Sec. 1) BASKETBALL
a) Restrictions from First Day of School through Day Before the First Day of Practice
(1) From the first day of school through the day before the first legal day of practice, no student, who after enrolling in grade nine (9) has subsequently been a contestant in basketball at that school at any level (grades 9-12) and has eligibility remaining in basketball, may not participate in:
   a. any manner on any nonschool sponsored team in basketball;
   b. any all-star game in basketball;
   c. any type of organized competition in basketball or variation of basketball except competition that meets the camp restrictions as detailed below in subsection (2);
   d. sports-specific instruction by a member of a member school coaching staff or another individual with a direct connection to a member school without the documented authorization of the student’s enrolled school principal or designated representative, or
   e. any other event not sanctioned by the Board of Control.
(2) Permissible competition by males during this period shall include:
   a. only those camps that are held on the campus of an NCAA or NAIA member institution or conducted by a single NCAA or NAIA member institution within a 100-mile radius of the NCAA or NAIA member institution’s campus, when the only available coaches in attendance for evaluation are the employed coaches of that institution; and
   b. attendance at a one-day exposure event during the period beginning with the first date of the NCAA men’s recruiting period (contact and evaluation periods) and through October 14 and only for events solely funded by the student and his family that cannot extend over multiple days.
(3) Permissible competition by females during this period shall include:
   a. permitted evaluations held at nonscholastic women’s basketball events during contact periods designated for permissible evaluation by NCAA coaches.
   b. attendance at a one-day exposure event during the period beginning with the first date of the NCAA women’s recruiting period (contact and evaluation periods) and through October 14 and only for events solely funded by the student and her family that cannot extend over multiple days.
b) Restrictions from First Day of School through the Last Scheduled Contest
(1) From the first day of school through the last scheduled contest played in basketball (including KHSAA-sanctioned postseason contests) by the school, no student who, after enrolling in grade nine (9) has been a contestant in basketball at that school at any level (grades 9-12) and has eligibility remaining in basketball, may participate in any manner on any nonschool sponsored team in basketball; in any all-star game in basketball; or any type of organized competition in basketball or variation of basketball unless it has been sanctioned by the Board of Control.
c) Restrictions following the End of Season
(1) Following the team’s last scheduled game (including postseason), there are no restrictions on play in basketball for the student-athletes except the published restrictions in Bylaw 23.

Sec. 2) FOOTBALL
a) Restrictions from First Day of Practice through Last Scheduled Contest
(1) From the first day of practice with the school through the last scheduled contest played in football (including KHSAA-sanctioned postseason contests) by the school, no student who, after enrolling in grade nine (9) has subsequently been a contestant in football at that school, at any level (grades 9-12) and has eligibility remaining in football may participate in:
   a. any manner on any nonschool sponsored team in football;
   b. any all-star game in football;
   c. any type of organized competition in football or variation of football unless it has been sanctioned by the Board of Control.
b) Restrictions following the End of Season
(1) Following the team’s last scheduled game (including postseason), there are no restrictions on play in football for the student-athletes except the published restrictions on the issuance of equipment detailed in Bylaw 23.

Case BL-9-1: Why are there restrictions on basketball and football participants that prevent them from playing in outside competition during the school year, prior to the end of their competitive seasons?
A restriction on nonschool athletic participation in these sports attempts to protect students who choose to participate on their school’s athletic teams from exploitation by those who seek to capitalize on their skill and/or reputation. In addition, the restriction:
(1) Avoids inherent risks to participation in nonschool athletic programs that may have inadequate administrative oversight;
(2) Discourages outside entities from pressuring student-athletes to miss classes while competing on nonschool teams or in nonschool events;
(3) Equalizes competition by reducing any unfair advantage students who participate in nonschool athletics may have over those who do not participate in outside events, and
(4) Reduces distractions from academic preparation and other school responsibilities.
A nonschool athletic participation restriction in these sports also provides some control over the trend towards year-round competitive sports seasons and operates to reduce, or even eliminate, conflicts which may arise due to: time conflicts of practices, games, playoffs, differing coaching philosophies of the school coaching staff and the nonschool coaching staff, and team loyalties.

Case BL-9-2: What specifically is permissible, and not permissible for basketball players to participate in after the first day of school?
The following situations would be expressly prohibited:
(1) Any play involving more than two (2) people at a time where score is kept, either among the players, on a flip scoreboard, digital scoreboard, or using any other device;
(2) Any play involving a third party acting in the role of a contest official, whether or not the person is a licensed or approved official;
(3) Any type of play against other players where the teams are selected either prior to arrival or after arrival, by any other method than simple player selection by the players themselves; (4) Any play at any event where school funds are expended for participation fees, travel or any other expense, including fees paid by booster organizations or any member of the coaching staff;
(5) Any play where future pay is predicated by the outcome of other pay at or preceding the event;
(6) Any play at which players wear school team identifying apparel of any type; and
(7) Any regular or scheduled practice with a team or group unaffiliated with the member school.
The following situations would be permitted:
(1) Activity such as individual play or skill development or technique drills where neither score nor time are kept and future play is not predicated by results of other play;
(2) “Pick-up” type of action initiated solely by players, and with no coaches of any type; event organizers, promoters, referees, scorekeepers or event sponsors having any involvement in the activity whatsoever; or
(3) Any individual instructional activity fully funded by the student participant at his/her own expense.

Case BL-9-3: For the purposes of Bylaw 9, when are the seasons for basketball and football?
For the interpretation of this rule, the basketball and football seasons are considered to start on the opening date of
school. Student-athletes who have both been enrolled in grade nine, and participated in a contest at the high school level (freshmen, junior varsity or varsity) cannot participate in outside competition during this time.

**Case BL-9-4- Does Bylaw 9 apply to participants in any sport other than basketball or football?**
No. There are no restrictions on the student-athletes in sports other than football and basketball as it relates to outside competition during the season or prior to the season beginning.

**Case BL-9-5- Does Bylaw 9 restrict a student who hasn't yet played for the school in basketball from playing in an outside league or in any other organized competitive setting in basketball during the school year prior to the season?**
No, not until he/she has been enrolled in grade nine and played for a team in a contest at any level (grades 9-12) within the school. The restriction, which also applies to outside competition in football by football players, does not apply to incoming freshmen or any other student who hasn’t yet represented the school.

**Case BL-9-6- Are there any exceptions to the participation restrictions in Bylaw 9 for participation in Olympic Development Activities?**
Yes. The Board of Control has authorized the Commissioner to consider, on a case-by-case basis, waivers to any restrictions contained in Bylaw 9 or Bylaw 23 that would allow participation by an enrolled student or employed coach in officially sanctioned U.S. Olympic Development activities. Organizations such as USA Basketball, USA Track and Field and other similar groups that have officially sanctioned Olympic Development activities, can request, through the appropriate member school, that these restrictions be waived and participation allowed.