

James Phillip Coomes
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Simpsonville, Kentucky 40067
(502) 321-8715
D.O.B. 06-07-'51

HEAD SOCCER COACH

Waggener High School	1973 – 1975
Central High School	1975 – 1982
Waggener High School	1983 – 1989
Eastern High School	1990 – 1994

Won/Loss Record 189 – 126

HEAD WRESTLING COACH

Central High School	1975 – 1982
Waggener High School	1984 – 1989
Eastern High School	1989 – 2006

Won/Loss Record 384 – 160

WRESTLING TITLES

District Championships '85, '86, '87, '88, '89, '92, '93, '94, '95, '96, '98, '99

Regional Championships '85, '89, '93

Jeff. Co. Championships '86, '89, '93, '94, '95, '02

State Runner – up '93

State Wrestling Coach of the Year 1989

President of the Ky. Wrestling Coaches Association 1989 – 2005

Member of the State Wrestling Advisory Committee 2003 - 2005

Phil Coomes
Assistant Principal
Eastern High School
October 28, 2005

Head Soccer Coach

Waggener High School	1973 - 1975
Central High School	1975 - 1982
Waggener High School	1983 - 1989
Eastern High School	1990 - 1994

Head Wrestling Coach

Central High School	1975 - 1982
Waggener High School	1984 - 1989
Eastern High School	1989 - 2006

District Championships	'85, '86, '87, '88, '89, '92, '93, '94, '95, '96, '98, '99
Region Championships	'85, '89, '93
Jefferson County Championships	'86, '89, '93, '94, '95, '02
State Runner - up	'93

State Wrestling Coach of the Year	1989
President of the Kentucky Wrestling Coaches Association	1989 - 2005
Member of the State Wrestling Advisory Committee	2003 - 2005