CHEMICAL HEALTH and
STUDENT LEADERSHIP

WHITE HOUSE CONFERENCE AIMS FOR DRUG-FREE SOCIETY

Editor's Note: The White House Conference for a Drug-Free America was held February 28-March 3, 1988 in Washington, D.C. Six regional conferences had previously been held throughout the United States.

"We need to review the Nation's progress against drugs and to reinvigorate our national strategy to stop their use. We need to share successful strategies and programs offered in all aspects of American life. In short, each one of you has a crucial piece of the puzzle. The Conference is designed to help you put the complete picture together."

-President Ronald Reagan, November 1987

The National Conference for a Drug-Free America was mandated by the United States Congress and administered by the Executive Office of the President. It was charged with the responsibility of exploring the causes of illicit drug use in this country and evaluating potential solutions.

The framers of the conference determined that the most effective way to consider the opportunities to end illicit drug use would be to examine every aspect of American life. Each of the six regional meetings involved 10 separate panels covering the work place, education, prevention, law enforcement, international concerns, transportation, media/entertainment, public housing, treatment and sports.

Sports was included because of its impact on our culture. Athletes are role models and opinion makers. They often are viewed as leaders from grade school to the professional ranks.

Dorothy E. McIntyre, MSHSL Asso- ciate Director and Ora Buchanan, Girls Athletics, Mankato, attended the regional conference in Cincinnati, Ohio and were appointed to serve as National Advisors to the Sports Panel. Their letter of appointment said, "Among the many fine people who participated in our regional meetings, you have been selected as one of the few whose unique commitment and dedicated efforts stand out as an important weapon in the battle against illicit drug use."

McIntyre, Buchanan and eighteen other advisors met in Washington, D.C. on February 11-12, 1988 to develop the report to the Conference. The Sports Panel understood that amateur and professional sports was not a single faceted, monolithic entity which could be scrutinized in a shallow manner. Sports had to be properly considered at all age and competitive skill levels, from younger leagues to the major leagues. It was realized that those who participate in sports at these various levels must be considered first as individuals and second as athletes.

Representatives were included from professional sports, amateur sports, college sports, high school sports, youth sports, representatives of player management, intercollegiate administration, law enforcement and player unions.

The report of the Sports Panel was presented to the Sports Commission at the White House Conference for a Drug-Free America in Washington, D.C., on March 1. It covered a variety of areas which includes institutional responsibilities; role modeling of parents, coaches, and athletes; codes of conduct, drug testing, and future considerations:

1. The term "institution" includes the entire age and skills spectrum, from youth sports through professional sports. Helping athletes fight illicit drug use and become proper role models is a responsibility which is mutually shared. This should include comprehensive substance abuse education, training and counseling programs. Coping, decision-making and general life skills, from elementary school through college, should find a place within existing curriculum. Ethical and spiritual values formation should be encouraged.

2. Athletes are role models by choice or by circumstance. Each has the responsibility to remain drug free and to help other members of the athletic community to stay drug free. No athlete should ever be used to promote or facilitate the illegal sale or illegal consumption of alcohol.

3. Parents, as role models, need to keep in close contact by attending and participating in pre-season meetings, parent communication networks, drug education programs and by exhibiting responsible parental behavior.

4. Coaches, as role models, should demonstrate responsible behavior, should participate in educational programs on chemical-health issues and conduct preseason meetings to talk about drug-related issues.

5. A code of conduct is a definite set of expectations designed for the development of a healthy lifestyle and the preservation of the integrity of the sports program. These expectations, or rules, need to be flexible, achievable and should be applicable for the entire school year.

6. Drug testing is not perceived as a panacea but as one method of a comprehensive drug-free program. It should be reliable, accurate, confidential and handled with dignity, and respect for the individual. The test results must be handled properly.

7. Future considerations need to be given to women athletes who become involved with drug abuse and related eating disorders. Also, research is needed on athletes and non-athletes regarding the causes of illicit drug use and the problems which result.

The final report will be presented to Congress, the President and the American People.
Newly Elected Board Of Control Members

Sandy Allen  Charles Henry  Pearl Ray Lefevers  Marvin Moore  Liz Trabandt

Due to the expiration of terms in office for three current members and the implementation of an amendment to the 1971 Federal Court Decree which calls for the election of two at-large women, the Kentucky High School Athletic Association Board of Control will expand to twelve members beginning this coming academic year, with five new members having recently been elected. Alexandra "Sandy" Allen, Principal of Louisville Ballard, Charles K. Henry, Principal of Paducah Tilghman, Pearl Ray Lefevers, Principal of Bell County, Marvin Moore, Principal of Rowan County, and Liz Trabandt, Assistant Principal at Russell have been elected to serve as members of the Board of Control.

Sandy Allen, the Principal of Ballard High School since 1986 is a veteran of the education field having served as a teacher, guidance counselor and Assistant Principal before assuming her current position. She is also active on a county and statewide level in many educational support groups and associations. She has been elected to be the female representative for Regions 1 through 8.

Charles Henry will replace Grant Talbott of Owensboro High School as the minority representative for Regions 1 through 8. Henry has served as Principal at Paducah Tilghman High School since 1984 following 14 years of service to that school as Assistant Principal. Prior to his work at Paducah Tilghman, Henry served six years as a teacher at the Jetton Junior High School.

Henry's education began with his graduation from Springfield High School in Springfield, Ohio and continued with his undergraduate study at Wittenberg University in Ohio. He received his M.A. and Rank I Certification from Murray State University and his Doctorate from the East Tennessee School of Religion.

Henry, who has served as Superintendent and remains an active member of the Christian Methodist Episcopal Church and many of its committees and activities, also serves as Pastor of the Cleaves Memorial Methodist Church. He is also active in the Kentucky Association of School Administrators and serves on that group's insurance committee.

Henry and his wife Joan have three daughters, Christine, Henry Borden, Sharon Elaine, and Renee Michelle, and one son, Charles, Jr.

Pearl Ray Lefevers, who has served as Principal of Bell County High School for the last six years, will replace Charles Wilson of Leslie County High School and will represent Regions 13 and 14. Lefevers has spent 30 years with the Bell County system, serving as a teacher, Head Teacher, Elementary School Principal, Assistant Superintendent, and his current position at the High School. A graduate of Bell County, Lefevers received his bachelor's degree from Lincoln Memorial University in Harrogate, Tennessee before attending Eastern Kentucky University where he was awarded both his Master's degree and Rank I Certification. Active in the community, Lefevers is a past President of the Bell County Education Association, has served as Chairman of the Cumberland River Comp Care Center for the past fifteen years, and is an active member of the Kentucky Association of School Administrators and the Kentucky Education Association. He also serves on the Advisory Board of Southeast Community College and on the Graduate Advisory Board of Union College in Barbourville.

In addition to his school duties Lefevers serves as State Representative for the 87th Legislative District which encompasses Whitley and Bell Counties. He is a member of the Education, State Government, Natural Resources, Ethics and several ad hoc committees of the House of Representatives.

Lefevers and his wife, Bessie, have two daughters, Emily, and Joyce Mary Lefevers Hurley.

Marvin Moore, ready to begin his fourteenth year at the helm of Rowan County High School, will replace outgoing Board of Control President Frank Welch of Bell County High School as the representative for Regions 15 and 16. Moore has been the Principal at Rowan County High School since 1975 following seven years as of classroom instruction as an elementary P.E. teacher.

Moore's personal education background began with his graduation from Wayland High School in 1963, followed by his receiving his B.A., M.A. and Rank I Certification from Morehead State University. Active in the Morehead community, Moore is a member of many local civic and community groups as well as the Kentucky Association of School Administrators and the Kentucky Association of School Principals and has been recognized as an Outstanding Local Teacher and Who's Who in Outstanding Educators.

While Moore's vocation is in the school business, his avocation is definitely basketball officiating. He is particularly

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Lexington, Kentucky

BOARD OF CONTROL


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( Newly Elected Board Of Control Members Continued from Page One)

proud of his memberships in the Ohio Valley Conference, Kentucky Intercollegiate Athletic Conference and Great Lakes Valley Conference collegiate officiating associations and works a busy college schedule. In addition, Moore worked a full high school schedule through this past season, and his outstanding work has been rewarded on five occasions by his selection to work the Boys' State Tournament.

Marvin has three children, Dwayne, 22, a student at Morehead State, Carey, 12 and John 10, who attend Maytown Elementary in Floyd County.

Liz Trabandt, Assistant Principal at Russell High School has served in her current position since 1982, with primary duties concerning student activities and discipline. Prior to accepting her current assignment, she served as an instructor in health and physical education for thirteen years. Other prior experiences in athletics include middle school and high school coaching in gymnastics, track, volleyball and basketball. She has been elected to serve as the female representative for Regions 9 through 16.

She is a graduate of Asialand High School, and received her B.A. in Health, Physical Education and Psychology from Morehead State University. She later received both her M.A. and Rank 1 Certification from Morehead State.

Trabandt is currently a member of the Delta Kappa Gamma Society, the Kentucky Association of School Administrators, the National Association of Secondary School Principals, the Kentucky Association of Secondary School Principals, and is a lifetime member of the Kentucky High School Coaches Association. In addition, the Ashland resident has recently assumed the duties of President of the Russell Education Association.

MINUTES OF THE BOARD MEETING

The Board of Control of the Kentucky High School Athletic Association met at the K.H.S.A.A. Office Building in Lexington, Kentucky, on Thursday, April 21, 1988. The meeting was called to order at 1:00 p.m. by President Frank Welch. All Board Members, Commissioner Tom Mills, Executive Assistant Billy V. Wise, Assistant Commissioners Brigid L DeVries and Louis Stout and Sports Information Director Julian Tackett were present. Mr. Harry Loy was present representing the State Department of Education. Mr. Welch called upon Mr. Sam Chandler to give the invocation.

President Welch called on Coach Don Rice, Ninth & 0 Baptist, who was representing Sherry Cline. Sherry's mother, Mary Austin, was also present. Coach Rice had requested a hearing before the Board to appeal the decision of the Commissioner as it relates to By-Law 3, Age Rule. Sherry had been ruled ineligible to participate in athletics for the 1988-89 school year due to the fact she will attain the age of nineteen on September 7. Following Coach Rice's appeal and questions to him and to Mrs. Austin by the Board members, Sam Chandler made a motion that the Board not take action in this case until more information could be ascertained. Charlie Wilson seconded the motion which passed unanimously.

The next appeal was requested by Jason Burkhart's father, John Burkhart. Jason had transferred from Holy Cross High School to Valley High School and had been ruled ineligible to participate in interscholastic athletics under the provisions of By-Law 8, Transfer Rule. Following Mr. Burkhart's appeal and a discussion thereof by the Board members, Bill Case made a motion that the Board uphold the Commissioner's ruling in this case. Sam Chandler seconded the motion which carried by a vote of 8-1.

President Welch then called on Brad Jenkins, a student at Central High School who had requested a hearing before the Board to appeal his ineligibility to participate in athletics during the 1987-88 school year. Coach Ed Portman was also present with Brad. Following Brad's presentation, Sam Chandler made a motion that the ruling of the Commissioner be waived in this case. Charlie Miller seconded the motion which passed by a vote of 6-3.

Tom Buchanan made a motion, seconded by Charlie Wilson, that the minutes of the March meeting of the Board be approved. The motion carried unanimously.

Charlie Wilson moved that all bills of the Association for the period beginning March 1 and ending March 31, 1988 be allowed. The motion was seconded by Sam Chandler and carried unanimously.

Executive Assistant Billy Wise gave the following report on the Boys and Girls Basketball Tournaments:

Boys Attendance: 135,866
Ticket Sales: $768,546.00
Expenses: $220,963.98 (approx.)

Girls Attendance: 30,825
Ticket Sales: $131,358.00
Expenses: $90,616.87 (approx.)

Mr. Wise stated that the final audit would appear in the August issue of the "Athlete".

Grant Talbott made a motion, seconded by Tony Olinger, that the Board go into Closed Session to discuss the recommendations of the Executive Committee with regard to salaries and contracts for the 1988-89. The motion carried unanimously.

Charlie Miller moved that the Board go back into Open Session. Grant Talbott seconded the motion. The motion passed unanimously.

(Minutes Of The Board Meeting Continued on Page Five)
MINUTES OF THE ANNUAL MEETING
April 22, 1988

The 71st Annual Meeting of the Kentucky High School Athletic Association was held on Friday, April 22, 1988, at the KHSAA Office Building, 550 East Cooper Drive, Lexington. The invocation was given by Sam Chandler.

President Frank Welch called the meeting to order at 11:00 a.m. Sixty-four elected delegates or alternates answered the roll call.

Commissioner Tom Mills then presented a report on the activities of the Association during the 1987-88 school year. Jerry Jenkins moved, seconded by Alvis Johnson, that the report be accepted. The motion carried unanimously. (The Commissioner’s report is printed elsewhere in this issue of the “Athlete.”)

Commissioner Mills introduced newly elected members on the Board of Control to the Delegate Assembly as follows: Alexandra “Sandy” Allen - Principal, Ballard High School, Representing Regions 1-6; Charles Henry - Principal, Paducah Tilghman High School, Representing Regions 1-8; Pearl Ray Lefereva - Principal, Bell County High School, Representing Regions 13-14; Marvin Moore - Principal, Rowan County High School, Representing Regions 15-16; Elizabeth Trabandt - Asst. Principal, Russell High School, Representing Regions 9-16.

President Welch stated that presentation of proposals was the next order of business.

PROPOSAL FROM THE FLOOR

Dale Kirk moved, seconded by Wilton Gant that the Board of Control be granted permission to present a proposal from the floor. The motion passed unanimously.

The Board of Control presented the following proposal:

Item number 3 under By-Law 25, Section 4, Football, be changed to read as follows: “The first game shall not take place prior to twelve (12) weekends prior to the weekend of the first round of the state play-offs through the remainder of the current period of classification (through the 1990 season). Beginning with the 1991 football season, the rule shall again stipulate that the first game shall not take place prior to eleven (11) weekends prior to the weekend of the first round of the state play-offs.”

Paul Young moved, seconded by Phil Back, that the Board Proposal be adopted. The motion passed unanimously.

PROPOSAL I

Principal James E. Stevens, Madisonville North Hopkins High School and Principal David Points, Montgomery County High School proposes that the first paragraph of By-Law 6, Transfer Rule be changed to read as follows: “Any student both foreign and domestic being enrolled in grades 9 through 12 who changes school shall be ineligible for 36 school weeks.”

Jack Smoot moved, seconded by Phil Back, that Proposal I be adopted. The motion passed by a vote of 58-4.

PROPOSAL II


Paul Young moved, seconded by William Hardin that Proposal II be adopted. The motion failed by a vote of 36-24.

PROPOSAL III

Principal Bill VanWinkle, Owensboro High School proposes that By-Law 25, Limitation of Seasons, Section 1 through 12 (Section #5 under each sport) be changed to read as follows: “The season ends at all levels of play (grades 9 through 12) at the conclusion of the varsity team’s last regular season contest, with the exception that the varsity team (or team member) may play through its elimination from KHSAA state championship competition. There shall be no further practice or play until the designated date for start of practice in the next academic year. John W. McCauley moved, seconded by Joe Dan Gold that Proposal III be adopted. The motion failed by a vote of 14-45.

PROPOSAL IV

Principal Tom Swartz, Pikeville High School proposes that the following section be added to By-Law 25, Limitation of Seasons - Basketball: “Eight grade females who participate in a fall junior high school basketball season may play on the high school (grade 9-12) team(s) during the regular season.”

George Horton moved that Proposal IV be amended by changing the word females to students. Phil Back seconded the motion and it passed by a vote of 50-0.

Grant Robinson then moved that Proposal IV be amended by adding “students who participate in a fall junior high school season or on other league teams may play on the high school (grade 9-12) team(s) during the regular season.”

Danney Haney seconded the motion. The motion to amend failed by a vote of 3-52.

James Walker moved, seconded by Sherrill Stine, that Proposal IV be adopted as amended. The motion failed to receive the necessary 2/3 votes for passage. The vote was 42-18.

Dudley Hilton moved that Proposal IV be reconsidered. Bill Van Winkle seconded the motion which passed by a vote of 46-18.

Claude Guidroz moved, seconded by Phil Back, that Proposal IV be adopted as amended. The motion passed by a vote 48-15.

PROPOSAL V

Principal Ken Cox, Tates Creek High School proposes that By-Law 5, Section 1, Continual Progress be changed to read as follows: “A contestant must have, for the current academic school year up to the last mid-term grade report or end of semester grade report, a passing average in each of at least four full credit high school subjects or their equivalent in units of credits accepted for graduation.”

Sherrill Stine moved, seconded by John McCauley, that Proposal V be adopted. The motion failed by a vote of 9-54.

PROPOSAL VI

The KHSAA Board of Control proposes that By-Law 25, Limitation of Season be changed to permit season play in all spring sports to begin the first Monday of the week following the completion of the last basketball tournament beginning with the 1988-89 school year. The present beginning date is April 1. Phil Back moved, seconded by Frankie Francis, that Proposal VI be adopted. The motion passed by a vote of 59-4.

PROPOSAL VII

Principal Kay Lancaster, Christian County High School and Principal William F. Baker, Boone County High School propose that By-Law 25, Limitation of Seasons - Football, be changed to read as follows: “Organized practice in pads shall not begin more than 30 calendar days prior to the Friday of the first weekend that member schools may schedule a varsity game.”


Jimmie F. Staton moved, seconded by Frankie Francis, that the meeting be adjourned. The motion passed unanimously.
1987-88 ANNUAL REPORT
(Presented to Delegate Assembly)

Two hundred ninety-one schools joined the Association for the 1987-88 school year. Seven of these schools enroll girls only and five have only boys. In 1986-87 there were 293 schools, in 1985-86 there were 294.

There were 200 schools involved in Football. Classes A, AA, AAA and AAAA championship games were played at the Fairgrounds, Louisville. Attendance was approximately 14,335 and gross receipts were $71,899.50. Expenses involved in conducting the state football playoffs were $32,438.22. The approximate gross receipts from the Football District, Regional and Sectional Playoff games were $313,748.00 with expenses of conducting these games reported as $86,084.36. Paid attendance at the 53 games reporting (out of a total of 60) was approximately 101,148. All profits from the District, Regional and Sectional football playoff games are divided among the participating schools with no monies being received by the Kentucky High School Athletic Association.

The number of schools competing in Volleyball was sixty-three. The KHSAA sanctioned tournament was held at Fairdale High School, Louisville, Kentucky on October 30-31, 1987. Expenses incurred were $4,216.66 with receipts of $4,596.00.

In Cross Country 188 boys' teams entered twenty-four regional meets. One hundred seventy-seven girls' teams entered all three classes in twenty-three regions. The expenses incurred in sponsoring this sport were $14,584.66 and the receipts were $5,061.00. Classes A, AA and AAAA were held in Lexington at the Kentucky Horse Park.

There were 102 schools competing in Soccer. The State Tournament was held in Lexington from November 2-7, 1987. The receipts were $19,278.00 and expenses incurred were $11,802.56.

There were fifty schools competing in Wrestling in eight districts and four regions with the winner and runner-up in each weight class advancing to the state finals. The championship tournament was held at Atherton High School. Expenses incurred were $12,589.13. The receipts were $13,675.00.

In Swimming seventy girls' teams and seventy-one boys' teams competed for the championships. The meets were held at Memorial Coliseum, University of Kentucky, Lexington, Kentucky on March 4-5, 1988. The receipts were $3,480.00 and the expenses were $8,389.31.

The approximate gross receipts from the boys' and girls' district Basketball tournaments were approximately $508,636.00 while the regional tournaments took in approximately $601,818.00 for a total of $1,110,454.00. All profits from the District and Regional Basketball Tournaments are divided among the participating schools with no monies being received by the Kentucky High School Athletic Association. Ticketed attendance at the Boys' State Tournament was approximately 105,865 as compared to 140,266 for last year. The gross ticket receipts this year for the tournament are estimated at $768,546.00 with expenditures of approximately $221,053.58.

Attendance at the Girls' State Basketball Tournament was 30,825 compared to 27,976 for last year. The gross ticket receipts were $131,358.00 with expenditures of approximately $90,616.87. A complete report will appear in the audit.

In the other sports that are to follow, 272 Baseball teams will compete in sixty-three districts and sixteen regions; 211 Softball teams will compete in twelve regions; 208 girls' and 210 boys' Track teams will compete in twelve regions each; 153 girls' and 202 boys' Golf teams will play in 18 regions; 212 girls' and 205 boys' Tennis teams will play in twelve regions. State championship meets will be held in Baseball at Elizabethtown; Softball in Louisville; Track at the University of Kentucky; girls' Golf at Elizabethtown Country Club, Elizabethtown; boys' Golf at Lincoln Trails Country Club Golf Course, Vine Grove; Tennis at the University of Kentucky.

For your information, the receipts and expenditures incurred during the 1986-87 spring sports season are as follows:

<table>
<thead>
<tr>
<th>Sport</th>
<th>Receipts</th>
<th>Expenditures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>$5,500.00</td>
<td>$10,888.95</td>
</tr>
<tr>
<td>Golf</td>
<td>0.00</td>
<td>10,782.23</td>
</tr>
<tr>
<td>Softball</td>
<td>3,800.00</td>
<td>10,254.99</td>
</tr>
<tr>
<td>Tennis</td>
<td>112.00</td>
<td>14,077.99</td>
</tr>
<tr>
<td>Track</td>
<td>7,358.00</td>
<td>44,450.79</td>
</tr>
</tbody>
</table>

A total of 2785 officials registered with the Officials' Division of the Association as of April 12, 1988, and the number of approved and certified officials in each sport are as follows:

<table>
<thead>
<tr>
<th>Sport</th>
<th>Registered</th>
<th>Approved</th>
<th>Certified</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>323</td>
<td>154</td>
<td>121</td>
<td>598</td>
</tr>
<tr>
<td>Basketball</td>
<td>618</td>
<td>343</td>
<td>599</td>
<td>1500</td>
</tr>
<tr>
<td>Football</td>
<td>173</td>
<td>194</td>
<td>592</td>
<td>759</td>
</tr>
<tr>
<td>Soccer</td>
<td>101</td>
<td>77</td>
<td>31</td>
<td>209</td>
</tr>
<tr>
<td>Softball</td>
<td>251</td>
<td>94</td>
<td>1</td>
<td>356</td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>24</td>
<td>2</td>
<td>1</td>
<td>27</td>
</tr>
<tr>
<td>Volleyball</td>
<td>56</td>
<td>23</td>
<td>7</td>
<td>86</td>
</tr>
<tr>
<td>Wrestling</td>
<td>36</td>
<td>2</td>
<td>7</td>
<td>45</td>
</tr>
</tbody>
</table>

Billy V. Wise conducted twelve clinics in Football and seventeen in Basketball for officials and coaches. Assistant Commissioner Brigid L. DeVries conducted three track clinics and three volleyball clinics for officials and coaches.

The Board of Control, the Assistant Commissioners, the Sports Information Director and I are grateful for the cooperation the superintendents, principals, athletic directors and coaches have given us in running the program for the Association.

The Game Guy Award
Sonny Glyod

The Game Guy Trophy is awarded to a high school athlete in the State of Kentucky who has overcome a physical handicap and participated in high school athletics. Sonny was the unanimous choice of the Kentucky High School Athletic Association Game Guy Award Committee for the 1988 trophy. Sonny is a senior at Logan County High School in Russellville, where he plays football. He is also active in other school clubs and organizations. Sonny was stricken with cancer in 1986, his sophomore year. He had to undergo surgery and a series of radiation treatments before returning to school. After this time, doctors diagnosed the cancer as being in remission. In September of 1987, the doctors found that the cancer had returned. By October 1st he was forced to resume taking medication and chemotherapy treatments. He is presently completing a cycle of chemotherapy treatments which will continue through May, 1988. Sonny was honored for his continued effort and support by receiving the 110% Award.
KIDS NEED SUMMER

(The following article appeared in the Wisconsin Interscholastic Activities Association Bulletin.)

It's summer again!
Summer—that great time of the year, particularly for school people, when things aren't quite as hectic as the other nine months on the calendar.
True, it isn't a total time for relaxation and revitalization. There are annual meetings and budget battles for many of our administrators, and there are teacher layoffs being sweated out by coaches. There even is a significant amount of classroom activity in the majority of our school districts in the summer.
But the pace isn't quite the same in the summer as the rest of the year.
Summer really should be "summer" for our young athletes. It should be a time for "fun and games," for fishing and families and picnics and trips. It should be a time to rest from the demands and the disciplines of sports.
Not all coaches, not all parents let their kids have a "summer." A lot of them think they are doing their boys and girls a big favor by keeping them involved in the routines of their sport. They give all sorts of reasons in defense of their positions, all the way to using that well worn out question: "Wouldn't you rather have kids wrestling or in basketball camp than smoking pot or something like that?"
To tell the truth, "Yes, we'd rather have them in sports, even in the summer, than in drugs or whatever." But, we'd also rather have them doing something other than organized wrestling or going to basketball camp in the summer. We'd like to have them left alone a little bit as far as organized sports activity is concerned — left alone to do what they want to do for awhile. How about letting those kids only worry about whether or not they can find enough other kids to make up a slow pitch softball team?
If high school age boys and girls really want to stay deeply involved in their particular sport during the summer, they should not be denied that opportunity. But it is important that it be their own decision. The coach should not be pushing them in any way, subtle or otherwise, and administrators should impress this point on their coaches. Parents push kids, too, but that's something school people can't control. They can reason with them and recommend to them but that's as far as they can go.
Summer is such a short time. It's too short. It doesn't even start until June is well underway, and before it's two months old, it's all over. By the first part of August, we're back at it again, getting ready for another school year of sports.
Boys and girls spend nearly 75 per cent of their first 18 years going to school, and a great many of them spend nearly 75 per cent of those school years involved in some kind of organized athletic program. That's a lot of regimentation for a growing child. That's a lot of time not to have time to do something just for the fun of it.
We shouldn't do anything that cheats our kids out of summer. They need that time. They want that time. They especially need and want that time because they're kids. The opportunities summer affords kids never will knock at their door once their school days are over. Let's not do anything that would prevent them from opening that door.
J.B. MANSFIELD AWARD

The J.B. Mansfield Award for 1988 was won by Chanin Gillock of Bullitt East. Miss Gillock has been a participant in many school activities and clubs, was active in the community, maintained a tremendous academic achievement record, and helped pace the Bullitt East Lady Chargers to the 1988 Girls State Tournament.

The J.B. Mansfield Award is given annually by the Louisville Courier-Journal in memory of Mr. Joe Billy Mansfield, long-time Kentucky High School Athletic Association employee who served as an Assistant Commissioner from 1949 to 1972, and as Commissioner from 1972 until his ill health forced him to leave the Association in December of 1975. A committee of school personnel from throughout the state selects the winner from the participant in the Girls’ State Tournament who excels in four areas: basketball ability, sportsmanship, academic accomplishments, and citizenship.

Winners of the award have been --

1975 - Donna Murphy, Newport
1976 - Sue Dickman, Covington Holy Cross
1977 - Debbie Johnson, Tates Creek
1978 - Irene Moore, Breathitt County
1979 - Beth Wilkerson, Paris
1980 - Jackie Bearden, Pike County Heights
1981 - Laura Seay, Marshall County
1982 - Lisa Jarrett, Marshall County
1983 - Tiphanie Bates, Whitesburg
1984 - Sabrina Tussey, Belfry
1985 - Dina Disney, Meade County
1986 - Lisa Doyle, Mason County
1987 - Angel Stevens, Breathitt County
1988 - Chanin Gillock, Bullitt East

MOST VALUABLE PLAYER AWARD

Junior Lisa Harrison of Southern was named the Most Valuable Player of the Girls Sweet Sixteen Tournament for 1988. Harrison’s play in the four games for the Lady Trojans was nothing short of domination as she scored 98 points, pulled down 40 rebounds, had 6 blocked shots and 13 steals as she paced Bill Brown’s club to the title. Included in her tournament performances were a 31 point, 10 rebound outing in the semifinals against Ohio County and a 27 point, 16 rebound showing against Manual. In winning the award, Harrison became the third consecutive underclassman to capture the trophy after leading their team to the title.

Winners of the award have been --

Boys’ Tournament
1981 - Troy McKinley, Simon Kenton
1982 - Todd May, Virgie
1983 - Steve Miller, Henry Clay
1984 - Fred Tisdale, Logan County
1985 - Wendell Quarles, Hopkinsville
1986 - Reggie Hanson, Pulaski County
1987 - Richie Farmer, Clay County
1988 - Richie Farmer, Clay County

Girls’ Tournament
1981 - Lori Hines, Pulaski County
1982 - Maria Poschinger, Mercy Academy
1983 - Clemente Haskins, Warren Central
1984 - Carol Parker, Marshall County
1985 - Annette Jones, Atherton
1986 - Nancy Crutcher, Oldham County
1987 - Joretta Carney, Laurel County
1988 - Lisa Harrison, Southern

K.H.S.A.A. SWEET SIXTEEN ACADEMIC SCHOLARSHIP AWARD

Instituted in 1985, the Kentucky High School Athletic Association Sweet Sixteen Academic Scholarship Awards are designed to honor one or more participant(s) in the Boys’ and Girls’ State Tournaments who have excelled in the classroom and on the basketball floor. The awards are in the form of financial assistance to be used at the Kentucky college or university of the recipient’s choice to help offset educational expenses. For 1988, the Dawahares stores provided the funds for two scholarships for participants in the boys tournament and one for a participant in the girls’ tournament while the Frankfort Organizing Committee provided an additional scholarship for a participant in the girls’ tournament.

For the 1988 Tournaments, four winners were selected. Richie Farmer of Clay County (pictured as the state tournament M.V.P.) and Jeff Whitney of Warren East excelled in the classroom as well as helping lead their teams to berths in the Boys Sweet Sixteen Tournament. Sarah Murphy of Boone County was named as the Dawahares scholar for the girls’ tournament while Candace Sturrill of Fleming-Neon was named the winner of the Frankfort Host Committee Scholarship. These two ladies were integral parts of their teams drive for the state tournament with their academic and athletic prowess served as an example to many of their teammates.

Winners of the awards have been --

Boys’ Tournament
1985 - Chip Nixon, Metcalfe County
1986 - Jeff Baldwin, Paintsville
- Justin Hancock, Paducah Tilghman - Richie Farmer, Clay County
1987 - Jerry Butler, Mason County

Girls’ Tournament
1985 - Tammy Golden, White County
1986 - Jana Newman, Wayne County
1987 - Kelly Smith, Laurel County
1988 - Sarah Murphy, Boone County
- Candace Sturrill, Fleming-Neon
OFFICIALS RE-REGISTRATION MATERIAL HAS BEEN MAILED
Materials for currently registered officials in all sports to re-register for the 1988-89 academic year have been mailed. It is the responsibility of the official to return this information and the fees to the Association office postmarked no later than June 30. After that date, the registration fee is $27 for the first sport, and $15 for each additional. There will be no waiver from this fee structure regardless of the reason. If you have not received your re-registration materials, please contact this office immediately in order that you will be able to return the card and appropriate fee before the deadline.

CORRECTION TO RE-REGISTRATION BOOKLET
The booklet with instructions for officials on re-registration contained and error under the fee structure for payment of game officials. Soccer officials are to be paid $28 per game (2 man system) and $22 per game (3 man system) plus fifteen cents per mile for all miles over 50 miles. The mileage cut-off for baseball and softball is also 50 miles.

NOTICE TO ALL TENNIS SCHOOLS
We have received information from the National Federation office concerning the "National Boys Interscholastic Championships" to be held in June at Duke University. Because this is a national championship tournament, schools may not play as school teams in the event as it is a violation of National Federation guidelines and would not be a sanctioned event.

PLEA FOR FOOTBALL SCHEDULES
At press time, the following schools have not submitted football schedules for the 1988 school year -- Adair County, Allen Central, Allen County-Scottsville, Boone County, Boyle County, Breckinridge County, Carroll County, Casey County, Central, Daviess County, DeSales, Estill County, Fort Campbell, Frankfort, Harrodsburg, Henry County, Hopkinsville, Iroquois, Jeffersontown, Kentucky School f/t Deaf, Lafayette, Lewis County, M.C. Napier, Madison Southern, Marion County, Mason County, Millersburg Military Institute, Morgan County, Newport, North Hardin, Pulaski County, Shawnee, Waggener, Wayne County, West Carter, West Hardin, Wheelwright.

WILSON NAMES MORRIS AS OUTSTANDING IN REGION
Wilson Sporting Goods has named Jack Morris of Mayfield as the Region Three (NC, SC, KY, TN, GA, FL, AL) National High School Athletic Coaches Association Coach of the Year. Congratulations to Coach Morris.

SPECIAL THANKS TO MEDIA REPRESENTATIVES
The Kentucky High School Athletic Association would like to thank several members of the media for their help throughout the year. Mike Fields at the Lexington Herald Leader has helped on numerous occasions with photographs and information as has Bob White with the Courier Journal. Larry Vaught, President of the A.P. Sports Editors and Mike Embry, the Lexington correspondent for A.P. have helped on numerous occasions as has Dave Baker, Weekend Sports Anchor for WKYT Channel 27 in Lexington. Thanks to all of these and the many other representatives of the media for their constant help.
ATHLETIC TRAINER’S SOCIETY LOOKING TO HELP SCHOOLS

The Kentucky Athletic Trainer’s Society is pleased to announced the formation of the Student Athletic Trainer Membership Classification. Student members will be invited to attend meetings and meet other student and professional trainers around the state. Membership will also make them eligible to win a college scholarship. Membership dues, only $3.00 per year, may be set to Mr. Keith Webster, Vice-President, KATS, Head Athletic Trainer, Morehead State University, UPO Box 742, Morehead, 40351.

Also, Morehead will be conducting a Student Athletic Training Camp on June 19-22, 1988 at Morehead in conjunction with the Phil Simms Football Camp. Contact Mr. Webster for any further information.

REMINDER TO FOOTBALL SCHOOLS AND OPEN DATES

The first playing date for football in 1988 is August 19. The Football Playoff Championships games will be the second Friday and Saturday following Thanksgiving Day. The Board of Control has voted to waive the starting date limitation for three years allowing the schools to begin regular season play on the same dates as was previously published until the end of the current classification period. This decision was then affirmed by a unanimous vote of the Delegate Assembly at its meeting on April 22. Beginning in 1991, the first playing date will again be eleven weekends prior to the first round of the playoffs. This means that the football playing schools have twelve possible playing weeks for the next three seasons, but are still limited to eleven contests.

The first legal date for practice in pads is July 20. Pads is defined as any football equipment, including but not limited to, the helmet, shoulder pads, hip pads, girdle pads, knee pads, thigh pads and padded uniform pants. Please remember to inform the Association office as to open dates and to contact this office when you fill an open date.

According to the football schedules which have been submitted at press time, the following schools are open on the following dates. Keep in mind that many of these schools which are open may already have an eleven game schedule --

Week 1 (August 19) - Atherton, Ballard, Bardstown, Bath County, Beechwood, Bryan Station, Bullitt Central, Butler, Butler County, Caldwell County, Calloway County, Conner, Cumberland, Danville, Dixie Heights, Doss, DuPont Manual, East Hardin, Eastern, Eminence, Fairdale, Fern Creek, Franklin County, Franklin-Simpson, Garrard County, Green County, Hancock County, Highlands, Holmes, Holy Cross (Louisville), Johns Creek, Knox Central, Larue County, Lloyd Memorial, Madisonville-North Hopkins, Magoffin County, Male, Mayfield, Mercer County, Moore, Murray, North Bullitt, Ohio County, Owen County, Owensboro, Phelps, Pleasure Ridge Park, Russell County, Scott County, Seneca, Shelby County, South Hopkins, Southern, Todd County Central, Trigg County, Trinity (Louisville), Union County, Valley, Western

Week 2 (August 26) - Fern Creek, Logan County, Moore, Owensboro, Scott County

Week 3 (September 2) - Beechwood, Boyd County, Evarts, Jessamine County, Logan County, Ludlow, Oldham County, Phelps, Sheldon Clark

Week 4 (September 9) - Berea, Boyd County, Cawood, Corbin, Crittenden County, Fleming-Neon, Paducah Tilghman, Reidland, Simon Kenton

Week 5 (September 16) - Barren County, Harrison County, Henry Clay, Leslie County, Murray, Washington County
Week 6 (September 23) - Bullitt East, Cumberland, Edmonson County, Owensboro Catholic, South Hopkins, Virgie
Week 7 (September 30) - Bourbon County, Ludlow
Week 8 (October 7) - Caverna, Clay County, Lawrence County, Magoffin County, Ohio County, Oldham County, Somerset, Union County
Week 9 (October 14) - Anderson County, Apollo, Breathitt County, Madison, Pineville, Prestonsburg, Rowan County, Williamsburg
Week 10 (October 21) - Hart County, Leslie County, Logan County, Magoffin County, Paris, South Hopkins, Trinity (Louisville)
Week 11 (October 28) - Elizabethtown, Fort Knox, Larue County, Magoffin County, Metcalfe County
Week 12 (November 4th) - Anderson County, Atherton, Ballard, Ballard Memorial, Bardstown, Barren County, Bath County, Bell County, Bellevue, Berea, Betsy Layne, Bowling Green, Boyd County, Bryan Station, Butler, Caldwell County, Campbell County, Campbellsville, Caverna, Cawood, Christian County, Clay County, Conner, Corbin, Covington Catholic, Crittenden County, Cumberland, Danville, Dayton, Doss, DuPont Manual, East Carter, Eastern, Edmonson County, Elkhorn City, Eminence, Evarts, Fairdale, Fairview, Fleming County, Fleming-Neon, Fulton City, Fulton County, Garrard County, George Rogers Clark, Glasgow, Graves County, Grayson County, Greenup County, Greenville, Harlan, Harrison County, Hazard, Heath, Henderson County, Henry Clay, Highlands, Holy Cross (Louisville), Jenkins, Jessamine County, Johns Creek, Johnson Central, Knott County Central, Knox Central, Laurel County, Leslie County, Lincoln County, Lone Oak, Ludlow, Lynn Camp, Madison Central, Magoffin County, Male, Marshall County, McCreary Central, McLean County, Meade County, Mercer County, Metcalfe County, Middlesboro, Monroe County, Montgomery County, Nelson County, Newport Central Catholic, Nicholas County, Oldham County, Owensboro Catholic, Paducah Tilghman, Paintsville, Paris, Paul Blazer, Pikeville, Pineville, Pleasure Ridge Park, Prestonsburg, Raceland, Rockcastle County, Rowan County, Russell, Russell County, Russellville, Scott, Scott County, Seneca, Shelby County, Sheldon Clark, Simon Kenton, Somerset, Southern, St. Xavier, Tates Creek, Taylor County, Trinity (Louisville), Valley, Virgie, Warren Central, Warren East, Washington County, Webster County, Western, Western Hills, Whitesburg, Whitley County, Woodford County

In addition, the following special dates have been reported to the office --

Complete Schedule - Kentucky Country Day has dropped football, and all schools previously scheduled to play them are now open. This includes Owen County (8/26), Dayton (9/16), Eminence (9/23) and Henry County (10/14).

Pre-Season - Lafayette is looking for a scrimmage, any class, on August 12 or 13.

Week 3 (September 2) - McKeesport (Pennsylvania, Home or Away), contact Pat Ratesic, (412)564-3680.

Week 6 (September 23) - Austin East (Knoxville), coach Richard Glasper (615)544-3792.

Week 12 (November 4th) - Bardstown, contact Garnis Martin (502)348-5913, Columbus St. Francis DeSales (Columbus, OH, Home or Away, approx. 370 boys) Contact Phil Mauro, (614)267-7808.
NEW CHANGES AND CLARIFICATIONS FOR NCAA PROPOSITION 48 (By-Law 5-1-(j))

Students entering NCAA Division I institutions as freshmen in the fall of 1988 must meet the following requirements to be eligible to participate and to receive athletically related financial aid -- 1) Present a 2.00 grade point average (based on a 4.00 scale) in a successfully completed core curriculum of at least 11 academic courses including at least three years in English, two years in Mathematics, and two years in Natural and Physical Science (including at least one laboratory class, if offered by the high school) at the time of graduation from high school as certified on the high school transcript or by official correspondence; and 2) Score a minimum of 700 on the SAT (verbal and math combined) or a minimum of 15 composite on the ACT.

For the purpose of meeting the core-course requirement, the course is defined as a recognized academic course that offers fundamental instructional components in a specified area of study. Courses taught at a level below the high school's regular academic instruction level (e.g. remedial, special education, or compensatory) will not be considered regardless of course content.

In addition, effective with courses taken during the 1987-88 academic year and thereafter, at least 75% of the instructional content of a course must be in one or more of the required areas, and "statistics" as referred to in the mathematics section, must be advanced (algebra-based).

The NCAA Council has approved the use of a procedure for certifying the eligibility of prospective student athletes who will be entering NCAA Division I or II member institutions as freshmen during the 1988-89 academic year and thereafter. This procedure was developed by the NCAA in cooperation with the National Association of Secondary School Principals in order to move the responsibility of calculating the prospective student athlete’s core-curriculum grade point average from the prospective student-athlete's high school to the certifying college institution. Under this procedure, you are asked only to identify the courses offered at your school that meet the definition of a core course under By-Law 5-1-(j).

The forms for use in this procedure are available from any NCAA member institution or by writing the NCAA at P.O. Box 1906, Shawnee Mission, KS, 66201. Also, the NCAA Guide to College Freshman Eligibility Requirements has been revised. Copies are available (for a small fee) from the NCAA office.

SCHEDULE OF MEDICAL SYMPOSIUMS

The Medical Symposia required by the State Department of Education for coaches in Baseball, Basketball, Football, Soccer and Wrestling will be held at sites throughout the state. The schedule for this summer is as follows --

June 4 - University of Louisville (502)588-5329, Mr. Gerald Swim
June 4 & 5 - Surgical Center, Elizabethtown (502)737-5200, Debra Myers
June 11 - University of Kentucky, Lexington (606)233-5161, Ms. Joy Green
June 11 - Murray-Calloway Hospital, Murray (502)755-5131, Ms. Kathie Pierce
June 17 - Trover Clinic, Madisonville (502)825-7200, Dr. James Bowles
July 14 & 15 - Bourbon County Hospital, Paris (606)987-1936, Mr. John Elkins
July 16 - Kentucky Wesleyan College, Owensboro (502)683-2441, Dr. Wm. McManus
July 22 & 23 - Northern KY University, Covington, (606)291-4768, Dr. C. Brueggemann
BUTLER COUNTY SEeks HEAD COACH

Butler County High School is looking for a Head Girls Basketball Coach. Prospective applicants should hold a Kentucky 7-12 Certificate. Subject arrangement is negotiable. Contact Weymouth Martin, Superintendent, Butler County Board of Education, Box 339, Morgantown, KY 42261.

OPEN DATES FOR BASKETBALL SCHOOLS

Assumption needs teams for Holiday Jamboree, December 29 and 30. Carolyn Medley (502)458-9551.


Bullitt East needs a girls and boys varsity team for its Tip-Off Tournament to be held December 1, 2 and 3. Interested teams should contact Keith Collins (502)538-7322.

North Bullitt needs girls games on 12/6/88, 1/3/89, 1/31/89, and 2/23/89. Interested schools should contact Phil Berry, (502)957-2187.

NCAA CHANGES IN ALL-STAR GAME REQUIREMENTS

At its regular meeting in January, the NCAA voted to change the limitations on students participating in All-Star Contests. The NCAA will no longer certify these games but will leave that certification process to the State High School Associations. The ruling means that if a game is approved by a State Association, it will be considered not to affect the future eligibility of a student athlete inasmuch as NCAA rules are concerned. The NCAA did agree however, to maintain the limit of two All-Star games for senior participants between the end of the eligible sports season and the conclusion of the academic school year, with no limit on the number of games which may be played after the conclusion of the school year.

TRAINERS WORKSHOP SET FOR E.K.U.

Cramer will again sponsor a workshop for athletic trainers at the campus of Eastern Kentucky University. The clinic will be held on June 5-8. Prospective student delegates may contact Bobby Barton at Eastern or write to Athletic Trainer Workshops, Cramer Products, P.O. Box 1001, Gardner, Kansas, 66030.

A.C.T. TEST DATES FOR 1987-88, and 1988-89

With the enforcement of the NCAA Minimum Eligibility Guidelines, it is important to keep up with the test dates for the American College Testing Assessment (ACT test). For the remainder of the 1987-88 school year and for the 1988-89 school year, the schedule is as follows:

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Regular Postmark Deadline</th>
<th>Late Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>06/11/88</td>
<td>05/13/88</td>
<td>05/31/88</td>
</tr>
<tr>
<td>10/22/88</td>
<td>09/23/88</td>
<td>10/11/88</td>
</tr>
<tr>
<td>02/11/89</td>
<td>01/13/89</td>
<td>01/31/89</td>
</tr>
<tr>
<td>04/15/89</td>
<td>03/17/89</td>
<td>04/04/89</td>
</tr>
<tr>
<td>06/10/89</td>
<td>05/12/89</td>
<td>05/30/89</td>
</tr>
</tbody>
</table>
CONVERSE TO SPONSOR UNIQUE TELECONFERENCE CLINIC

Louisville Head Coach Denny Crum and Pat Head Summitt of Tennessee's Lady Vols will conduct a live nationally televised coaching clinic on Saturday, June 4. The free clinic, sponsored by Converse, will originate in Louisville from 12:30 to 3 p.m. and is aimed at high school coaches and players.

The clinic will also feature Crum's Associate Head Coach Wade Houston, U of L strength coach Doug Semenick and sports psychologist, Dr. Stanley Frager and will cover subjects ranging from "Basketball and You" to "It's your turn". Several public television stations have been contacted about broadcasting the clinic. Please consult your local listings for availability.

The free clinic is also available by satellite. For further information, contact TeleClinic, c/o Denny Crum, University of Louisville, Louisville, KY 40292, or call (800)533-1638.

S.A.T. TEST DATES FOR 88

With the enforcement of the NCAA Minimum Eligibility Guidelines, it is important to keep up with the test dates for the S.A.T. For the remainder of the 1987-88 school year the schedule is as follows:

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Regular Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>06/04/88</td>
<td>04/29/88</td>
</tr>
</tbody>
</table>

UNIVERSITY OF MICHIGAN TO CONDUCT SPORTS CAMPS

The University of Michigan will again sponsor a series of sports camps (a total of 17) for boys and girls age 8-18. Information on the "Summer Camp of Champions" programs are available from the University of Michigan Athletic Department at 1000 South State Street, Ann Arbor, Michigan, 48109-2201.

SANCTIONS FOR CONTESTS INVOLVING OUT OF STATE TEAMS

Many questions arise when a member school attempts to schedule a game against a team from another state. Remember that the contest must go through the proper administrative channels to be considered a legal contest. The following can serve as a simple guide to athletic directors and principals --

If a game involves only one Kentucky school and one out of state school, and the other state adjoins Kentucky, no state Association or National Federation sanction is necessary;

If a meet or tournament involves one or more teams from outside the host state, and the invited teams are from adjoining state(s), National Federation sanction is not necessary. However the event must be sanctioned by the state Associations involved. It is the responsibility of the principal of the host school to initiate the sanction procedure;

In all other cases, both state Association and National Federation sanction is required. If you are the host school, contact the Kentucky High School Athletic Association to obtain the sanction forms and begin the sanction process. The sanction process must be completed thirty (30) days prior to the event.
"THE BLEACHER COACH"

A bleacher coach One time was I, Making Decisions to win games by
Second guessing and who get the ball, I made no mistakes; I knew it all!

How to press and when to sub; "Where’s the trap", and "Bench that scrub!
"The coach is wrong, why stall and delay?", Shoot the ball, there’s a game to play

Then one season A coach was I, Making decisions to win games by,
And with each game or a team to beat, Came those bleacher words to eat!

Rick Wells, Varsity Coach, Tacoma Baptist High School, Washington

IMPORTANT DATES FOR 1988-89 SPORTS

The following are the starting dates for the K.H.S.A.A. sponsored events, along with the first day of practice, number of contests and the tentative date for the state finals.

<table>
<thead>
<tr>
<th>Sport</th>
<th>First Practice</th>
<th>First Contest</th>
<th>Num. Games Allowed</th>
<th>State Finals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volleyball</td>
<td>July 15</td>
<td>Sept. 1</td>
<td>20</td>
<td>Oct. 28/29</td>
</tr>
<tr>
<td>Soccer</td>
<td>July 20</td>
<td>Aug. 22</td>
<td>6-20</td>
<td>Nov. 1/5</td>
</tr>
<tr>
<td>Cross Country</td>
<td>July 15</td>
<td>Sept. 1</td>
<td>4-15</td>
<td>Nov. 5</td>
</tr>
<tr>
<td>Football</td>
<td>July 20</td>
<td>Aug. 19</td>
<td>11</td>
<td>Dec. 2/3</td>
</tr>
<tr>
<td>Wrestling</td>
<td>Oct. 15</td>
<td>Dec. 1</td>
<td>4-23</td>
<td>Feb. 18</td>
</tr>
<tr>
<td>Swimming</td>
<td>Oct. 1</td>
<td>Nov. 15</td>
<td>15</td>
<td>Mar. 4/5</td>
</tr>
<tr>
<td>Basketball</td>
<td>Oct. 1</td>
<td>Nov. 15</td>
<td>24</td>
<td></td>
</tr>
<tr>
<td>non football</td>
<td>Oct. 15</td>
<td>Nov. 28</td>
<td>24</td>
<td>Mar. 15/18 (Boys)</td>
</tr>
<tr>
<td>football</td>
<td></td>
<td></td>
<td></td>
<td>Mar. 22/25 (Girls)</td>
</tr>
<tr>
<td>Track</td>
<td>Dec. 1</td>
<td>Mar. 27</td>
<td>4-15</td>
<td>May 27</td>
</tr>
<tr>
<td>Softball</td>
<td>Feb. 15</td>
<td>Mar. 27</td>
<td>35</td>
<td>May 25/27</td>
</tr>
<tr>
<td>Golf</td>
<td>Feb. 15</td>
<td>Mar. 27</td>
<td>20</td>
<td>May 31/June 2</td>
</tr>
<tr>
<td>Tennis</td>
<td>Feb. 15</td>
<td>Mar. 27</td>
<td>4-20</td>
<td>June 1/3</td>
</tr>
<tr>
<td>Baseball</td>
<td>Feb. 15</td>
<td>Mar. 27</td>
<td>35</td>
<td>June 1/2</td>
</tr>
</tbody>
</table>

These dates are as printed on the 1988-89 Memorandum Calendar which will be mailed to schools and school systems in the next few weeks. It is important to remember that these dates, particularly for the state finals, are tentative as site availability may force a change in location and/or date.

APPROVED DATES FOR BOYS & GIRLS STATE BASKETBALL TOURNAMENTS 1988-1992

1989 -
Boys - March 15 - 18 * Rupp Arena, Lexington, Kentucky
Girls - March 22 - 25 * Convention Center, Frankfort, Kentucky

1990 -
Girls - March 14 - 17 * Site to be Determined
Boys - March 21 - 24 * Site to be Determined

1991 -
Boys - March 13 - 16 * Site to be Determined
Girls - March 20 - 23 * Site to be Determined

1992 -
Boys - March 18 - 21 * Site to be Determined
Girls - March 25 - 28 * Site to be Determined
CONGRATULATIONS TO SEVERAL BASKETBALL PLAYERS IN KENTUCKY

Congratulations are in order to Richie Farmer of Clay County and James Brewer of Bardstown as they have been named to the Converse National High School All America Team. Honorable mention for the All America Team was awarded to Russ Chadwell of Clay County, Keith Adkins of Paintsville, and Mike Grey of Caldwell County. Kudos are also in order to Kim Pehlke of Doss, Kristie Jordan of Ballard as they were named to the women's version of the Converse National High School All America Team as well as Joretta Carney of Laurel County, Stephanie Gossum of Marshall County and Kerri Hawes of Ohio County who were named Honorable mention on the girls' squad. Special mention also goes to Farmer as the Clay County standout was named First Team Academic All America in addition to his recognition as a player.

"THE WILL TO WIN"
The arena may just be a backyard, Up for grabs is not the world's championship, just bragging rights to who's best on the block.
It's not a venue worthy of legendary prose, but it's a place where legends often begin.
But form such beginnings, the taste of victory is first savored:
That insatiable taste that instills the desire to be the best.

It's more than all those sports page cliches' of extra effort, and 110% Teh will to win is a work ethic. A dedication. A commitment to never giving up. Find these traits in an athlete, and you'll find an athlete who's the first one at practice ... and the last one to leave. An athlete who toils ... away from the spotlight, perfecting those little nuances that can later make all the difference.

Though the odds are long of ever achieving fame and glory, this serves as little deterrent to this athlete. Because even when he or she faces others with more natural talent, they don't let it affect their own style of play. This athlete persists when others quit... and that makes every victory, no matter how small, sweet. Sweet payment beyond measure for every drop of sweat spent.

And long after one's athletic skills are eroded by time, the commitment stays within to face life's professional and personal challenges. These are the ultimate games.

-- from Wilson Sporting Goods

CONGRATULATIONS TO CLIFF HAGAN

Congratulations to University of Kentucky Director of Athletics and former Owensboro Senior High School standout Cliff Hagan on his induction into the National High School Sports Hall of Fame in Kansas City. Hagan was nominated by the K.H.S.A.A. and is one on 15 individuals selected for induction in 1988. The induction ceremony will take place Friday, July 8 at the Hyatt Regency in Kansas City. Hagan is the first person from Kentucky accepted into the six year old Hall of Fame.
TED SANFORD AWARD

Scott Boley, LaRue County

For 1988, the selection committee chose Scott Boley of LaRue County High School as the recipient of the Ted Sanford Award. Scott excelled in the classroom and among his peers in various activities in addition to helping lead the Hawks to consecutive berths in the Sweet Sixteen Tournament in 1987 and 1988.

The Ted Sanford Award is given annually by the Courier Journal in memory of Mr. Ted Sanford, the first Commissioner of the Kentucky High School Athletic Association who served as Secretary-Treasurer of the K.H.S.A.A. for ten years before becoming Commissioner, a position he held from 1947 until his retirement in 1972. A committee of school personnel from throughout the state selects the winner from the participant in the Boys State Tournament who excels in four areas: basketball ability, sportsmanship, academic accomplishments, and citizenship.

Winners of the award have been --

1973 - Rickey Witherspoon, Hickman County
1974 - Ronnie Watt, Warren East
1975 - Jerry Lee Britt, Warren East
1976 - Tim Stephens, McCreary Central
1977 - Jeff Lamp, Louisville Ballard
1978 - Mike George, Shelby County
1979 - Dirk Minnifield, Lafayette
1980 - Dicky Beal, Covington Holmes
1981 - Allen Feldhaus, Jr., Mason County
1982 - Kelly Middleton, Mason County
1983 - Phillip Hall, Carlisle County
1984 - Jeff Royce, Bourbon County
1985 - Spence Shipley, Doss
1986 - Terry North, Hazard
1987 - Richie Farmer, Clay County
1988 - Scott Boley, LaRue County

MOST VALUABLE PLAYER AWARD

Richie Farmer, Clay County

Inaugurated in 1981, the Lexington Herald-Leader annually presents the Most Valuable Player Awards to the participant in the Boys and Girls tournaments who is voted most valuable by a panel of media representatives and the participating coaches in the tournaments. Unofficial Most Valuable Player recognition had been given by various sources prior to 1981.

The Most Valuable Player for the 1988 Boys' Sweet Sixteen Tournament was Clay County's Richie Farmer. In winning the award, Farmer becomes the first person selected as the Most Valuable Player in consecutive state tournaments. Farmer also had the unique distinction of being selected as the M.V.P. while participating on the runner-up team. It is doubtful that anyone who witnessed the championship game, or the Tigers' other three tournament games would argue with his selection, particularly after he scored 51 points while collaring 7 rebounds and had 6 assists. Farmer's scoring and rebounding paced Bobby Keith's club to a berth in the championship game for the third time in four years. For the tournament, Farmer totaled 119 points while pulling down 19 rebounds and dishing out 14 assists in his four games.

KHSAA SWEET SIXTEEN ACADEMIC SCHOLARSHIP AWARDS

Jeff Whitney, Warren East
Sarah Murphy, Boone County
Candace Sturgill, Fleming-Neon
REDUCING HEAD AND NECK INJURIES IN FOOTBALL
Frederick O. Mueller

Head and neck injuries in football have been dramatically reduced since the late 1960's. Several suggestions for continued reduction are as follows:

1. Preseason physical exams for all participants. Identify during the physical exam those athletes with a history of previous head or neck injuries. If the physician has any questions about the athlete's readiness to participate the athlete should not be allowed to play.

2. A physician should be present at all games. If it is not possible for a physician to be present at all games and practice sessions, emergency measures must be provided. The total staff should be organized so that each person will know what to do in case of a head or neck injury in game or practice. Have a plan ready and have your staff prepared to implement that plan. Prevention of further injury is the main objective.

3. Athletes must be given proper conditioning exercises which will strengthen their necks so that participants will be able to hold their heads firmly erect when making contact. Strong neck muscles may help prevent neck injuries.

4. Coaches should drill the athletes in the proper execution of the fundamentals of football skills, particularly blocking and tackling. KEEP THE HEAD OUT OF FOOTBALL.

5. Coaches and officials should discourage the players from using their heads as battering rams. The rules prohibiting spearing should be enforced in practice and in games. The players should be taught to respect the helmet as a protective device and that the helmet should not be used as a weapon.

6. All coaches, physicians, and trainers should take special care to see that the players' equipment is properly fitted, particularly the helmet.

7. Strict enforcement of the rules of the game by both coaches and officials will help reduce serious injuries.

8. When a player has experienced or shown signs of head trauma (loss of consciousness, visual disturbances, headache, inability to walk correctly, obvious disorientation, memory loss) he should receive immediate medical attention and should not be allowed to return to practice or games without permission from the proper medical authorities.

Heat Stress and Athletic Participation

Early fall football, cross country, soccer and field hockey practice are conducted in very hot and humid weather in many parts of the United States. Due to the equipment and uniform needed in football, most of the heat problems have been associated with football. Under such conditions the athlete is subject to:

Heat Cramps - painful cramps and spasms of active muscles - most common of the calf muscle - caused in intense, prolonged exercise in the heat and depletions of water and salt due to sweating.

Heat Fatigue - feeling of weakness and tiredness caused by depletions of water and salt due to sweating and exercise in the heat.

Heat Exhaustion - characterized by extreme weakness, exhaustion, headache, dizziness, profuse sweating and sometimes unconsciousness caused by extreme depletion of water and salt. Key feature that is different in heat exhaustion from heat stroke is the sweating skin.

Heat Stroke - an acute medical emergency caused by overheating from a breakdown of the thermoregulatory mechanism. Associated with high rectal temperature, lack of sweating, disorientation, seizures and possible unconsciousness or coma. It may also occur suddenly without being preceded by any of the other clinical signs. The individual is usually unconscious with a hot, dry skin and a rising rectal temperature.

It is felt that the above heat stress problems can be controlled provided certain precautions are taken. The following practices and precautions are recommended:

1. Each athlete should have a physical examination with a medical history when first entering a program and an annual health history update. History of previous heat illness and type of training activities before organized practice begins should be included. State high school associations recommendations should be followed.

2. It is clear that top physical performance can only be achieved by an athlete who is in top physical condition. Lack of physical fitness impairs the performance of an athlete who participates in high temperatures. Coaches should know the PHYSICAL CONDITION of their athletes and set practice schedules accordingly.

3. Along with physical conditioning the factor of acclimatization to heat is important. Acclimatization is the process of becoming adjusted to heat and it is essential to provide for GRADUAL ACCLIMATION TO HOT WEATHER ACTIVITIES. It is necessary for an athlete to exercise in the heat if he is to become acclimatized to it. It is suggested that a graduated physical conditioning program be used and that 80% acclimatization can be expected to occur after the first 7-10 days. Final stages of acclimatization to heat are marked by increased sweating and reduced salt concentration in the sweat.

4. The old idea that water should be withheld from athletes during workouts has NO SCIENTIFIC FOUNDATION. The most important safeguard to the health of the athlete is the replacement of water. Water must be on the field and readily available to the athlete at all times. It is recommended that a minimum 10-minute water break be scheduled for every half hour of heavy exercise in the heat. Athletes should rest in a shaded area during the break. WATER SHOULD BE AVAILABLE IN UNLIMITED QUANTITIES. Check and be sure athletes are drinking the water. Cold water is preferable. Taking ample water before practice or games has also been found to aid performance in the heat.

5. Salt should be replaced daily. Modest salting of foods after practice or games will accomplish this purpose. Salt tablets and glucose-electrolyte solution are not recommended. ATTENTION MUST BE DIRECTED TO REPLACING WATER - FLUID REPLACEMENT IS ESSENTIAL.

6. Know both the TEMPERATURE and HUMIDITY. The greater the humidity the more difficult it is for the body to cool itself. Use of a sling psychrometer is recommended to measure the relative humidity. The following precautions are recommended when using wet-bulb temperature:

66 F - Safe but be sure to observe athletes most susceptible to heat.

66 - 76 F - Caution - unlimited water on field and cold water is preferable.

78 F and above - Danger level - alter practice routine, mandatory water breaks and withhold susceptible athletes.

7. Cooling by evaporation is proportional to the area of skin exposed. In extremely hot and humid weather reduce the amount of clothing covering the body as much as possible. NEVER USE RUBBERIZED CLOTHING.

8. Athletes should weigh each day before and after practice and WEIGHT CHARTS CHECKED. Generally a 3-percent weight loss through sweating is safe and over a 3-percent weight loss is in the danger zone. Over a 3-percent weight loss the athlete should not be allowed to practice in hot and humid conditions. Observe them closely under all conditions.

(Reducing Head And Neck Injuries Continued on Page Nine)
9. Watch athletes carefully for signs of trouble, particularly athletes who lose much weight, overweight athletes, and the eager athlete who constantly competes at his capacity. Some trouble signs are nausea, incoherence, fatigue, weakness, vomiting, cramps, weak rapid pulse, visual disturbance and unsteadiness.

10. Teams that encounter hot weather during the season, through travel or following an unseasonably cool period, should be physically fit but will not be environmentally fit. Coaches in this situation should follow the above recommendations and substitute more frequently during games.

11. Know what to do in case of such an emergency. Be familiar with immediate first aid practice and prearranged procedures for obtaining medical care including ambulance service.

**Heat Stroke:**

THIS IS A MEDICAL EMERGENCY - DELAY COULD BE FATAL. Immediately cool body while waiting transfer to a hospital. Remove clothing and use cool water. An increasing number of medical personnel are now using a treatment for heat illness that involves applying either alcohol or cool water to the victim’s skin and vigorously fanning the body. The fanning causes evaporation and cooling. (Source - The First Aider - September 1987)

**Heat Exhaustion:**

OBTAIN MEDICAL CARE AT ONCE. Cool body as you would for heat stroke while waiting for transfer to a hospital. Give fluids if athlete is able to swallow and is conscious.

**Summary:**

The main problem associated with exercising in hot weather is water loss through sweating. Water loss is best replaced by allowing the athlete to drink as much water as he likes, whenever he wishes. The small amount of salt lost in sweat is adequately replaced by salting food to individual taste at mealtime. Talk to your medical personnel concerning emergency treatment plans.

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**National Federation Speaks Out On Cheerleading**

KANSAS CITY, MO (April 26, 1988) -- In its continuing effort to meet the needs of high school activities participants, the National Federation has added cheerleading to its structure. Because of the growth and development of cheerleading in the nation’s high schools, the National Federation has adopted recommended guidelines and will provide services for this important high school activity.

Prior to 1978, the National Federation provided services only for high school athletics. That year, however, services for speech and music were added and, in 1984, programs for chemical health were started which led to the creation of TARGET.

"With the growth of cheerleading has come a need for unification and direction," said Brice Durbin, executive director of the National Federation. "We believe that the philosophy statement and recommended guidelines that have been developed will enhance cheerleading programs throughout the nation."

The National Federation Spirit Committee met March 28-29 at the National Federation to establish guidelines and construct a statement of philosophy. This committee also adopted the first Cheerleading Guide, which will contain the philosophy statement, recommended safety guidelines, photographs of partner stunts which are permitted and which are not permitted, suggestions for cheerleader advisors/coaches and guidelines for cheerleaders. The guide will be updated annually as are all National Federation rule-related publications.

Included in the statement of philosophy adopted by the Spirit Committee was the following: "...Cheerleaders shall serve as a support group for the interscholastic athletic programs within the school, and, as such, play a very important role in the administration of athletics contests. Each squad should strive to boost school spirit, promote good sportsmanship, develop positive crowd involvement and help student participants and spectators achieve the most worthwhile educational objectives of the interscholastic program."

The philosophy statement also noted that cheerleading activities should center on leading or directing the cheers of fans and that performing is a secondary role of cheerleading. Following are the recommended cheerleader safety guidelines that were adopted:

1. Adequate warm-up must precede all activities.
2. Jewelry is prohibited with the exception of religious, or medical medals. If such medals are worn, they shall be taped to the body and be under the uniform.
3. Cheerleaders shall wear athletic-type shoes which are appropriate for cheerleading activities.
4. Tumbling and partner stunts should not be performed on wet surfaces. Tumbling, partner stunts and pyramids should not be performed on concrete.
5. Use of mini-tramps, spring boards or any apparatus that increases the height of a stunt is not allowed.
6. All pyramids and/or mounts are limited to two persons high, meaning the base(s) is in direct contact with the floor or ground.
7. Stunts higher than a shoulder stand (e.g., above-shoulder extensions) must have a spotter(s).
8. Free-falling flips or swan dives from mounts, pyramids or basket tosses are not allowed.
9. The catcher must have continual eye contact with the top person/flyer throughout the entire stunt. The top person must look before dismounting backwards to a cradle catch.
10. Toe and thigh pitches are not permitted.
11. Knee drops, split drops and tension drops are not allowed.
12. Double-base, split catches are not allowed.
13. Suspended splits are permitted provided the person performing the split is able to lower his/her own weight into the split position, and/or the bases provide support at thigh level.
14. Basket tosses or any type of toss must be performed from ground level and must be cradled by the original bases. If there are only two bases, there must be a spotter at the head/shoulder area when the top person/flyer is caught.

The Spirit Committee noted that cheerleading can be dangerous, and that responsibility for safety rests with each high school. The committee said that each school's coach/advisor should modify the above recommendations to reflect the age, training, experience and athletic ability of the students in his/her school.


**Start Making Your Plans Now!**

National High School Activities Week
October 16-23, 1988
TENTATIVE
1988-89
CALENDAR OF ACTIVITIES

August 1-18  Twelve Football Clinics for Coaches and Officials
August 16-23  Three Volleyball Clinics for Coaches and Officials
August 22-26  Four Soccer Clinics for Coaches and Officials
September 12  National Federation Part II Exam - Football, Soccer, Volleyball
October 3-31  Seventeen Basketball Clinics for Coaches and Officials
October 21-22  Regional Volleyball Tournaments
October 24-29  Regional Soccer Tournaments
October 28-29  State Volleyball Tournament
October 29  Regional Cross Country Meets
October 29 - November 22  Four Wrestling Clinics for Coaches and Officials
November 1-5  State Soccer Tournament
November 11-12  Football District Winners & Runners-Up - Play-Offs
November 5  State Cross Country Meet
November 18-19  Football District Winners Play
November 25-26  Football Regional Winners Play
December 2-3  Football State Championships (Class A, AA, AAA,AAAA) Louisville
December 5  National Federation Part II Exam - Basketball, Wrestling
February 4  District Wrestling Tournaments
February 11  Regional Wrestling Tournaments
February 17-18  Regional Swimming Meets
February 18  State Wrestling Tournament
February 23 - April 5  Five Track Clinics for Coaches and Officials
February 27 - March 4  District Basketball Tournaments
March 6-11  Regional Basketball Tournaments
March 15-18  Boys' State Basketball Tournament
March 20  National Federation Part II Exam - Baseball, Softball, Track
March 22-25  Girls' State Basketball Tournament
April 15  Delegate Assembly Meeting
May 8-13  District Softball Tournaments
May 13  Regional Track Meets
May 15-20  Regional Baseball Tournaments
Regional Softball Tournaments
Regional Tennis Tournaments
May 20  Sectional Track Meets
May 22-27  First Round of State Baseball Tournament
May 23  Girls' Regional Golf Tournaments
May 24  Boys' Regional Golf Tournaments
May 25-27  State Softball Tournament
May 27  State Track Meet
May 31 - June 1  Boys' State Golf Tournament
June 1  Girls' State Golf Tournament
June 1-2  Semi-Finals and Finals of State Baseball Tournament
June 1-3  State Tennis Tournaments
State Tennis Tournament

University of Kentucky, Lexington, Kentucky
June 2-4, 1988

TIME SCHEDULE

Thursday, June 2, 1988
11:45 — Coaches Meeting and Briefing Session, K.H.S.A.A. Office
1:00 — Competition begins and continues throughout day and evening
(if necessary) through quarterfinals of singles and doubles.

Friday, June 3, 1988
9:00 a.m. — Competition continues in singles and doubles.

Saturday, June 4, 1988
9:00 a.m. — Doubles Semi-finals (Boys and Girls)
10:30 a.m. — Singles Semi-finals (Boys and Girls)
12:00 p.m. — Doubles-finals (Boys and Girls)
1:30 p.m. — Singles (Girls)-Finals followed by the Boys Singles Finals
(a change in schedule may occur in case of inclement weather)

BOYS' TOURNAMENT MANAGER - Joe Kroh
GIRLS' TOURNAMENT MANAGER - Becky Watson, Mary Robinson, Kathy Johnston

VOLLEYBALL COMMITTEE MINUTES

May 9, 1988

The Volleyball Committee met at the Kentucky High School Athletic Association Office in Lexington, Kentucky, on Monday, May 9, 1988. The meeting was called to order at 10:00 a.m. by Brigid L. DeVries, Assistant Commissioner. Committee members present included Margi McKenna, Joan Mitchell, Steve Williams and Donna Wolfe.

The first item on the agenda was a discussion of regional tournaments and sites. Ms. DeVries advised the Committee of a few changes in the teams in each region. The 1987 regional sites were discussed and committee members will check their availability for the 1988 tournaments. Regional tournaments will be double elimination again this year.

Donna Wolfe made a motion, seconded by Margi McKenna, that the teams not change benches for the 1988 season including regional and state tournament play. The motion carried unanimously.

The Committee then discussed the items on the Regional Information Sheet and made some corrections for the coming year.

A discussion followed regarding the site for the 1988 State Volleyball Tournament to be held October 28-29. The University of Kentucky submitted a proposal to host the tournament at Memorial Coliseum in Lexington. Fairdale High School is not interested in hosting the 1988 tournament; however, Seneca High School in Louisville has expressed an interest. The site will be determined at a later date.

The State Tournament format was the next topic of discussion. The winner and runner-up will advance from the Regional Tournaments. Expenses will be paid for the winning team only.

The State Tournament Draw was conducted. Winners and runners-up from the same region were placed in opposite brackets.

Only Regional winners were eligible for byes. Following a discussion of the State Tournament time schedule, it was decided to leave it as is for the 1988 tournament. Committee members thought the semi-final schedule on Saturday with teams playing one after the other, was preferable to playing simultaneously as was done in the past.

The next item on the agenda was the officials fees. There will be no change in fees for the 1987-88 school year. Umpires and referees will receive $18.00 per match for regular season varsity play. Regional tournament fees are $20.00 and State Tournament fees are $25.00 per match plus a travel expense.

Ms. DeVries announced the tentative times and sites for the Clinics. A brief discussion followed regarding the 1988-89 National Federation Volleyball rules. The most significant change was in rule 2-3-11 which specifies that backboards hanging in a vertical position over a playable area, are out-of-bounds, unless in the judgment of the official, the ball would have remained in play, if the backboard had not been there.

Following a discussion regarding the Limitation of Seasons, it was decided that some clarification was needed on practice and play during the summer. At the end of the academic school year, volleyball teams may play and practice in non-school related tournaments and activities. It is also permissible for their high school coach(s) to work with them at this time. However, a member school may not officially start practice for the high school season until July 15, 1988. K.H.S.A.A. catastrophic insurance coverage will not be in effect until this date.

By-Law 25 regarding the Limitation of Seasons in volleyball states that the season ends at all levels of play at the conclusion of the varsity teams last regular season contest, and there should be no further practice or play during the remainder of the academic school year. This applies to involvement by the head coach as well as the assistant coach of member schools.

There being no further business, the meeting was adjourned.
NEWS RELEASE

1988-89 Test Dates
For
Part II Examinations

Tests dates have been established in all sports where a Part II examination is printed. Starting with the 1988-89 school year, Part II examinations should not be given prior to the following dates:

<table>
<thead>
<tr>
<th>Exam II</th>
<th>Shipping Date</th>
<th>National Test Date</th>
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<tr>
<td>Football</td>
<td>August 12, 1988</td>
<td>September 12, 1988</td>
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<tr>
<td>Volleyball</td>
<td>August 12, 1988</td>
<td>September 12, 1988</td>
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<tr>
<td>Basketball</td>
<td>November 10, 1988</td>
<td>December 5, 1988</td>
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<tr>
<td>Baseball</td>
<td>February 20, 1989</td>
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