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**THE INFORMATION INCLUDED WITHIN
THESE INSTRUCTIONS IS TENTATIVE AND
SUBJECT TO CHANGE**



FIELD HOCKEY

2020 REGIONAL TOURNAMENT INSTRUCTIONS FOR MANAGERS AND PARTICIPATING TEAMS



2020 Field Hockey Regional Tournament Instructions

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COVID-19 GUIDANCE

The KHSAA's complete "Healthy at Sports, Stage 3 - Performance, Return to Competition: Considerations for Fall Sports" document for field hockey can be found at the following link: <https://bit.ly/3j4QzwA>.

In addition to field hockey specific guidance, this document includes guidance for all sports, officials and officiating, COVID-19 Medical Evaluation and Return-to-Play protocol, as well as the KHSAA's COVID-19 Return to Play Form. The information in this document should be thoroughly reviewed by all managers, participants and spectators attending a regional tournament.

Portions of the field hockey specific section of the document are included below.

CROSS-REFERENCE TO OTHER GUIDANCE

While this section deals with sports-specific guidance, all involved in the athletic program are expected to reference all guidance standards, including the many that may be non-sports specific.

Guidance is broken into three areas:

- **REQUIRED**- These standards are required at all sanctioned contests.
- **RECOMMENDED**- These standards are best practices during all contests during the pandemic and are therefore recommended for all contests.
- **CONSIDER**- While these items are also best practices during this time, local site discretion should be exercised to determine if these items are practical and feasible for use at the contest.

These differences in the guidance are necessitated by the differences in sports, facilities, and geographic areas, differences which are pronounced during normal years, and magnified this school year.

SEASON LIMITATION AND CONTEST ADJUSTMENTS

The limit of matches for the season (not including postseason) is 16 with no more than four (4) matches in a given week.

The last official regular season contest can be held on October 10.

All teams eliminated would be permitted to play additional contests before the week of the state championship provided teams don't exceed the contest limit.

ADMINISTRATIVE AND FIELD SETUP

Temporary restroom facilities may be used following the guidelines provided by the venue's local health department or other applicable guidelines. (CONSIDER)

Restrooms should be cleaned and disinfected frequently. (CONSIDER)

Rosters are restricted to a limit of 24 players in uniform and participating in warm-ups and competition. (REQUIRED)

All non-uniformed team members who are not essential to game management shall be seated in the bleachers or general seating and able to socially distance from other groups. (REQUIRED)

Ball holders shall exercise social distance at all times. (REQUIRED)

OFFICIATING (MECHANICS) (ADOPTED FOR 2020-21)

Rule 1-2-4 - If a team member is carded, it is recommended to mark a location of where the individual is to stand that is socially distant from the officials' table.

Rule 1-2-4 - Maintain social distancing of 6 feet between the substitute, officials, and/or teammate(s) by encouraging substitutions to occur closer to the center line.

Rule 1-4-3 - Suspend handshakes before and following the pregame conference.

Rule 1-4-3 - Limit attendees to one official, the head coach from each team, and a single captain from each team.

All individuals should maintain a social distance of 6 feet during the conference.

OFFICIATING (RULES) (ADOPTED FOR 2020-21)

Rule 1-5-1 - Undergarments are permitted but must be of a similar length for the individual and a solid like color for the team.

Rule 1-6-5 - Masks/Face coverings are permitted.

Rule 1-6-5 - Gloves are permitted.



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Rule 1-6-5 - Players' goggles are optional equipment.

Rule 1-6-5 - Players choosing to use a penalty corner mask/face covering should not share their mask/face covering with other individuals.

Rule 11-2-3 - Let player move the ball to the line on penalty strokes, umpires should eliminate touching the ball.

DUTIES SUMMARY STATEMENT

Refer to the Kentucky High School Athletic Association Handbook rules and regulations governing field hockey tournaments, which is included as a link at the end of these instructions.

You should familiarize yourself with these provisions and review them at your meetings to ensure understanding from the coaches and the management of a smooth event.

Any required forms for your reports are included at the end of these instructions as links.

KHSAA CONTACT LIST

The primary contact for field hockey is Assistant Commissioner Michael Barren (mbarren@khsaa.org). If Mr. Barren is for some reason not available, Assistant Commissioner Darren Bilberry (dbilberry@khsaa.org) is the backup contact.

REFERENCE TO TEAM ALIGNMENT

Teams are aligned into four (4) regions as detailed in the competition rules.

The current alignment is available on the field hockey page of the KHSAA website and included as a link at the end of these instructions.

Only schools on the list of aligned teams are eligible to enter a postseason tournament.

If a team that isn't listed in the alignment desires to enter, contact the KHSAA office prior to accepting the entry.

ALLOWABLE COMPETITION DATES

- As of Sept. 16, 2020, the planned regional field hockey tournament dates are Oct. 17-21, but are subject to change based on current events.
 - o All teams eliminated would be permitted to play additional contests before the week of the state championship provided teams don't exceed the contest limit.

PRE-TOURNAMENT MANAGER'S RESPONSIBILITIES

PRE-TOURNAMENT MEETINGS

The pre-regional tournament meeting shall be held no later than Friday, Oct. 9.

A Sunday meeting should start no earlier than 2 p.m. local time to allow ample time for travel.

Region Managers shall invite all participating coaches by notifying them of the date, time and site of the meeting.

At the published time, the Region Manager shall conduct an open meeting with all attending coaches and media for the purpose of discussion.

The use of a virtual meeting is permitted.

FUTURE REGIONAL SITES

Region Managers should review the site selection schedule with all schools at the pre-tournament meetings. A link to the current site recommendations is included at the end of these instructions.

If changes or corrections are made to the site selection plans, use KHSAA Form GE58 (Region Site Selection Plan), which is included as a link at the end of these instructions, and return it to the KHSAA immediately following the meeting.

Ensure potential sites under consideration meet the specifications set forth in the NFHS Field Hockey Rule Book.

REGIONAL SEEDING PLANS

All decisions regarding tournament seeding must be made prior to the start of the regular season, including but not limited to, seeding method and criteria. Seeding methods shall be on file at the KHSAA.



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Seeding decisions and methods shall remain in place until a majority vote of the participating schools rescind them.

If a vote is made to seed, the manager shall send the KHSAA a copy of the meeting minutes.

Region Managers should remind all schools in a seeded region that all games used in calculating the seeds **MUST** be played before the pre-tournament meeting.

DEVELOPMENT OF INFO DOCUMENT FOR PARTICIPANTS

Develop an information document for participants, including the schedule of events, any on-site meeting information, site specifics and directions to the venue.

This document shall include any COVID-19 requirements or adjustments made for the event.

HOST SITE ADMINISTRATOR

The KHSAA requires a tournament administrator, other than the coach, at the host site.

Since the coach needs to devote full attention to the team, someone other than the coach must deal with any outside difficulties.

SIGNAGE, BALLOONS, NOISEMAKERS AND BAND PERFORMANCES

Signs/banners are permitted at the facility but must be of good taste and sportsmanship.

The signs/banners must be handheld or attached in a manner not to damage the existing structure.

The signs/banner shall not cover any corporate signage or obstruct the view of patrons.

Amplified noisemakers or items that replicate game management cues are not permitted inside the facility. These items include, but are not limited to: air horns, electronic amplifiers, portable sound systems, instruments that require additional electricity, game clock horns and whistles.

Artificial noisemakers (non-mechanical and non-powered) are permitted provided they do not interfere with game administration, however, the admittance of the items is a venue specific decision.

Balloons, which can block the view of other patrons, are not permitted at the event.

Only venue provided amplified music and band performances are permissible, but only during pregame, natural and planned breaks/timeouts and when the clock is stopped and the ball is not in play.

The admission of pep bands is a local decision.

PRE-TOURNAMENT MEETING AND MODEL AGENDA

- Call to order
- Designate someone to record minutes
- Discuss the "KHSAA Healthy at Sports, Stage 3 - Performance, Return to Competition: Considerations for Fall Sports" document for field hockey (<https://bit.ly/3j4QzwA>)
- Discuss seeding (requires majority to change seeding or method)
 - Report seeding decisions or changes to the KHSAA immediately following meeting
- Conduct draw and place seeds
- Report bracket to all teams, the KHSAA and local media
- Discuss team party and participant admission
- Remind coaches that all participants must appear on the online roster and be designated for postseason play
- Discuss the inclement weather policy and plans
- Discuss tournament expenses (majority vote required if distribution to schools is to be made)
- Detail the security and emergency action plan
- Discuss medical needs/trainers
- PA, official scorer, stats
- Auxiliary Workers: ticketing, programs, concessions, parking
- Facility rules and other notes



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- Review sportsmanship expectations for competitors, coaches and fans
- Discuss future sites

ENTRY, ROSTERS, DRAW, FORMAT

TOURNAMENT ENTRY

All eligible teams participate in a regional tournament.

The winner and runner-up from each region advance to the state tournament.

POSTSEASON ROSTERS

Postseason participants must be designated from the freshmen, junior varsity or varsity rosters, which are maintained through the KHSAA member school website throughout the regular season.

Roster revisions must be made before the first date of the postseason when online rosters are closed and considered final.

Schools must log into the KHSAA website and designate their postseason roster, which is separate from the regular-season varsity roster.

Only players appearing on the school's postseason roster as of the first date of the postseason are eligible to participate in any round. No additional players may be added to the roster following that deadline, including those teams that advance to the state tournament.

The online, postseason roster may be printed from the KHSAA website as the valid listing of available players.

This roster information is also used for advance preparations for state qualifying teams.

LIMITATIONS AND SUBSTITUTIONS

Teams may dress a maximum of 24 players per contest.

Those 24 selected can rotate each match as long as they appear on the postseason roster.

No other players outside of the 24 designated as eligible for each match may be in uniform.

All non-uniformed team members who are not essential to game management shall be seated in the bleachers or general seating and able to socially distance from other groups.

PROCEDURES FOR REGIONAL TOURNAMENT DRAW

Review the Competition Rules concerning regional drawings.

The Region Manager is to email the bracket to brackets@khsaa.org immediately following the draw.

MINIMUM TIME BETWEEN CONTESTS - COVID-19 GUIDANCE

As KHSAA staff continually reviews public health data, consults with the Department for Public Health, and refers to their own "Healthy at Sports" guidance document, a standard minimum time between the start of contests at the district and regional postseason events has been established. These minimum times and spacing guidelines will also be utilized in planning KHSAA State Championship Events.

Per the KHSAA's "Healthy at Sports" guidance document, in events where more than two schools are involved, it is required for there to be time between contests for egress of fans and participants, sanitization of equipment and restrooms, and ingress of the teams for the next game.

When developing brackets for field hockey, there should be a minimum of two and a half hours between the start of contests being held on the same day. For example, if the first match of a regional tournament doubleheader is scheduled for 5 p.m., the second match should not be scheduled to begin until at least 7:30 p.m.

Region Managers are reminded to send their completed brackets, following the requirements described above, to brackets@khsaa.org.



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POINTS OF EMPHASIS

FORMAT OF EVENT

Regional tournaments are single-elimination events and NFHS playing rules will be used without exception.

FIELD SPECIFICATIONS

Prepare the facility for tournament play, making sure to use the proper specifications set forth in the NFHS Field Hockey Rule Book. A link to the field diagram is included at the end of these instructions.

BALL CHASERS

A minimum of two (2) ball chasers must be provided by the competing teams for each game to not disrupt the flow of the action. Ball holders shall exercise social distance at all times.

PLAYERS IN UNIFORM

No players other than the 24 designated as eligible for the match shall be in uniform.

There is no procedure or possibility to waive this requirement.

The online, postseason roster may be printed from the KHSAA website as the valid listing of available players.

CONTEST COMPLETION REMINDER

Every contest must have a winner.

Games tied at the end of regulation will continue with a sudden-victory overtime as detailed below:

- 10 MINUTE, 7-VS.-7 SUDDEN VICTORY (SIX FIELD PLAYERS PLUS A GOALKEEPER)
 - o Five (5) minute intermission after regulation.
 - o Flip coin for pass back, teams keep same ends.
 - o Any seven (7) players may play, substitutions are unlimited during this overtime period.
 - o Three (3) defenders plus the goalkeeper may be back on corners during 7-vs.-7.
- FIRST SET OF PENALTY STROKES (NOT SUDDEN VICTORY)
 - o Five (5) minute intermission after 7-vs.-7.
 - o Flip coin for who will defend/stroke first.
 - o The five (5) stokers can come from any player on your roster.
 - o Coaches must turn in the order of their stokers which cannot change when play resumes.
 - o The teams will alternately stroke and defend.
 - o Stokes shall be terminated if one team has a goal advantage that cannot be overcome by the opposing team.
 - o The official shall first ask the goalkeeper, and then the stoker, to verbally verify that they are ready.
 - o A lack of response shall indicate readiness.
 - o The stroke begins with the official's whistle.
 - o The stoker must take the stroke within five (5) seconds of the whistle being blown.
 - o The stoker may take one step with either foot towards the goal.
- SECOND SET OF PENALTY STROKES (NOT SUDDEN VICTORY)
 - o Five (5) minute intermission.
 - o The team that defended in the first set shall stroke first in this set.
 - o The stokers and/or their order may be changed for the second set and can come from any player on the roster.
- THIRD SET OF PENALTY STROKES (SUDDEN VICTORY)
 - o Five (5) minute intermission.
 - o The team that defended in the first set shall defend first in this set.
 - o The stokers and/or their order may be changed for the third set and can come from any player on the roster.
 - o Each team gets an equal number of strokes until someone wins.



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- o If no one wins after five (5) strokes for each team, you repeat this until one team wins.
- ALL PERIODS
 - o The officials will choose the goal that will be used for the strokes.
 - o All varsity games will go into overtime.

MERCY RULE

If a team has a 10 goal lead at the end of the first half or at any point in the second half, the game will be terminated.

If a team has a five (5) goal lead at any point in the game, the clock will not stop when additional goals are scored.

This rule is to be observed in both regular season and postseason play.

PROCEDURE FOR GETTING OFFICIALS AND FEES

The assigning secretary who normally services the regional tournament hosts will assign the respective officials.

- Contact assigner Erin Maguire by email (emaguire@gmail.com) or phone (502-797-0261) immediately with tournament information, schedules and needs.

Each official shall be paid a flat fee of \$65 per game.

- No mileage expenses will be added for any official.

BYLAW 22 REMINDER

REQUIREMENT TO ACCOMPANY TEAM MEMBERS

You are reminded that KHSAA Bylaw 22 requires a principal, coach or another approved individual of the school to be present along with any student-athlete who is representing a member school. A pertinent section of the bylaw is included below.

BYLAW 22, SECTION 8

"The principal, coach or another individual approved by the local Board of Education shall accompany the team to all contests and his or her expenses, when he or she accompanies the contestants, shall be paid in the same manner as those of the contestants. Individuals fulfilling this requirement shall adhere to the requirements of KRS 161.185."

SECURITY

It is the responsibility of the Region Manager to secure adequate police protection and other security precautions as necessary.

While many schools have adequate measures in place regarding safety and security at athletic contests, all members are reminded of the importance of this provision.

The National Federation continues to remind all state associations of the importance of member schools understanding the necessity for adequate security.

Crowd control is important and we ask schools to take every precaution to protect the participants, officials and general public. The Region Manager should ensure the supervision of fans, watching for inappropriate behavior. During sportsmanship announcements, remind fans that foul language and harassment of officials is strictly prohibited.

Ensure that fans are not allowed to be within 10 yards of the playing field unless there is a fence or other natural barrier.

After the game, have the officials escorted to the locker room and/or parking lot.

While acknowledging the expense of security, it is noted that this should be an integral part of your planning process and is a KHSAA requirement at postseason contests.

MEDICAL PROVISIONS

The host school is responsible for securing medical coverage for the event, including athletic trainers and alerting local ambulance service to serve in an on-call status if such cannot be present at the competition site.

It is strongly recommended that the authorized medical coverage be staffed by individuals who can determine whether or not a suspected concussion has occurred per 160.445(3)(a) and the KHSAA Board of Control policies, page 10 of the document.

Any fees associated with providing medical coverage should be taken from gate receipts prior to any distribution.



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There is no requirement that an ambulance be on site for all play, however the local administering agency shall be notified in advance and placed "on call" if an ambulance is not available on site.

The KHSAA has long recommended, and continues to recommend, that medical coverage be present at all athletic practices and contests.

Due to the unique skill set of Certified/Licensed Athletic Trainers it is recommended that one of these individuals be present at all practices and contests.

It is also strongly recommended that the member schools utilize only Certified/Licensed Athletic Trainers per the Kentucky Board of Medical Licensure, and not members of any other vocation making this claim but without this legal designation.

While acknowledging the expense of providing a Certified/Licensed Athletic Trainer, it is nonetheless noted that this shall be an integral part of your contest planning process.

EMERGENCY ACTION PLAN

Each Region Manager is expected to have and maintain an emergency action plan for their tournament which shall be practiced and referred to prior to the event.

Before the start of a contest, the Region Manager should identify themselves and establish a designated area where they can be reached in the event of an emergency.

INCLEMENT WEATHER PROCEDURES

HEAT INDEX PROGRAM

Please review the Heat Index Program posted on the KHSAA website and included as a link at the end of these instructions.

The Region Manager should be aware of the policies and work in conjunction with the certified athletic trainer hired to work the event in monitoring the Heat Index.

LIGHTNING/THUNDER POLICY

The Region Manager, working with the certified athletic trainer and facility staff, shall monitor and adhere to the KHSAA Board adopted policy in regard to lightning and thunder. Play shall be suspended at the first sound of thunder or sight of lightning and shall be suspended a minimum of 30 minutes following any subsequent sound/sighting.

STOPPAGE/POSTPONEMENT

It's the duty of the Region Manager, in consultation with the officials, participating teams and the KHSAA, to make decisions regarding re-start or re-scheduling.

In the event of stoppage or postponement, all parties must work together to ensure that all teams, media outlets and schools are properly notified. The Tournament Manager shall also report the revisions to KHSAA Communications Director Joe Angolia (jangolia@khsaa.org) to ensure the Rihards.com/KHSAA Scoreboard is updated.

While it's imperative that Region Managers adhere to the scheduled postseason dates, the safety of all parties involved is always the top priority.

MEDIA AND INTELLECTUAL PROPERTY RIGHTS

GENERAL MEDIA RIGHTS

At all levels of competition during postseason play, control of media access and location at those contests is with the KHSAA, and as such, there are necessary policies and restrictions concerning this event and these provisions will be vigorously enforced.

In general, management of the execution of those assignments is assigned to the host KHSAA school's game manager.

The intellectual property, corporate, broadcasting and media rights to all postseason rounds belong exclusively to the KHSAA, including titling agreements and sponsorships.

No member school can sign an exclusive agreement for a postseason round (district, region, section, semi-state, quarterfinal) without agreement between the schools and approval from the KHSAA, including full compliance with NFHS Network restrictions and the KHSAA's participation within that network.



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At all levels of KHSAA sponsored postseason events, including district, regional, semi-state, quarterfinal and state competition, managers shall make allowances for television media to record video of the contests, without play by play, at no charge as long as the sole purpose is for newscast highlights.

At all levels of KHSAA sponsored postseason events, including district, regional, semi-state, quarterfinal and state competition, managers are encouraged to make allowances for other media outlets to be admitted to the contests as long as the sole purpose is for reporting of the actions taking place at the contest and promoting the event.

Participating teams in KHSAA events shall be allowed to record the contest, for coaching purposes only, if space is available with such availability at the discretion of the tournament manager and may be required to sign a waiver indicating that the KHSAA shall be held blameless for any and all liability to those parties involved in the video recording.

Any video recording must not violate existing, acknowledged, written copyright protection or intellectual property agreements and cannot be broadcast in any form, including internet and social media.

If space is deemed available, the tournament manager has the right to designate a specific area for video recording and no video recording will be allowed outside of that area.

The determination of space availability is solely with the tournament manager and shall be equitable for all teams.

RADIO BROADCASTS

A broadcast, as used in these instructions, is a non-video, audio only, live or delayed account, including play by play, of any contest.

The participating teams must agree on what, if any, rights fee is to be charged to a radio station broadcast team (radio or online) or outlet (radio or online) broadcasting the event.

This fee is to be included in the gross revenue prior to distribution and is payable to the host school.

TELECAST/WEBCAST INCLUDING NFHS NETWORK RESTRICTIONS

The KHSAA is a full member of the NFHS Network and as such, restrictions exist on all postseason levels.

A telecast, as used in these instructions, is a video, live or delayed account, including play by play, of any contest over the air.

A webcast, as used in these instructions, is a video, live or delayed account, including play by play, of any contest distributed using the internet.

For district and region play, a fee schedule shall be approved annually by the Commissioner for any telecast/webcast and only those outlets paying such fee in advance shall be permitted to originate a telecast or webcast. The mandated, minimum fee will be published on the KHSAA website.

For district and region play in all KHSAA sports, a majority vote of the participating schools may set a higher fee than the required minimum and such vote may also recommend to the KHSAA that no broadcast be approved.

Any approved webcast (or telecast simulcast on a website) shall require the originator to provide a link to the telecast/website not less than four hours prior to the origination of the contest, and such link shall permit the Association to add the content to the NFHS Network menu of contests.

Failure of any approved webcast (or telecast simulcast on a website) to provide a link for inclusion on the NFHS Network will result in denial of approval.

The KHSAA is the only entity permitted to produce live or delayed video from state championship events including semi-state, quarterfinal and state rounds, and is the sole authority for approval of any other.

No entity, unless given prior approval by the KHSAA shall be permitted to produce video telecasts or broadcasts, with the exception of approved media outlets solely recording highlights for news use.

No host manager or school may approve live webcast or telecast of a contest, such requests shall be referred to Communications Director of the KHSAA.

No entity, including media members, may stream live video content during postseason events including the use of social media products such as Facebook® Live and Periscope (via Twitter®).

For all postseason play, all questions regarding live or delayed broadcast or telecast policies, including requests for approval shall be referred to the Communications Director for approval by the Commissioner.



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MUSIC COPYRIGHT

KHSAA schools are reminded to adhere to all music copyright laws.

EVENT MERCHANDISE

If desired by the Region Manager, TEAM IP (Official KHSAA Merchandise Vendor) may be contacted about ordering event merchandise to be sold at the regional meet.

Contact the KHSAA for more information or indicate accordingly on the Regional Manager Information form.

POST EVENT

REPORTING RESULTS

Game scores should be reported to the [Riherd's.com/KHSAA](https://riherd.com/KHSAA) Scoreboard online following each contest. Scores can be reported utilizing the link in the daily scoreboard email, or by calling into the scoreboard at 1-800-453-6882.

Failure to report the scores could result in a fine to the Tournament Manager.

TROPHIES

The KHSAA Board of Control has contracted with [Riherd's.com](https://riherd.com) of Smiths Grove, Ky., to supply the official KHSAA trophies/awards for the 2020-21 tournaments.

You will receive email notification on the shipping, please select the button within that email to confirm receipt.

Upon arrival, open trophy boxes immediately and inspect them. Report any breakage or missing items directly to Riherd's at 1-800-274-4373 or email at khsaa@riherd.com.

It is a local region decision regarding any trophies or awards given in addition to those contracted by the KHSAA.

Your region package, shipped directly to your school from [Riherd's.com](https://riherd.com), should consist of the following:

- One (1) team champion trophy
- One (1) team runner-up trophy

The cost of the trophies is to be paid for by the Region Manager on behalf of the tournament. An invoice will be included with the trophies.

- The estimated region cost is \$147.08, not including shipping.

INSTRUCTIONS FOR TEAMS ADVANCING

Region champions and runners-up will be contacted by KHSAA officials in regard to their participation at the state championship.

FINANCES

TOURNAMENT FINANCIAL REPORT

All Region Managers must submit a financial report at the conclusion of their respective tournaments by filling out KHSAA Form GE53 (Regional Tournament Financial Report) and submitting it to Mr. Barren (mbarren@khsaa.org).

TOURNAMENT COSTS

Finances and expenses are handled by the host school within policies adopted by the member schools. As you plan for your event, be mindful of the cost of officials, trophies and medals.

PROCEEDS

In accordance with the KHSAA Constitution, all proceeds after expenses approved by the participating teams shall be divided among them.

- If there is a dispute, contact the Commissioner's office.



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IMPORTANT WEBSITE LINKS

- [Field Hockey Website](#)
- [Healthy at Sports, Stage 3 - Performance, Return to Competition: Considerations for Fall Sports - Field Hockey](#)
- [COVID-19 Media Guidance](#)
- [Current Alignment](#)
- [Field Diagram](#)
- [Competition Rules](#)
- [Region Tournament Managers](#)
- [Site Selection Plan Recommendations](#)
- [GE53 - Regional Tournament Financial Report - \(DOCX\) \(PDF\)](#)
- [GE58 – Region Site Selection Form](#)
- [KHSAA Brackets](#)
- [Heat Index Program](#)