THE KENTUCKY
High School Athlete

THE NEWPORT CATHOLIC HIGH SCHOOL
1967 CHAMPIONSHIP WRESTLING TEAM

(Left to Right) Front Row: Joe Baumann, Gary McGlone, Jim Shoemaker, Dennis Huber, Dennis Martin, Greg Palmer. Second Row: Brother Joseph, Dennis Schofield, Ron Nieporte, Joe DiGiacomo, Tom Goety, Mike Fey, George Schuler, Don Peters.

Official Organ of the
KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION
March, 1967
Modern Ides of March

The gym lights gleam like a beacon beam
And a million motors hum
In a good will flight on a Friday night;
For basketball beckons, "Come!"

A sharp-shooting mite is king tonight.
The Madness of March is running.
The winged feet fly, the ball sails high
And field goal hunters are gunning.

The colors clash as silk suits flash
And race on a shimmering floor.
Repressions die, and partisans vie
In a goal acclaiming roar.

On Championship Trail toward a holy grail,
All fans are birds of a feather.
It's fiesta night and cares lie light
When the air is full of leather.

Since time began, the instincts of man
Prove cave and current men kin.
On tournament night the sage and the wight
Are relatives under the skin.

It's festival time,—sans reason or rhyme
But with nation-wide appeal.
In a world of hate, our ship of state
Rides high on an even keel.

With war nerves tense, the final defense
Is the courage, strength and will
In a million lives where freedom thrives
And liberty lingers still.

Let commies clash and empires crash
'Neath the wreck of a victory arch!
Let our boys tread where hate is dead,—
In this happy Madness of March!

—H. V. Porter.
Postscripts on Athletics
By Rhea H. Williams

Editor's Note: The article below appeared in a recent issue of the Texas Interscholastic League. Dr. Williams is State Athletic Director of the Texas University Interscholastic League.

One of the greatest attributes of competitive athletics is the fact that it develops an appreciation for "making sacrifices." This particular contribution of athletics is seldom given due credit. In the eyes of many people it perhaps is the one contribution which ranks above all others which can be traced to the competitive program.

General Robert E. Lee, the famous southern military leader, while president of Washington and Lee College, said, "If a boy learns to appreciate the sacrifices which others have made for him and learns to make sacrifices himself, then he has learned the greatest lesson which our educational systems have to offer."

Similar statements on the importance of learning to make "sacrifices" and to appreciate the "sacrifices" of others have been reiterated time and time again by outstanding people in all areas of life.

Appreciation

The only way that a boy can learn to appreciate the sacrifices of others is to make sacrifices himself on behalf of family, team, school or community. Nothing can develop in a boy a better appreciation of what others do for him than to practice the Biblical statement "It is better to give than to receive." There is no better way to develop self-discipline than the ability to make sacrifices. Discipline and sacrifice go hand in hand, regardless of whether it is on a personal or group basis.

Discipline

One of the first and most important sacrifices any athlete must make is to give up many of the so-called "pleasures" which accrue to non-athletes. This includes watching his diet and eating only the proper foods, getting regular hours of sleep and abstaining from tobacco and alcohol. It means that an athlete must discipline himself into giving up many parties, many dates and other social activities. Only through sacrifice of this type can a boy achieve his best

(Continued on Page Eight)
From the Commissioner’s Office

REPORTS NOW DUE
1. 1966-67 Basketball Participation List
2. School’s Report on Basketball Officials
3. Official’s Report on Schools (Basketball)

Spring Meets

Tentative dates have been set for the various spring meets and tournaments in gymnastics, rifle marksmanship, baseball, track, golf and tennis. They are as follows:

April 1, State Gymnastics Meet, Louisville
April 29, State Rifle Championship, Lexington
May 8-10, district baseball tournaments (sites given below)
May 12-13, regional track meets for boys and girls (sites given in February issue of ATHLETE)
May 16, regional golf tournaments for boys and girls (sites given below)
May 20, State Track Meets (Classes A, AA, and Girls), Lexington
May 20, State Track Meet (Class AAA), Louisville
May 23-24, Girls’ State Golf Tournament, Louisville
May 23-24, Boys’ State Golf Tournament, Louisville
May 26-27, regional baseball tournaments (sites given below)
May 26-27, regional tennis tournaments for girls and boys (sites given below)
June 2-3, Boys’ and Girls’ State Tennis Tournaments, Louisville
June 7-8, State Baseball Tournament, Lexington

In assigning schools to districts and regions for spring meets, the principal source of information is the blue statement form filed by the school principal when he enrolls his school in the Association. If a coach is listed for a sport, it is assumed that the school sponsors a team in that sport. In some instances the coach of a particular sport may not have been assigned at the time the statement form was filed, and in other instances the principal may have decided that a sport for which a coach was named will not be sponsored by the school this year.

Principals should study the assignment of schools by districts and regions which appears below to determine whether or not the listings for their schools are correct. The State Office should be notified only if the name of the school should be added to or omitted from any of the lists given.

RIFLE MARKSMANSHIP
Boone County, Henry Clay, Inez, Louisville Male, McKell, M. M. L., Oakdale Christian, Oldham County, Owensboro, Paul G. Blazer, Western.

BASEBALL
Paducah Region
Christian County District—Attucks, Christian County, Daviess, Paintsville, Ft. Campbell, Hopkinsville, Trigg County
Murray District—Benton, Calloway County, Murray, Murray University, North Marshall, South Marshall Paducah District—Ballard Memorial, Heath, Lone Oak, Reidland, St. Mary, Tilghman
Mayfield District—Carlisle County, Cuba, Fancy Farm, Hickman County, Lowes, Mayfield, Symsonia, Wingo
Caldwell County District—Caldwell County, Crittenden County, Fredonia, Livingston Central, Lyon County

Madisonville Region
Henderson District—Henderson, Henderson County, Holy Name, Providence, St. Vincent, Union County, Webster County
Leitchfield District—Butler County, Caneville, Clarkson, Grayson County Catholic, Leitchfield
Ohio County District—Breckinridge County, Fordsville, Hancock County, Meade County, Ohio County, Daviess County District—Daviess County, Livermore, Owensboro, Owensboro Catholic
Madisonville District—Calboun, Earlington, Madisonville, Sacramento, South Hopkins, West Hopkins
Central City District—Bremen, Central City, Drakesboro, Graham, Greenville, Hughes Kirk, Muhlenberg Central

Greensburg Region
Bowling Green District—Bowling Green, Bristow, Franklin-Simpson, North Warren, Richaudville, Warren County
Auburn District—Adairville, Auburn, Lewisburg, Russville, Todd County
Glasgow District—Austin Tracy, Glasgow, Hiseville, Park City, Scottsville, Temple Hill
Tompkinsville District—Cumberland County, Gainesville, Mcaliley, Metcalfe County, Tompkinsville
Caverna District—Caverna, Cub Run, Hart Memorial, LaRue County, Munfordville
North Hardin District—East Hardin, Elizabethtown, Elizabethtown Catholic, Ft. Knox, North Hardin, West Hardin
Campbellsville District—Adair County, Campbellsville, Greensburg, Lebanon, St. Augustine, St. Charles, St. Francis, Taylor County
St. Joseph District—Bardstown, Lebanon Junction,
Mt. Washington, St. Joseph Prep, Shepherdsville, Washington County, Williamsburg

Jefferson County Region

Newport Region
Boone County District—Boone County, Dixie Heights, Lloyd, St. Henry, Simon Kenton Holy Cross District—Beechwood, Covington Catholic, Holmes, Holy Cross, Luillow Silver Grove District—Bishop Brossart, Campbell County, Highlands, St. Thomas, Silver Grove Grant County District—Grant County, Pendleton County, Walton-Verona, Williamsstown Newport District—Bellevue, Dayton, Newport, Newport Catholic Tollesboro District—Augusta, Bracken County, Deming, Fleming County, Lewis County, Mason County, Maysville, St. Patrick, Tollesboro

Lexington Region
Woodford County District—Anderson, Frankfort, Woodford County, Georgetown, Scott County, Woodford County Bourbon County District—Bourbon County, Harrison County, Millersburg Military Institute, Nicholas County, Paris Garrard County District—Danville, Garrard County, Harrodsburg, Jessamine County, Kentucky School for the Deaf, Mercer County, Stanford Shelbyville District—Oldham County, Shelby County, Shelbyville, Taylorsville Mt. Vernon District—Crab Orchard, Hustonville, Liberty, Memorial (Waynesburg), Mt. Vernon Eminence District—Carroll County, Eminence, Gallatin County, Henry County, Owen County, Trimble County Lexington District—Bryan Station, Dunbar, Henry Clay, Lafayette, Lexington Catholic, Tates Creek Richmond District—Berea, Estill County, Irvine, Madison, Madison Central, Model

London Region
Somerset District—Barnside, Eubank, Ferguson, Pulaski County, Somerset Lee County District—Clay County, Jackson County, Lee County, Oneida Institute, Owosso County, Powell County, Riversides Christian Harlan District—Cumberland, Evarts, Harlan, James A. Cawood, Lynch Elkhorn City District—Belfry, Elkhorn City, Fleming-Neon, Jenkins, Johns Creek, Mullins, Phelps, Pikeville, Virgil Hazel Green District—Bush, Hazel Green, Lilly, London Monticello District—McCreary County, Monticello, Pine Knot, Russell County, Wayne County Middlesboro District—Barbourville, Corbin, Harlan, Irvine, Kentucky, Middlesboro Settlement, Lone Jack, Middlesboro, Whitley County, Williamsburg Hazard District—Buckhorn, Combs Memorial, Hazard, Hindman, Leslie County, Letcher, M. C. Napier, Whitesburg

Morehead Region
Ashland District—Boyd County, Catlettsburg, Fairview, Louisa, Paul Blazer McKell District—Greenup, McKell, Raceland, Russell, Warrard Montgomery County District—Bath County, George Rogers Clark, Montgomery County, Mt. Sterling Morehead District—Ezel, Hibbards, Morgan County, Olive Hill, Pritchard, Rowan County, Sandy Hook, University Breckinridge Paintsville District—Blaine, Flat Gap, Inez, Meade Memorial, Oil Springs, Paintsville, Van Lear McDowell District—Martin, Maytown, McDowell, Prestonsburg

GOLF FOR GIRLS
Bowling Green Region—Bowling Green, Bowling Green, Hopkinsville, Ohio County, Owensboro, Scottsville, Tompkinsville, Warren County Frankfort Region—Beechwood, Frankfort, Franklin County, George Rogers Clark, Lebanon, London, Mt. Sterling, Owen County, Shelbyville Louisville Region—Eastern, Oldham County, Waggner, Westport Paintsville Region—Hazard, Paintsville, Paul G. Blazer, Pikeville, Prestonsburg

GOLF FOR BOYS
**TENNIS FOR GIRLS**

Murray Region—Fort Campbell, Henderson, Henderson County, Hopkinsville, Murray
Bowling Green Region—Bowling Green, Elizabethtown, Elizabethtown Catholic, Franklin-Simpson, Owensboro, Warren County
Hart Memorial Region—Campbellsville, Cadena, Hart Memorial, LaRue County, Meade County
East Jefferson County Region—Eastern, Fern Creek, Mercy Academy, Presentation, Sacred Heart, Ursuline Academy, Westport
Bellevue Region—Beechwood, Bellevue, Highlands, Lloyd Memorial, Notre Dame Academy
Richmond Region—Bryan Station, Franklin County, Hazel Green, Henry Clay, Middlesboro, Somerset
Ashtown Area—Fairview, Paul Blazer, Pikeville, Russell, University Breckenridge

**TENNIS FOR BOYS**

Bowling Green Region—Attucks, Bowling Green, Caldwell County, Cadena, Fort Campbell, Franklin-Simpson, Glasgow, Hart Memorial, Hopkinsville, Russelville, University, Warren County
West Jefferson County Region—Bishop David, Butler, Fairdale, Iroquois, Pleasure Ridge Park, Southern, Thomas Jefferson, Valley, Western
Fort Knox Region—Campbellsville, Elizabethtown, Fort Knox, Greensburg, Henderson, Henderson County, LaRue County, Meade County, Owensboro, Owensboro Catholic, St. Joseph Prep.
Bellevue Region—Beechwood, Bellevue, Covington Catholic, Highlands, Holmes, Lloyd Memorial, Mason County, Owen County, Newport, Newport Catholic Lexington Region—Bryan Station, Danville, Franklin County, Georgetown, Harrisonburg, Henry Clay, Lafayette, M.M.I., Shelbyville, Bates Creek, Woodford County, Richmond Region—Foundation, Garrard County, Hazel Green, Middlesboro, Mt. Sterling, Paul G. Blazer, Pikeville, Russell, Somerset

Soccer Clinic

A Soccer Clinic for both coaches and officials will be held at Berea College April 14 and 15. The purpose of the clinic is to present the game of Soccer to the school people of the area who have expressed interest in the game. All phases from the teaching of fundamental skills to coaching and playing strategy will be covered.

Mr. Pat Smith, a soccer player of standing in England; Mr. Jerry Yeagley, Soccer coach of Indiana University; and Dick Klenk-schmidt, a nationally recognized soccer referee, will be visiting staff. Mr. Charles Conley, coach of the Berea College soccer team, will be in charge of the clinic and his team will assist in the demonstration. Displays, films, discussions, lectures, in addition to the work on the field, will be presented.

The first meeting will be held on Friday evening at 7:30. The last session will be on Saturday evening at 6:00. A registration fee of $1.00 will be charged. Meals may be obtained at the Berea College Food Service. Housing requests should be sent to Mr. Charles Conley.

**The Basketball Hall of Fame**

During the school year 1965-66, additional K.H.S.A.A. member schools making contributions or pledges to the Basketball Hall of Fame brought the total number of contributing schools to fifty-five. Of this number, forty schools have taken out or will take out Group Memberships at $100 each. Contributing members are listed below.

$100 Contributions and Pledges

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<th>County</th>
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<td>Bloomfield</td>
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<td>Carver</td>
<td>Ky, School for Deaf</td>
<td>1011 W. 18th St., Owensboro</td>
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<td>Caverns</td>
<td>Livingston Central</td>
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<td>Ferguson</td>
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| *Contributions Less Than $100*

**Registered Baseball Officials**

(List Compiled March 1)

If one telephone number is given for an official listed, it is the home phone unless otherwise designated, if two numbers are given, the first number is that of the home phone.

- Ashley, Kenneth, Science Hill, 425-8521, 425-8341
- Berger, John D., Jr., Route 1, Toms Brook, Virginia
- Calhoun, Herb, 1646 East 17th St., Bowling Green, 2-2548, 2-5351
- Carter, John, 2528 Estates Blvd., Louisville, 451-8218, 587-8662
- Carter, Phillip Ray, Whitey City, 376-2517
- Chesnyc, Orville A., Lot 4 P.T.C., Ft. Campbell, 798-5348, 798-3490
- Clark, Barry Daniel, Route 2, Box 188C, Greenwood, 338-3819, 338-3005
- Clark, Robert L., 3006-G, Hammond Heights, Ft. Campbell, 798-1750, 798-3320
- Clements, John L., 1038 Della Drive, Lexington, 278-6587
- Cline, Roy E., 1105 Lincoln, Louisville, 637-8249
- Cobb, Tom, 317 N. English, Leitchfield, 258-3547, 258-3544
- Culp, Willard, 515 Skyline Park Drive, Hopkinsville, 886-2587
- Davis, Bubba, 524 West Lexington, Danville, 236-2060, 236-2066
- Dicterle, Owen W., Box 135, Millersburg, 484-2076, Lexington 252-0650
- Donahue, Terry, 2717 Hickory Lane, Erlanger, 541-0685
- Doernick, William Robert, Route 2, Paint Lick, 252-2307, 798-2420
- Duvall, James W., Barnes Campbell, Box 6046, Bowling Green, 745-2759
- Elliott, Billy A., 5504 Mock Court, Pleasure Ridge Park, 937-4345
- Elliott, Carroll L., 397 College St., Elizabethtown, 765-4007, 765-4138
- Emery, George J., 324 Clay, New Albany, Ind., 944-5257, RU 5-351 ext. 242
- Esler, Edward W., Jr., 2222 Bradford Drive, Louisville, GL 2-1001
- Fairchild, Hays, Trimble County High School, Bedford
- Farris, Reshel Ben., 308 Coyle, Box 135, Owingsville, 674-2291
- Finkle, Louis S., 3723 North Bryant St., Louisville, 454-6519, 454-6519
- Gibson, Robert, 202 Michigan, Monticello, 348-2556, 348-2556
Schofield, Howard Eugene, Route 1, Wingo, 376-2816
Horne, Jordan E., Jr., 3804 Frontier Trail, Louisville, 451-6024, 584-5215
Hubbs, Cletus L., Jr., 306 West 15th St., Hopkinsville, 885-5726, 885-5334
Hudson, J. D., Cane Valley, 370-6241, 875-4466
Ingram, Gary J., 9706 Lanesboro Way, Louisville, 425-5215, 897-2815
Ingram, Jon R., 546-H, Lowe, Ft. Knox, 4-2977, 4-7455
Ireland, Jan L., 747 W. Locust, Princeton, 365-0458, 365-2635
Jacobs, Robert L., 3229 Lexington Road, Louisville, 896-6062
Jeni, Richard, 209 Legion Drive, Franklin, 586-8188, Lexington, 258-5900
Johnson, James M., 17 Pinehurst Dr., Frankfort, 223-2832, 225-8389
Johnson, Robert L., 6 Jamestown Pl., Clarksville, Tenn., 647-2806, 719-5403
Jones, Frank, Box 718, Manchester, 509-2766, 623-0877
Jones, John, 290 Green St., Franklin, 598-3779, 598-2129
Kasperski, Harry W., 355-B Franklin Rd., Louisville, 451-1965, 585-5215
Kauffman, Albert R., 8215 St. Anthony Church Road, Louisville, 366-0126, 586-6781
Kaye All, Route 5, Box 75B, Shelbyville, 633-3203, Louisville 806-8819
Keeley, Reuben, Route 8, Theobald Rd., Paducah, 433-5200, 346-5431
Kidwell, James S., 1112 Parkway, Covington, 681-0411
King, James A., 5000 Clarmar Rd., Jeffersontown, 229-8915, 776-2406
Kimmel, Jerry, Beechmont, 476-2566, 476-2565
Legrave, August, Sr., 310 No. 322 Rd., Paducah, 442-0565
Lindsey, Jack, Blackey, Whitesburg, 633-6666 (Bus.)
Linn, Larry, 299 Idlewood Drive, Louisville, 895-4731, 882-2613
Marino, Connie, Box 72, Whitey City, 376-2282, 376-2813
Marlette, Ronald L., Ponderosa Trailer Ct., Georgetown, 863-9305 (Bus.)
Martin, Roger K., Box 174, Park City, 749-8425, 749-3899
Mattylingly, Charles, 5813 Poplar Level Road, Louisville, 450-5793
Mills, William L., St. Mary, 692-4065, 692-4556
Moochey, James H., 810 Henry St., Franklin, 868-4893, 868-4894
Morgan, Richard, Route 6, Box 64, London, 864-6511, 864-5114
Morse, Richard K., 163 N. Deepwood Dr., Radcliff, 351-3748, 845-5431
Norwood, Thomas R., 811 Henry St., Franklin, 868-3614, 868-3541
Nuckles, Thomas H., 1602 Vivian Lane, Louisville, 454-6838
Pardue, Israel L., 1005 South 28th St., Louisville, 772-2484
Penny, William, Jerry, Summit, 509-4577
Pennes, Merritt D., Jr., Route 4, Box 739, Manchester, 598-3711
Prather, Edwin Eugene, Route 2, LaGrange, 279-5135, 241-8491
Presley, J. W., 1117 Lebanon Rd., Danville, 336-8997
Reif, Harry F., East College St., Box 290, New Castle, 352-9384, 352-9421
Roberts, Kenneth G., Route 1, Crestwood
Salyer, Howard E., 4520 Bluebird Ave., Louisville, 989-6371, 779-2531 ext. 456
Sammons, John L., 1105 Elm, Murray, 753-5758, 753-3642
Scott, W. L., 1816 McDonald, Lexington, 274-2814, 254-6181
Smith, Gerald, 1144 College St., Bowling Green, 842-3564
Stefan, James E., Stone St., Box 334, Bardstown, 255-3255
Stewart, Buddy, Main St., Brownsville, 597-2105
Strain, Richard P., Box 472, Radcliff, 351-4096, Fort Knox 4-7577
Swinson, James W., 509 Oak Creek, Fern Creek, 239-0655, 448-2761
Thomas, Patrick H., Box 43, Leitchfield, 250-9010, 255-9425
Tyrer Donald, 316 Senate Drive, Frankfort
Varble, William, 3108 Widgeon Ave., Louisville, 775-6712, 775-2561
Vincent, John, 1212 Park St., Bowling Green, 842-9260
Walker, Bobby E., 300 Strathmore, Lexington, 299-6135, 299-6123
Washburn, Jamie Don, 507 South 7th St., Murray, 733-5330, 733-5312
Way, James, 211 West Penn, Cynthia, 234-2561, 234-4939
Weatherall, Allie, 1704 Chickasaw, Lexington, 299-6658
Wiley, Howard E., 198 Bridge St., Paintsville, 789-5946, 789-3663
Winfrey, Shelby, 315 Sharon Drive, Campbellsville, 465-8392, 465-8392
Winfred, Felix G., 1132 Eastern Parkway, Louisville, 630-2282
Wolford, W. D., Route 1, Campbellsville, 465-4549, 465-5880
Wilson, Travis, Box 524, Cave City, 366-4138
Wren, Bethel, Route 2, Paint Lick, 795-2751
The Flying Dutchman

Mark your calendars for March 28, 29 as a memo for you to show up at Stouffer's Inn in Louisville for the conference of the Kentucky Recreation and Parks Society. Hopkinsville's Mary DeBow, president of the Society, is the winner of The Flying Dutchman's corn cob pipe of honor for her unselfish work for parks and recreation on a state-wide basis. Mary has a list of outstanding leaders lined up for the conference which includes Dr. Fred Darling, John Gettler, Celeste Gray, Dopye Phelps, Bill Kaiser, Sam Jones and Dr. Harry Sparks.

Regardless of which sport or recreational phase you are interested in, you will find the information you need at this conference. Every high school coach and athletic director should make this meeting a must. The conference opens with a luncheon at 12:30 noon, Tuesday, March 28th.

Jack McKinney, Coach of Lone Oak, calls the officials' attention to the defensive basketball players who cause fouls to be called on the offensive players because they are good actors. An example is when A2 drives at B3 and B3 falls back on the floor indicating that A2 has charged him when actually there was no contact. Again the Dutchman emphasizes that a player reclining on the floor is of no value to his team. The defensive players would quickly stop this practice if the officials are careful to call such fouls only when there is contact. Jack McKinney is one of the strongest supporters Kentucky sports officials have and his constructive suggestions are welcome—On the wall in the Dutchman's office hangs a sign which reads, "The trouble with most of us is that we would rather be ruined by praise than saved by criticism."

From the National Federation's office came some high praise for last month's Dutchman column, Cliff Fagan says that he plans to send the part concerning coaches and officials to all of the state high school athletic associations affiliated with the National Federation.

Butch Charmoli, known as Mr. Manual High School in Louisville, has brought honor to Kentucky. John Bunn, executive director of the Basketball Federation of the United States, sends us the information that personable, dynamic Butch has been named Chairman of the Fourth District which includes a half dozen states. The meeting of the National Basketball Federation will be held on March 24th at the Kentucky Hotel. Butch will be right at home with his long-time friend Cliff Fagan who is president of the organization and Lyle Quinn, the Dutchman's old buddy, who runs the high school athletic program in Iowa.

Jim Nixon, one of the best officials ever to blow a whistle in western Kentucky, has moved from Hopkinsville to Atlanta. Here's a real loss for our state and a tremendous gain for Georgia. They should have made a lot more like Jim before they threw the mold away.

Kentucky's Game Guy of 1967 is Elizabethtown's David Harmond. A senior, Dave has a fine reputation for leadership, scholarship and loyalty. He has made his mark both in football and basketball in spite of his physical handicap. All of Hardin County is proud of Dave Harmond who whipped a ruptured spleen to play ball and is going on to college to become a doctor. Kentucky's game guys go marching on, making new records of achievement in later life. It makes us wonder why we complain when these physically handicapped kids don't. They just go on producing results in places where rugged physical specimens shy away from because of the rough sledding.

Just after the balloting for the Game Guy of 1967 closed, nominations started rolling in for 1968 and the first nomination came from Coach Paul E. DeZarn of Aquinas School in St. Matthews. Paul is working with an 18-year-old fighter who is a soccer star besides performing on the hardwood. The lad is James Haragon who was thrown into a salamander when his Honda hit a bump. The hot oil ignited his clothing and his re-

(Continued on Page Nine)
State Wrestling Tournament

The 1967 State High School Wrestling Tournament was held at the Jeffersontown High School, Jeffersontown, on February 9-11. The Newport Catholic High School, with three individual champions, captured the tournament title with 97 points. The North Hardin High School was second with 86 points, St. Joseph of Bardstown had the meet's "Most Outstanding Wrestler" in Pete McKay. The 120-pound champion in 1966, McKay took the 133-pound division this year.

The tournament was managed by Wrestling Committee Chairman Orville Williams of the Seneca High School. It was the fourth tournament sponsored by the K.H.S.A.A. Twenty-one teams participated in the tournament. Teams which scored finished in this order: 1-Newport Catholic, 97; 2-North Hardin, 86; 3-M.M.I., 65; 4-Hopkinsville, 47; 5-(Tie) Kentucky School for the Blind and Fort Campbell, 34; 7-Bardstown St. Joseph, 31; 8-Flaget, 30; 9-Westport, 23; 10-Eastern, 20; 11-Trinity, 18; 12-Seneca, 16; 13-Oldham County, 12; 14-Caldwell County, 10; 15-Campbell County, 8; 16-Corbin, 7; 17-Danville, 5; 18-Bush, 2; 19-Trigg County, 1.

Successfully defending their titles were Kentucky School for the Blind's James Earl Hardin in the 165-pound division; Newport Catholic's Mike Fey (154) and Millersburg Military Institute's Pete Anderson (heavy-weight). North Hardin's Jay Crawford, 95-pound champion last year, won the 112 divi-
sion and Mike Givens of Hopkinsville went from 112 to 120 champion.

Medals were awarded to the first three winners in each class. These winners were as follows:
95 lb.—Arvil Meyers, North Hardin; Charles Meyers, St. Joseph; Jack Kurtz, M.M.I.
103 lb.—Dennis Huber, Newport Catholic; Ed Kuhl, Fort Campbell; David Bridge-
water, Seneca
112 lb.—Jay Crawford, North Hardin; Dennis Martin, Newport Catholic; Reginald
Boston, Fort Campbell
120 lb.—Mike Givens, Hopkinsville; Mike
Uhde, Trinity; Ron Nieporte, Newport Cath-
olic
127 lb.—Eddie Wade, Hopkinsville; Larry
Cook, Kentucky School for the Blind; Gary
McGlone, Newport Catholic
133 lb.—Pete McKay, St. Joseph; Tom
Cox, North Hardin; Mike Konvalinka, Fort
Campbell
138 lb.—Greg Palmer, Newport Catholic;
Petey Burns, North Hardin; Richard Des-
Combes, M.M.I.
145 lb.—Ed Brandon, North Hardin; Tom
Welsh, Flaget; James Nichols, Caldwell
County
154 lb.—Mike Fey, Newport Catholic;
Charlie Bowen, M.M.I.; Greg Erwin, North
Hardin
165 lb.—James Earl Hardin, Kentucky
School for the Blind; Joe DiGiacomo, New-
port Catholic; Theodore Arnold, Fort Camp-
bell
180 lb.—Pete Allen, M.M.I.; Jim Schnider,
the ability to have an orderly and reasonably scheduled activity program. There must be adequate time set aside for study, for one of the most desirable disciplines is the ability to set aside a specified period of time and let nothing interfere with this program. This means that the boy must give up many activities in which others are engaging. There have been no great achievements made in any area, whether in athletics, science, politics or religion, which have not been achieved by sacrifices on the part of someone. No athletic season can be successful unless there is a desire on the part of the participating athletes to make sacrifices in order to insure that they have healthy bodies, the proper mental attitude, proper team spirit and above all the desire to make passing grades in their school work.

Life Lesson
If every student who goes out for athletics would make some real sacrifice in order to achieve success for himself or his team, then he will learn perhaps one of the most important disciplines in life; that is, to succeed, effort, discipline, and sacrifice must go hand in hand. Only by making sacrifices himself can he really appreciate the sacrifices which others are making, whether they are for the team or in life situations.

KAPOS
(Continued from Page Five)
recipient, is a first year student at Western Kentucky University. Her former sponsor, Miss Sara Jo Cardwell of Franklin-Simpson High School, reports that Cheri's grades were excellent. Keep up the good work, Cheri!

In order to be eligible for the scholarship the applicant must show evidence of outstanding academic ability and indicated need for financial assistance. The applicant must have been a cheerleader for at least two years, and the school must be a member in good standing in the Kentucky Association of Pep Organization Sponsors.

Scholarship applications may be obtained from Mrs. Stella S. Gilb, College of Education, University of Kentucky. You will also be able to obtain them at the KAPOS booth in Freedom Hall during the state tournament.

Governor Breathitt Declares Sportsmanship Week
Being a good sport is part of being a good cheerleader, a good athlete, a good citizen. KAPOS doesn’t believe that good citizens need to be reminded to exemplify good sportsmanship. However, it is especially fitting at tournament time to remind all citizens that it is a privilege to be able to attend
the games, and that they can contribute to the success of the tournament if they will abide by the KAPOS Sportsmanship Creed proclaimed by Governor Breathitt:

**PROCLAMATION**

Whereas, the Kentucky Association of Pep Organization Sponsors upholds all standards of good sportsmanship as its aim; and

Whereas, KAPOS believes that good sportsmanship contributes to the foundation of the democratic way of life through the application of the Golden Rule; and

Whereas, KAPOS urges that the ideals of good sportsmanship be practiced not only during this week but throughout the year; and

Whereas, the Kentucky High School Basketball Tournament will be held during this week and the majority of Kentuckians will be following the games; and

Whereas, good sportsmanship is the obligation of all citizens, and Kentuckians need to be made aware of this responsibility.

**NOW, THEREFORE, I, Edward Breathitt, Governor of the State of Kentucky, do hereby proclaim this week as Good Sportsmanship Week in Kentucky, and urge all citizens of this state to uphold all standards of good sportsmanship not only during the tournament but at all times.**

**Attention, Principals!**

Included in the packet that will be given to the winner in the regional tournament finals will be a letter pertaining to cheerleaders. The letter will contain the information concerning the basis of selecting outstanding cheerleader squads, and will request that the principal send written confirmation that the cheerleaders of his school are being chaperoned by a well qualified, school-approved adult. The name of the sponsor should be included in this confirmation letter and given to the KAPOS board member at the registration booth in the lobby of the Kentucky Hotel. **Sponsors must room with or on the same floor with their squads.**

**Dates to Remember**

March 18—Saturday Morning Coffee. KAPOS extends a cordial invitation for ALL sponsors and cheerleaders to join them for coffee and sweet rolls on Saturday morning from 9:30 until 11:00 at the Kentucky Hotel. Look for the room number on the day’s bulletin board in the lobby of the hotel.

August 7-11—Summer Cheerleader Clinic. The Kentucky Cheerleader Association announces the Seventh Annual Summer Cheerleader Clinic. The clinic will be held on the University of Kentucky Campus. Brochures can be obtained at the KAPOS booth or by contacting: Mrs. Grace Fragstein, Mrs. Milly V. Rodes, or Mrs. Stella S. Gilb.

**NOTE TO ALL ADMINISTRATORS**

KAPOS needs judges, hotel chaperones, and personnel to man booths at the hotel and at Freedom Hall. This involves at least 12 to 16 people. It is also back-breaking, tiresome work. However, we have many dedicated women who have indicated a willingness to help share these duties provided they get an “ok” from their administrators. Therefore, the KAPOS board is seeking your understanding and cooperation, should you be asked to release a teacher from her duties to help carry on the work that KAPOS is doing to make cheerleading a worthwhile educational experience in the State of Kentucky.

Stella S. Gilb
Executive Secretary-Treasurer

**THE FLYING DUTCHMAN**

(Continued from Page Six)

resulting burns caused doctors to despair for his life. Nobody thought Jim would walk again but he is walking and he is also competing like a champion both in sports and his classes.

A letter just came from Oakley Brown of Yosemite saying that Case County had voted down a bond issue of $500,000 for a gymnasium and community building. Oakley has only lived there a few months since leaving his recreation post in Jefferson County—Give Oakley another year and the Dutchman will give odds that a new issue will pass. Get those kids a gym, Oakley!

Attention, Rex Alexander of Murray State University! The Dutchman directed a Jeffersonstown youngster who migrated to your educational institution to look you up but he says he can’t find you because you don’t stay long enough in one spot. The lad’s name is Terry Neill and he’s a dandy. Make an official of him for that brand new West Kentucky Officials Association you are organizing.

Dick Morse, Hade Durbin and John Carlbarg are running the South Central Officials Association at Elizabethtown. Guy Strong will be the speaker at the group’s annual banquet. The Dutchman can tell you that Guy is one of the best after dinner men on the food circuit. He’s not bad during dinner either.

Ed Mudd is president of the Louisville-Falls Cities Basketball Officials Association and Bob Gour wields the gavel when the whistlers gather at the Southern Kentucky Officials Association in Bowling Green. Don Metzger and Hubie Louden have done a fine job with the Jefferson County Association, and Ted Conley is proud of his North Eastern Kentucky Officials Association in Ashland. Our prediction is that the Commonwealth will soon be blanketed with these
Techniques of Pitching
by Rex Chaney and Steve Hamilton

Editor’s Note: Rex Chaney is an Assistant Professor and head baseball coach at Morehead State University. Steve Hamilton, a New York Yankee pitcher, is an instructor at the University.

The following is a discussion on proper pitching techniques. This discussion incorporates ideas which have proven to be successful on the high school, college and professional level.

A pitcher’s greatest tool is his power to think and concentrate. Once he has become skilled in these two things the initiation of the following is a mere matter of practice and hard work.

It is important that a pitcher positions himself on the mound in a comfortable position with his weight well balanced. Where the rules permit, the pitcher should straddle the pitching rubber to take the sign from the catcher (Figure No. 1).

Most pitchers are more comfortable taking their signs in this manner for one reason; with a man on base the possibility of balking is not as great. As the set position is taken, the ball is hidden behind the leg. Pitchers should not show the ball to the hitter any more than is necessary. Ideally, the hitter should never see the ball until it is about to be released by the pitcher.

As the windup starts, the weight is shifted to the back foot. The arms are comfortably extended over the head and the ball hidden in the glove. At this point it becomes important to concentrate on leg lift and hip rotation. Just as a good hitter hits with his hips, a good pitcher’s success, as far as the “stuff” on the ball and the control, is related directly to hip rotation and leg lift. Hanging pitches and lack of control are usually caused by locking the hips. To assure good hip rotation the leg should be lifted (right-handed pitcher’s leg will be pointing in the general direction of third base) and the back foot which was on the rubber turned to become parallel with and touching it (Figure No. 2). Here the pitcher should still have good balance and still be hiding the ball. The height of the leg lift must be determined by the individual pitcher. Leg lift does two things for the pitcher:

1. gives balance
2. acts as a pendulum pulling the body through and giving added speed to the arm.

As the pitcher’s motion starts toward the plate, the rotated hips move toward the plate and the leg brought around and down as the arm comes through. Again notice should be given to position. If an imaginary line were drawn from the middle of the pitching rubber to home plate the lead foot would land either on it or to the left of it (right-handed pitchers) (Figure No. 3).

This makes the proper rotation of the hips possible and you get full body movement behind your pitch. It should be noted that a right-hand pitcher stepping to the right of the imaginary line from the rubber to the plate will be throwing across his body and locking his hips.

Figure 1

The length of the stride is important for proper execution of a pitch. Most pitchers are more guilty of overstriding than understriding. When the pitcher overstrides he does not get as much on the ball and it is sensed, but when the pitcher understrides he tries to get more on the ball and consequently the stride is lengthened. Once the stride is lengthened there is a tendency to hit on the heel. This causes a locking of the leg and hip and high pitches, hanging pitches occur, resulting in loss of control. The stride should be such that you land on your toe of your lead foot.

Very important to any pitcher is proper arm and wrist movement. As the pitcher has gone through the windup and is making the stride, the wrist should be cocked and about shoulder level. Up to this point the arm is loose and relaxed, not tense. If it is tense a
loss of speed results and also the proper snap cannot be put on the curve ball. Think of the arm as a whip where it is cocked and then uncocked. This snap of the wrist just as the ball is released gives the pitcher his speed.

As the pitcher releases the ball it is against the front foot. The follow through should bring the pitcher, still on balance, to a position where any ball hit slightly to the right or to the left can be fielded.

Grips among baseball players are controversial. A logical approach to type of grips has brought about the following discussion:

A fast ball is held by putting the fingers across the seams (where four seams on the ball are rotating) (Figure No. 4). The rotation for the overhand pitcher should be turning toward the pitcher. The across the seams grip will cause the ball to hop as the wind catches the four seams (creates an air foil similar to the one created by an airplane wing).

The grip for the curve ball is no different from that of the fast ball (Figure No. 5). The difference comes in the execution of the pitch. Where the fast ball is pushed from the ends of the first two fingers, the curve ball rolls off the front side of the hand. In explaining proper techniques for the overhand curve ball, ask the pitcher to extend his arm from his shoulder parallel with the floor or ground and then let his wrist hang down at the end of his arm. Place a ball in his hand while it is in this downward position. With the hand still in this downward cocked position, have the pitcher to bend the elbow and place the ball in a position behind the head. The pitch now is executed by coming over the top of the head in an arc to the belt buckle, letting the ball roll out of the front side of the hand. The downward rotation of the ball causes it to break. The sharp break is dependent upon amount of rotation on the ball.

The curve ball, when thrown from the side arm or three-quarter arm position, demands just as much cocking of the wrist and the actually "jerking" into the belt buckle as the ball is released to give sharp break. Most high school and college boys are satisfied with a "lazy" hanging curve which does not take as much concentration and effort to throw.

The slider, which is not advocated if you have a good curve because of the tremendous strain on the arm, is thrown with a stiff wrist. The snap of the wrist is similar to that experienced in throwing a football. The slider gives the appearance of being a fast ball but because of the quick snap of the wrist and the downward and side rotation of the ball it "slides" away from the right-hand hitter (Figure No. 6).

The biggest fault that young players have in throwing the curve ball is the casting-type motion where the arm is extended during the downward motion and ball is released with a slight flick of the wrist. This causes it to hang. Common faults which give pitches away:

a. the same motion is not used for all pitches,
b. cocking wrist on curve while it is still in the glove,
c. holding ball on heel of glove where hitter can see it,
d. windup more rapidly on one pitch than on another.

Pitching is a game of thinking, concentration and hard work. Incorporate these with a positive attitude and a desire to pitch to any hitter, the end result should equal success.

Football In Grade School

By Henry P. Coppolillo, M. D.

Editor's Note: Dr. Coppolillo is Assistant Professor of Psychiatry, University of Michigan.

In considering what advice might be useful to a teacher planning to coach grade schoolers in football, the first question that arises is whether or not such a program is desirable. The issue is not a new one nor can it be considered definitely settled. Objections such as the possibility of injury, the encroachment on study and learning time, and the undesirability of stimulating aggression in grade school children invariably emerge. I can only grapple with these problems as a child psychiatrist and my conclusions about them as predicated on what this discipline understands of normal and pathological growth and development of personalities. A brief review of some of the pertinent concepts may be helpful.

During his formative years a child is constantly struggling to reconcile his need to express and gratify his internal impulses with the demands that his environment makes that he behave in a civilized and mature fashion. In the earliest years his environment is most often represented by his mother or father whereas in later years his peer group, his teachers, scout leaders, coaches, etc., all represent the environment in which he lives. As his desires to express an impulse such as aggression, curiosity or rebelliousness emerge it can meet a wide variety of reactions on the part of the environmental representative (mother, teacher, etc.). It can, for example, cause such strong negative reactions that the child feels it must never express such an impulse again lest it incur the wrath and retaliation of the
adult. It is useful to remember here that since children frequently have trouble distinguishing between the actual commission of an act and the desire to commit the act; the child may well have to inhibit not only the behavior but also thoughts about the forbidden act. In this way an impulse becomes hidden, inhibited, and no longer available to the youngsters' conscious control.

Among the other ways that adults can respond to an impulsive act of a child is simply to inhibit the mode that the impulse is being expressed and at the same time offer the child an alternative, and more socially acceptable mode of discharging the impulse. In this way not only has the impulse not been massively inhibited but the child acquires a new skill with which to adapt to the world.

(Continued in April ATHLETE)

ANNUAL MEETING SPEAKER
(Continued from Page One)

then was promoted to the head coaching job. He also served as baseball coach, and in both sports his teams compiled impressive records.

Among the many awards this man has earned are the Presidency of the American Football Coaches Association in 1955-56, the Los Angeles Times' Coach of the Year Award in 1946, The Alonzo Stagg Award in 1961, and an honorary life membership in the American Football Coaches Association in 1965.

As an Illini football and baseball player, as a small-college coach, as a line assistant to Bob Zuppke, and as head coach at his alma mater, Mr. Eliot has stuck firmly to his dedicated assignment in life, "a builder of fine men."

His solid background in coaching, his dynamic speaking ability, his great feeling for and popularity with persons from every walk of life, all equip him perfectly for his assignment.

He is a man who will take time from a busy schedule to thank a high school boy for an article on him in the school paper, and a man who receives fan mail from the Arctic Circle to Tokyo, Japan. Mr. Eliot is a man who will give you "Something to Think About."
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<td>13. By Kentucky High School Football Coaches Ass’n?</td>
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<td>14. Is Claim Service prompt and is an interest shown in your special problems?</td>
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NOTE: Items 2 through 5 provide for payment of reasonable and customary charges for services rendered.

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