

Commissioner's Notes

August 2005

• PLEASE COPY AND DISTRIBUTE TO ALL ATHLETIC DEPARTMENT PERSONNEL •

FROM THE COMMISSIONER'S DESK



It's August and time to begin a new school year. Fall sports practice has begun and the rules clinics for coaches and officials are well underway. I would like to share some information on an initiative in which the Association will participate. The KHSAA will be partnering with the National Federation

of State High School Associations in an initiative that is addressing the growing problem of steroid abuse around the country in high schools today. The NFHS has developed a multimedia educational initiative called "Make the Right Choice."

The information includes a DVD containing two ten minute videos, two brochures and two posters. The first video is directed toward coaches and students, while the second video is directed toward parents. Included in the videos are interviews with Indianapolis Colts head coach Tony Dungy and Kansas City Chiefs quarterback Trent Green. They also include Don Hooten's story of his son Taylor, who tragically took his own life after suffering from depression following steroid abuse.

The brochures include medical information about anabolic steroids, including quick facts and side effects, as well as measures that parents and coaches can use to deter steroid use.

In the next few weeks, the Principal of each KHSAA member school will be receiving a copy of the DVD and two brochures and two posters for use in the athletic programs. I am hopeful that the DVD will be shown to coaches, parents and student athletes to point out the long range consequences of steroid abuse. The DVD's and material may be reproduced as necessary.

SOCCER MERCY RULE CLARIFICATION

At the July 12, 2005 Board of Control meeting, the Board clarified the Soccer Mercy Rule that appeared in the November 2004 minutes. The Soccer Mercy Rule now reads as follows:

If one team has a 10 goal lead at the end of the first half or at any point in the second half, the match will be terminated. This rule will also be observed in post-season play.

TRANSFER FORM INFORMATION

July through October is a busy time of year for processing domestic and non-domestic student eligibility forms, GE06 & GE07 (Transfer Forms), in the KHSAA office. A revised form GE07 for foreign students is attached and GE06 will be provided mid August. We would appreciate your assistance in helping with the transfer process so we can provide you with rulings in a timely manner:

- Review the transfer form and make sure it is completely filled out by the sending and receiving school (incomplete forms will be returned to the receiving school);
- Include an accurate enrollment date (postdated enrollment dates cannot be processed and will be returned to the receiving school);
- Do not use a Post Office Box for either the sending or receiving school address;
- If questions #13-#14 are checked "NO" (student has never played in a varsity contest in any sport), the transfer form does not need to be sent to the KHSAA for processing. It should, however, be kept on file at the school;
- Inform parents that all communications regarding the transfer status should be with the member school (NOT the KHSAA);
- Faxed or hand delivered transfers are not accepted;
- In the case of a change in residence please include documentation of disposal of previous residence such as sales contract etc.;
- If there has been a change of custody, please include a copy of the court ordered documents with the transfer;
- No athletic participation for one school year at the sending school is a new condition for a waiver effective for the 2005-06 school year. The sending school should verify this on the form;
- Allow one week from the date you mail the form to the KHSAA before calling the office to check on the status (school personnel will receive priority);

Your cooperation in this important matter is greatly appreciated. If you have any questions concerning the transfer form(s) please contact Darlene Koszenski (Administrative Assistant to Commissioner Brigid DeVries).

FALL SPORTS SCHEDULING

Please check the "Member Schools Only" page to ensure that all of your schools fall schedules are as up to date as possible or make any needed changes.

KHSAA HANDBOOK UPDATES

The deadline for changes to school information for the publication of the 2005-06 KHSAA Handbook is Aug. 5.

Please make sure all information that pertains to your school (sports that are sponsored, coaches' names, addresses, principal's name, email addresses, phone and fax numbers) is updated and correct. Updates should be done online through the KHSAA website (www.khsaa.org) using the "Member Schools" link.

Much effort has been expended by staff and the member schools over the last year in making sure of the accuracy of the information, and your cooperation is greatly appreciated. If you need password assistance, contact Marilyn Mitchell at the KHSAA (mmitchell@khsaa.org).

ANNUAL MEETING DATES

Please remember all proposals for the Annual Meeting of the Delegates must be submitted by the **September 10** deadline to be presented at the Annual Meeting.

Proposals should be addressed to the attention of Julian Tackett, Assistant Commissioner. Prior to the meeting, proposals submitted will be posted on the KHSAA website as well as sent to each member school's delegate.

The Annual Meeting will be held **October 20, 2005** at the Hyatt Regency in Lexington. The meeting will begin with registration starting at 7:15 a.m. with workshops at 8:30 a.m. The voting session will be at approximately 1:45 p.m. The complete schedule will be mailed at a later date.

NIAAA AWARD WINNER NAMED

Faye Thornton, CMAA, will be honored at the National Interscholastic Athletic Administrators Conference as the 2005 Recipient of the Thomas E. Frederick Award of Excellence.

Mrs. Thornton is an assistant principal at Bourbon County High School.

The conference will be held December 15-18 in Orlando, FL.

ATHLETIC ADMINISTRATORS AND CHEER WORKSHOPS

Enclosed you will find information for the upcoming Athletic Administrators Workshop, **Friday August 12**. Also, information on the Annual Cheerleading Workshop on **Saturday, August 27** is included. Both workshops will be held at the KHSAA office in Lexington.

BOARD OF CONTROL MEETING UPDATE

The KHSAA Board of Control met on July 11-12, 2005. The meeting was conducted by the newly elected officers President, Jerry Taylor and Vice President Gary Dearborn. The following are a few highlights of the board meeting:

- Approved the renewal of the Catastrophe Insurance Plan for student athletes as well as Director's and Officers, and General Liability Insurance proposals effective for the 2005-06 school year. The premium increased for the Association's catastrophic insurance from \$145,000 to approximately \$190,000 per year effective immediately. To help fund this increase, the Board approved a \$1 per session increase in the price of advance and walkup tickets to boys' and girls' basketball, football and boys' and girls' soccer, effective immediately. At the same time, the Board approved a recommendation to leave the "pep" or advance participating team price, at the 2004-2005 levels;
- Discussed KHSAA Annual Meeting Proposals to be submitted by the Board;
- Endorsed the Commissioner's office assessing the published Bylaw 33 fine provisions (\$50 per occurrence) to each member school upon the ejection of a coach or official adult representative (grades 9-12) for unsportsmanlike conduct.
- Approved the apparel and novelty proposal for Team I.P. for coverage at state events.
- Reviewed and approved all member school renewal applications for the 2005-06 school years.
- Approved the FY 2006 Budget

HEAT ILLNESS PREVENTION

Enclosed you will find the KMA/KHSAA Heat Illness Chart. We ask all school athletic administrators to carefully review this material and check further information available on the main page of the website (www.khsaa.org). Please remember these guidelines are not only intended for football, but all KHSAA sports. These important reminders are critical to the safety, health and welfare for the student athlete.

The Board of Control has mandated compliance with this procedure by requiring completion of the recording half (GE 20) by each fall sport and submitting to the KHSAA.

HYPE CONFERENCE

The Fifth Annual HYPE Conference will be held Wed., Aug. 31, 2005 at The Lexington Convention Center (next to Rupp Arena).

Please remember all registration forms must be in by August 22 and registration is on a first come first served basis. There is a fifteen student per school limit.

REMINDERS ABOUT KHSAA CONTEST OPPONENTS, IN AND OUT OF STATE

The action taken at the 2005 Annual Meeting, which becomes official and goes into effect August 5, 2005, changes key provisions about contest opponents for KHSAA member schools.

KHSAA MEMBERS VS. IN STATE TEAMS

All games against in-state opponents must be against schools that also belong to the KHSAA. Students from non-member schools in Kentucky may not, under any circumstances, compete against KHSAA member school students in the contests defined within Bylaw 25.

KHSAA MEMBERS VS. OUT OF STATE TEAMS FROM CONTIGUOUS STATES

All games played against out of state opponents must be played against schools that are members of that state's association. The KHSAA office can assist in determining the status of those teams.

A sanction form is not required if all participating schools are from Indiana, Illinois or Ohio, unless a NFHS sanction applies. Please note, however, that Missouri, Tennessee, Virginia and West Virginia require a sanction form for every out-of-state event

KHSAA MEMBERS VS. NON CONTIGUOUS OR OTHERS THAT REQUIRE NFHS SANCTION

KHSAA member schools hosting an event are to complete the NFHS sanction form and include a processing fee in the amount of \$100.00 if the contests includes any of the following criteria:

- The event involves two or more schools and is co-sponsored by or titled in the name of an organization outside the school community (e.g., a university, theme park, athletic shoe/apparel company).
- Non-bordering state events if five or more states are involved.
- Non-bordering state events if more than eight schools are involved.
- Any event involving two or more schools that involves a team from a foreign country. (The exceptions to this rule are Canada and Mexico).

The sanction fee should be made payable to the National Federation and sent to the KHSAA with the appropriate form. The KHSAA is responsible for forwarding the form and fee to the National Federation Office.

When Kentucky member schools are participating in out-of-state contests, the host school from out-of-state is responsible for completing the sanction form through the applicable state association.

If you have any questions, please contact Marilyn Mitchell at the KHSAA office (859)299-5472 or email mmitchell@khsaa.org.

ATHLETIC DIRECTORS CORNER

It's time to renew your membership or join the Kentucky High School Athletic Directors' Association. The deadline to receive full benefits of membership is September 30. Contact Mitchell Irvin at mirvin@oldham.k12.ky.us for a membership brochure and more information.

The KHSADA and NIAAA will offer three Leadership Training Program courses on August 11 (the evening prior to the KHSAA Athletic Administrators Workshop). The classes will run from 5 - 9 p.m. and be conducted at the KHSAA offices. The cost of a course is \$80. Courses to be offered are LTC507 - Assessment of Interscholastic Programs and Personnel; LTC502 - Principles, Strategies & Methods and LTC503 - Citizenship through Sports and Fine Arts. Contact fthornto@bourbon.k12.ky.us by August 7 if you are interested in taking any of these valuable courses.

Information on the National Conference for Athletic Directors will be mailed by mid-September. This year's conference is in Orlando, Florida December 14- 18 at the Marriott World Center. Contact Bruce Whitehead at bwhitehead@nfhs.org if you wish to attend and have not received your registration information by September 30.

FALL SPORTS PHOTOS DUE

Please note team photos in the sports of volleyball, football, boys' soccer and girls' soccer are due to the Association by October 1.

Please go to the "Members Only" page on the KHSAA website and use the "Upload Photo" feature. You may also e-mail the photo provided it has been scanned at a minimum DPI of 300 and is not bitmapped. The file should be sent as an attachment and saved with a file extension of .jpg, .gif, or .tif. If mailing a photo, the photo **MUST BE AN ORIGINAL**. Faxed copies, copies of photos, newspaper copies, or laser printer printouts **ARE NOT ACCEPTABLE**. Failure to submit the photo will result in a fine as permitted by KHSAA Bylaw 33, and this will be enforced.

Future deadlines for other sports will be published in issues of the Commissioner's Notes and the Athlete magazine.

INSIGHT/KHSAA ACADEMIC ALL-STATE CERTIFICATE REQUESTS

Request forms for Insight/KHSAA Academic All-State certificates will be emailed to each member school Athletic Director. Please return the request form to Marilyn Mitchell at the KHSAA. Additional copies are available, should you run out of certificates, by contacting Ms. Mitchell.

REMINDERS ABOUT CATASTROPHIC INSURANCE

With the mid August mailing referred to in these Notes (Steroid imitative, etc.), the Association will be distributing a reminder and updated information concerning catastrophic insurance coverage. With the ever-increasing premiums, the Association must exercise due diligence in minimizing risk and exposure to protect this invaluable membership benefit. Discussions with school administrators over the past year, coupled with recent claims history and the turnover in administrators have left a considerable amount of questions for which the Association is seeking clarification from the carrier. Please watch for this important information.

REMINDER SWIMMING COACHES RULES CLINIC REQUIREMENT

Beginning with the 2005-06 school year, **ALL** head swimming coaches are required to attend an annual KHSAA Swimming and Diving Rules Clinic in order to be eligible to coach in post season play. The 2005 Rules Clinic dates are:

(All times are 6 p.m., unless noted otherwise)

- 8/30 Lexington, Paul Dunbar HS, TBA
- 9/17 Madisonville, Madisonville-North Hopkins HS,
9:00 a.m.
- 9/17 Bowling Green HS, 4:00 p.m.
- 9/19 Covington, Scott HS
- 9/21 Louisville, St. Xavier HS
- 11/15 Make-Up (\$75 Fine) Lexington, KHSAA Office,
1:30 p.m.



**KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION
APPLICATION FOR FOREIGN STUDENT
(NON DOMESTIC) ELIGIBILITY**
*THIS FORM MAY NOT BE FAXED TO THE KHSAA. STUDENT IS NOT ELIGIBLE UNTIL RULING ISSUED BY COMMISSIONER. INCOMPLETE FORMS WILL BE RETURNED WITHOUT PROCESSING.
(All parts to be completed in English)*

1. COMPLETE THIS FORM FOR ANY STUDENT WHO IS NOT FROM THE UNITED STATES OR THE DISTRICT OF COLUMBIA WHO TRANSFERS INTO A KHSAA MEMBER SCHOOL AFTER PREVIOUSLY ATTENDING A FOREIGN OR DOMESTIC SCHOOL FOLLOWING ENROLLMENT IN GRADE NINE (9). IF THE STUDENT HAS NOT YET ATTENDED SCHOOL FOLLOWING ENROLLMENT IN GRADE NINE (9) NO RULING IS NECESSARY AS THE STUDENT IS NOT SUBJECT TO THIS BYLAW.
2. PLEASE REFER TO KHSAA BYLAW 6, SECTION 2, FOR THE SPECIFIC PROVISIONS REGARDING FOREIGN STUDENT ELIGIBILITY.
3. FOR STUDENTS COMING THROUGH AN EXCHANGE PROGRAM, COMPLETE SECTIONS A, B, C, D, AND F.
4. FOR STUDENTS NOT COMING TO THE UNITED STATES THROUGH AN APPROVED FOREIGN EXCHANGE AGENCY, THE RULING MUST COME THROUGH THE KHSAA DUE PROCESS PROCEDURE. FOR STUDENTS NOT COMING THROUGH AN APPROVED EXCHANGE PROGRAM, COMPLETE SECTIONS A, B, C, E AND F.
5. STUDENTS MAY NOT PRACTICE, SCRIMMAGE (INTER OR INTRA-SCHOOL) OR PLAY IN CONTESTS UNTIL BEING RULED ELIGIBLE BY THE COMMISSIONER'S OFFICE. MEMBER SCHOOL (S) WILL BE PENALIZED FOR SUCH PARTICIPATION.
6. THE KHSAA MEMBER SCHOOL SHALL ENSURE THAT ALL PARTS OF THIS FORM ARE COMPLETE AND LEGIBLE, AND ALL REQUIRED ATTACHMENTS ARE INCLUDED.
7. THE FORM WILL BE REVIEWED BY THE COMMISSIONER'S OFFICE AND A RULING WILL BE ISSUED.
8. A RULING WILL NOT BE ISSUED FOR A MINIMUM OF THREE (3) WORKING DAYS TO ENSURE TIME FOR VERIFICATION OF THE DATA.
9. ONLY THE PRINCIPAL AND/OR DESIGNATED REPRESENTATIVE OF A MEMBER SCHOOL MAY INQUIRE AS TO THE PROCESSING STATUS OF THE FORM.
10. THE WAIVER OF BYLAW 6 DOES NOT IN AND OF ITSELF DECLARE THE STUDENT ELIGIBLE. IT IS THE RESPONSIBILITY OF THE MEMBER SCHOOL TO VERIFY THAT THE STUDENT IS ELIGIBLE ACCORDING TO ALL OTHER BYLAWS.

A. STUDENT RECORD AND RECORDS INFORMATION

1	Name of Student as it appears on passport and/or VISA	Birth Date	
2	Name and address of KHSAA Member School at which eligibility is desired		
3	Sport(s) for which eligibility is desired		
4	Grade in school	9 th	10 th 11 th 12 th
5	Date of enrollment at KHSAA member school		
6	Name and Address of Last School Attended		
7	Last date enrolled at previously attended high school		
8	Has student completed high school (grades 12 or the equivalent) in his/her home country?	Yes	No
9	Total number of previous years in high school (foreign and domestic combined) after promotion from grade eight):		
10	Did the student participate in varsity athletics at the last high school attended (check yes or no) in his/her home country?	Yes	No
11	If 10 is yes, list sports		
12	Has student previously attended high school in United States?	Yes	No
13	If 12 is yes, list school address and enrollment dates		
14	Has this student's age been verified as meeting Bylaw 3, transcript completely translated into English and academic eligibility verified?	Yes	No
15	Does this student meet all other KHSAA eligibility rules such as being a full-time student the previous semester and not yet exceeding the semester limit (check yes or no)?	Yes	No
16	Name and Address of Birth Parents		
17	Name and Address of Host Family?		
18	Daytime Phone Number of Host Family?		
19	What specific KHSAA public/independent school district includes the address listed in Question 17 above (specific public school not school system).		
20	Is/are host (resident) family member (s) acting as a coach, administrator, faculty or staff member, or otherwise employed by the school?		
21	Is the host (resident) family a member of any sports booster organization or a sponsor of athletics at the local school?		
22	Does this host family have other students involved in interscholastic sports at the school? (If yes, list team)		

B. CLASSIFICATION (check one)

	This student is coming to my school through a Foreign Exchange Agency (complete items A, B, C, D and F, and return to KHSAA for ruling.)
	This student is not coming to my school through an approved Foreign Exchange Agency (complete item A, B, C, E and F and submit to KHSAA for further instructions.)

C. VISA VERIFICATION (check one, include US Department of State J-1 Certificate of Eligibility for Exchange Visitor (detailing status))

	This student is in the U.S. with a validated J-1 VISA.
	Other VISA (give details)

D. EXCHANGE PROGRAM SPONSORSHIP, FEES AND VERIFICATION (The following checked items have been certified and verified)

23	Name of Exchange Program		
24	Name and Address of Local Area Exchange Program Representative		Daytime Phone number of Exchange Program Representative
25	List amount of agency fee(s) paid for placement, and indicate who payment was made to for the placement.		
26	Who is responsible for the payment of placement fees to the foreign exchange agency and list that person's relationship to the school (i.e. faculty, coach, administrator, parent, none). Enclose copy of payment record (cancelled check, receipt, etc.) clearly indicating payer of fees.		
27	Amount of base tuition and fees charged to all students who attend this high school, or charged to non-district resident students.		Amount of tuition and fees charged to this student.
28	Who paid the tuition and fees to the school (if applicable) and that person's relationship to the school (i.e. faculty, coach, administrator, parent, none). Enclose copy of payment record (cancelled check, receipt, etc.) clearly indicating payer of fees.		
29	Yes	No	The national headquarters of the sponsoring organization approved placement in the host school.
30	Yes	No	Placement in host school was made by the sponsor prior to departure from the student's native country.
31	Yes	No	As host school, we are confident, upon our evaluation that this request for eligibility is within the scope of KHSAA rules.

E. FOREIGN STUDENTS NOT COMING THROUGH FOREIGN EXCHANGE PROGRAM

NOTE: Students not coming through a Board of Control approved program should submit information related to the enrollment of this student. A complete list of those programs is available on the KHSAA web site (www.khsaa.org). This information will be forwarded to the Hearing Officer of the KHSAA who will conduct an administrative hearing to determine this student's eligibility. **Students for which the one-year initial period of ineligibility is waived are subject to the one-year limitation on eligibility.** The school and/or student will be notified of the time and place of the hearing. Further details can be found in the KHSAA Due Process Procedure in the KHSAA Handbook.

Please describe in complete detail the circumstances surrounding this student's arrival in the United State and desire to attend the member school. Attach additional correspondence if necessary.

F. SIGNATURES AND CERTIFICATIONS

I understand that if the waiver of the one-year period of ineligibility is granted, this student shall not be eligible for more than one year of athletic participation under any circumstances.

32	Exchange Student Signature		Date	
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I understand that if the waiver of the one-year period of ineligibility is granted, this student shall not be eligible for more than one year of athletic participation under any circumstances.

33	Host Family Signature		Date	
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As Principal or Designated Representative of this KHSAA member school, I hereby verify that this student meets all eligibility rules and regulations as promulgated; hereby certify that the student was not recruited for athletic purposes by any official or unofficial representative of the school and that the placement of this student in this school was random as required by Bylaw 10.

It is the recommendation of the undersigned Principal or Designated Representative that the period of ineligibility for transferring students (one year from the date of enrollment) be waived and that he/she be declared eligible immediately to represent my school in interscholastic athletics. I understand that if the waiver of the one-year period of ineligibility is granted, this student shall not be eligible for more than one year of athletic participation under any circumstances

34	Principal / Designated Representative Signature		
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35	Position at the School		Email Address (for data gathering purposes only, no rulings can be made via electronic mail)	
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36	Daytime Phone Number		Date Signed	
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For KHSAA use only

Approved		The student is eligible upon receipt of notification from the Commissioner's office.
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Denied		This student is ineligible.
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Referred		Referred directly to Hearing Office in accordance with Bylaw 6, Section 2 as this student has not come through an approved Foreign Exchange Agency
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Commissioner's Signature		Signature Date	
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Notes for Transfer Correspondence			
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Notes for File			
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The complete text of Bylaw 6, Transfer Rule, is contained in the KHSAA Handbook as well as interpretations that have established enforcement precedents. Rulings are issued based solely on the issue of Bylaw 6, Transfer Rule. No verbal statement in addition or in contradiction to these materials shall apply. It is the School obligation to inform the student of this ruling. If facts or circumstances change, contact the Commissioner because this could affect or change the ruling. If a participant, parent, contest official, coach or member school is dissatisfied with this decision, an appeal may be taken in the manner and within the time set forth in the KHSAA Due Process Procedure.

Heat Index Calculation and Chart Temperature (In Fahrenheit)

Relative Humidity at Site

	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99
100	84	87	91	95	99	103	107	112	116	121	126	132	137	143	149	155	161	168	174	181	188
99	84	87	91	94	98	102	106	111	116	120	125	131	136	142	147	153	160	166	172	179	186
98	84	87	90	94	98	102	106	110	115	120	124	130	135	140	146	152	158	164	171	177	184
97	84	87	90	94	97	101	105	110	114	119	124	129	134	139	145	151	157	163	169	176	182
96	83	87	90	93	97	101	105	109	113	118	123	128	133	138	144	149	155	161	167	174	180
95	83	86	90	93	97	100	104	108	113	117	122	127	132	137	142	148	154	160	166	172	179
94	83	86	89	93	96	100	104	108	112	116	121	126	131	136	141	147	152	158	164	170	177
93	83	86	89	92	96	99	103	107	111	116	120	125	130	135	140	145	151	157	162	169	175
92	83	86	89	92	95	99	103	106	111	115	119	124	129	133	139	144	149	155	161	167	173
91	83	86	89	92	95	98	102	106	110	114	118	123	127	132	137	143	148	154	159	165	171
90	83	86	88	91	95	98	102	105	109	113	117	122	126	131	136	141	147	152	158	164	170
89	83	85	88	91	94	98	101	105	109	113	117	121	125	130	135	140	145	151	156	162	168
88	83	85	88	91	94	97	101	104	108	112	116	120	125	129	134	139	144	149	155	160	166
87	83	85	88	91	94	97	100	104	107	111	115	119	124	128	133	138	143	148	153	159	164
86	83	85	88	90	93	96	100	103	107	110	114	118	123	127	132	136	141	146	152	157	163
85	83	85	87	90	93	96	99	102	106	110	113	117	122	126	130	135	140	145	150	155	161
84	82	85	87	90	93	96	99	102	105	109	113	117	121	125	129	134	139	144	149	154	159
83	82	85	87	90	92	95	98	101	105	108	112	116	120	124	128	133	137	142	147	152	158
82	82	85	87	89	92	95	98	101	104	108	111	115	119	123	127	132	136	141	146	151	156
81	82	84	87	89	92	94	97	100	104	107	110	114	118	122	126	131	135	140	144	149	155
80	82	84	86	89	91	94	97	100	103	106	110	113	117	121	125	129	134	138	143	148	153
79	82	84	86	89	91	94	96	99	102	106	109	113	116	120	124	128	133	137	142	146	151
78	82	84	86	88	91	93	96	99	102	105	108	112	115	119	123	127	131	136	140	145	150
77	82	84	86	88	90	93	96	98	101	104	108	111	115	118	122	126	130	135	139	144	148
76	82	84	86	88	90	93	95	98	101	104	107	110	114	117	121	125	129	133	138	142	147
75	82	84	85	88	90	92	95	97	100	103	106	109	113	116	120	124	128	132	136	141	145
74	82	83	85	87	89	92	94	97	100	103	106	109	112	116	119	123	127	131	135	140	144
73	82	83	85	87	89	91	94	96	99	102	105	108	111	115	118	122	126	130	134	138	143
72	82	83	85	87	89	91	93	96	99	101	104	107	111	114	117	121	125	129	133	137	141
71	81	83	85	87	89	91	93	96	98	101	104	107	110	113	116	120	124	127	131	136	140
70	81	83	85	86	88	90	93	95	98	100	103	106	109	112	116	119	123	126	130	134	138
69	81	83	84	86	88	90	92	95	97	100	102	105	108	111	115	118	122	125	129	133	137
68	81	83	84	86	88	90	92	94	97	99	102	105	108	111	114	117	121	124	128	132	136
67	81	83	84	86	88	90	92	94	96	99	101	104	107	110	113	116	120	123	127	131	135
66	81	82	84	86	87	89	91	93	96	98	101	103	106	109	112	115	119	122	126	129	133
65	81	82	84	85	87	89	91	93	95	98	100	103	105	108	111	114	118	121	125	128	132
64	81	82	84	85	87	89	91	93	95	97	99	102	105	108	110	114	117	120	123	127	131
63	81	82	84	85	87	88	90	92	94	97	99	101	104	107	110	113	116	119	122	126	130
62	81	82	83	85	86	88	90	92	94	96	98	101	103	106	109	112	115	118	121	125	128
61	81	82	83	85	86	88	90	91	93	96	98	100	103	105	108	111	114	117	120	124	127
60	81	82	83	84	86	88	89	91	93	95	97	100	102	105	107	110	113	116	119	123	126
59	81	82	83	84	86	87	89	91	93	95	97	99	102	104	107	109	112	115	118	122	125
58	81	82	83	84	85	87	89	90	92	94	96	99	101	103	106	109	111	114	117	120	124
57	80	81	83	84	85	87	88	90	92	94	96	98	100	103	105	108	111	113	116	119	123
56	80	81	83	84	85	86	88	90	92	93	95	98	100	102	105	107	110	113	115	118	122
55	80	81	82	84	85	86	88	89	91	93	95	97	99	101	104	106	109	112	114	117	120
54	80	81	82	83	85	86	87	89	91	93	94	96	99	101	103	106	108	111	114	116	119
53	80	81	82	83	84	86	87	89	90	92	94	96	98	100	103	105	107	110	113	116	118
52	80	81	82	83	84	86	87	88	90	92	94	96	98	100	102	104	107	109	112	115	117
51	80	81	82	83	84	85	87	88	90	91	93	95	97	99	101	104	106	108	111	114	116
50	80	81	82	83	84	85	86	88	89	91	93	95	97	99	101	103	105	108	110	113	115
49	80	81	82	83	84	85	86	88	89	91	92	94	96	98	100	102	105	107	109	112	115
48	80	81	81	82	84	85	86	87	89	90	92	94	96	97	100	102	104	106	109	111	114
47	80	81	81	82	83	85	86	87	88	90	92	93	95	97	99	101	103	105	108	110	113
46	80	80	81	82	83	84	86	87	88	90	91	93	95	96	98	100	103	105	107	109	112
45	80	80	81	82	83	84	85	87	88	89	91	92	94	96	98	100	102	104	106	109	111
44	80	80	81	82	83	84	85	86	88	89	91	92	94	96	97	99	101	103	106	108	110
43	79	80	81	82	83	84	85	86	87	89	90	92	93	95	97	99	101	103	105	107	109
42	79	80	81	82	83	84	85	86	87	88	90	91	93	95	96	98	100	102	104	106	109
41	79	80	81	82	82	83	85	86	87	88	90	91	93	94	96	98	100	101	104	106	108
40	79	80	81	81	82	83	84	85	87	88	89	91	92	94	95	97	99	101	103	105	107

- Under 95 HI**
 - ❖ All sports - Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire; Mandatory water breaks every 30 minutes for 10 minutes in duration; Ice-down towels for cooling
 - ❖ Watch/monitor athletes carefully for necessary action
- 95 HI to 99 HI**
 - ❖ All sports - Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire; Mandatory water breaks every 30 minutes for 10 minutes in duration; Ice-down towels for cooling; Watch/monitor athletes carefully for necessary action.
 - ❖ Contact sports and activities with additional equipment - Helmets and other possible equipment removed if not involved in contact or necessary for safety.
 - ❖ Reduce time of outside activity. Consider postponing practice to later in the day.
 - ❖ Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.
- 100 HI to 104 HI**
 - ❖ All sports - Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire; Mandatory water breaks every 30 minutes for 10 minutes in duration; Ice-down towels for cooling; Watch/monitor athletes carefully for necessary action; Alter uniform by removing items if possible; Allow for changes to dry t-shirts and shorts; Reduce time of outside activity as well as indoor activity if air conditioning is unavailable; Postpone practice to later in day.
 - ❖ Contact sports and activities with additional equipment - Helmets and other possible equipment removed if not involved in contact or necessary for safety. If necessary for safety, suspend activity.
 - ❖ Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.
- Above 104 HI**
 - ❖ All Sports - Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable.



KHSAA ATHLETIC ADMINISTRATOR'S WORKSHOP REGISTRATION

KHSAA Form GE45
Rev. 07/05

School: _____

The KHSAA will be providing lunch from Chick-Fil-A.

PLEASE PRINT CLEARLY

Persons Attending: Name

Position in School

_____	_____
_____	_____
_____	_____

To better prepare for the meeting, you may have encountered questions you need answered or discussed. Please list three items, in priority order, to be addressed at the workshop if time permits:

1 _____

2 _____

3 _____

Signature

Date

Fax this form to KHSAA (859) 293-5999 on or before Tuesday, August 9, 2005 so that we have an accurate count for copies and lunch.



Kentucky High School Athletic Association

**2005-2006 Workshop For High School Cheer Coaches
Registration Form**



Conducted By & Held At:
The Kentucky High School Athletic Association
2280 Executive Drive, Lexington, Kentucky 40505
Date: Saturday August 27, 2005
Registration starts at 8:00 a.m.

Session I (Morning) : 8:30 a.m. – 11:30 a.m.
Topics

KHSAA Regulations
National Federation Spirit Rules and Rule Changes
NFHS Spirit Rules Book Interpretations

11:30-12:00 p.m. Lunch

Session II: 12:00 p.m. – 4:30 p.m.

NFHS Spirit Coaches Education Program: **“SPIRIT PROGRAM MANAGEMENT”**
This is a Silver Level course. The Bronze and Silver Level courses can be taken
in any order.

Whether you are a new or experienced spirit coach, you need both technical knowledge and professional coaching education to excel. It is simply not enough to have been a cheerleader or dancer; coaches need education in coaching techniques to lead, mentor, and impart positive aspects of spirit activities in addition to teaching skills.

To receive credit, you must attend the entire SPM course. At the end of the Spirit Program Management course you will receive a certificate. No test required.

Registration Fees:

Check appropriate box

Session I (Morning Session Only)	\$30.00	<input type="checkbox"/>
Full Day (Both Sessions or Afternoon only)	\$60.00 (Includes course materials & certificate)	<input type="checkbox"/>
AMOUNT ENCLOSED		\$ _____

Registration Required By: Wednesday, August 10, 2005

(Check shall be made payable to KHSAA)

To Guarantee A Reservation Mail Registration & Payment To:

Kentucky High School Athletic Association
2280 Executive Drive
Lexington, Kentucky 40505
Attn: Phyllis Sallee

Full Day (Both Sessions or Afternoon only if you register after **August 10, 2005** **\$75.00**

Name: _____

Address: _____

E-mail Address: _____

Daytime Telephone Number: _____

School Name: _____ School Phone: _____

Number of Years as a Cheer Coach _____ Please indicate any rules questions you would like to see addressed? _____

Space is limited and will be reserved on a first come first served basis.

*Attendees are asked to bring their 2005/06 National Federation Spirit Rules Book AND a tape of any stunts about which you have questions.



2005-2006 KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION CHEERLEADING CLINIC

Saturday, August 27, 2005

Location: KHSAA

2280 Executive Drive, Lexington, KY. 40505

Clinicians:

Brigid DeVries – KHSAA Commissioner

**Kathy Tadlock – Former Chair of the
National Federation Spirit Rules Committee**

Lucy Moore – KAPOS President

**Donna Robinson Wilson – Cheer Coach
Henry Clay High School**

Coordinator: Phyllis Sallee – KHSAA Administrative Support Specialist

AGENDA

8:00 A.M.	Registration	Gayle Mills, Donna Tackett & Phyllis Sallee
8:30 A.M.	Welcome & KHSAA Regulations Relating to Cheerleading	Brigid DeVries
9:00 A.M.	NFHS Spirit Rules with Questions & Answers	Kathy Tadlock
9:45 A.M.	Break	
10:00 A.M.	Continuation of Spirit Rules & Video Interpretations	Kathy Tadlock
10:30 A.M.	Stunts & Demonstrations	Donna Robinson Wilson & Henry Clay Cheerleaders
11:30-12:00 P.M.	Lunch (Provided)	
12:00 P.M.	“Spirit Program Management”	Kathy Tadlock, Lucy Moore
4:30 P.M.	Wrap Up and Final Comments	

2005-06 KHSAA RULES CLINICS

(As of May 5, 2005)

It is an Association requirement that each licensed official and head coach attend a rules interpretation clinic conducted by the KHSAA (ByLaw 26, Sec. 2). Officials who have not met the requirement will not be permitted to officiate any postseason contest. Coaches who have not met the requirement will not be permitted to coach any postseason contest. For 2005-06, approved KHSAA rules clinic sites and dates. ALL TIMES ARE LOCAL.

BASEBALL

(All times are 7 p.m., unless noted otherwise)

- 1/14 Louisville, Holiday Inn, Fern Valley
(w/ Coaches Conference, registered coaches only), 11:00 a.m.
- 1/25 Florence, Boone Co. HS
- 1/29 Cadiz, Trigg Co. HS, 5:00 p.m.
- 1/30 London, North Laurel HS
- 1/31 Bowling Green HS
- 2/4 Paintsville, Johnson Central HS, 9:00 a.m.
- 2/8 Lexington, Tates Creek HS
- 2/12 Elizabethtown, John Hardin HS, 3:00 p.m.
- 4/12 Makeup Clinic (\$75 Fine) Lexington, KHSAA Office, 1:30 p.m.

BASKETBALL

(All times are 7 p.m., unless noted otherwise)

- 10/10 Paris, Bourbon Co. HS
- 10/11 Newport HS
- 10/12 London, South Laurel HS
- 10/13 Grayson, East Carter HS
- 10/17 Louisville, Male HS
- 10/18 Bardstown, Nelson Co. HS
- 10/19 Eastern, Allen Central HS
- 11/7 Owensboro, Apollo HS
- 11/8 Eddyville, Lyon Co. HS
- 11/9 Bowling Green HS
- 12/14 Make-Up Clinic (\$75 fine) Lexington, KHSAA Office, 1:30 p.m.

CROSS COUNTRY

(All times are 7 p.m., unless noted otherwise)

- 7/21 Somerset, Pulaski Co. HS
- 7/25 Covington Catholic HS
- 7/26 Ashland, Boyd Co. HS
- 7/27 Elizabethtown, John Hardin HS
- 7/28 Louisville, Christian Academy HS
- 7/31 Bowling Green HS, 5:00 p.m.
- 8/8 Cadiz, Trigg Co. HS
- 8/16 Lexington, Tates Creek HS
- 9/14 Makeup Clinic (\$75 Fine) Lexington, KHSAA Office, 1:30 p.m.

FIELD HOCKEY

(All times are 7 p.m., unless noted otherwise)

- 7/26 Louisville, Assumption HS
- 8/2 Louisville, Sacred Heart HS
- 8/6 Louisville (Play Day), Louisville Collegiate HS,
10 a.m.-12 p.m. and 1 p.m.-3 p.m.

FOOTBALL

(All times are 7 p.m., unless noted otherwise)

- 7/31 Bowling Green HS, 3:00 p.m.
- 8/2 London, North Laurel HS
- 8/3 Newport, HS
- 8/4 Louisville, Christian Academy HS
- 8/9 Mayfield HS
- 8/10 Lexington, Tates Creek HS
- 8/11 Elizabethtown, John Hardin HS
- 8/14 Paintsville, Johnson Central HS, 3:00 p.m.
- 9/21 Makeup Clinic (\$75 Fine) Lexington, KHSAA Office, 1:30 p.m.

GOLF

(All times are 7 p.m., unless noted otherwise)

- 7/13 Owensboro, Daviess Co. HS
- 7/20 London, South Laurel HS
- 7/21 Florence, Boone Co. HS
- 7/27 Paintsville, Johnson Central HS
- 7/28 Lexington, KHSAA Office
- 8/16 Bowling Green HS
- 8/17 Murray HS
- 8/18 Louisville, Christian Academy HS
- 9/13 Make-Up Clinic (\$75 Fine), Lexington, KHSAA Office

SOCCER

(All times are 6:30 p.m., unless noted otherwise)

- 7/27 Grayson, East Carter HS
- 7/29 Frankfort (w/Coaches Association Conference), Holiday Inn
- 8/1 Louisville, Fern Creek, 7:00 p.m.
- 8/6 Cadiz, Lake Barkley State Resort, (w/WKSOA Meeting), 11 a.m.
- 8/7 Bowling Green HS, 2:00 p.m.
- 8/8 Elizabethtown, HS
- 8/10 Erlanger, St. Henry HS
- 8/11 Somerset, Pulaski Co. HS
- 9/8 Make-Up (\$75 Fine) Lexington, KHSAA Office, 1:30 p.m.

SOFTBALL

(All times are 6:30 p.m., unless noted otherwise)

- 1/21 Danville, W/KSCA Conference, Site TBA, 1:00 p.m.
- 1/22 London, North Laurel HS, 3:00 p.m.
- 1/23 Florence, Boone Co. HS
- 1/25 Lexington, Paul Dunbar HS
- 1/29 Cadiz, Trigg Co. HS, 3:00 p.m.
- 1/30 Bowling Green HS
- 2/4 Paintsville, Johnson Central HS, 11:00 a.m.
- 2/6 Bardstown HS
- 2/8 Louisville, Christian Academy HS
- 4/12 Make-Up (\$75 Fine) Lexington, KHSAA Office, 1:30 p.m.

SWIMMING

(All times are 6 p.m., unless noted otherwise)

- 8/30 Lexington, Paul Dunbar HS, TBA
- 9/17 Madisonville, Madisonville-North Hopkins HS, 9:00 a.m.
- 9/17 Bowling Green HS, 4:00 p.m.
- 9/19 Covington, Scott HS
- 9/21 Louisville, St. Xavier HS
- 11/15 Make-Up (\$75 Fine) Lexington, KHSAA Office, 1:30 p.m.

TRACK

(All times are 7 p.m., unless noted otherwise)

- 1/23 Somerset, Pulaski Co. HS
 - 1/24 Louisville, Christian Academy
 - 1/29 Cadiz, Trigg Co. HS
 - 2/1 Bowling Green HS
 - 2/2 Covington Catholic HS
 - 2/12 Elizabethtown, John Hardin HS, 5:00 p.m.
 - 2/22 Lexington, Tates Creek HS
 - 3/5 Paintsville, Johnson Central HS, 3:00 p.m.
 - 4/11 Makeup Clinic (\$75 Fine) Lexington, KHSAA Office
- An additional track clinic may be added to coincide with the KTCCCA State Conference.*

VOLLEYBALL

(All times are 7 p.m., unless noted otherwise)

- 7/25 Lexington, KHSAA Office
- 7/26 Louisville, Fern Creek HS
- 8/7 Cadiz, Trigg Co. HS, 2:00 p.m.
- 8/8 Bowling Green HS
- 8/9 Owensboro, Daviess Co. HS
- 8/10 Covington, Scott HS
- 8/11 Paintsville, Johnson Central HS
- 8/14 Bardstown HS, 3:00 p.m.
- 8/15 Morehead, Rowan Co. HS
- 8/22 London, North Laurel HS
- 9/21 Make-Up Clinic (\$75 Fine) Lexington, KHSAA Office

WRESTLING

(All times are 7 p.m., unless noted otherwise)

- 10/5 Hebron, Conner HS
- 10/6 Louisville, Christian Academy HS
- 10/9 Princeton, Caldwell Co. HS, 3:00 p.m.
- 10/10 Lexington, KHSAA
- 10/12 Make-Up Clinic (\$75 Fine) Lexington, KHSAA Office, 1:30 p.m.



Kentucky High School Athletic Association
 2280 Executive Drive
 Lexington, KY 40505
 (859) 299-5472 • FAX: (859)293-5999
 2005-06 Publication Order Form

KHSAA Form GE44
 Revised 6/05

Name _____

School/Business _____

Address _____

City _____ **State** _____ **Zip** _____

Phone # _____ **Email** _____

Credit Card # _____ **Expiration Date** _____

	Quantity	Mail order	Walk-in	Extended Price
KHSAA PUBLICATIONS				
Athlete Magazine (1 year subscription-4 issues), each school provided two subscriptions through its Principal and Athletic Director, Superintendents are provided one, use this form to order additional.		15.00		
Year-End Athlete Results (included with subscription)		9.00	5.00	
KHSAA Handbook, each school provided two copies through its Principal and Athletic Director, Superintendents are provided one copy, use this form to order additional.		15.00	10.00	
3-Ring Handbook (insert & binder)		30.00	25.00	
3-Ring Handbook (insert)		20.00	15.00	
KHSAA Calendar, each school provided two copies through its Principal and Athletic Director, Superintendents are provided one copy, use this form to order additional.		8.00	6.00	
Statisticians Manual		9.00	7.00	
Court & Field Diagram Book		18.00	15.00	
National Federation of High Schools Record Book		16.00	13.00	
Sports Medicine Handbook		18.00	15.00	
Voices Above the Crowd, PA Manual and CD		25.00	19.00	
CHAMPIONSHIP PROGRAM AS SOLD AT EVENTS				
B & G Cross Country Program		7.00	3.00	
B & G Golf Program		7.00	3.00	
B & G Soccer Program		7.00	3.00	
B & G Swimming & Diving Program		7.00	3.00	
B & G Tennis and Track & Field Program		7.00	3.00	
Baseball Program		7.00	3.00	
Basketball (B) Program		8.00	4.00	
Basketball (G) Program		8.00	4.00	
Fast Pitch Softball Program		7.00	3.00	
Football Program		9.00	4.00	
Slow Pitch Softball Program		4.00	2.00	
Volleyball Program		7.00	3.00	
Wrestling Program		7.00	3.00	
Post-Event Results – Cross Country, Golf, Swimming, Tennis, Track or Wrestling	Sport -		5.00	3.00

PLAYING RULE BOOKS , each school that has properly reported participation is provided one copy of each through its head coach, use this form to order additional.	Quantity	Mail order	Walk-in	Extended Price
NF Baseball Rules Book		9.00	7.00	
NF Baseball Case Book		9.00	7.00	
NF Baseball Umpires Manual		9.00	7.00	
NF Basketball Rules Book		9.00	7.00	
NF Basketball Case Book		9.00	7.00	
NF Basketball Simplified & Illustrated		9.00	7.00	
NF Basketball Officials Manual		9.00	7.00	
NF Basketball Handbook		9.00	7.00	
NF Field Hockey Rules Book		9.00	7.00	
NF Football Rules Book		9.00	7.00	
NF Football Case Book		9.00	7.00	
NF Football Simplified & Illustrated		9.00	7.00	
NF Football Officials Manual		9.00	7.00	
NF Football Handbook		9.00	7.00	
NF Soccer Rules Book		9.00	7.00	
NF Softball Rules Book		9.00	7.00	
NF Softball Case Book		9.00	7.00	
NF Softball Umpires Manual		9.00	7.00	
NF Spirit Rules Book		9.00	7.00	
NF Swimming & Diving Rules Book		9.00	7.00	
NF Track & Field Rules Book		9.00	7.00	
NF Track & Field Case Book		9.00	7.00	
NF Track & Field Officials Manual		9.00	7.00	
NF Volleyball Rules		9.00	7.00	
NF Volleyball Case Book & Officials Manual		9.00	7.00	
NF Wrestling Rules Book		9.00	7.00	
NF Wrestling Case Book & Officials Manual		9.00	7.00	
MISCELLANEOUS				
NF Baseball Scorebook				
NF Basketball Scorebook		6.00	5.00	
NF Cross Country Scorebook		6.00	5.00	
NF Volleyball Scorebook		6.00	5.00	
NF Wrestling Scorebook		6.00	5.00	
NFHS Handbook		9.00	7.00	
Labels		.10/per	.10	
Listing		\$1/page	1.00	
Copies (minimum \$5 charge)		.10/page		
Total Enclosed				\$

Fax or mail your order to the KHSAA Office, attn. Marilyn Mitchell. Visa/MC orders may be taken over the phone, minimum \$15 purchase. Checks should be made payable to KHSAA. You may also order online at www.khsaa.org/publications.htm.