

KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION
BOWLING HANDBOOK and IMPLEMENTATION PLAN



The KHSAA welcomes the sport of bowling to sanctioned sports in Kentucky.

Getting Your Program Started

Interest in your school may vary. You may form a boys and girls team separately, or you may form a coed team but that team will be considered a boys team for postseason purposes.

After having determined an interest in your school, we recommend contacting your local bowling proprietor for information on pricing and lane availability. You should also contact the other schools in your area to see about meeting with the proprietor. This could be beneficial when it comes to pricing and scheduling.

We have seen that bowling proprietors are very helpful and willing to work with the schools schedules and dates due to transportation needs and school hours. Many proprietors are willing to make master schedules and keep statistics for the schools in their area.

Regulation Season Guidelines

- a. Bowling shall take place as a winter sport with organized practice beginning on October 1. The first contest shall take place in accordance with the corresponding dates in the KHSAA handbook - <http://khsaa.org/handbook/correspondingdates/bowlingcorrespondingdates.pdf>
- b. The regional and state tournament will be held during week identified in the corresponding dates as well. - <http://khsaa.org/handbook/correspondingdates/bowlingcorrespondingdates.pdf>
- c. There is no minimum or maximum number of contest for teams or individuals under KHSAA rules. This decision shall be made by the local school.

Rules and Regulations

Jurisdiction and Governance

Rules for competition shall be those of the United States Bowling Congress (USBC) American Bowling Alliance. KHSAA rules prevail in case of a conflict with standard USBC rules.

Eligibility to Enter Teams

All teams must be a KHSAA member school and follow the bylaws that were agreed to upon becoming a member school. Bowling will be a winter sport and will be phased into applicably with the KHSAA rules. Any bowling center that is interested in sponsoring a high school recognized by the KHSAA is welcome to participate.

Team Structure

Competition will be provided for girls' teams and boys' teams.

Rosters

1. A school's roster is unlimited on the number of members during the regular season.

2. Rosters shall be entered on the KHSAA website and will be locked on the first day of the postseason.
3. On the day of competition the participating team for that date will consist of twelve (12) uniformed bowlers from the original unlimited list.
4. Though teams may have more than twelve bowlers on their team roster, only twelve bowlers may compete in any one High School Bowling competition at any level. Eight bowlers will be active during competition, while the remainder of participants will act as substitutes if the standard competition model below is used.

Awards/Amateur Status

Participants shall comply with bylaw 10 in the KHSAA handbook.

Contest

Preseason – Scrimmages

1. Two (2) preseason scrimmages are allowed. Once the season has begun all dates of competition (including tournaments) matches shall be counted as a contest.

Regular Season Contest Rules

1. It is the school's responsibility to secure a facility to bowl and establish a schedule. Many bowling center proprietors already welcome the high school leagues and are willing to work with schools (see statewide list of bowling facilities on our website <http://www.khsaa.org/bowling/kentuckycenters.pdf>).
2. Master schedules have been utilized in the past and may be the preference for center management.

Suggested Weekly Match Format

1. Warm Up/Practice is allowed 5-10 minutes prior to the start of competition. Lineups must be exchanged prior to each game simultaneously.
2. Rules for competition shall be those of the United States Bowling Congress. Rules contained within this document prevail in case of a conflict with standard USBC Rules. (link to rules: <http://bowl.com/rules/rulebook/index.jsp>)
3. Competition will consist of regular and baker games as well as total pin fall, for a total of seven possible points each match. Format will be two games of regular bowling (two teams of 4 bowlers on 2 different pairs of lanes bowling and dropping the lowest score on each pair), two games of baker and total pin fall (excluding the lowest scores that was dropped during regular play). Each three person score will be compared to those of the other team on that pair. The team with the highest 3 game score wins 1 point (there are 2 points available each game) 4 possible points for the two games combined.
4. Two teams of four will bowl two regular games with top three scores from each team counting as a regular game (dropping the lowest score). 4 possible points.
Example:

GAME # 1			
TEAM: South High	SCORE	TEAM: North High	SCORE
Joe Bowler	221	John Tenpin	175
Jack Split	201	Steve Ebonite	190
Donald Sparemaster	99	Mike Arrows	122
Alex Gutterson	135	Zach Fouls	144
SUB - TOTAL	656	SUB - TOTAL	631
(-) LOW SCORE	99	(-) LOW SCORE	122
TOTAL	557	TOTAL	509

1 point

0 points

5. It takes five bowlers to bowl one baker. There will be two games of baker bowled for a total of 2 possible points. If less than 5 bowlers for a team are at a match then that team must take a 0 in the frames that would be bowled by the missing bowler. The coach may put the missing bowler in any of the 5 positions.
6. Baker style bowling is: Bowler 1 – bowls frames 1 & 6, Bowler 2 – bowls frames 2 & 7, Bowler 3 – bowls frames 3 & 8, Bowler 4 – bowls frames 4 & 9, Bowler 5 - bowls frames 5 & 10 and any extra frames due to a strike or spare in frame 10.
7. Total pin fall (excluding the all lowest scores dropped) wins 1 point.
8. Centers are requested to donate an extra pair of lanes for bowlers, not currently participating in the matches, to practice on (limit 4 bowlers from each team, provided lanes are available).
9. Centers shall designate which lanes are to be used for competition – home team on the left lane, visiting team on the right lane.
10. In the case of a tie for a regular game, a Baker game, or a series during the regular season both teams will receive a half of a point.
11. Standings shall be determined on a match win, loss, and tie basis. When a match is completed the competition shall be recorded as a win (1-0), a loss (0-1), or a tie (0-0-1).

Substitutions and line ups

1. Substitutions in both regular and Baker games are allowed and a team may substitute as much and at any time they wish, however once an athlete is removed, the player can not re-enter that game. During regular games the athlete beginning the game will get credit for the score for average purposes.
2. First and Last names and numbers must be written on the score sheet for regular games and baker games to ensure that the number of bowlers do not exceed 12. Teams playing more than 12 bowlers will receive 0's for every frame bowled by the extra bowlers, this includes baker frames. Teams that do not post the line up on the score sheet will risk forfeiting the points won in baker and the pins they earned towards the total pin fall point.
3. Each team should assign a lane captain for each pair of lanes (two boys and two girls per team). The lane captain should be knowledgeable of the regulations listed above. The lane captains of the home team should be capable of making corrections on the scoring system at that bowling center. The lane captains should be listed last on the appropriate lane roster (for easier identification and communication).

Bowling Etiquette and Self Reporting

1. When a bowler is on the approach, ready to bowl, bowlers on the adjacent lanes on both sides should remain back behind the line of vision for that bowler.
2. No part of a bowler's body should pass the foul line, even if it is accidental. Bowling centers should have the foul light on during competition, and coaches should confirm before the start of the match that the lights are turned on. In the case that the foul lights are not in working order the coaches should watch for violations. If a bowler does commit a foul, the rack should be reset and/or appropriate corrections to the score should be made.
3. If a bowling ball bounces out of the gutter or the back of the pinsetter and strikes any pins, those pins cannot be counted and the rack should be reset and/or appropriate corrections to the score should be made.
4. If the overhead rack should inadvertently knock down pins that should still be standing, then a bowling center employee should correctly replace those pins before the second ball is thrown.
5. If a bowler bowls out of turn or on the wrong lane, the resulting score (good or bad) must be erased, not transferred, and the proper order or proper lane used.
6. The bowler himself/herself can realize the violation and take appropriate steps to correct.
7. A teammate or opponent who has observed a violation can politely approach the bowler and request stoppage of play to discuss the possible violation or error.
8. A coach or establishment representative can request stoppage of play to discuss a possible violation or error.

Code of Conduct, Violations and Disputes

1. If the bowler, or a teammate, or an opponent identifies a violation, the coaches should be consulted about the appropriate correction. Lane captains should then make correction themselves if possible.
2. If the lane captains cannot agree on the validity of the violation, the appropriate score correction for the violation, or cannot complete the appropriate correction on the score system, then a coach or establishment representative should be consulted.
3. If agreement still cannot be reached, then both coaches and the establishment representative should consult to make a final decision. If a major discussion is needed to settle the dispute, it is each coach's responsibility to control his/her players, assistant coaches and fans so that the discussion can be carried out in a calm, controlled manner.
4. It is important to realize that if play continues beyond the point of the violation, that it may be impossible to reverse the results of any actions that follow the violation.
5. Bowlers who are caught cursing, taunting, or enacting inappropriate gestures will receive 1 warning. If the player is caught doing anything inappropriate the player will be disqualified.
6. Bowlers who engage in the destruction of center property or any type of physical altercations with players, coaches, spectators, or officials will result in immediate disqualification from the contest or tournament.

7. Fans and players may not distract the opposing teams with chants. If they repeatedly attempt to chant while the other team is up they will receive a warning, if they continue after the warning they risk costing the team to forfeit the current baker game. Also any fan who engages in any type of physical altercation or who refused to follow the previous rules will be forced to leave the property or risk being arrested.
8. All competitors shall remain in the seating and playing area of their assigned pair of lanes while competition is in progress. Non-competitors and spectators may not be in the area. Coaching will be behind set tee areas. Unsportsmanlike conduct includes, but is not limited to, profanity, abuse of equipment, and any outburst or show of unsportsmanlike conduct. Any violation of the above mentioned rules would result in an automatic ejection from the game in progress plus suspension of the player for the remaining competition of the day, and any further competition until reinstated by the KHSAA office.

Rules and Equipment/Structure for Postseason Competition

1. Refer to the Competition rules in the KHSAA handbook - <http://khsaa.org/handbook/competitionrules/bwcompetitionrules.pdf>

Coaching

Coaching of players

The coaching of players is permitted to be continuous throughout the match, as long as it does not interfere with play. Coaching should be held in a private area away from the competition for the purpose of offering advice to the player and not in any way to distract an opposing player.

Coaches Qualifications

All coaches shall meet the criteria of Bylaw 25 as required by the KHSAA and hired by the school.

Website and KHSAA Contact

For more information about high school bowling at the KHSAA:

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