

BYLAW 12. PHYSICAL EXAMINATION, PARENTAL CONSENT AND INSURANCE

Sec. 1) PHYSICAL EXAMINATION AND PARENTAL CONSENT REQUIREMENTS

- a) The Superintendent or Principal shall have each student who is trying for a place as a participant on a sport or sport-activity team present a physician's certificate signed by a physician, physician's assistant, advanced practice registered nurse, or chiropractor (if performed in the scope of practice as defined in KRS Chapter 312) which shall state that he or she is physically fit to participate without undue risk.
- b) The parent's consent for the child's participation and acknowledgment of receipt of the eligibility rules as promulgated by the Association and Kentucky Board of Education regulations in writing shall be required on KHSAA Form GE04.
- c) The permission shall acknowledge that the student and the parents are aware of the education material available from the KHSAA, Centers for Disease Control, and other agencies regarding the nature and risk of concussion and head injury, including the continuance of play after concussion or head injury.

Sec. 2) REQUIREMENT FOR INSURANCE

- a) A student, prior to participation or trying for a place on a sports or sport-activity team shall have in place medical insurance with coverage limits up to the deductible of the KHSAA Catastrophic Insurance program and that insurance shall remain in force throughout participation.
- b) It shall be the responsibility of each member school to ensure and certify that each student has insurance coverage throughout the school year.

Case BL-12-1- Why is there a requirement for a preparticipation physical examination and written permission from the parents and the student-athlete prior to participation?

The NFHS Board of Directors and the KHSAA Board of Control, acting on the longtime counsel of the Kentucky Medical Association, have stated that preparticipation physical evaluations for high school student-athletes are a necessary and desirable precondition to interscholastic athletic practice and competition.

The KHSAA reviews student-athlete evaluation procedures not less than every three years. Such reviews are conducted in consultation with the Kentucky Medical Association and physicians practicing in the fields of pediatrics, orthopedics or cardiology.

The KHSAA, working in consultation with the Kentucky Medical Association, has concluded that a specific preparticipation physical evaluation should be required and the appropriateness of any sport-specific assessment of a student-athlete's musculoskeletal, cardiovascular and body maturation status should be done solely by those authorized by statute.

Case BL-12-2- What is a participant as it relates to the requirements for a physician clearance, parental permission or requirements for insurance as detailed in Bylaw 12?

A participant is a person desiring to be a member of the school team in a sport or sport-activity and to compete in that team's practices, scrimmages or contests as defined within Bylaw 23.

Case BL-12-3- What provisions are in place for the requirements of Bylaw 12 during those periods outside of the Bylaw 23 Limitation of Seasons for each sport or sport-activity?

Decisions as to the requirement for participants in out of season activities are at the discretion of the member school.

Case BL-12-4- What is the minimum medical insurance that each student must have prior to being able to participate?

All students must have medical insurance up to the Catastrophic Insurance deductible of \$25,000 prior to trying out, practicing, or participating for a KHSAA member school during the defined limitation of seasons (Bylaw 23) in any sport or sport-activity.

Case BL-12-5- How often must an annual physical examination be performed?

KRS 156.070 (2)(d) requires an annual examination by the health care providers listed in that statute and Bylaw 12, Sec. 1(a). Per that statute, the KHSAA nor any other agency may adopt any other provisions contrary to that annual requirement. The examination shall be considered valid for 395 days beyond the date of administration (one year plus thirty (30) days).
