

	NON FB OPTIONS	Practice	Inter-scholastic	practice days		SO Games	FH Games	VB Games	XC Matches
A	Options for XC, FH, SO, VB, CC, DA	08-03-20	08-10-20	7	Mon, Aug 3 (first practice), Mon, Aug 10 (first contest)	21	24	35	13
B	Options for XC, FH, SO, VB, CC, DA	08-03-20	08-17-20	14	Mon, Aug 3 (first practice), Mon, Aug 17 (first contest)	21	24	35	13
C	Options for XC, FH, SO, VB, CC, DA	08-03-20	08-24-20	21	Mon, Aug 3 (first practice), Mon, Aug 24 (first contest)	21	24	35	13
D	Options for XC, FH, SO, VB, CC, DA	08-03-20	08-31-20	28	Mon, Aug 3 (first practice), Mon, Aug 31 (first contest)	21	24	35	13
E	Options for XC, FH, SO, VB, CC, DA	08-10-20	08-17-20	7	Mon, Aug 10 (first practice), Mon, Aug 17 (first contest)	21	24	35	13
F	Options for XC, FH, SO, VB, CC, DA	08-10-20	08-24-20	14	Mon, Aug 10 (first practice), Mon, Aug 24 (first contest)	21	24	35	13
G	Options for XC, FH, SO, VB, CC, DA	08-10-20	08-31-20	21	Mon, Aug 10 (first practice), Mon, Aug 31 (first contest)	21	24	35	13
H	Options for XC, FH, SO, VB, CC, DA	08-17-20	08-24-20	7	Mon, Aug 17 (first practice), Mon, Aug 24 (first contest)	21	24	35	13
I	Options for XC, FH, SO, VB, CC, DA	08-17-20	08-31-20	14	Mon, Aug 17 (first practice), Mon, Aug 31 (first contest)	21	24	35	13
J	Options for XC, FH, SO, VB, CC, DA	08-17-20	09-07-20	21	Mon, Aug 17 (first practice), Mon, Sep 7 (first contest)	21	24	35	13
K	Options for XC, FH, SO, VB, CC, DA	08-24-20	08-31-20	7	Mon, Aug 24 (first practice), Mon, Aug 31 (first contest)	21	24	35	13
L	Options for XC, FH, SO, VB, CC, DA	08-24-20	09-07-20	14	Mon, Aug 24 (first practice), Mon, Sep 7 (first contest)	21	24	35	13
M	Options for XC, FH, SO, VB, CC, DA	08-24-20	09-14-20	21	Mon, Aug 24 (first practice), Mon, Sep 14 (first contest)	21	24	35	13
N	Options for XC, FH, SO, VB, CC, DA	08-31-20	09-07-20	7	Mon, Aug 31 (first practice), Mon, Sep 7 (first contest)	21	24	35	13
O	Options for XC, FH, SO, VB, CC, DA	08-31-20	09-14-20	14	Mon, Aug 31 (first practice), Mon, Sep 14 (first contest)	21	24	35	13
P	Options for XC, FH, SO, VB, CC, DA	08-31-20	09-21-20	21	Mon, Aug 31 (first practice), Mon, Sep 21 (first contest)	21	24	35	13

	NON FB OPTIONS	Practice	Inter-scholastic	practice days		SO Norm Start	SO Norm Days	SO Norm Games	SO Start Reduce	SO PS Start	New Days	Adj Days	Reduce Pct	Act Reduce	New Limit	New Limit	% of season
A	Soccer	08-03-20	08-10-20	7	Mon, Aug 3 (first practice), Mon, Aug 10 (first contest)	8/10/20	56	21	0	10/12/20	63	7	12.5%	2.63	23.63	21	100.00%
B	Soccer	08-03-20	08-17-20	14	Mon, Aug 3 (first practice), Mon, Aug 17 (first contest)	8/10/20	56	21	7	10/12/20	56	0	0.0%	0.00	21.00	21	100.00%
C	Soccer	08-03-20	08-24-20	21	Mon, Aug 3 (first practice), Mon, Aug 24 (first contest)	8/10/20	56	21	14	10/12/20	49	-7	-12.5%	-2.63	18.38	19	90.48%
D	Soccer	08-03-20	08-31-20	28	Mon, Aug 3 (first practice), Mon, Aug 31 (first contest)	8/10/20	56	21	21	10/12/20	42	-14	-25.0%	-5.25	15.75	16	76.19%
E	Soccer	08-10-20	08-17-20	7	Mon, Aug 10 (first practice), Mon, Aug 17 (first contest)	8/10/20	56	21	7	10/12/20	56	0	0.0%	0.00	21.00	21	100.00%
F	Soccer	08-10-20	08-24-20	14	Mon, Aug 10 (first practice), Mon, Aug 24 (first contest)	8/10/20	56	21	14	10/12/20	49	-7	-12.5%	-2.63	18.38	19	90.48%
G	Soccer	08-10-20	08-31-20	21	Mon, Aug 10 (first practice), Mon, Aug 31 (first contest)	8/10/20	56	21	21	10/12/20	42	-14	-25.0%	-5.25	15.75	16	76.19%
H	Soccer	08-17-20	08-24-20	7	Mon, Aug 17 (first practice), Mon, Aug 24 (first contest)	8/10/20	56	21	14	10/12/20	49	-7	-12.5%	-2.63	18.38	19	90.48%
I	Soccer	08-17-20	08-31-20	14	Mon, Aug 17 (first practice), Mon, Aug 31 (first contest)	8/10/20	56	21	21	10/12/20	42	-14	-25.0%	-5.25	15.75	16	76.19%
J	Soccer	08-17-20	09-07-20	21	Mon, Aug 17 (first practice), Mon, Sep 7 (first contest)	8/10/20	56	21	28	10/12/20	35	-21	-37.5%	-7.88	13.13	14	66.67%
K	Soccer	08-24-20	08-31-20	7	Mon, Aug 24 (first practice), Mon, Aug 31 (first contest)	8/10/20	56	21	21	10/12/20	42	-14	-25.0%	-5.25	15.75	16	76.19%
L	Soccer	08-24-20	09-07-20	14	Mon, Aug 24 (first practice), Mon, Sep 7 (first contest)	8/10/20	56	21	28	10/12/20	35	-21	-37.5%	-7.88	13.13	14	66.67%
M	Soccer	08-24-20	09-14-20	21	Mon, Aug 24 (first practice), Mon, Sep 14 (first contest)	8/10/20	56	21	35	10/12/20	28	-28	-50.0%	-10.50	10.50	11	52.38%
N	Soccer	08-31-20	09-07-20	7	Mon, Aug 31 (first practice), Mon, Sep 7 (first contest)	8/10/20	56	21	28	10/12/20	35	-21	-37.5%	-7.88	13.13	14	66.67%
O	Soccer	08-31-20	09-14-20	14	Mon, Aug 31 (first practice), Mon, Sep 14 (first contest)	8/10/20	56	21	35	10/12/20	28	-28	-50.0%	-10.50	10.50	11	52.38%

P	Soccer	08-31-20	09-21-20	21	Mon, Aug 31 (first practice), Mon, Sep 21 (first contest)	8/10/20	56	21	42	10/12/20	21	-35	-62.5%	-13.13	7.88	8	38.10%
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	NON FB OPTIONS	Practice	Inter-scholastic	practice days		FH Norm Start	FH Norm Days	FH Norm Games	FH Start Reduce	FH PS Start	New Days	Adj Days	Reduce Pct	Act Reduce	New Limit	New Limit	% of season
A	Field Hockey	08-03-20	08-10-20	7	Mon, Aug 3 (first practice), Mon, Aug 10 (first contest)	8/10/20	61	24	0	10/17/20	68	7	11.5%	2.75	26.75	24	100.00%
B	Field Hockey	08-03-20	08-17-20	14	Mon, Aug 3 (first practice), Mon, Aug 17 (first contest)	8/10/20	61	24	7	10/17/20	61	0	0.0%	0.00	24.00	24	100.00%
C	Field Hockey	08-03-20	08-24-20	21	Mon, Aug 3 (first practice), Mon, Aug 24 (first contest)	8/10/20	61	24	14	10/17/20	54	-7	-11.5%	-2.75	21.25	22	91.67%
D	Field Hockey	08-03-20	08-31-20	28	Mon, Aug 3 (first practice), Mon, Aug 31 (first contest)	8/10/20	61	24	21	10/17/20	47	-14	-23.0%	-5.51	18.49	19	79.17%
E	Field Hockey	08-10-20	08-17-20	7	Mon, Aug 10 (first practice), Mon, Aug 17 (first contest)	8/10/20	61	24	7	10/17/20	61	0	0.0%	0.00	24.00	24	100.00%
F	Field Hockey	08-10-20	08-24-20	14	Mon, Aug 10 (first practice), Mon, Aug 24 (first contest)	8/10/20	61	24	14	10/17/20	54	-7	-11.5%	-2.75	21.25	22	91.67%
G	Field Hockey	08-10-20	08-31-20	21	Mon, Aug 10 (first practice), Mon, Aug 31 (first contest)	8/10/20	61	24	21	10/17/20	47	-14	-23.0%	-5.51	18.49	19	79.17%
H	Field Hockey	08-17-20	08-24-20	7	Mon, Aug 17 (first practice), Mon, Aug 24 (first contest)	8/10/20	61	24	14	10/17/20	54	-7	-11.5%	-2.75	21.25	22	91.67%
I	Field Hockey	08-17-20	08-31-20	14	Mon, Aug 17 (first practice), Mon, Aug 31 (first contest)	8/10/20	61	24	21	10/17/20	47	-14	-23.0%	-5.51	18.49	19	79.17%
J	Field Hockey	08-17-20	09-07-20	21	Mon, Aug 17 (first practice), Mon, Sep 7 (first contest)	8/10/20	61	24	28	10/17/20	40	-21	-34.4%	-8.26	15.74	16	66.67%
K	Field Hockey	08-24-20	08-31-20	7	Mon, Aug 24 (first practice), Mon, Aug 31 (first contest)	8/10/20	61	24	21	10/17/20	47	-14	-23.0%	-5.51	18.49	19	79.17%
L	Field Hockey	08-24-20	09-07-20	14	Mon, Aug 24 (first practice), Mon, Sep 7 (first contest)	8/10/20	61	24	28	10/17/20	40	-21	-34.4%	-8.26	15.74	16	66.67%
M	Field Hockey	08-24-20	09-14-20	21	Mon, Aug 24 (first practice), Mon, Sep 14 (first contest)	8/10/20	61	24	35	10/17/20	33	-28	-45.9%	-11.02	12.98	13	54.17%
N	Field Hockey	08-31-20	09-07-20	7	Mon, Aug 31 (first practice), Mon, Sep 7 (first contest)	8/10/20	61	24	28	10/17/20	40	-21	-34.4%	-8.26	15.74	16	66.67%
O	Field Hockey	08-31-20	09-14-20	14	Mon, Aug 31 (first practice), Mon, Sep 14 (first contest)	8/10/20	61	24	35	10/17/20	33	-28	-45.9%	-11.02	12.98	13	54.17%
P	Field Hockey	08-31-20	09-21-20	21	Mon, Aug 31 (first practice), Mon, Sep 21 (first contest)	8/10/20	61	24	42	10/17/20	26	-35	-57.4%	-13.77	10.23	11	45.83%

	NON FB OPTIONS	Practice	Inter-scholastic	practice days		VB Norm Start	VB Norm Days	VB Norm Games	VB Start Reduce	VB PS Start	New Days	Adj Days	Reduce Pct	Act Reduce	New Limit	New Limit	% of season
A	Volleyball	08-03-20	08-10-20	7	Mon, Aug 3 (first practice), Mon, Aug 10 (first contest)	8/10/20	63	35	0	10/19/20	70	7	11.1%	3.89	38.89	35	100.00%
B	Volleyball	08-03-20	08-17-20	14	Mon, Aug 3 (first practice), Mon, Aug 17 (first contest)	8/10/20	63	35	7	10/19/20	63	0	0.0%	0.00	35.00	35	100.00%
C	Volleyball	08-03-20	08-24-20	21	Mon, Aug 3 (first practice), Mon, Aug 24 (first contest)	8/10/20	63	35	14	10/19/20	56	-7	-11.1%	-3.89	31.11	32	91.43%
D	Volleyball	08-03-20	08-31-20	28	Mon, Aug 3 (first practice), Mon, Aug 31 (first contest)	8/10/20	63	35	21	10/19/20	49	-14	-22.2%	-7.78	27.22	28	80.00%
E	Volleyball	08-10-20	08-17-20	7	Mon, Aug 10 (first practice), Mon, Aug 17 (first contest)	8/10/20	63	35	7	10/19/20	63	0	0.0%	0.00	35.00	35	100.00%
F	Volleyball	08-10-20	08-24-20	14	Mon, Aug 10 (first practice), Mon, Aug 24 (first contest)	8/10/20	63	35	14	10/19/20	56	-7	-11.1%	-3.89	31.11	32	91.43%
G	Volleyball	08-10-20	08-31-20	21	Mon, Aug 10 (first practice), Mon, Aug 31 (first contest)	8/10/20	63	35	21	10/19/20	49	-14	-22.2%	-7.78	27.22	28	80.00%
H	Volleyball	08-17-20	08-24-20	7	Mon, Aug 17 (first practice), Mon, Aug 24 (first contest)	8/10/20	63	35	14	10/19/20	56	-7	-11.1%	-3.89	31.11	32	91.43%
I	Volleyball	08-17-20	08-31-20	14	Mon, Aug 17 (first practice), Mon, Aug 31 (first contest)	8/10/20	63	35	21	10/19/20	49	-14	-22.2%	-7.78	27.22	28	80.00%
J	Volleyball	08-17-20	09-07-20	21	Mon, Aug 17 (first practice), Mon, Sep 7 (first contest)	8/10/20	63	35	28	10/19/20	42	-21	-33.3%	-11.67	23.33	24	68.57%
K	Volleyball	08-24-20	08-31-20	7	Mon, Aug 24 (first practice), Mon, Aug 31 (first contest)	8/10/20	63	35	21	10/19/20	49	-14	-22.2%	-7.78	27.22	28	80.00%
L	Volleyball	08-24-20	09-07-20	14	Mon, Aug 24 (first practice), Mon, Sep 7 (first contest)	8/10/20	63	35	28	10/19/20	42	-21	-33.3%	-11.67	23.33	24	68.57%
M	Volleyball	08-24-20	09-14-20	21	Mon, Aug 24 (first practice), Mon, Sep 14 (first contest)	8/10/20	63	35	35	10/19/20	35	-28	-44.4%	-15.56	19.44	20	57.14%

N	Volleyball	08-31-20	09-07-20	7	Mon, Aug 31 (first practice), Mon, Sep 7 (first contest)	8/10/20	63	35	28	10/19/20	42	-21	-33.3%	-11.67	23.33	24	68.57%
O	Volleyball	08-31-20	09-14-20	14	Mon, Aug 31 (first practice), Mon, Sep 14 (first contest)	8/10/20	63	35	35	10/19/20	35	-28	-44.4%	-15.56	19.44	20	57.14%
P	Volleyball	08-31-20	09-21-20	21	Mon, Aug 31 (first practice), Mon, Sep 21 (first contest)	8/10/20	63	35	42	10/19/20	28	-35	-55.6%	-19.44	15.56	16	45.71%

	NON FB OPTIONS	Practice	Inter-scholastic	practice days		XC Norm Start	XC Norm Days	XC Norm Games	XC Start Reduce	XC PS Start	New Days	Adj Days	Reduce Pct	Act Reduce	New Limit	New Limit	% of season
A	Cross Country (XC)	08-03-20	08-10-20	7	Mon, Aug 3 (first practice), Mon, Aug 10 (first contest)	8/10/20	67	13	0	10/23/20	74	7	10.4%	1.36	14.36	13	100.00%
B	Cross Country (XC)	08-03-20	08-17-20	14	Mon, Aug 3 (first practice), Mon, Aug 17 (first contest)	8/10/20	67	13	7	10/23/20	67	0	0.0%	0.00	13.00	13	100.00%
C	Cross Country (XC)	08-03-20	08-24-20	21	Mon, Aug 3 (first practice), Mon, Aug 24 (first contest)	8/10/20	67	13	14	10/23/20	60	-7	-10.4%	-1.36	11.64	12	92.31%
D	Cross Country (XC)	08-03-20	08-31-20	28	Mon, Aug 3 (first practice), Mon, Aug 31 (first contest)	8/10/20	67	13	21	10/23/20	53	-14	-20.9%	-2.72	10.28	11	84.62%
E	Cross Country (XC)	08-10-20	08-17-20	7	Mon, Aug 10 (first practice), Mon, Aug 17 (first contest)	8/10/20	67	13	7	10/23/20	67	0	0.0%	0.00	13.00	13	100.00%
F	Cross Country (XC)	08-10-20	08-24-20	14	Mon, Aug 10 (first practice), Mon, Aug 24 (first contest)	8/10/20	67	13	14	10/23/20	60	-7	-10.4%	-1.36	11.64	12	92.31%
G	Cross Country (XC)	08-10-20	08-31-20	21	Mon, Aug 10 (first practice), Mon, Aug 31 (first contest)	8/10/20	67	13	21	10/23/20	53	-14	-20.9%	-2.72	10.28	11	84.62%
H	Cross Country (XC)	08-17-20	08-24-20	7	Mon, Aug 17 (first practice), Mon, Aug 24 (first contest)	8/10/20	67	13	14	10/23/20	60	-7	-10.4%	-1.36	11.64	12	92.31%
I	Cross Country (XC)	08-17-20	08-31-20	14	Mon, Aug 17 (first practice), Mon, Aug 31 (first contest)	8/10/20	67	13	21	10/23/20	53	-14	-20.9%	-2.72	10.28	11	84.62%
J	Cross Country (XC)	08-17-20	09-07-20	21	Mon, Aug 17 (first practice), Mon, Sep 7 (first contest)	8/10/20	67	13	28	10/23/20	46	-21	-31.3%	-4.07	8.93	9	69.23%
K	Cross Country (XC)	08-24-20	08-31-20	7	Mon, Aug 24 (first practice), Mon, Aug 31 (first contest)	8/10/20	67	13	21	10/23/20	53	-14	-20.9%	-2.72	10.28	11	84.62%
L	Cross Country (XC)	08-24-20	09-07-20	14	Mon, Aug 24 (first practice), Mon, Sep 7 (first contest)	8/10/20	67	13	28	10/23/20	46	-21	-31.3%	-4.07	8.93	9	69.23%
M	Cross Country (XC)	08-24-20	09-14-20	21	Mon, Aug 24 (first practice), Mon, Sep 14 (first contest)	8/10/20	67	13	35	10/23/20	39	-28	-41.8%	-5.43	7.57	8	61.54%
N	Cross Country (XC)	08-31-20	09-07-20	7	Mon, Aug 31 (first practice), Mon, Sep 7 (first contest)	8/10/20	67	13	28	10/23/20	46	-21	-31.3%	-4.07	8.93	9	69.23%
O	Cross Country (XC)	08-31-20	09-14-20	14	Mon, Aug 31 (first practice), Mon, Sep 14 (first contest)	8/10/20	67	13	35	10/23/20	39	-28	-41.8%	-5.43	7.57	8	61.54%
P	Cross Country (XC)	08-31-20	09-21-20	21	Mon, Aug 31 (first practice), Mon, Sep 21 (first contest)	8/10/20	67	13	42	10/23/20	32	-35	-52.2%	-6.79	6.21	7	53.85%

Once established, Commissioner will direct the same for middle school sports and sport-activities

Esports and Golf per normal schedule