



Rowan County Board of Education

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Dawahares/KHSAA Hall of Fame
Attention: Nominations
2280 Executive Drive
Lexington, KY 40505

Dear Nominations Committee:

As a former cheer coach, a member of the NFHS Spirit Rules Committee, a KAPOS Past President, and a supporter of the KHSAA and Hall of Fame, it is a pleasure for me to write this recommendation for one of our leaders in Kentucky cheerleading—**Ann Parker Upchurch**.

I first met Ann in 1980 when she was the KAPOS President and I was a young, inexperienced (meaning I knew NOTHING) cheer coach. Although she was very busy with a multitude of other things, she was willing to assist me and answer the dozens of (silly to her, I'm sure) questions that I continually had. Little did I realize at the time that this lady that was being so kind to me was someone of such stature and importance in the world of cheerleading!

I later learned that Ann represented Kentucky as a charter member of several nationally known cheer organizations that included the National Federation of High Schools Spirit Advisory Committee and Spirit Rules Committee. She also served on their Sportsmanship Ethics and Integrity Committee. Since KAPOS is the oldest cheerleading organization in the United States, it is little wonder that we are looked to for ideas and suggestions when other states are organizing their state competitions. Ann spent many years helping these states and was an outstanding representative for Kentucky in her work.

Because of her work ethic and knowledge, she is respected by all who know her. Her many years of dedication to cheerleaders in Kentucky and across the country was rewarded in 1997 when the National Federation of High Schools selected her to receive their Spirit Contributor of the Year Award.

Region 12 has been well represented by Ann who graduated from Boyle County and then went on to coach at both Lincoln County and Wayne County. In a region that is packed with excellent cheerleading, her teams won several district titles as well as three (3) regional championships. More than titles though, Ann has always served as a role model for what young ladies and gentlemen should strive to become.

Ann worked as a teacher, counselor, and administrator in a number of schools across the Commonwealth, as well as in the Hawaii Public Schools. Kentucky schools include Anderson County, Wayne County, Lincoln County, Russell Independent, and Morehead State University. I know that Ann has touched the lives of many, many young people in her career. I believe honoring her with the prestigious recognition of induction into the Hall of Fame would be both humbling and gratifying to her for her service to the cheerleaders and cheerleader coaches of Kentucky.

I truly believe that **Ann Parker Upchurch** is most deserving of your recognition and that she would be a worthy candidate for induction. It is with great pride that I respectfully recommend Ann for your consideration.

Sincerely,

Lucy Moore

Lucy Moore
Instructional Supervisor, Rowan County Schools
KAPOS Past President
NFHS Spirit Rules Committee