

Richard Bedwell

Richard Bedwell, known to most simply as “Bedwell,” was truly one of those rare individuals who made a lasting impression on most, if not all, that he encountered. Survived by his mother (Nora) and brother (Maurie), sadly Bedwell passed away on February 11, 2003, leaving a remarkable void in the lives of many. Not only was Bedwell a supporter / contributor to Kentucky High School Athletics, and the sport of Cheerleading in particular; he was also a counselor, educator, coach, and friend to both Muhlenberg and Trigg County school systems and students. His leadership of and devotion to KAPOS (Kentucky Association of Pep Organization Sponsors) left a profound effect on the organization, its members and participants alike. His successful coaching record all but speaks for itself:

Pre-Consolidation at Graham High School

10th District Cheer Champs 1975, 1979, 1981, 1982, 1983, 1985, 1986, 1987, 1988, 1989, 1990
10th District Runner-Up 1980
10th District Pom-Pon 1986, 1987, 1988, 1989, 1990
3rd Region Cheer Champs 1981, 1985, 1986, 1988, 1990
3rd Region Runner-Up 1979, 1983, 1987, 1989
3rd Region Pom-Pon 1986, 1987, 1988, 1990
State-At-Large 1979, 1981, 1983, 1985, 1986, 1987, 1988, 1989, 1990
Girls State-At-Large 1985-5th Place, 1986-4th Place, 1988-3rd Place
Boys State-At-Large 1989-10th Place, 1990-8th Place
State Pom-Pon Originality 1986, 1990
State Cheer Originality 1988, 1989
3rd Region K-Pep Award 1979, 1981, 1983, 1985, 1986, 1987, 1988
State K-Pep Award 1985, 1987, 1988, 1989, 1990
10th District Joanna Fox Pep Award 1990
Kentucky Cystic Fibrosis Cheer Champs 1987, 1988, 1989, 1990

1980 Kentucky Cheerleader Coach of the Year

Post-Consolidation at Muhlenberg South High School

1991 Kentucky Cystic Fibrosis Cheer Champs
10th District Cheer Champs and Best Pom-Pon
3rd Region Cheer Champs and Best Pom-Pon
Kentucky State-At-Large – 3rd Place
Cheer Originality

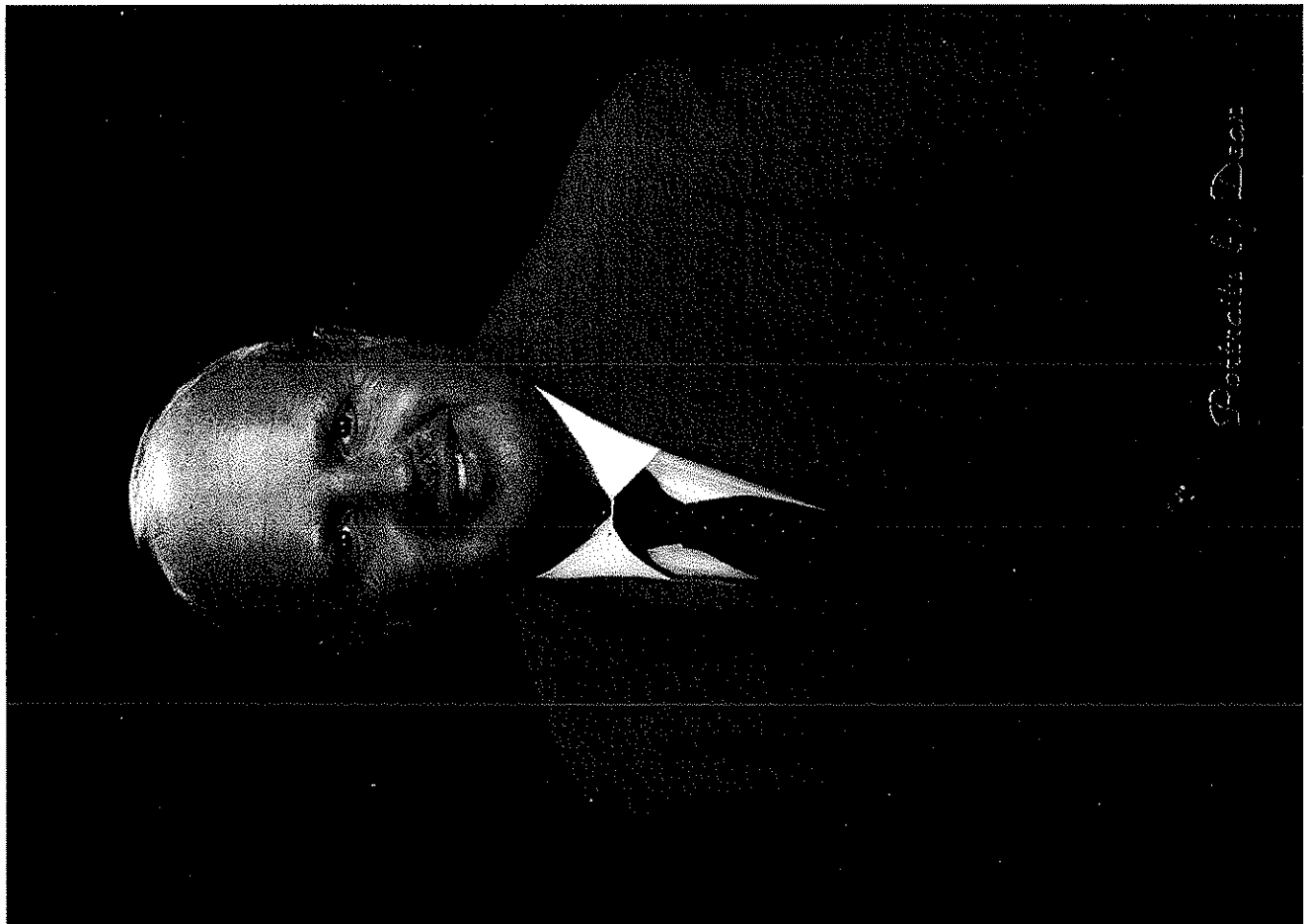
1992 10th District Cheer Champs
3rd Region Cheer Champs and K-Pep Award
Regional 1st Runner-Up, Pom-Pon Originality
6th Place State-At-Large and Pom-Pon Originality
Kentucky Cystic Fibrosis Cheer Champs

1992 Kentucky Cheerleader Coach of the Year

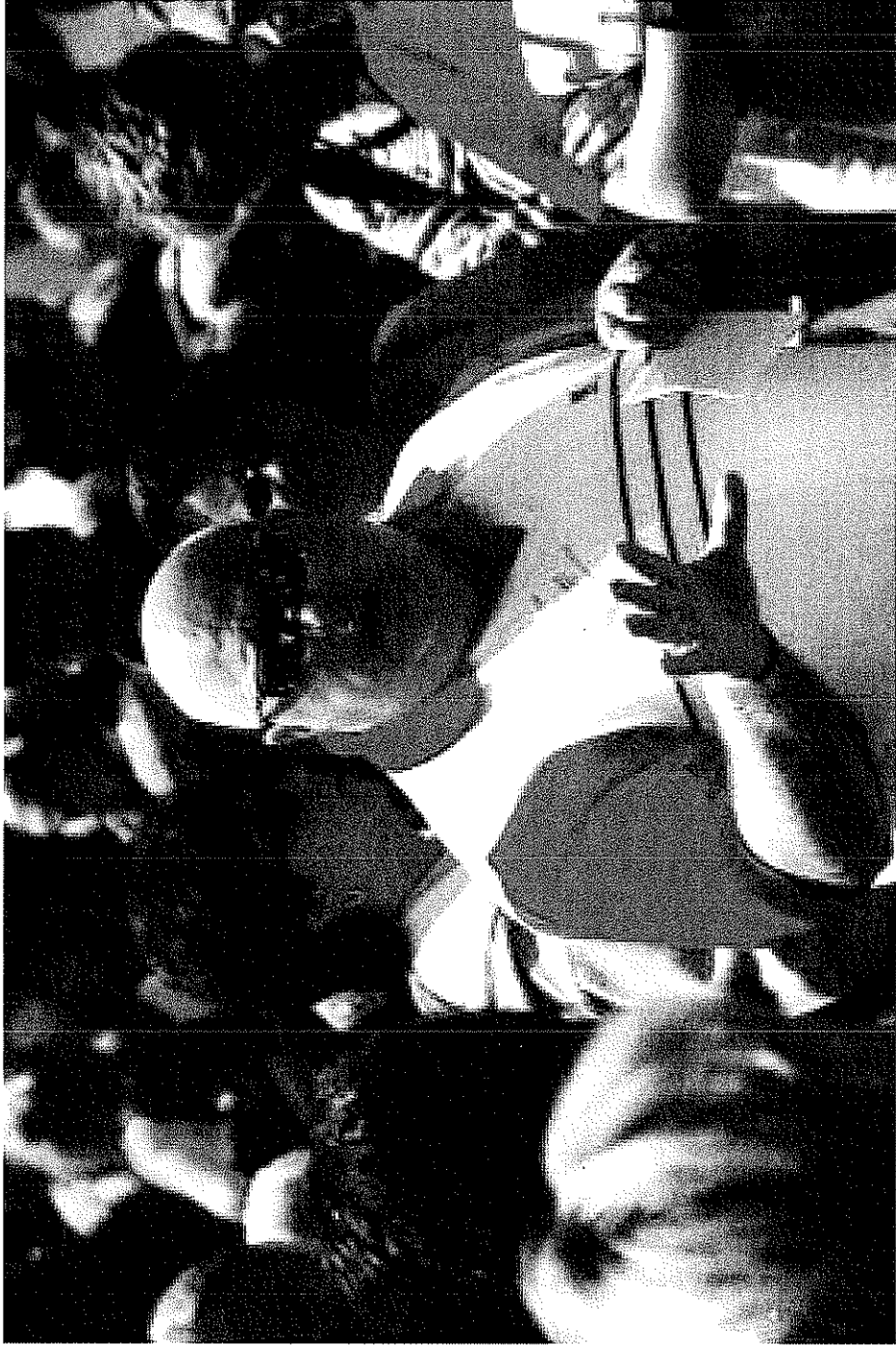
1996 Most Original Squad
10th District Cheer Champs
3rd Region Cheer Champs
KAPOS State Cheer Champs

Trigg County High School

2000 – KAPOS Co-Ed Cheerleader State Champs
2001 – KAPOS Co-Ed Cheerleader State Champs
2002 – Trigg County Dance Cats – 6th Place, Eastern Dance Association
National Finals
2003 – KY vs. TN Battle of the Best Cheerleading and Dance Team
Championships – “Coach of the Year”



Portrait of Dean



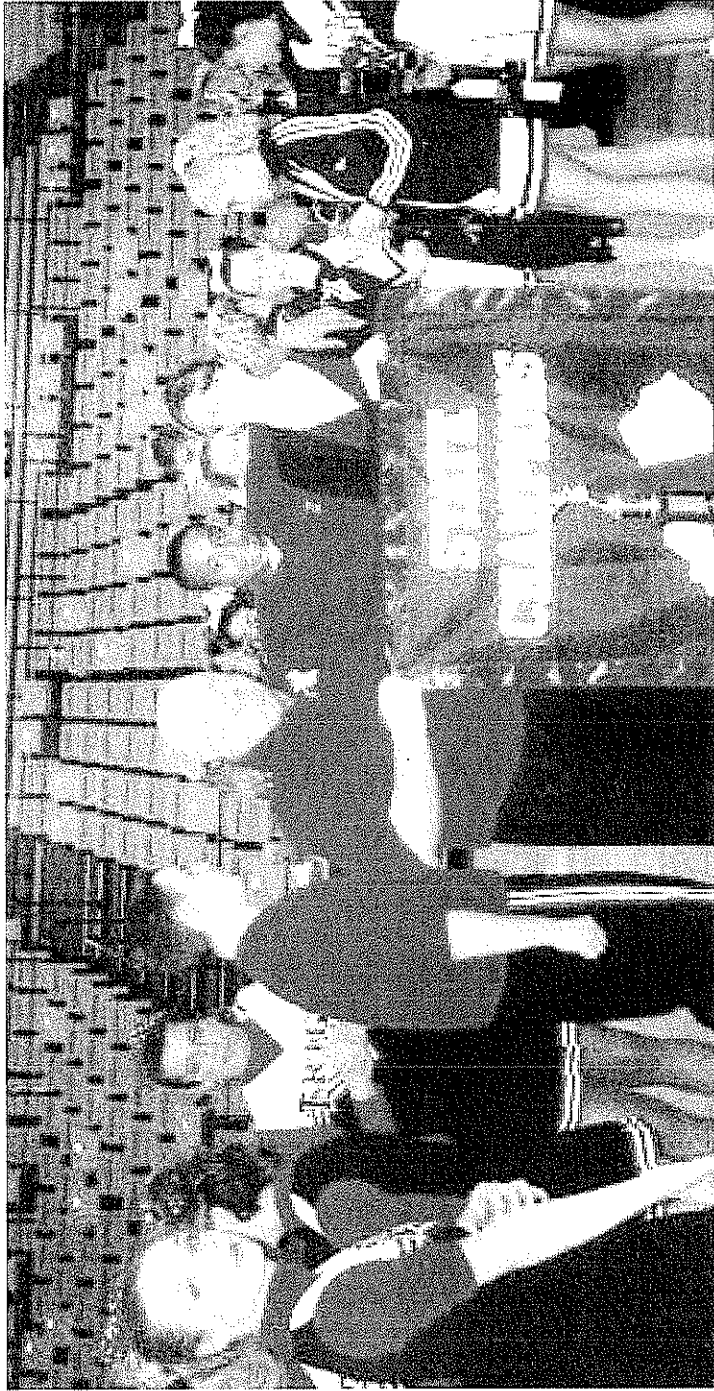




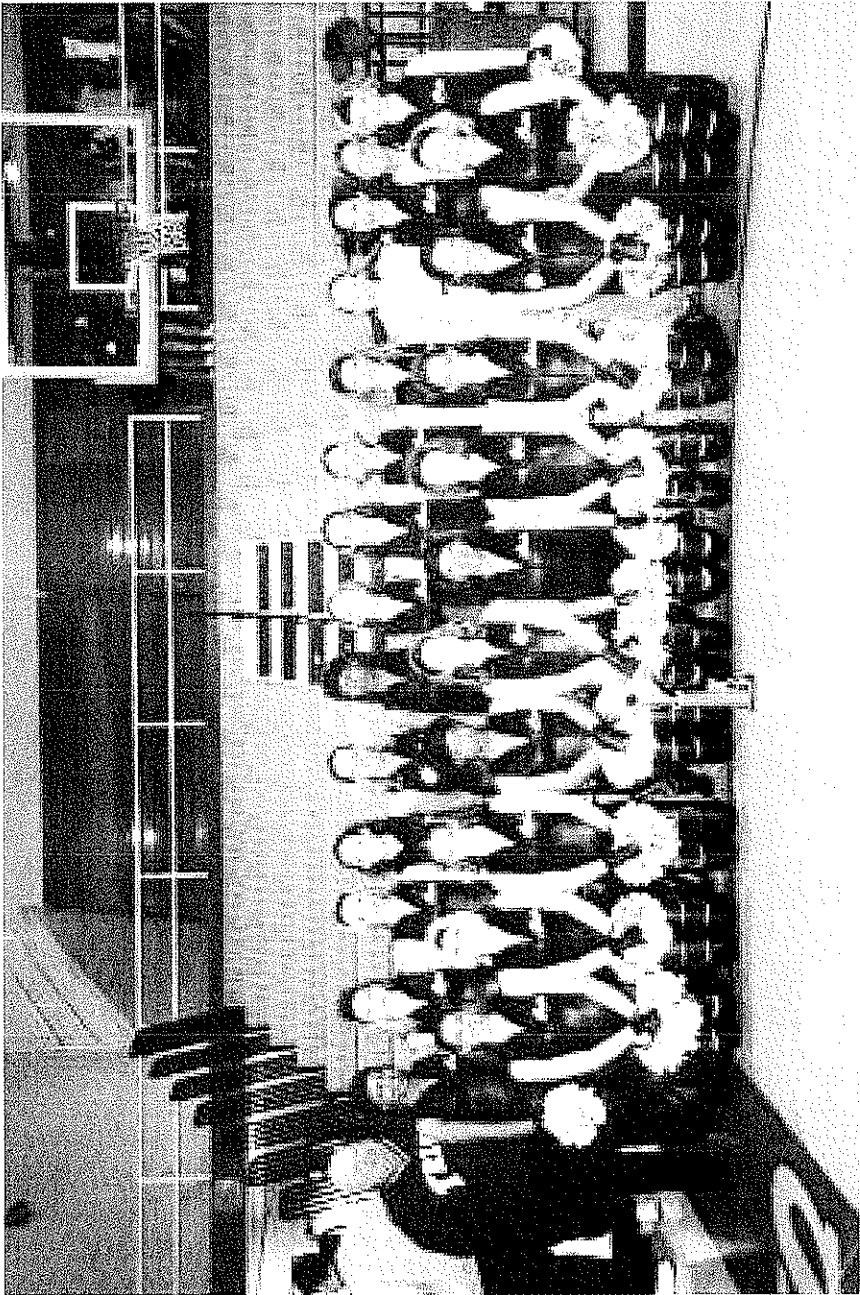
















Maurie Bedwell

270-688-6714

Richard Bedwell

Richard Bedwell, known to most simply as “Bedwell,” was truly one of those rare individuals who made a lasting impression on most, if not all, that he encountered. Survived by his mother (Nora) and brother (Maurie), sadly Bedwell passed away on February 11, 2003, leaving a remarkable void in the lives of many. Not only was Bedwell a supporter / contributor to Kentucky High School Athletics, and the sport of Cheerleading in particular; he was also a counselor, educator, coach, and friend to both Muhlenberg and Trigg County school systems and students. His leadership of and devotion to KAPOS (Kentucky Association of Pep Organization Sponsors) left a profound effect on the organization, its members and participants alike. His successful coaching record all but speaks for itself:

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1980 Kentucky Cheerleader Coach of the Year

Post-Consolidation at Muhlenberg South High School

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3rd Region Cheer Champs and Best Pom-Pon
Kentucky State-At-Large – 3rd Place
Cheer Originality
- 1992 10th District Cheer Champs
3rd Region Cheer Champs and K-Pep Award
Regional 1st Runner-Up, Pom-Pon Originality
6th Place State-At-Large and Pom-Pon Originality
Kentucky Cystic Fibrosis Cheer Champs

1992 Kentucky Cheerleader Coach of the Year

1996 Most Original Squad
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KAPOS State Cheer Champs

Trigg County High School

2000 – KAPOS Co-Ed Cheerleader State Champs
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2002 – Trigg County Dance Cats – 6th Place, Eastern Dance Association
National Finals
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Championships – “Coach of the Year”

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Kentucky Association of Pep Organization Sponsors

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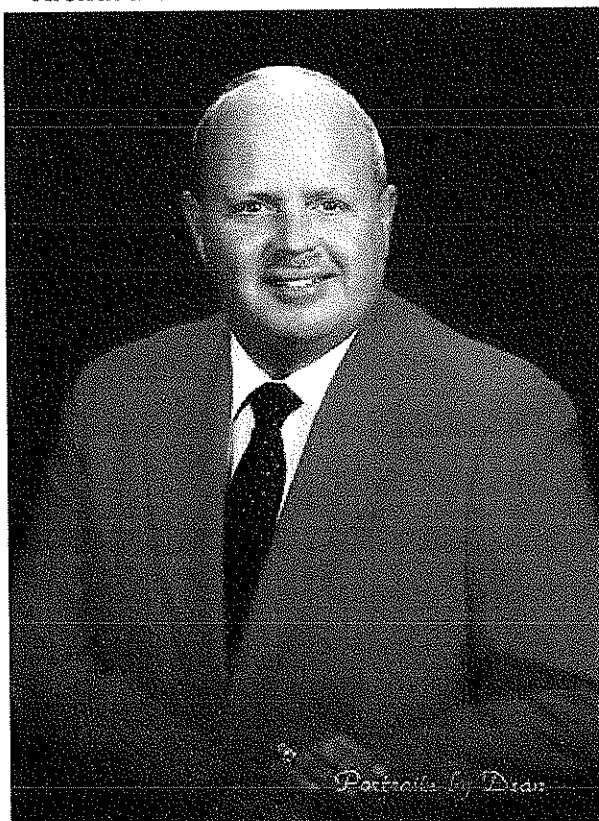
[Competition Dates](#)

[Online Handbook](#)

[Printable Handbook](#)

[Past competition results](#)

Richard Bedwell



Accomplishments:

Pre-Consolidation at Graham High School

10th District Champs 1975, 1979, 1981, 1982, 1983, 1985, 1986, 1987, 1988, 1989, 1990
10th District Runner-Up 1980
10th District Pom Pon 1986, 1987, 1988, 1989, 1990
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3rd Region Pom Pon 1986, 1987, 1988, 1990
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1980 Kentucky Cheerleader Coach of the Year

Post-Consolidation at Muhlenberg South High School

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10th District Champs and Best Pom Pon
3rd Region Champs and Best Pom Pon
Kentucky State-At-Large - 3rd Place
Cheer Originality

1992 10th District Champs
3rd Region Champs and K-Pep Award
Regional 1st Runner-Up, Pom Pon Originality
6th Place State-At-Large and Pom Pon Originality
Kentucky Cystic Fibrosis Foundation Cheerleading
Competition Champion

1992 Kentucky Cheerleader Coach of the Year

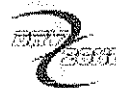
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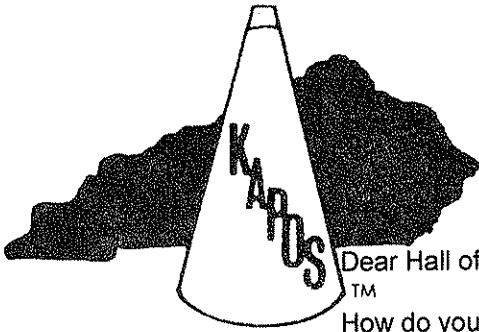
Trigg County High School

2000 - KAPOS Co-Ed Cheerleader State Champs
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Dance Team Championships - "Coach of the Year"

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The Kentucky Association of Pep Organization Sponsors (KAPOS) does not
discriminate on the basis of sex, age, religion or ethnic origin.





October 20, 2004

Dear Hall of Fame Committee:

How do you condense the life of a legend into a one-page letter? While a daunting task, it is one that I must attempt; because supporting the name of Richard Bedwell for induction into the Dawahare's/KHSAA Hall of Fame makes it worth the effort.

President

Lucy Moore
483 Scaggs Road
Morehead, KY 40351

Past President

Donna Ison
2401 Chimney Pt. Ln.
Lexington, KY 40509

Sectional Vice Presidents

Regions 1, 2, 3, 4

Cindy Thompson
776 Dover Road
Grand Rivers, KY 42045

Regions 5, 6, 7, 8

Reba Johnson
P.O. Box 796
Shepherdsville, KY 40165

Regions 9, 10, 11, 12

Sharon Hatton
1412 Deer Lake Circle
Lexington, KY 40515

Regions 13, 14, 15, 16

Carole Mullins
P.O. Box 977
Hindman, KY 41822

Secretary

Ruth Sorace
174 Monticello Place
Elizabethtown, KY 42701

Treasurer

Gayle Mills
P.O. Box 165
Central City, KY 42330

Parliamentarian

Katie Hunt
100 Clematis Court
Carlisle, KY 40311

Richard Bedwell was a fixture at the Boys' and Girls' Sweet Sixteen tournaments for many years, because the youth of Kentucky was his passion. Originality could have been his middle name, and many of his honors included awards for that very thing. As a matter of fact, he could come up with material that was so clever and entertaining that they would win over squads who perhaps had more difficulty, but lacked the creativity, execution and audience appeal. His cleverness was most evident around his friends and family, because there was no one any faster with a clever quip or comment than Richard. Many of us still fondly use some of his more famous ones—which will very likely live on forever.

Richard began coaching cheerleaders in 1975 at Graham High School where he won too many KAPOS titles to keep track. Although a consolidation of schools is many times a painful experience, Richard faced the challenge and became the Muhlenberg South Suns very first cheer coach...and continued his winning ways. Always the innovator, when KAPOS began a coed competition, he "integrated" his Trigg County squad to add yet another state title to his long list of accomplishments, twice in a row.

Cheer was not Richard's only field of expertise, however. The bands, dance and pom squads at his schools also utilized his talents. He was an avid supporter of the Kentucky Cystic Fibrosis cheer competition that raised thousands of dollars for this worthy cause.

In 1980 AND 1992 Richard was selected as the KAPOS Outstanding Coach of the Year. He served in many capacities on the KAPOS Board including regional board member, Sectional Vice-President, and President.

While all of this is impressive, it is only a lead in to what made Richard Bedwell a truly extraordinary person. He devoted his life to the young people of his schools and communities. The skills that he taught were secondary to the lessons about life that he instilled in our future leaders. He believed that the teamwork, the friends made, the long hours spent, the obstacles to overcome were all valuable building blocks that would make them successful adults. At his memorial in February 2003, it was obvious that his life had been a success in every sense of the word.

I know that his mother, his brother, his family (both by blood and through kinship), and his many friends would celebrate the induction of Richard Bedwell into the Dawahare's/KHSAA Hall of Fame. Surely, he is the kind of amazingly, remarkable individual that you seek to recognize each year. I proudly lend my support of our good friend Richard Bedwell for your consideration.

Sincerely,

Lucy Moore
KAPOS President

Kentucky Association of Pep Organizations Sponsors

Ruth H. Sorace
174 Monticello Place
Elizabethtown, Kentucky 42701

Dawahare's/KHSAA Hall of Fame Selection Committee
2280 Executive Drive
Lexington, Kentucky

Dear Members of the Selection Committee:

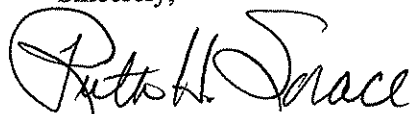
It gives me great pleasure to recommend Mr. Richard Bedwell as a nominee for the Dawahare's/KHSAA Hall of Fame. I knew Richard for over 20 years in our association with the Kentucky Association of Pep Organization Sponsors. Richard was an active member of that organization, but more importantly, he was active in all aspects of Kentucky sports, coaching, keeping the game clock or stats, and, most importantly, supporting everyone he could. His involvement touched the lives of many, both young and old. No one has ever met Richard who would not attest to his unique love of athletics and his incredible love for young people.

I first met Richard as a very young cheerleader coach at Elizabethtown High School. Richard was coaching cheerleaders at Graham High School in Muhlenberg County, and I discovered immediately he had a way of taking a group with little talent, but through creativity and hard work, developing a winning combination. He was an inspiration to me, and his creativity to this day is untouched. Richard also had the ability to coach all different activities. He may not have been an expert at all, but he coached from the heart, and his students knew it. Wherever he went in the state of Kentucky as a cheerleader coach, he developed a winning program. Not very many coaches have won state championships at two different high schools, but Richard has. And, when he retired from coaching cheerleaders, he took over the dance team at Trigg County and made it a success. I am not sure what else in his life he may have coached, but I know he has worked with the band programs as well. In my 30 years of working with cheerleaders in Kentucky, I have not yet met a former cheerleader who had been coached by Richard, who did not love and respect him.

During the time Richard was president of KAPOS, he made great strides in working with KHSAA to develop a solid working relationship between the two organizations; it was during this time that Richard pushed us to consider ourselves as coaches and not sponsors. Richard led our organization to understanding and believing that cheerleaders were athletes, and although it is not considered a sport in Kentucky, cheerleading is recognized by KHSAA as athletic activity and the state's cheerleaders as athletes.

I urge your committee to select Richard. His creativity and his leadership have shaped and changed the lives of many young people throughout our state, as well as shaping the work of KAPOS. He has been a true inspiration to many of us working at small schools, helping us understand what was really important in working with young people: honesty, fairness for all, and creating a desire to excel that remains long after their high school years end. Richard Bedwell is "Hall of Fame" through and through.

Sincerely,


Ruth H. Sorace



Clay County High School

415 Clay County High Road
Manchester, Kentucky 40962
Michael J. White, Principal

Counselors: JoAnne Gregory

Phone: (606) 598-3737

To: Dawahares / KHSAA Hall-of-Fame Selection Committee
Re: Richard Bedwell, Nominee

This is a letter of support for the nomination of Richard Bedwell, a most deserving candidate for hall-of-fame induction. If ever high school athletics had a friend, it was Richard Bedwell. The nomination packet will elaborate on his many awards, accolades, and achievements. I wish to tell you some of the good things he did and the positive impact he had on the lives of so many students through his 30+ years in Kentucky schools.


Richard fought hard and worked tirelessly for the students wherever he was. He served his school as counselor, cheerleader coach, dance team coach, statistician for the boys' basketball team, and concessionaire for the football team. Whatever needed to be done, Richard did it.

I met Richard through the KAPOS Board. In this organization he served as a regional board member, a sectional vice-president, President, and chairman of the Advisory Board. Richard loved this organization and initiated many great things during his tenure that we still use in the organization today. The bottom line for Richard was always that we must do what's best for our children. He truly cared and his students knew that he cared.

Richard and I were both working as counselors when he became ill. He had to have been one of the most creative, innovative, and enthusiastic educators I've ever known. In the day of testing madness, Richard created a motivational theme for the entire school which began the first day of school and lasted until the actual testing took place in April. Do I need to mention that their test scores improved?

Richard's life was his job(s). He retired after thirty (30) years in the Muhlenberg County School District. A former colleague of Richard's encouraged him to apply for another counseling position in another school district as there was a serious need. Richard applied, got the job, and thus began the creation of successful programs and teams at his new school. He had a knack for just knowing what the students needed and finding a way to provide.

I consider Richard Bedwell one of the best friends I've ever had. He was loyal, honest, fun, and a trooper in times of need. I can honestly say that when Richard passed away, Kentucky high school athletics lost a friend. Please give Richard Bedwell consideration when making your Hall-of-Fame Selection. This would have been the honor to top all of his many others.

Sincerely,

JoAnne Gregory, Counselor
Clay County High School

To The Hall of Fame Selection Committee:

It is my sincere honor to recommend Richard Bedwell for induction into the Kentucky High School Athletic Association's Hall of Fame. I knew Richard for 25 years, both as an officer of KAPOS and as a friend.

In today's world, I believe it is important to be able to interact and work together with others. Richard definitely had this capability. He was one of the best motivators I have ever known, encouraging all students to reach their potential. Richard was more than a teacher and a coach as he was genuinely interested in each and every cheerleader he coached and every individual he worked with as a guidance counselor. He was a person who always went the extra mile not only for his many friends, but for every student who needed his help in any way.

Richard was a very active member and officer of KAPOS for many years. During his term as president, he worked to improve policies and procedures within the organization. Under his leadership, the groundwork was laid for several positive changes including the reorganization of the format for state competition. Richard's contribution to cheerleading in the state of Kentucky is unparalleled.

I encourage your highest consideration of Richard Bedwell for induction into the Kentucky High School Athletic Association's Hall of Fame. Thank you for the opportunity to recommend such a special man.

Sincerely,

A handwritten signature in cursive script that reads "Gayle Mills".

Gayle Mills

October 19, 2004

KHSAA Hall of Fame Selection Committee

To Whom It May Concern:

I am writing this letter to recommend Richard Bedwell for induction into the KHSAA Hall of Fame. I was Principal of Graham High School in Muhlenberg County from 1974 until consolidation in 1990. Richard Bedwell was our cheerleader coach the entire time.

Mr. Bedwell had two primary functions for his cheerleaders: cheer for the basketball team; and represent the school. Through his leadership they did both well. Their secondary function was to do well in cheerleader competition. Graham with an enrollment of 125-165 always finished in the top two in our region. They often finished in the top ten in state competition. The goal was always to be best in the state. Consolidation prevented this at Graham but he did accomplish this later at Muhlenberg South and at Trigg County.

At his death last year, hundreds of people attended the visitation and funeral. I was privileged to conduct the funeral and lead in a celebration of Mr. Bedwell's life. His leadership in the KAPOS was evidenced by attendance at his funeral by the numerous cheer coaches and KAPOS officers.

Mr. Bedwell's mother and other family members would be thrilled by his induction into the Hall of Fame as well as hundreds of young ladies and men from Western Kentucky who cheered on his squads.

Sincerely,

A handwritten signature in cursive script that reads "Carl Sparks".

Carl Sparks

To Whom It May Concern:

I would like to recommend Mr. Richard Bedwell to you for induction into the KHSAA Hall of Fame.

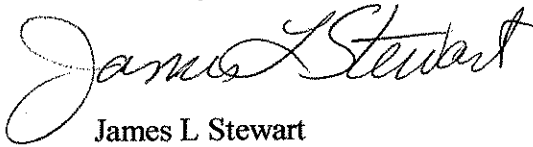
I had the pleasure of working with Richard when he taught at Graham High School (1972 – 1974) and I served as Principal. I was again able to work with him when he served as a teacher at Muhlenberg South High School and I was Muhlenberg County Superintendent of Schools.

I can truthfully say, without reservation, that he was one of the hardest working individuals I ever worked with. He put in long hours as a cheerleader coach when there was no monetary compensation involved. This was something he did because of his love for the students.

In later years he not only worked with students here in Muhlenberg County, but also at the district and state levels.

It would be fitting for a man who devoted his life to students and to sports to be so recognized by the KHSAA.

Sincerely,

A handwritten signature in cursive script that reads "James L. Stewart". The signature is written in black ink and is positioned above the printed name.

James L Stewart

PERRY COUNTY CENTRAL HIGH SCHOOL

305 Park Avenue

Hazard, Kentucky 41701

Phone: (606) 439-5888 Fax: (606) 439-2825

Edwina Burke
Principal

Larry Robinson
Assistant Principal

Carole Mullins
Instructional Supervisor

October 28, 2004

Dawahares/KHSAA Hall of Fame
Screening Committee

Dear Screening Committee,

I feel it an honor to have been given the opportunity to submit this letter of recommendation for Richard Bedwell to the Dawhares/KHSAA Hall of Fame. Having known him in both a professional and personal capacity for more than 30 years, I can only hope this letter will do justice to a man whose lasting legacy is that of making a positive difference in the lives of so many children in western Kentucky.

I was a student at an opposing high school in Muhlenberg County when first introduced to Richard in 1970 at a UK cheerleading camp. He was beginning his "official" cheerleader coaching career at Graham High School. He had already spent several unofficial years prior to this time ensuring that the Graham cheerleader program was not disbanded due to lack of adult interest. He not only revived this faltering program, but in the ensuing years took it beyond, not only his small high school's expectations, but the county and regions too. He continued this high level program when he became the cheerleader coach at Muhlenberg South High School.

My personal friendship with Richard began the minute I graduated from Muhlenberg Central High School in 1973. He had become involved with KAPOS and recruited me to become a certified judge and also to help organize and conduct district level competitions for the cheerleaders of our county. His first position on the KAPOS Board of Directors was as a State At-Large Board Member, thus beginning his work with cheerleader coaches across the state. Because of his commitment to the organization he was voted as the first male president of KAPOS. Through his nomination, I too became a member of the KAPOS board. I am proud to say that throughout these many years I was allowed the opportunity to with him and provide cheerleader judging services and coaching assistance not only in Kentucky, but also in Indiana and Tennessee.

Richard's record as the coach of numerous district, regional, and state award winning cheerleading squads will speak for itself through information from other sources. What only those closest to him know is that these award winning programs were established through sheer determination on his part and towards the end, at the expense of his health. He also used much of his own finances to fund the cheerleading programs he coached to keep them at the level he that he expected them to be. No child who wanted to participate in his program was ever refused because of financial reasons. He paid the expenses himself. Even as his health began to decline and being advised by doctors to slow down, he did not. He once told me, "I can't stop doing what I love the most. What would my life be like without the joy of making life better for "my kids?" He dedicated his life to the cheerleaders he coached, the students he taught, but most of all to making life better for many children in western Kentucky.

The legacy that Richard Bedwell left behind is alive, well, and thriving in each community of which he was associated. It is evident in the lives of the adults who as high school students or young adults were lucky enough to have called him teacher, coach, or mentor. I consider myself one of the fortunate ones who were able to add Life-long Friend to this list.

The Dawahares/KHSAA Hall of Fame is considered the ultimate reward for anyone involved in Kentucky athletics and Richard Bedwell is more than deserving to become a part of this elite group. I'm sure this committee prides itself on electing candidates who are honorable, have dedicated themselves to improving the lives of students, and have shown through many years of service that they were able to maintain high quality, successful programs associated with athletics. Your selection of Richard Bedwell will meet each of these categories.

Sincerely,

A handwritten signature in cursive script that reads "Carole Mullins".

Carole Mullins

TRIGG COUNTY ATHLETICS

Taylor Sparks
Athletic Director
203 Main Street
Cadiz, KY 42211

Telephone (502-) 522-2200, Ext.4014
Fax (502) 522-2225

October 29, 2004

Dear Committee Members:

I would like to recommend Mr. Richard Bedwell for induction into the Dawahares/KHSAA Hall of Fame. I base my qualifications for this nomination on an association with Richard that spanned thirty years. I have personally witnessed his love and dedication for Kentucky high school sports and the student-athletes he coached and mentored.

While I am sure that other qualified people will provide you with Mr. Bedwell's accomplishments and illustrious honors, I would like to address his unique dedication to the athletes that performed for him. He demanded excellence, dedication and above all pride in their team and in themselves. Mr. Bedwell was a terrific coach, but above all he inspired his athletes to believe in themselves and to be better people.

I assure you that the athletes and students at Graham High School, Muhlenberg South High School and Trigg County High School will never forget the impact he had on their lives. A past President of the KAPOS cheerleading association, State Cheerleading championships, and State Dance team champions are all on his resume, a Hall of Fame resume in my opinion. I am the grandson of a Hall of Fame member and I assure you I take nomination to the Hall very seriously. It is a very select group, to which Mr. Bedwell should undoubtedly be a member.

In closing, the athletes that Richard coached were his life. His legacy already lives in each and every young person that coached. This recommendation comes not as much from me, but from each of those lives he touched.

Sincerely,



Taylor Sparks
Athletic Director
Trigg County High School



*Donna R. Ison
2401 Chimney Point Lane
Lexington, KY 40509*

**To: The Dawahare's/KHSAA Hall of Fame Screening Committee
From: Donna R. Ison
Re: Richard Bedwell, Nominee
Date: November 1, 2004**

This letter comes as a nomination for Richard Allen Bedwell who coached cheerleaders and dance teams from 1970 until his death in 2003. The schools at which he coached include Graham High School, Muhlenberg South High School and Trigg County High School.

During his coaching career, he received many honors and awards for his leadership. He was truly an outstanding coach. He loved young people and devoted his entire career working with and promoting them.

Richard was an inspiration to all who were fortunate enough to meet and or work with him. His quick wit and humor made him an unforgettable character. Although he was humorous, he was also a very serious and compassionate person. This was most evident in his work with his cheerleaders and dance teams.

I am honored to nominate Richard Allen Bedwell for the Dawahare's/KHSAA Hall of Fame. Along with his nomination, his family and others have supplied a great deal of support documentation for your review.

Thank you for considering this nomination.

To The Hall of Fame Selection Committee:

It is my sincere honor to recommend Richard Bedwell for induction into the Kentucky High School Athletic Association's Hall of Fame. I knew Richard for 25 years, both as an officer of KAPOS and as a friend.

In today's world, I believe it is important to be able to interact and work together with others. Richard definitely had this capability. He was one of the best motivators I have ever known, encouraging all students to reach their potential. Richard was more than a teacher and a coach as he was genuinely interested in each and every cheerleader he coached and every individual he worked with as a guidance counselor. He was a person who always went the extra mile not only for his many friends, but for every student who needed his help in any way.

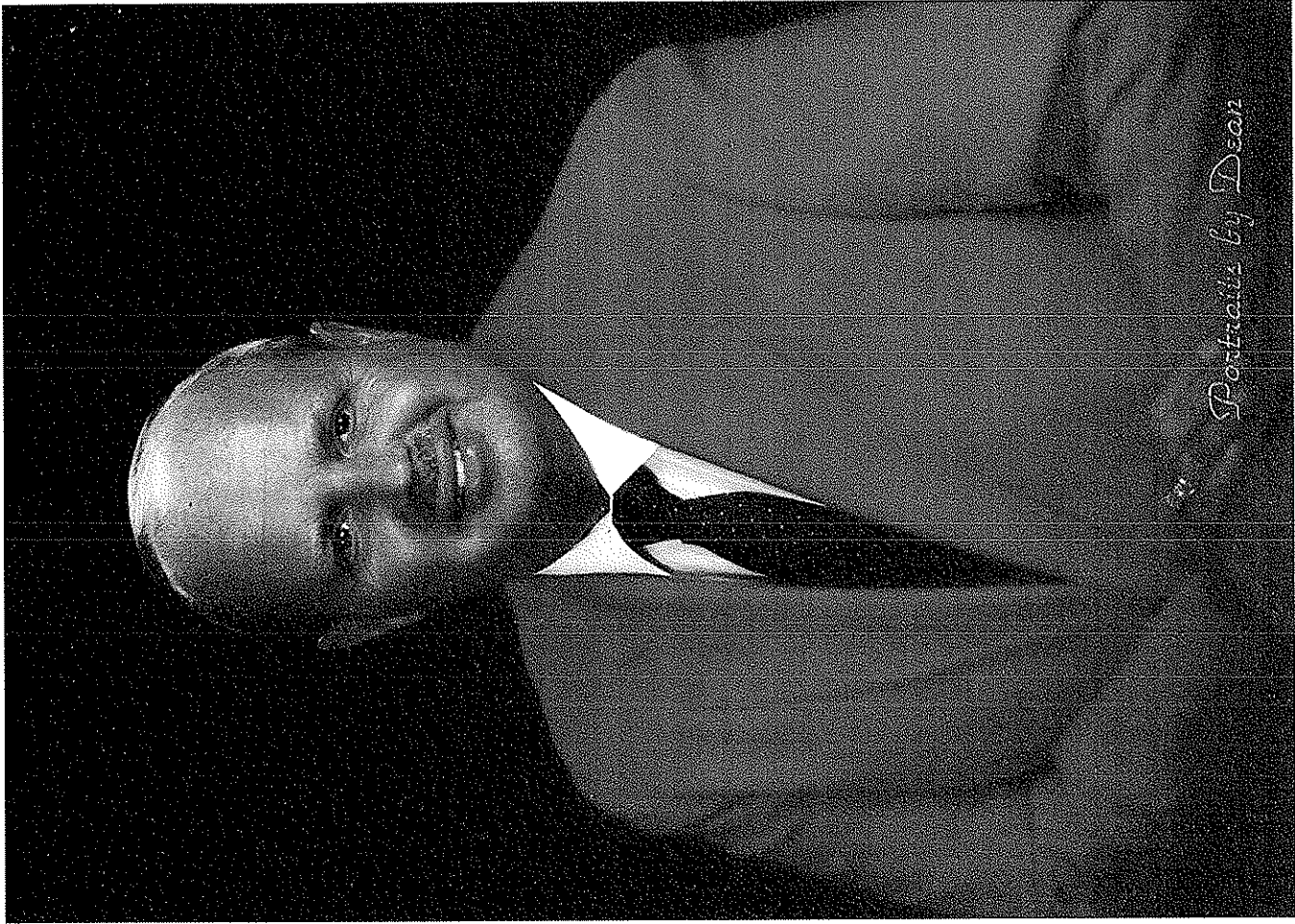
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I encourage your highest consideration of Richard Bedwell for induction into the Kentucky High School Athletic Association's Hall of Fame. Thank you for the opportunity to recommend such a special man.

Sincerely,

A handwritten signature in cursive script that reads "Gayle Mills". The signature is written in black ink and is positioned below the word "Sincerely,".

Gayle Mills



Richard Bedwell

Richard Bedwell, known to most simply as “Bedwell,” was truly one of those rare individuals who made a lasting impression on most, if not all, that he encountered. Survived by his mother (Nora) and brother (Maurie), sadly Bedwell passed away on February 11, 2003, leaving a remarkable void in the lives of many. Not only was Bedwell a supporter / contributor to Kentucky High School Athletics, and the sport of Cheerleading in particular; he was also a counselor, educator, coach, and friend to both Muhlenberg and Trigg County school systems and students. His leadership of and devotion to KAPOS (Kentucky Association of Pep Organization Sponsors) left a profound effect on the organization, its members and participants alike. His successful coaching record all but speaks for itself:

Pre-Consolidation at Graham High School

10th District Cheer Champs 1975, 1979, 1981, 1982, 1983, 1985, 1986, 1987, 1988, 1989, 1990
10th District Runner-Up 1980
10th District Pom-Pon 1986, 1987, 1988, 1989, 1990
3rd Region Cheer Champs 1981, 1985, 1986, 1988, 1990
3rd Region Runner-Up 1979, 1983, 1987, 1989
3rd Region Pom-Pon 1986, 1987, 1988, 1990
State-At-Large 1979, 1981, 1983, 1985, 1986, 1987, 1988, 1989, 1990
Girls State-At-Large 1985-5th Place, 1986-4th Place, 1988-3rd Place
Boys State-At-Large 1989-10th Place, 1990-8th Place
State Pom-Pon Originality 1986, 1990
State Cheer Originality 1988, 1989
3rd Region K-Pep Award 1979, 1981, 1983, 1985, 1986, 1987, 1988
State K-Pep Award 1985, 1987, 1988, 1989, 1990
10th District Joanna Fox Pep Award 1990
Kentucky Cystic Fibrosis Cheer Champs 1987, 1988, 1989, 1990

1980 Kentucky Cheerleader Coach of the Year

Post-Consolidation at Muhlenberg South High School

1991 Kentucky Cystic Fibrosis Cheer Champs
10th District Cheer Champs and Best Pom-Pon
3rd Region Cheer Champs and Best Pom-Pon
Kentucky State-At-Large – 3rd Place
Cheer Originality

1992 10th District Cheer Champs
3rd Region Cheer Champs and K-Pep Award
Regional 1st Runner-Up, Pom-Pon Originality
6th Place State-At-Large and Pom-Pon Originality
Kentucky Cystic Fibrosis Cheer Champs

1992 Kentucky Cheerleader Coach of the Year

1996 Most Original Squad
10th District Cheer Champs
3rd Region Cheer Champs
KAPOS State Cheer Champs

Trigg County High School

2000 – KAPOS Co-Ed Cheerleader State Champs
2001 – KAPOS Co-Ed Cheerleader State Champs
2002 – Trigg County Dance Cats – 6th Place, Eastern Dance Association
National Finals
2003 – KY vs. TN Battle of the Best Cheerleading and Dance Team
Championships – “Coach of the Year”

