

NELSON COUNTY HIGH SCHOOL

**SPORTS**

502 349 7010 Ex 2685

Bill Broaddus A D

350 2685

April 27, 2016

TO Sharon Tippett KHSAA Title 9 FROM BILL BROADDUS A D

**TRAVEL & PER DIEM ALLOWANCES FOR ATHLETICS**

All athletic travel and per diem of student athletes shall be governed by the following criteria:

1. The athletic department will not provide monies for the purchase of meals during the regular season.
2. In the event that a team or individual makes the state tournament in their sport, the athletic department will purchase one meal per day during the team's or individual's stay at the state contest. Meal money will not exceed \$25.00 per day per coach, team member & or individual.
3. Hotel rooms will be purchased by the athletic director or his designee to insure that boys and girls are treated equally during their stay at tournament sites.
4. The athletic department will provide the transportation needed for each team and or individual who advance to the region and or state tournaments in their respective sport.
5. Each female and male athletic team will be given the opportunity to participate in one out-of-state tournament each year. All out-of-state events must be approved by the Nelson County Board of Education
6. The head coach shall submit travel requests for bus transportation the the Athletic Director prior to the start of the competition season. Any additional requests must be made one week in advance before transportation is required.
7. Student athletes shall ride the athletic bus to any scheduled event if provided.
8. All student athletes traveling by bus to school sponsored activities must return to the school on the same bus unless the parent or legal guardian personally addresses the coach or other supervising school authority and takes custody of their child and signs them out with the coach.

**PUBLICITY – REGULATIONS DISPLAYING BANNERS & ATHLETIC PICTURES**

Nelson County High School will display banners in the gym for all district & region champions. The banners for each sport will have the year of the district & regional championships along with region runner-ups. The banners will also display the year of any team state championship, or any state runner-up. Additional years of district, regional, state championships, or state runner-ups will be added as the teams win their tournaments.

Team pictures to be displayed within the school must first have SBDM approval. Any expenses associated with displaying the pictures will be borne by the sport or a donation from an outside group. Only team regional championships, team state championship, or team state runner-up picture requests may be presented to the school's SBDM committee for approval to be displayed in the school's hallways.

## NELSON COUNTY HIGH SCHOOL LOCKER ROOM ASSIGNMENTS

2016

	Girls	Boys	
Girls' basketball	XX		Main gym
Boys' basketball		XX	Main gym
Archery	XX	XX	IN 9TH GYM two dressing rooms
Baseball		XX	Baseball dressing room
Bass fishing		XX	Home or at the lake
Bowling	XX	XX	Bowling Alley
Boys' golf		XX	Golf club house
Boys' soccer		XX	Boys dressing room - multipurpose room
Cheerleading	XX		Cheer dressing room in main gym
Cross Country	XX	XX	Cross country building
Football		XX	Football dressing room
Girls' golf	XX		Golf club house
Girls' soccer	XX		Girls dressing room -- multipurpose room
Softball	XX		Softball dressing room
Swimming	XX	XX	Swimming pool dressing rooms
Tennis	XX	XX	Dressing rooms in 9th gym
Track	XX	XX	Track building
Volleyball	XX		Girls dressing room -- main gym
Wrestling		XX	Extra boys dressing room in main gym

**Nelson County Weight Room Schedule for 2015 - 2016**

	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Friday</b>	<b>Sat</b>
<b>Fall</b>						
Football	3:30 XX	XX	XX	XX		
Cross country	3:30				XX	
Girls soccer	9:00 XX	Summer	XX			
Swimming	4:30	XX		XX		
Basketball girl Preseason	4:30 XX		XX			9:00 XX
<b>Winter</b>						
Baseball	5:30 XX	XX	XX			
Football	3:30 XX	XX	XX	XX		
Wrestling	4:30	XX	XX		XX	
Girls golf	4:30 XX			XX		
Girls softball	10:00					XX
<b>Spring</b>						
Football	3:30 XX	XX	XX	XX		
Track	3:30				XX	
Girls Golf	4:30 XX			XX		

**P E classes -- Weight / Strength Unit -- 15 times throughout the year during school**

**Strength & conditioning classes      Three times a week for each semester**

Schedule for the trainer -- Cody James for Nelson County High School  
2015-2016

July 10, 2015, May 20, 2016                      Whatever sport is in season

Mon, Wed, Fri. Cody arrives at 2:30 pm at school and covers all practices and games  
for that day                      among all sports in season

Tues & Thurs -- Cody arrives at 3:30 pm at school and rotates among the sports according  
to the needs for that day

He covers all home practices and games plus district and regional events held at Nelson  
County High School

Fall sports

- Boys golf & Girls golf @ school
- Cheerleading
- Cross Country
- Football
- Soccer boys
- Soccer girls
- Volleyball

Winter sports

- Basketball girls
- Basketball boys
- Cheerleading
- Swimming @ school
- Wrestling

Spring sports

- Baseball
- Softball
- Tennis
- Track