7 Person Mechanics
Adapted from
Tennessee Secondary School Athletic Association
Initial Keys
Initial Keys

“Stacked” Formation

Score Board

Press Box

No Formal Keys

FJ

LJ

BJ

U

R

SJ

L

<1 0 <2 0 <3 0 <4 0 5 0 4 0>

Freshman
Initial Keys

Double Tight End

Press Box

Score Board

FJ
LJ
BJ
U
R
SJ
L

<10 <20 <30 <40 50 40>
Coin Toss-7 Man

Proper Positioning

Score Board

Press Box

FJ  LJ

U  R

<40  <45  50  45>
Proper Positioning

Press Box

After Coin Toss To KO-7 Man

Score Board
Kick Off-7 Man

Proper Positioning

Press Box

Score Board

Count R

Count K

LJ

R

L

FJ

BJ

SJ

U

<10<20

<30<405040>
Onside Kick – Six In The Box
Referee to Determine When to Go to Six in the Box

Proper Positioning

Press Box

Did Either Team Touch The Ball?
Did The Ball Go 10 yards?
Did The Ball Hit The Ground?
Standard Play Proper Positioning

Press Box

Score Board

FJ

LJ

BJ

U

R

SJ

L

<10<br><20<br><30<br><40<br>50<br>40

20 Yards

25 Yards

20 Yards
Pre-Snap Duties

Counting

Press Box

Count Defense

Score Board

Count Offense

Chains
Inside The 20 Yard Line

20 – 6 Yard Line Proper Positioning

Press Box

At The Pylon

<20

<30

On The Endline

<10

At The Pylon

FJ

U

LJ

R

BJ

SJ

L
Approaching The Goal Line

At the snap, L and LJ move to the Goal Line.

BJ starts on the end-line inside the 15-yard line. Responsible for end-line coverage.
Approaching The Goal Line

Press Box
Reverse Goal Line Mechanics
Collapsing Box Coverage

Boxing The Play In
The “Accordion” Principle

Press Box

Score Board

LJ and L Square In
At The Spot

All Officials “Accordion” In

“Accordion” Principle
- Dead Ball Officiating
- Talk To Players
- Break Up Confrontations
- Make A Presence

<1 0 <2 0 <3 0 <4 0
At The Snap, BJ And Deep Wings Start Backing Up

Assume Goal Line Position

Get The Spot

Trailing Official

20 Yards

Clean Up Out-Of-Bounds

Leading Official
Keep Relative Positioning
- Don’t Run Over The SJ Or FJ

Score Board

Assume Goal Line Position

2 Yard Line

Trailing Official

Leading Official

Signals Touchdown

Press Box
“Reverse” Mechanics

Reverse Mechanics
- Occurs on punt and interception returns, L/SJ and LJ/FJ duties flip
  R has goal line duty

Assume goal line position
Signals touchdown

Referee shares goal line duty (Don’t get beat)

Score Board

Press Box

Leading Official

Trailing Official

Signals Touchdown

Refrigerator

Score Board
Punt Mechanics

Punt Proper Positioning

If Inside the 45, Set Up on Goal Line
If Blocked or Faked Outside the 25, FJ and BJ move to Pylons on the goal line.
Swinging Gate Mechanics - 7 Man

FG And Try Proper Positioning

If Blocked or Faked Outside the 25, FJ and BJ move to Pylons on the goal line.
After Try for Point Mechanics - 7 Man
Field Judge
Clears Players Away
And Secures A New Ball
If Appropriate

Side Judge
Takes Charge
Of The Box