



Commissioner's Notes

Participation ♦ Sportsmanship ♦ Integrity *March/April 2009*

PLEASE COPY AND DISTRIBUTE TO ALL ATHLETIC DEPARTMENT PERSONNEL

FROM THE COMMISSIONER'S DESK



Hello everyone and here's hoping you are enjoying the springtime weather!

Addressing recent legislative action has taken precedence over all of our activity schedules lately. For me and my staff this has included many trips to Frankfort to be a part of discussions on the various bills that could certainly impact KHSAA

member school programs. House Bill 383 was signed into law last week by Governor Steve Brashear. Key aspects of the in the bill are as follows:

The KHSAA and the Kentucky Department of Education are to facilitate the formation of a formal "work group" to fully examine the status of sports safety in Kentucky for high school students. A report is to be completed by October 1, 2009, and reported to the Interim Joint Committee on Education by October 30, 2009.

Beginning with the 2009-10 school year, "at least one (1) person who has to have completed the course shall be at every high school athletic practice and competition". This course is to be an addition to the current coaching requirements and will include an end-of-course examination.

The legislation also states that all high school coaches will have to complete a sports safety course including achieving a required score on an examination.

We have met with the Kentucky Medical Association who will be assisting this office with an initial course and testing component to help comply with the immediate deadline "...beginning with the 2009-10 school year", outlined in the legislation. Due to the aggressive legislative timeline, this is likely the best option that can be taken until the larger "study group" can complete its' work and thoroughly review all of the sports safety programs available. At that point, this study group can select a final sports safety course (or courses) to comply with this legislation in the future. This plan of action was recommended and received favorably by the Kentucky Board of Education at their meeting on April 2, 2009.

Needless to say we will be moving very quickly to assist the member schools with the directives outlined in this legislation. We will provide additional details and information to school personnel as soon as they are available.

To review the technical wording of the bill go to the following link:
<http://www.lrc.state.ky.gov/09RS/HB383.htm>.

DAWAHARES/KHSAA HALL OF FAME

Twelve former high school coaches, athletes, officials and/or administrators make up the 22nd class to be inducted into the Dawahares/KHSAA Hall of Fame. The induction of the 12 will bring the total number of individuals honored to 367. The class of 2009 will be inducted in ceremonies scheduled for **Saturday, April 25, 2009** at the Lexington Center. For tickets, contact Butch Cope at the KHSAA.

The 2009 class is as follows: Pat Doyle, Nate Dusing, Betty Dwyer, Robin Harmon Newsome, Mark Higgs, Joe Kroh, Frank Lemaster, Marty O'Toole, John Pelphrey, Jeff Perkins, Ken Shields and Bob Tripure.

NATIONAL CITY SCHOLARSHIP WINNERS

Congratulations to the following National City Scholarship winners who were honored at the National City/KHSAA Boys' Sweet 16[®] Tournament. National City awards a one time \$1,000 scholarship to one boy and one girl from each region.

Region 1: Karisha Biggers (Mayfield), Brock Moran (Carlisle County), Region 2: Janson James (Crittenden County), Marian Owen (Livingston Central), Region 3: Chasity, Henning (Breckinridge County), James Phillip Stovall IV (Owensboro), Region 4: Marsha, Ingram (Bowling Green), Kanayo Onyekwuije (Bowling Green), Region 5: Elena Hitch (Central Hardin), Greg Shepherd (North Hardin), Region 6: Matthew West (Southern), Nathelie Zetrenne (Central), Region 7: Matthew Alex Dadds (Trinity Louisville), Catherine Montano (Mercy Academy), Region 8: Jarred Clarkson (Shelby County), Lindsay Fultz (Anderson County), Region 9: Alex Dinkel (Covington Catholic), Samantha Messmer (Highlands), Region 10: Kayla Barnoski (Mason County), Ryan Owens (Mason County), Region 11: Brandon Eggenschwiler (Paul Dunbar), Kayla Smith (Western Hills), Region 12: Ezekial Edwards (Mercer County), Jaala Mounce (Pulaski County), Region 13: Christopher Aker (Middlesboro), Candace Kirby, (South Laurel), Region 14: Christopher Coffey (Estill County), Gabrielle Spencer (Hazard), Region 15: Tyler Lemaster (Paintsville), Eleni Maroudas (Belfry), Region 16: Corey Evans (Elliott County), Elizabeth Moore (Fairview).

CHANGES IN VOLLEYBALL OFFICIALS FEES

At the September 2008 Board of Control Meeting the Board approved the following motions effective for the 2009-2010 school year as part of their every-other-four years review of the fee paid to each sport:

Increase the regular season Volleyball officiating fee from a game fee of \$37.50 to \$40, without any offsetting cuts in mileage by local and regional policy boards, effective with the 2009-10 season.

BYLAW 25 "LIMITATION OF SEASONS" REMINDER AND CLARIFICATION

Case BL-25-4– What are the restrictions for a coach being involved in the coaching of his/her own players during the school year before the first legal practice date, after the last date for playing a contest?

Coaching is defined as any activity by the coach at any time the athletes are participating in that coach's sport in a setting in which skills are taught, refined, or practiced. Coincident participation by a coach and an athlete in a sport such as a golf outing, where the coach and athlete(s) are not entered as a entry or group, or in an activity such as distance running with many runners and yet no direct coaching, would not specifically be a violation. It would however, be a violation of the Limitation of Seasons if the coach provided entry information relative to outside competition in which he/she was also a participant, encouraged or required student-athlete participation in these outside events; or if any school funds were expended (i.e. transportation provided, entry fees paid, uniforms worn, etc.) It would also be a violation during this time for the coach to utilize players from his/her team while instructing or evaluating others in camps, clinics, combines or other sport-specific activities in the coach's sport.

Specific practice and play dates are in place for each sport, and the interpretative season is the academic school year as far as coaching limitations. This limit **BEGINS ON THE FIRST DAY OF SCHOOL AND ENDS ON THE EARLIER OF THE DAY FOLLOWING THE LAST DAY OF SCHOOL OR MAY 31.** The Limitation of Seasons, Bylaw 25, affects all sports. This restricts the coach in any sport from being involved coaching students in another team from that sport from that school. For example, the girls' coach cannot coach the boys' team in outside competition, or vice-versa. In addition, during this restricted period, the high school coach cannot coach athletes in an alternative format of the sport (i.e. 3 on 3 basketball, Greco or freestyle wrestling, select soccer, etc.)

The provisions of that rule state that during the school year and prior to the first legal practice date, there shall be no practice or play as a team or individuals under the instruction, direction or teaching of a member of the coaching staff.

Coaches resigning, retiring or being otherwise relieved of coaching following a sports season who then coach competitors from that school in outside preparation or competition in that sport during the school year or dead period would render themselves ineligible to be rehired the following year to coach a team at that school in that sport regardless of a change in employment status. A coach resigning, retiring or being otherwise relieved of coaching following a sports season does not relieve himself/herself of the responsibilities such as medical

symposium attendance if in fact that are rehired for the following year.

The provisions of that rule state that following the team's last regular season contest, there shall be no further practice or play as a team or individuals under the instruction, direction or teaching of a member of the coaching staff for the remainder of the school year or until after May 31, whichever is earlier, with the exception of practice and play for the KHSAA tournament. The published exception to this restriction is that the team and coaches may continue to practice through elimination from KHSAA sanctioned post-season play.

Case BL-25-5– What are the restrictions for a coach being involved in the coaching of his/her own players during any outside (non-school) competition during the school year?

Coaches may not coach the school participants in organized non-school sports competition in that sport during the school year in that sport. Coaching is defined as any activity by the coach at any time the athletes are participating in that coach's sport in a setting in which skills are taught, refined, or practiced. Coincident participation by a coach and an athlete in a sport such as a golf outing, where the coach and athlete are placed in different groupings, or in an activity such as distance running with many runners and yet no direct coaching, would not specifically be a violation. It would however, be a violation of the Limitation of Seasons if the coach provided entry information relative to outside competition in which he/she was also a participant, encouraged or required student-athlete participation in these outside events; or if any school funds were expended (i.e. transportation provided, entry fees paid, uniforms worn, etc.)

The high school coach or any assistant coach (paid or unpaid) may not coach members of the high school team in a league outside of the school's regular season competition during the school year, regardless of the type of league. It would also be a violation during this time for the coach to utilize players from his/her team while instructing or evaluating others in camps, clinics, combines or other sport-specific activities in the coach's sport.

The Limitation of Seasons, Bylaw 25, affects all sports. This restricts the coach in any sport from being involved coaching students in another team from that sport from that school in outside competition. For example, the girls' coach cannot coach the boys' team in outside competition, or vice-versa. In addition, during this school year, the high school coach cannot coach athletes in an alternative format of the sport (i.e. 3 on 3 basketball, Greco or freestyle wrestling, select soccer, etc.)

SPORTSMANSHIP HONOREES

Congratulations to the following who were selected as Forcht Group of Kentucky Sportsmanship School Award Winners for 2008-2009. All are eligible for regional and then overall state honors. Regional winners will be invited to a reception Sunday, April 26 at Embassy Suites in Lexington.

Region 1: Alex McLanahan (Mayfield), Holly Oatman (Paducah Tilghman), Kendra Hays (Carlisle County), Hannah Ellis (Marshall County), Blake Averill (St. Mary), Gregg Gordon (Ballard Memorial), Jordan Elliott (Mayfield), Cody Forsythe (Marshall County)

Region 2: Chelsey Johnson (Madisonville-North Hopkins), Katherine Farmer (Caldwell County), Auburn Sutton (Lyon County), Sara Allen (University Heights), Katharine Phillips (Henderson County), James Smothermon (Lyon County), Will Barnes (Caldwell County), Miles Durham (Madisonville-North Hopkins), Jordan Gregory (Henderson County)

Region 3: Clarissa Smith (Muhlenberg North), Melanie Hayden (Apollo), Chasity Henning (Breckinridge County), Paige Embry (Butler County), Rachel Lindow (Daviness County), Allie Morris (Trinity-Whitesville), Rachel Greenwell (Owensboro Catholic), Dylan Ward (Owensboro), Matthew Atkins (Apollo), Chad Grubb (Butler County), Trevor Ehrenheim (Daviness County), Al Smith (Owensboro Catholic)

Region 4: Mari Catherin Reeves (Greenwood), Kathryn Johnson (Russellville), Molly Stuard (Todd Co. Central), Mogran Proffitt (Monroe County), Laura Beth Harris (Glasgow), Jordan Johnson (Logan County), Lisa Ross (Warren Central), Nickolas Winkvist (Greenwood), Hunter Carroll (Todd County Central), Jesse Pawley (Logan County), Joseph Eaton (Monroe County), Dean Johnson (Russellville), Bradley Rice (Warren Central), Kurtis Claywell (Cumberland County),

Region 5: Macy Stokes (Fort Knox), Kelsey Robinson (Nelson County), Sara Wigginton (Bethlehem), Jessica Howard (John Hardin), Ann-Micahel Goff (Green County), Auburn Wigginton (Campbellsville), Jonathan Brady (Washington County), Eric Miles (Marion County), Brian Crabtree (Bethlehem), Michael Pritchard (Nelson County), Lucas McDowell (Hart County), Hustin Kimbrough (North Hardin Christian), Ben Nelson (John Hardin), Chris Thomas (Taylor County)

Region 6: Lindsay Hester (Bullitt Central), Elizabeth Disney (Pleasure Ridge Park), Maureen Loftus (Holy Cross-Louisville), Kacie Vincent (Beth Haven), Megan Geary (Brown), Jason Creason (Bullitt Central), Doug Crawford (DeSales), Matthew West (Southern), Adam Herth (Bullitt East), Sam Ellis (Pleasure Ridge Park), Michael DeWilde (Holy Cross-Louisville)

Region 7: Avery Jones (DuPont Manual), Catherine Montano (Mercy), Clair Buchanan (Christian Academy-Louisville), Dara Stilger (Sacred Heart), Kelsey Williams (Atherton),

Haley Cade (Jeffersontown), Nicholas Jones (St. Xavier), Anthony Wilbar (DuPont Manual), Drew Ferguson (Whitefield Academy), Lucian Moreman (Jeffersontown), Chris Kinney (Christian Academy-Louisville)

Region 8: Kayla Smith (Simon Kenton), Kelsi Simpson (Oldham County), Melina Bress (Owen County), Rachel Skaggs (Cornerstone Christian), Lindsey Shipp (Grant County), Kristen Guevara (Walton-Verona), Candice Wiley (Shelby County), Lauren Richards (North Oldham), Jarred Clarkson (Shelby County), Matthew Harris (Owen County), Patrick Maurer (Cornerstone Christian), Kory Brocius (Carroll County), Rex Benson (Grant County)

Region 9: Chenae Vickers (Holmes), Megan Bailey (Villa Madonna), Alexa Abner (Newport Central Catholic), Steve Rickels (Holy Cross-Covington), George Kreutzjans (Covington Latin), Corey Stoll (Villa Madonna),

Region 10: Alison Godman (Pendleton County), Kayla Cummins (Augusta), Alexandra Rogers (Bracken County), Kayla Durden (Calvary Christian), Madison Roe (George Rogers Clark), Bonnie Jo Dailey (Harrison County), Lauren Nehus (Campbell County), Jarran Thomas (George Rogers Clark), Carson Craig (Pendleton County), Flynn Ashley (St. Patrick), Gabe Measner (Calvary Christian)

Region 11: McKenzie Bond (Tates Creek), Randa Colley (Madison Central), Tina Kirk (Woodford County), Elizabeth Horn (Berea), Rebekah Hamblin (Sayre), Danica Fick (Paul Dunbar), Daniel Griggs (Tates Creek), Terry Jarvis (Madison Central), Matt Zarth (Henry Clay), Steven Duckworth (Woodford County), Steven Willis (Paul Dunbar)

Region 12: Trey Edwards (Lincoln County), Bryan Clontz (Rockcastle County), Stephanie Salyers (Southwestern)

Region 13: Candace Kirby (South Laurel), Bethany White (Corbin), Khersie Smith (Clay County), Meredith Johnson (North Laurel), Cassandra Rorick (Pineville), Zach Lewis (Clay County), Jacob Cole (Harlan), Brian Muffly (Corbin), Wes Chandler (South Laurel), Thomas Rains (Williamsburg)

Region 14: Sheri Gilbert (Owsley County), Kayla Spencer (Wolfe County), Brooke Sewell (Estill County), Janice Miller (Cordia), Josh Collins (Cordia), Chris Hoover (Estill County), Jeremy Congleton (Breathitt County)

Region 15: Jessica Tackett (South Floyd), Kayla Pennington (Pike County Central), Christina Johnson (Pikeville), Emily Wireman (Johnson Central), Brittany Hodge (Allen Central), Audra Owens (Paintsville), Jasmine Hall (Phelps), Rebecca Vanover (East Ridge), Dillon Stiltner (Phelps), Michael Thompson (Pike County Central), Daniel Harmon (Pikeville), Chase Richardson (Johnson Central), Josh Martin (Shelby Valley), Tyler Bass (Paintsville), Tyler Pigg (East Ridge)

Region 16: Emily Collier (Bath County), Ali Wilcox (Ashland Blazer), Chelsea Williams (Menifee County), Kaitlyn Hunter (Boyd County), Tabatha Smith (Greenup County), Rachael Vanderhoof (Raceland), Brandi Mills (Fairview), Morgan Sorrell (Bath County), Tyler Boyles (Raceland), Eric Craft (Greenup County), Tim Lawson (Menifee County).

ATHLETIC DIRECTORS CORNER

There's still time to register for the 33rd Annual Kentucky High School Athletic Directors' Conference which will be April 21 – 24 at the Fern Valley Holiday Inn and Conference Center in Louisville. Contact Jim Watkins at adwatt1@insightbb.net.

DAWAHARES/KHSAA HALL OF FAME GOLF CLASSIC

The Dawahares/KHSAA Hall of Fame Golf Classic is scheduled for Tuesday, **June 16** at the Marriott Griffin Gate in Lexington. At the outing the 2010 Hall of Fame induction Class will be introduced.

Anyone interested in participating, may contact Butch Cope at the Association office.

SCHOOLS REMINDED OF CRITICAL NEED TO UPDATE INFORMATION

At this time of year, administrators and coaches are changing schools, retiring, moving to other careers, etc. This is a critical time for the KHSAA to keep its information up to date about your school.

If you are an administrator leaving your school, please take the time to update your information one last time by going through the Members Login on the KHSAA web site to update the information as of now.

Much effort has been expended by staff and the member schools over the last year in making sure of the accuracy of the information, and your cooperation is greatly appreciated. If you need password assistance, contact Marilyn Mitchell at the KHSAA (mmitchell@khsaa.org).

FALL SPORTS SCHEDULES DUE

This is a reminder to all schools that Fall Sports Schedules (Volleyball, Boys' & Girls' Soccer and Football) are due to be entered through the KHSAA website by May 15th. If you need assistance with schedule entry, please contact Marilyn Mitchell at the KHSAA.

REMAINING KHSAA STATE CHAMPIONSHIPS

| | | |
|------------|----------------------------|--|
| May 21-23 | Boys' & Girls' Tennis | UK Boone/Downing Complex, Lexington |
| May 22-23 | Boys' & Girls' Track | U of L Owsley Frazier Park, Louisville |
| June 5-6 | Fast Pitch Softball | Jack Fisher Park, Owensboro |
| June 11-13 | Forcht Bank/KHSAA Baseball | Applebee's Park, Lexington |



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MEMORANDUM

TO: KHSAA Superintendents, Principals & Athletic Directors

FROM: Commissioner Brigid L. DeVries 

DATE: March 27, 2009

RE: New amendments to KHSAA Lighting Standards include constant light levels and a life-cycle cost analysis

In 1999 we developed and adopted a set of lighting standards that apply to the lighting of all athletic activities sponsored by the KHSAA or its member schools. We have adopted two new amendments to those standards which went into effect June 1, 2008.

Due to the advancement of technology in player equipment and the ever-increasing speed of play of today's athletes, we felt it was important to continue our efforts to achieve the best standards for safer lighted playing fields. Current economic concerns make considering the total costs of a lighting system – including long-term energy, maintenance, and operating costs – essential to ensuring you get the best value for your money.

As part of our partnership with Musco Sports Lighting, a copy of the amendments is included. In addition, we are enclosing a letter from their representative, Curt Mickey. He is offering some additional information which we believe you will find useful when you are defining your upcoming lighting projects.

We look forward to working with you and our partners, such as Musco Sports Lighting, to ensure our athletes are able to play in safe environments.

Enclosures



The Kentucky High School Athletic Association has developed Lighting Standards that apply to the lighting of all athletic activities sponsored by the KHSAA or its member schools. The standards were adopted in 1999. The following amendments have been made effective June 1, 2008.

Modifications to the methods for designing light levels on the field

A. 3. Footcandle Documents

The manufacturer of the lighting equipment shall provide drawings showing average horizontal constant light levels. If constant light levels cannot be provided, manufacturer shall provide two drawings showing the horizontal footcandle quantity at each point of measurement on the field. One drawing is to show the initial quantity of light to be provided when the fixtures and lamps are new. The second drawing is to show maintained light levels, which should be 70% of the initial light levels. These drawings shall be in compliance with the minimum standards established above. Measured average illumination levels shall be +/- 10% of the predicted mean in accordance with IESNA RP-6-01.

Addition of Life Cycle Cost Analysis to II. Desirable Features.

G. Life Cycle Cost Analysis

Due to lighting system efficiency and warranties provided, operating costs for the lighting system can vary by 50% or more. Owners should expect a quality lighting system to last a minimum of 25 years. It is recommended to complete a Life Cycle Cost Analysis based on 25 years, including costs for energy consumption based upon the facility's expected usage, cost for group lamp replacements, spot relamping, maintenance and any additional savings in energy or labor costs provided by on/off control systems. Contract price and life cycle operation costs should both be considered in determining a lighting manufacturer for the project.

We anticipate that the Kentucky High School Athletic Association Lighting Standards will be reprinted as supplies deplete. In the meantime, please include the above amendments in compliance with KHSAA lighting standards.



News Bulletin: Amendments Made to KHSAA Lighting Standards

Dear KHSAA Member,

The KHSAA recently released updated on-field lighting standards. Amendments to the standards require documentation of constant light levels and recommend consideration of life-cycle costs when purchasing a sports-lighting system.

Musco Lighting is committed to helping KHSAA members meet their needs for safety and value. Musco's latest technology Light Structure Green™ also offers these important benefits:

- 50% savings of operating costs through reduced energy consumption and an automated on/off Control-Link® system
- 100% of maintenance costs eliminated for 25 years, including lamp replacements
- 50% less off-site spill and glare, protecting the environment and helping you remain a good neighbor

I'd like to offer you a **free consultation** to discuss your lighting goals. Call **800/825-6030** to get more information and to arrange a meeting. If you prefer, complete and mail the enclosed postage-paid card and I'll send you a brochure about Light-Structure Green. I'll also include the story of a community already experiencing the value that energy-efficient sports lighting can offer. To get this information instantly, visit www.musco.com/dm323.

I look forward to being a part of your team to make your energy-efficient lighting project a reality.

Sincerely,

A handwritten signature in black ink that reads "Curt Mickey".

Curt Mickey
Musco Sales Representative

P.S. Would you like to have a **free consultation** to learn how Musco's Light-Structure Green can save you money in energy and operating costs? Call **800/825-6030** today!