ind.
  - St. Mary, A Team
  - Laura Brammel, Lexington Christian, A Ind.
- 1997 - Pulaski County, AAA Team
  - Rachel Sanford, Pulaski County, AAA Ind.
  - Western Hills, AA Team
  - Cara Nichols, Bowling Green, AA Ind.
  - St. Henry, A Team
  - Jackie Wagner, St. Mary, A Ind.
- 1998 - Scott, AAA Team
  - Sara Graybill, Daviess County, AAA Ind.
  - Western Hills, AA Team
  - Carah Nichols, Bowling Green, AA Ind.
  - St. Henry, A Team
  - Jackie Wagner, St. Mary, A Ind.
- 1999 - Daviess County, AAA Team
  - Alli Sauer, South Oldham, AAA Ind.
  - Warren East, AA Team
  - Jessica Southers, Russell, AA Ind.
  - Ludlow, A Team
  - Geraldine Smith, Ky. Country Day, A Ind.
- 2000 - Pulaski County, AAA Team
  - Suzanne Cooney, Paul Laurence Dunbar, AAA Individual
  - Warren East, AA Team
  - Jenny Wimsatt, Warren East, AA Individual
  - Frankfort, A Team
  - Jackie Wagner, St. Mary, A Ind.
- 2001 - Greenwood, AAA Team
  - Elizabeth Campbell, North Hardin, AAA Ind.
  - Warren East, AA Team
  - Carmen Mims, Mercy, AA Ind.
  - Hancock County, A Team
  - Heather Vincent, Hancock County, A Ind.
- 2002 - Sacred Heart, AAA Team
  - Maddie Scheuler, Sacred Heart, AAA Ind.
  - Highlands, AA Team
  - Carmen Mims, Mercy, AA Ind.
  - Hancock County, A Team
  - Sarah Cole, Somerset, A Ind.
- 2003 - Sacred Heart, AAA Team
  - Maddie Schuler, Sacred Heart, AAA Ind.
  - Highlands, AA Team
  - Heather Coulter, Warren East, AA Ind.
  - St. Henry, A Team
  - Jenna Siemer, St. Henry, A Ind.
- 2004 - Sacred Heart, AAA Team
  - Melissa Massey, DuPont Manual, AAA Ind.
  - Highlands, AA Team
  - Carmen Mims, Mercy, AA Ind.
  - St. Henry, A Team
  - Jenna Siemer, St. Henry, A Ind.
- 2005 - Paul Laurence Dunbar, AAA Team
  - Laura Steinmetz, Paul Laurence Dunbar, AAA Ind.
  - Bell County, AA Team
  - Rachel Blank, Bell County, AA Ind.
  - St. Henry, A Team
  - Valerie Thomas, Trimble County, A Ind.
- 2006 - DuPont Manual, AAA Team
  - Laura Steinmetz, Paul Laurence Dunbar, AAA Ind.
  - Muhlenberg South, AA Team
  - Suzanne Holt, Muhlenberg South, AA Ind.
  - Walton-Verona, A Team
  - Kaitlin Snapp, Danville, A Ind.
- 2007 - Assumption, AAA Team
  - Emma Brink, Sacred Heart, AAA Ind.
  - Bell County, AA Team
  - Kelsey McCain, Pendleton County, AA Ind.
  - St. Henry, A Team
  - Kaitlin Snapp, Danville, A Ind.

- 2008 - Assumption, AAA Team  
 - Emma Brink, Sacred Heart, AAA Ind.  
 - South Oldham, AA Team  
 - Jessie Murner, South Oldham, AA Ind.  
 - St. Henry, A Team  
 - Kaitlin Snapp, Danville, A Ind.
- 2009 - Sacred Heart, AAA Team  
 - Emma Brink, Sacred Heart, AAA Ind.  
 - South Oldham, AA Team  
 - Jenna Rogers, Christian Academy-  
 Louisville, AA Ind.  
 - St. Henry, A Team  
 - Maddox Patterson, Sayre, A Ind.
- 2010 - Assumption, AAA Team  
 - Emma Brink, Assumption, AAA Ind.  
 - South Oldham, AA Team  
 - Caterina Karas, Collins, AA Ind.  
 - Fairview, A Team  
 - Maddox Patterson, Sayre, A Ind.
- 2011 - Assumption, AAA Team  
 - Cassidy Hale, DuPont Manual, AAA Ind.  
 - South Oldham, AA Team  
 - Gabriella Karas, Collins, AA Ind.  
 - St. Henry, A Team  
 - Maddox Patterson, Sayre, A Ind.
- 2012 - Assumption, AAA Team  
 - Bailey Davis, Assumption, AAA Ind.  
 - Highlands, AA Team  
 - Gabriella Karas, Collins, AA Ind.  
 - St. Henry, A Team  
 - Megan Smith, Danville, A Ind.
- 2013 - Assumption, AAA Team  
 - Whitney O'Bryan, Daviess County, AAA  
 Ind.  
 - Highlands, AA Team  
 - Gabriella Karas, Collins, AA Ind.  
 - St. Henry, A Team  
 - Meagan Smith, Danville, A Ind.
- 2014 - Sacred Heart, AAA Team  
 - Kathleen Simms, Sacred Heart, AAA Ind.  
 - Highlands, AA Team  
 - Gabriella Karas, Collins, AA Ind.  
 - St. Henry, A Team  
 - Caroline Gosser, Presentation, A Ind.
- 2015 - Daviess County, AAA Team  
 - Alena Sapienza-Wright, DuPont Manual  
 - Highlands, AA Team  
 - Michaela Reinhart, Lexington Catholic,  
 AA Ind.  
 - St. Henry, A Team  
 - Selena Mattingly, Williamsburg, A Ind.