

Crittenden County Schools

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September 13, 2013

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)PP :RANSPORTATION :CHOOL HEALTH

CAREN NASSERIPECIAL EDUCATION

'RESCHOOL

SEN GRAINGER
DISTRICT TECHNOLOGY
COORDINATOR

/INCE CLARK SUPERVISOR 6-12 PERSONNEL

HOLLY WHITE
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OMMUNITY EDUCATOR

To Kentucky High School Athletic Association:

I would like to recommend Angela "Payne" Starnes to the KHSAA Hall of Fame.

Angela Payne was a standout Track athlete at Todd County Central High School until 1980. She holds many school records as well as a state record. Following her high school career she received a scholarship to Murray State University where she was a successful student athlete. Upon graduation she began a career in education and coaching. I have been able to witness her passion for the sport for the past 31 years. Among many of her accomplishments in track is the state record in the 100 with a 12.20 set in 1980. We are both very proud when we attend the state championship track and field meet each year and see her name as the record holder after 33 years.

Angela Payne Starnes deserves this induction not only for giving the commonwealth four years of outstanding track accomplishments as a participant, but also for giving a career back to the sport and state she loves so dearly.

Please consider Angela Payne Starnes for induction to the Kentucky High School Athletic Association Hall of Fame.

Sincerely,

Al Starnes

Director of Pupil Services

Head Football Coach

Crittenden County School System

September 27, 2013

To the KHSAA Hall of Fame Selection Committee:

My name is Bob Jones. I am currently principal at Crestview High School in Crestview FL. I am a 1971 graduate of the University of Kentucky, where I lettered 3 years in football. From 1977 to 1979 I was the head football and head girl's track coach at Todd County Central High School in Elkton, KY. While there, I had the great privilege and fortune to coach a young lady named Angela Payne. She is now Angela Starnes and is track coach at Crittenden County High School in Marion. I have learned that Angela is being recommended for the KHSAA Hall of Fame. I am proud to speak in her behalf on her recommendation.

Before getting into school administration, I spent 20 years as a high school coach, 7 of them in Kentucky. I have been fortunate to be able to coach some outstanding athletes. Several went on to college and a few to the NFL. Of all the young people I coached, Angela (we always called her Angel) was the best person, the hardest worker, and the most coachable of them all. In addition, her athletic ability was outstanding. I coached her during her sophomore and junior years. Both years Angel won state in the 100, 200, 400, and 400 meter relay, which she anchored. Our team was state runner-up both years.

In practice, Angel was as hard working as she was in meets. I do not remember ever having to get on her to run harder or put in more effort. Obviously, she had a lot of natural talent. However, I've coached many athletes with natural talent that never played up to their ability. Angel ran above hers. Even as a sophomore, she became a leader through her effort and her performance. The other girls looked up to her because they saw what she was putting into our team.

Angel was a competitor. I don't remember her ever not winning in any regular season meets and she never finished lower than 2nd in state competition. She ran fast, but she also ran hard. As a young coach, I did not have a lot of experience to draw on and did not know a lot about sprinting. Angel always listened intently and took my coaching, both good and bad, very well. She would, politely, offer a different way to do something and probably knew more than I did about her events. As I mentioned, she was, without a doubt, the most coachable athlete I ever encountered.

In addition to her talent, coachability, and work ethic, Angel was, and still is, one of the finest people I've ever known. I never heard a negative comment or complaint and do not remember her ever saying anything bad about anyone, even those who were not always nice to her. I remember once, during an early spring practice of her sophomore year when it was still pretty

chilly, the girls wanted tissues. As a football coach, I had never heard of such a request. Then Angel came up to me, smiled, and said, in a sweet but matter-of-fact tone, "Coach Jones, us girls need tissues to wipe our little noses when it's cold out." From then on, tissues were part of our equipment.

In closing, I cannot convey to you what an honor it is for me to be able to write you in support of Angela Starnes for induction into the KHSAA Hall of Fame. I was proud of her as an athlete in high school and I'm proud of her now as a coach, a wife, and a mother. Since my daughter now lives in Beaver Dam, KY, I have been able to visit with Angel and her husband, Al and I realize that she is still the same wonderful person she was back then. When, last spring, I walked down to the track at Marion and watched her work with her athletes. I realized what a true blessing the coaching profession is. Angela was, and continues to be, a blessing to me.

Sincerely yours,

Bob Jones Principal, Crestview High Crestview, FL

TO WHOM IT MAY CONCERN:

I am writing this letter in support of Angela Payne Starnes for induction into the Kentucky Athletics Hall of Fame. I have known Angela for thirty-three years as a student-athlete and a fellow coach.

She arrived at Murray State University in the fall of 1980 as a wide-eyed freshman from Todd County Central High School. Angela was a Kentucky State Champion and record holder in the 100-meter dash. The Class A Girls 100-meter dash record of :12.20 still stands as of today.

During her four years at Murray State University, it was my pleasure to coach her and watch her grow into a very successful student and athlete. Angela was a coach's dream; came to practice, did the workouts, did not complain, competed and won. She was also very successful in the classroom as a health and physical education major. Not only did I have her as an athlete, but she was also in a number of the health and physical education classes I taught.

Ms. Starnes is currently employed in the Crittenden County School system as an elementary physical education teacher, boy's and girl's track coach, and athletics director. It is very gratifying to me to see one of my student-athletes be as successful as she has been and that she has given back to the profession and sport that we both love with all our hearts.

She came as a wide-eyed freshman and now is a very successful woman, but it still wide-eyed to the needs of the students she teaches and coaches.

Thank you for your consideration for the induction of Angela Payne Starnes.

Cordially,

Margaret Simmons Murray State University Women's Track Coach, Retired Volunteer Murray High School Track Coach