



**Kentucky High School Athletic Association
2025 Regional Cross Country
Championships**

**Class 1A Region 1
Class 2A Region 1
Class 3A Region 1**

Host School

Logan County High School

220 Bowling Green Rd
Russellville, KY 42276

Regional Manager

Josh Frick

Athletic Director
josh.frick@logan.kyschools.us
270-559-7861

Meet Site

Logan County High School

220 Bowling Green Rd
Russellville, KY 42276

Regional Hy-Tek Operator

Tim King

teejayking@gmail.com
859-653-5907

KHSAA Official Referees Assigned to KHSAA XC Region



Pat Rowland

Robards, KY 42452
Pfrowland688@gmail.com
270-454-9376



Vicki Rowland

Murray, KY 42071
Vrowland77@gmail.com
270-293-2726

Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel.

KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.
A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$30.00.

Pat Rowland Totals . . . 6 races @ \$40.00 = \$240.00

Vicki Rowland Totals . . . 6 races @ \$40.00 plus mileage \$30 = \$270.00

Remember in cross country the Referees can be used differently.

If you need help, they can be Starters, Clerks, Finish Line Judges . . . call them and discuss your needs

Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 1A Region 1 – October 25

Boys 9:00 AM, Girls 9:45 AM

Class 3A Region 1 – October 25

Boys 10: 30 AM, Girls 11: 15 AM

Class 2A Region 1 – October 25

Boys 12:00 PM, Girls 12:45 PM

*CENTRAL TIME ZONE

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

The three of you must work together.

Have a great meet.

Jury of Appeals

Class 1A Region 1

Class 2A Region 1

Class 3A Region 1

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary





Kentucky High School Athletic Association 2025 Regional Cross Country Championships

Class 1A Region 2
Class 2A Region 2
Class 3A Region 2

Host School	Meet Site
Thomas Nelson High School 150 Generals Blvd Bardstown, KY 40004	Thomas Nelson High School 150 Generals Blvd Bardstown, KY 40004
Regional Manager	Regional Hy-Tek Operator
Matt Hoyes Head Coach matt.hoyes@nelson.kyschools.us 502-827-4178	David Flaughter dflaughter@dcracetiming.com 502-664-7427

KHSAA Official Referees Assigned to KHSAA XC Region

	Craig Hopkins Owensboro, KY 42301 ch2318@roadrunner.com 270-316-4432		Patty Rouse Elizabethtown, KY 42701 coachpattyrouse@gmail.com 270-872-8257
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Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel.

KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.

A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$30.00.

Craig Hopkins Totals . . . 6 races @ \$40.00 plus mileage \$30 = \$270.00

Patty Rouse Totals . . . 6 races @ \$40.00 = \$240.00

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Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 3A Region 2 – October 25

Boys 10:00 AM, Girls 10:45 AM

Class 2A Region 2 – October 25

Boys 12:30 PM, Girls 1:15 PM

Class 1A Region 2 – October 25

Boys 3:00 PM, Girls 3:45 PM

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

The three of you must work together.

Have a great meet.

Jury of Appeals

Class 1A Region 2	Class 2A Region 2	Class 3A Region 2

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary



**Kentucky High School Athletic Association
2025 Regional Cross Country
Championships**

**Class 1A Region 3
Class 3A Region 3
Class 3A Region 4**

Host School

Trinity (Louisville)

4011 Shelbyville Rd
Louisville KY 40207

Regional Manager

Sean Duggins

Athletic Director

duggins@trinityrocks.com

502-419-1141

Meet Site

Seneca Park

3151 Pee Wee Reese Rd
Louisville, KY 40207

Regional Hy-Tek Operator

Eddie Terkhorn

eterkhorn@gmail.com

502-430-0042

KHSAA Official Referees Assigned to KHSAA XC Region



Joy Grimes

Louisville, KY 40291

lacyjoy79@aol.com



Don Harris

Louisville, KY 40299

harrisdon3807@gmail.com

Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel.

KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.

A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$30.00.

Joy Grimes Totals . . . 6 races @ \$40.00 = \$240.00

Don Harris Totals . . . 6 races @ \$40.00 = \$240.00

Remember in cross country the Referees can be used differently.

If you need help, they can be Starters, Clerks, Finish Line Judges . . . call them and discuss your needs

Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 3A Region 4 – October 25

Boys 9:30 AM, Girls 10:15 AM

Class 3A Region 3 – October 25

Boys 11:30 AM, Girls 12:15 PM

Class 1A Region 3 – October 25

Boys 1:30 PM, Girls 2:15 PM

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

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Have a great meet.

Jury of Appeals

Class 1A Region 3

Class 3A Region 4

Class 3A Region 3

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary

		Kentucky High School Athletic Association 2025 Regional Cross Country Championships		Class 1A Region 5 Class 2A Region 3 Class 3A Region 6	
Host School			Meet Site		
Shelby County High School 1701 Frankfort Rd Shelbyville, KY 40065 Regional Manager			Shelby County Cross Country Course 600 Rocket Lane Shelbyville, KY 40065 Regional Hy-Tek Operator		
Lee Harris Head Coach 502-529-1751 les.harris@shelby.kyschools.us			FM Timing 502-320-2264 fmiklavcic2@gmail.com		
KHSAA Official Referees Assigned to KHSAA XC Region					
		Sadie Gambrel Danville, KY 40423 sadiegambrel@yahoo.com 859-319-0781			
				Chris Verhoven Danville, KY 40423 cverhoven24@gmail.com 859-583-6026	

Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel.

KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.

A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$30.00.

Sadie Gambrel Totals . . . 6 races @ \$40.00 = \$240.00

Chris Verhoven Totals . . . 6 races @ \$40.00 = \$240.00

Remember in cross country the Referees can be used differently.

If you need help, they can be Starters, Clerks, Finish Line Judges . . . call them and discuss your needs

Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 1A Region 5 – October 25

Boys 1:30 PM, Girls 2:15 PM

Class 2A Region 3 – October 25

Boys 9:30 AM, Girls 10:15 AM

Class 3A Region 6 – October 25

Boys 11:30 AM, Girls 12:15 PM

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

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Jury of Appeals

Class 1A Region 5	Class 2A Region 4	Class 3A Region 6

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary





Kentucky High School Athletic Association 2025 Regional Cross Country Championships

Class 1A Region 4
Class 2A Region 4
Class 3A Region 5

Host School	Meet Site
Notre Dame Academy 1699 Hilton Dr Covington, KY 41011 Regional Manager	Idlewild Park 5550 Idlewild Rd Burlington, KY 41005 Regional Hy-Tek Operator
Janet Carl carlj@ndapandas.org 859-292-7730	C3 Timing C3timingllc@gmail.com 859-991-0433

KHSAA Official Referees Assigned to KHSAA XC Region

	Jerry Mohr Ft. Thomas, KY 41075 JerryMohr12@gmail.com 859-652-1117		Dave Clark Dry Ridge, KY 41035 clarkd76@yahoo.com 859-801-1361
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Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel

KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.

A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$30.00.

Jerry Mohr Totals . . . 6 races @ \$40.00 = \$240.00

Dave Clark Totals. . . 6 races @ \$40.00 = \$240.00

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If you need help, they can be Starters, Clerks, Finish Line Judges . . . call them and discuss your needs

Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 1A Region 4 – October 25

Boys 1:00 PM, Girls 1:45 PM

Class 2A Region 4 – October 25

Boys 11:00 AM, Girls 11:45 AM

Class 3A Region 5 – October 25

Boys 9:00 AM, Girls 9:45 AM

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

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Jury of Appeals

Class 1A Region 4	Class 2A Region 4	Class 3A Region 5

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary



**Kentucky High School Athletic Association
2025 Regional Cross Country
Championships**

**Class 2A Region 5
Class 3A Region 7**

Host School

Wayne County High School

2 Kenny Davis Blvd
Monticello KY 42633

Regional Manager

Kevin Jones

Athletic Director

kevin.jones@wayne.kyschools.us

606-307-1391

Meet Site

Cave Lake Event Park

Old KY Loop 3/Cave Lake Road
Mills Spring, KY 41040

Regional Hy-Tek Operator

Leslie Smith

lesli smith@att.net

859-325-5626

KHSAA Official Referees Assigned to KHSAA XC Region



Tim Henderlight

Williamsburg, KY 40769

Thenderlight@yahoo.com

859-806-9264



Ron Wilson

Somerset, KY 42503

ronwwilson@twc.com

606-305-6587

Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel

KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.

A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$20.00.

Tim Henderlight Totals . . . 4 races @ \$40.00 = \$160.00

Ron Wilson Totals . . . 4 races @ \$40.00 = \$160.00

Remember in cross country the Referees can be used differently.

If you need help, they can be Starters, Clerks, Finish Line Judges . . . call them and discuss your needs

Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 3A Region 7 – October 26

Boys 10:00 AM, Girls 11:00 AM

Class 2A Region 5 – October 26

Boys 1:00 PM, Girls 2:00 PM

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

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Jury of Appeals

Class 3A Region 7

Class 2A Region 5

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary



Kentucky High School Athletic Association 2025 Regional Cross Country Championships

Class 1A Region 7
Class 2A Region 6

Host School

Ashland Blazer High School

1500 Blazer Blvd
Ashland, KY 41102

Regional Manager

Jim Conway

Athletic Director

james.conway@ashland.kyschools.us

606-682-6543

Meet Site

Central Park Ashland

615 22nd St
Ashland, KY 41101

Regional Hy-Tek Operator

Tim King

teejayking@gmail.com

859-653-5907

KHSAA Official Referees Assigned to KHSAA XC Region



Bob Stacey

Ashland, KY 41101

robcestacey@aol.com

606-465-6303



Bern ONan

bernard.onan@gmail.com

606-831-1318

Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel

KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.

A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$20.00.

Bob Stacey Totals . . . 4 races @ \$40.00 = \$160.00

Bern Onan Totals . . . 4 races @ \$40.00 = \$160.00

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Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 1A Region 7 – October 25

Boys 12:00 PM, Girls 1:00 PM

Class 2A Region 6 – October 25

Boys 9:00 AM, Girls 10:00 AM,

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

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Jury of Appeals

Class 2A Region 6

Michael Short - Rowan County
Rachael Turner - Greenup County
Rebecca Chaney - Boyd County
Alternate: Ryan Knipp - Russell

Class 1A Region 7



Jasmine Parker - Fairview
Kenneth Stanley - Shelby Valley
Clay Jamerson - Prestonsburg
Alternate: Susan Watkins - Elliott County

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary



**Kentucky High School Athletic Association
2025 Regional Cross Country
Championships**

**Class 1A Region 6
Class 2A Region 7**

Host School		Meet Site	
Morgan County High School 150 Road to Success West Liberty, KY 41472		Morgan County High School 150 Road to Success West Liberty, KY 41472	
Regional Manager		Regional Hy-Tek Operator	
Jamie Brunk kybrunk@mrtc.com 606-438-6137		Charlie Bolin cbolin01@hotmail.com 606-495-7722	
KHSAA Official Referees Assigned to KHSAA XC Region			
	Chris Thomas Paint Lick, KY 40461 Thomasc@berea.edu 859-314-4626		Kathy Johnston Lexington, KY 40504 kjohnston@khsaa.org 859-494-2509

Regional Officials Fees: Officials fees and mileage are the responsibility of the Host School.

Host schools responsible for official's fees and travel
KHSAA Policy has the Regional Referee's Fee set at \$40.00 per race and per official.
A KHSAA Official that travels greater than 100 Miles one way will paid an additional \$30.00.

Chris Thomas Totals . . . 4 races @ \$40.00 = \$160.00

Kathy Johnston Totals . . . 4 races @ \$40.00 = \$160.00

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Region Starting Times are determined by the Host School . . . they may differ from the State XC Race Times

Class 2A Region 7 – October 25

Boys 11:00 AM, Girls 11:45 AM

Class 1A Region 6 – October 25

Boys 1:30 PM, Girls 2:15 PM

Regional Managers: Your KHSAA Officials have been notified and accepted this position, however, it is your responsibility to contact them and personally talk to them and go over any particular needs or concerns you have for your Regional Meet.

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Have a great meet.

Jury of Appeals

Class 1A Region 7	Class 2A Region 7

Approved by Sarah Bridenbaugh – KHSAA Cross Country Commissioner and Tim King – KHSAA XC Officials Assigning Secretary