

John Stuart Presses 345

What was supposed to have been a warm-up turned into a pretty hot Saturday night when the Glasgow Athletic Club conducted a warm-up weightlifting meet for the Ohio Valley Championship Meet in Louisville November 30th.

John Stuart of Glasgow, the 242 pound class champion in the 1968 Teenage National Championship, hoisted a three lift total of 960 pounds Saturday to better his winning Teenage total of 940 by 20 pounds. Principally responsible for the excellent total was Stuart's fantastic press of 345 pounds, the best he's ever done in that lift.

In other weight classes Saturday, David Harbison totaled 560 in the 132 pound class, and Howard Stuart had 255 in the 123 pound class. Both totals were personal highs.

John Stuart third best in U.S.

John Stuart has to rate the second spot, and might have been the top choice if the Glasgow basketball team hadn't picked 1968 to release all of the stops. Stuart won state and national titles in weightlifting and was the Class AA state champion in both the shot put and the discus throw. It was the third year in a row for John as the state champion in the shot put, his best of the year coming in April when he lofted the 12 pound ball 66 feet, five and three-quarter inches. Stuart placed third in the Golden West Invitational shot to national prep record holder Sammy Walker, and all-time second best Doug Lane. Stuart now a freshman shot putter on the University of Kentucky track and field team, and will be one of the favorites in his specialty when the SEC track and field championship comes to pass next spring.

Stuart placed third in the shot put at the SEC track and field championship.

1/2/1969 Glasgow Daily Times Pg 7 1968 Top Stories



INTER-HIGH TRACK

WASHINGTON D.C. XC & TRACK

National Invitational

CYO National Invitational History

Hosted By: University of Maryland

College Park, Maryland

Friday, January 09, 1970

Volunteer to type these results: Email Results@mocorunning.com

FRESHMAN MILE RELAY—1, Norfolk State (Larry Freeman, John Gilles, Bill Johnson, Bill Cuffee), 3:31.3; 2, Virginia State, 3:32.4; 3, Winston-Salem, 3:43.

FRESHMAN MILE RELAY—1, Morgan State (Martin Nyman, James Roberts, Larry Ward, Larry Martin), 3:31.4; 2, Pennsylvania, 3:32.2; 3, Penn State, 3:32.3.

INVITATIONAL SHOT PUT—1, John Stuart, Kentucky, 58-2 $\frac{3}{4}$; 2, Jack Hanley, Maryland, 56-5 $\frac{3}{4}$; 3, Ernie Hearon, Sports International, 56- $\frac{1}{2}$; 4, Rich Drescher, Sports International, 55-11 $\frac{1}{2}$.

TWO-MILE RELAY—1, West Virginia (Don Fosselman, Michael Scott, Lott Steffey, Morgan Mosser), 8:04.8; 2, Virginia Union, 8:07.7; 3, Towson State, 8:29.

TWO-MILE RELAY—1, Adelphi (Ted Kohlen, Vic Stancarone, Al Leigh, Warren Lyons), 7:51.9; 2, Fairleigh Dickinson, 7:53; 3, North Carolina, 7:55.2.

CYO FOUR-LAP RELAY-Boys—1, St. Plus X (Bowie, Md.), 1:19.7; 2, St. Mary's (Landover, Md.), 1:25.4.

CYO FOUR-LAP RELAY-Girls—1, St. Andrew the Apostle (Washington), 1:25.8; 2, Nativity (Washington), 1:29.5; 3, St. Ann's (Washington), 1:33.4.

INVITATIONAL WOMEN'S 800—1, Nancy Shaffer, Wooster, Ohio, 2:13; 2, Terry Hull Knoxville TC, 2:13.7; 3, Jane Hill Frederick TC, 2:19.9; 4, Penny Werthenor, Upland Harriers, 2:27.

MILE RELAY—1, West Virginia (Myler Kelly, Ernie Vecchio, Frank Huff, Bob Rieves, 3:26.5; 2, Iona, 3:28.6; 3, East Carolina, 3:28.2).

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UK records

INDOOR RECORDS SET IN '69-'70

70-yard dash—Jim Green, 6.8.
70-yard high hurdle—Dave Steele, 8.8.
300-yard dash—Jim Green, 30.9.
300-yard dash—Jim Green, 30.5.
2 mile—Vic Nelson, 8:58.0.
Long jump—Bill Lightsey, 25'1½".
Pole vault—Mark Norsworthy, 14'6".
Shot put—John Stuart, 59'10½".
Triple jump—Mike Stutland, 49'8".
35-lb. weight throw—Ray Sabbatine, 55'3½".
Distance medley relays—Jerry Sarvadi, 1:58.1; Bill Carman, :51.3; Don Weber, 3:07.0; Vic Nelson, 4:12.3; total, 10:08.7.

OUTDOOR RECORDS SET IN '69-'70

220-yard dash—Jim Green, 20.8.
3 mile—Vic Nelson, 13:46.9.
Marathon—Vic Nelson, 2:25:6.0.
Shot put—John Stuart, 59'4".
16-lb. hammer—Ray Sabbatine, 175'7".
Long jump—Bill Lightsey, 24'10½".
Triple jump—Mike Stutland, 49'9".
440-yard relay—Larry Crockett, Bill Lightsey, Dan Parker, Jim Green, 40.5.
Sprint medley relay—Larry Crockett, 22.4; Gary Craft, 22.0; Jim Green, 46.6; Don Weber, 3:06.8; Vic Nelson, 4:14.8; total, 10:06.7.

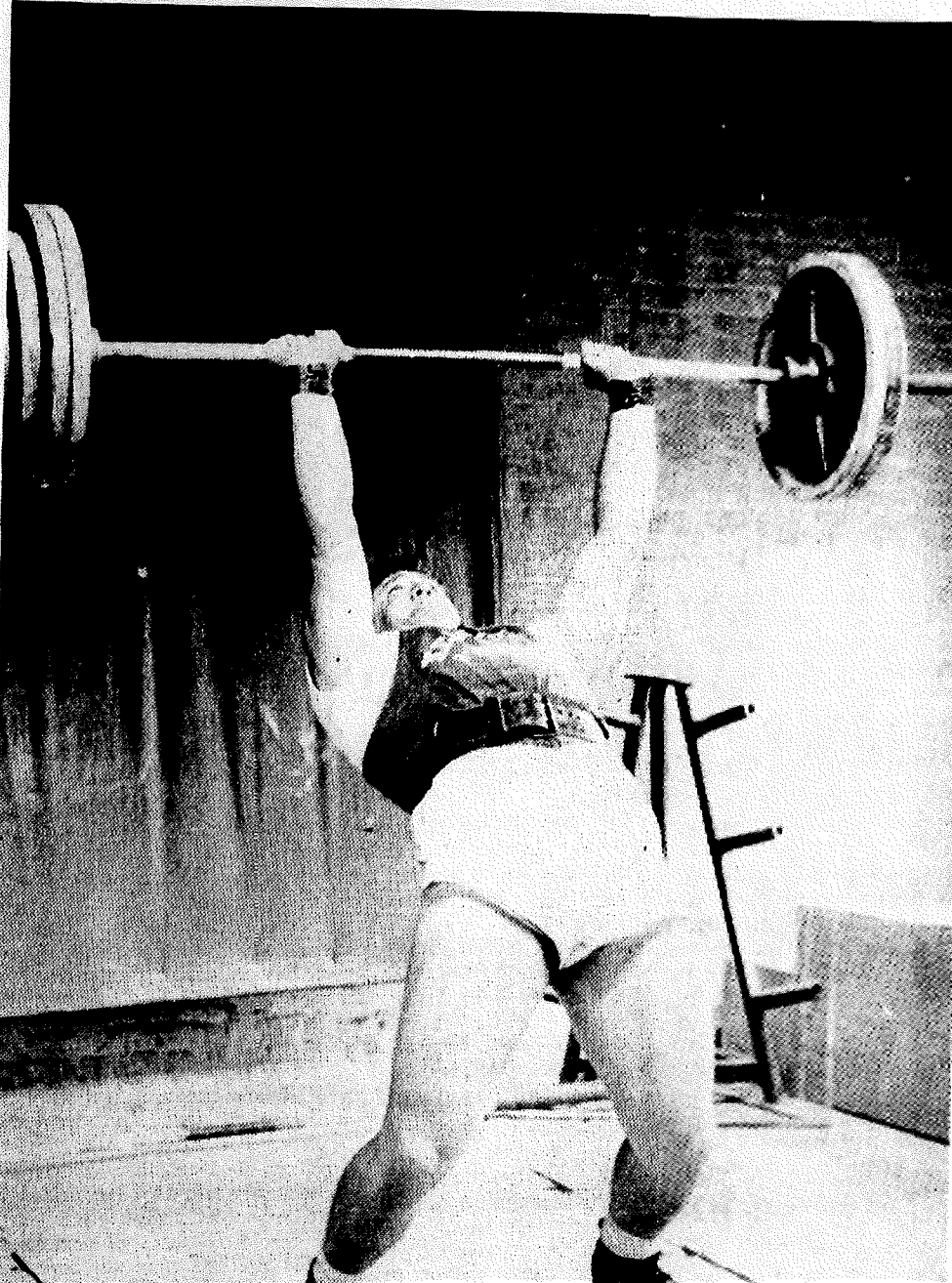
SEC INDOOR RECORDS SET IN '69-'70

6-yard dash—Jim Green, 6.1.
Shot put—John Stuart, 57'8¼".

SEC OUTDOOR RECORDS SET IN '69-'70

3 mile—Vic Nelson, 13:46.9.
Shot put—John Stuart, :59'3¾".

John Stuart Wins Ohio Valley Weightlifting Championship



STARS IN LOUISVILLE MEET--John Stuart of Glasgow was the top performer Saturday in the Ohio Valley Weightlifting Championships held at the West Market Street YMCA in Louisville. Stuart won the 242 pound class and was named for the "Best Lifter Award". John, son of Dr. and Mrs. John Stuart and a star track performer at UK, totaled 1,010 pounds in his class, five pounds better than the second place finisher, Tom Rouff of Cincinnati who was a second place finish in the Senior Nationals recently. Stuart pressed 350 pounds, snatched 265 pounds and cleaned and jerked 395 pounds which was his all time best. Stuart had won the Ohio Valley once before and had won the Teen Ohio Valley championship before that.

4-Glasgow, Ky., Daily Times, Tuesday, June 1, 1971



IT WAS STUART DAY this past weekend in the Kentucky weightlifting championships as they copped two championships and finished high in another. Howard, left, the youngest of the Stuarts, finished third in his division while brother John, center, won the heavyweight championship and Brill, right the eldest of the boys, took the 198-pound class.

Stuarts Dominate Weightlifting Meet

John and Brill Stuart won championships and Howard Stuart won third place in their respective divisions at the Kentucky AAU Weightlifting Championships. The Stuarts represented the Glasgow Athletic Club, which came in second in team competition.

John was awarded the heavyweight title after lifting a total of 920 pounds in three

trials. Brill lifted a total of 765 pounds to win the 198 Pound Class. Howard took third by lifting 295 pounds in the 132 Pound Class.

This is the third championship John has taken this year. He won the Greater Cincinnati Open Weightlifting Championship with a total of 995 pounds and the Ohio Valley Championship with a total of

1,010 pounds.

Howard presently holds the Junior Olympic Weightlifting title for the 12 to 13 year old group.

John and Brill are students at the University of Kentucky. Howard is in the eighth grade at Glasgow Junior High. They are the sons of Dr. and Mrs. John N. Stuart.

Stuart 3rd In Penn Relays

In news of interest to area track and field fans, John Stuart of Glasgow and the University of Kentucky finished third in the shot put event at the prestigious Penn. Relays in Philadelphia over the weekend.

John's toss was 58 feet, nine inches - a mark that left him only one inch out of second place. John's brother Jesse was unable to compete because of a pulled groin muscle.

John thus won first in two straight meets - he had won in the Dogwood Relays at Knoxville the previous week. Another of the Strart brothers, Brill, won his division in a power-lifting weightlifting meet at Western Kentucky University Saturday. The eldest of Dr. John N. Strart's sons totaled 1,235 pounds in the squat, snatch and bench press lifts that make up the power-lift program.

Tim Gillenwater, also of Glasgow, was second to Stuart with a three-lift total of 1,085 pounds.

on
4-24-71

58' 9"

Penn Relays Summaries

440-YARD HURDLES—1, Ron Rondeau, Texas-El Paso, 51.7; 2, Tom Ryall, Baptist College (S.C.), 52.1; 3, Jim Elwell, Temple, 52.5; 4, Hakan Otero, Mayaguez A & M, Puerto Rico, 52.5; 5, Andy Kappel, Princeton, 52.7.

DISTANCE MEDLEY RELAY—1, Villanova (Wilson Smith, Greg Govan, Chris Mason, Marty Liquori), 9:44.1; 2, Manhattan, 9:45.6; 3, Pennsylvania, 9:46.8; 4, C.W. Post, 9:50.1; 5, Texas-El Paso, 9:51.5.

DISCUS—1, Russ Frame, Maryland, 175-9/16; 2, Dick Conley, Kentucky, 164-1/16; 3, Tom Melville, Yale, 163-3/16; 4, John Connery, Baptist College (S.C.), 153-1/16; 5, Tom Carmichael, Tennessee, 152-7/16.

HEPTAGONAL MILE RELAY—1, Navy (Mike Morella, Richard Brilla, Leslie Reeves, Gene Watson), 3:16.4; 2, Yale, 3:17.0; 3, Princeton, 3:17.0; 4, Penn, 3:18.1; 5, Cornell, 3:18.9.

HAMMER—1, Al Scholerman, Kent State, 219-4 (meet record; old record, 201-10 by August Zillincar, Monmouth, 1968); 2, Bill Diehl, Army, 196-11; 3, Bill Dineen, Dartmouth, 195-9; 4, Tom Sirlos, Northeastern, 185-2; 5, Michael McDermott, New York University, 182-9.

LONG JUMP—1, Glenn Fausset, Cornell, 25-3/16; 2, Jorge Toro, Mayaguez A&M, Puerto Rico, 24-10; 3, Bill Lightsey, Kentucky, 24-4; 4, David Boyd, Fisk (Tenn.), 23-1/16; 5, Bill Foucher, Princeton, 22-8/16.

THREE MILE—1, Greg Fredericks, Penn State, 13:36.1; 2, Garth McKay, Georgetown, 13:39.7; 3, Ron Stonitsch, C. W. Post, 13:43.5; 4, Mike Keough, Manhattan, 13:45.7; 5, Doug Brown, Tennessee, 13:50.5.

SHOT PUT—Vincenzo Monari, Texas-El Paso, 65 feet 1 1/4 inches (meet record; old record by Monari, 1970, 61 feet 5 inches); 2, Jack Hanley, Maryland, 58-10 3/4; 3, John Stuart, Kentucky, 58-9; 4, James Bloom, Navy, 55-7 1/2; 5, Stock Thomas, Tennessee, 55-6 1/4.

JAVELIN THROW—1, Mark Murro, Arizona State, 268 feet 5 inches; 2, Scott Hagy, Penn State, 244-5; 3, Robert Kouvolio, Pitt, 238-0; 4, Jack Bacon, Maryland, 229-8; 5, Dennis Chandler, Clemson, 227-6.

TRIPLE JUMP—1, Will Marsonano, Mayaguez A&M, Puerto Rico, 51 feet 7 1/4 inches; 2, Randy Smith, Buffalo State, 51-3 1/2; 3, Glenn Fausset, Cornell, 50-7 1/4; 4, Ron Coleman, Florida, 50-1; 5, Bill Rea, Pitt, 48-11 1/4.

COLLEGE FOUR MILE—1, Villanova (Jerry Douma, Les Hagy, Dave Wright, Marty Liquori), 16:43.7; 2, Pennsylvania 16:44.7; 3, Bowling Green 16:46.7; 4, Penn State 17:06; 5, Kentucky 17:06.3.

SHUTTLE HURDLES RELAY—1, Tennessee (Bill High, Jeff Flowers, Bob Ball, Pete Matlina) 57.7; 2, Penn State 57.8; 3, Pennsylvania 60.2. (Norfolk State finished third in 59.1 but was disqualified).

SPRINT MEDLEY (440, 220, 880)—1, South Carolina (Dick Harris, Keith Eldson, Jim Small, Bob Kackli) 3:19.8; 2, Villanova 3:21.2; 3, Fordham 3:22.7; 4, Rutgers 3:25.1; 5, Florida, 3:25.2.

COLLEGE 440 RELAY—1, Norfolk State (Condie Pugh, Steven Roddick, Zachary Rogers, William Cuffee) 40:8; 2, Texas-El Paso 40:8; 3, Tennessee 41:4; 4, Kentucky 41:6; 5, Ohio State 41:8; 6, Edward Waters (Fla.) 42.1.

120 HIGH HURDLES—1, Paul Gibson, Texas-El Paso, 13.4 (Meet record,

former record 13.6 by Richmond Flowers in 1968); 2, Bill High, Tennessee, 13.7; 3, Tom Ryall, Baptist (S.C.); 4, Godfrey Murray, Michigan; 5, Pete Matlina, Tennessee.

100-YARD DASH—1, Jim Green, Kentucky, 9.3 (bested meet record but record not allowed because of excessive following wind; 2, Harrington Jackson, Texas-El Paso; 3, Jim Harris, Ohio State; 4, Don Martin, Yale; 5, Joe Johnson, J. C. Smith.

HIGH JUMP—1, Eric Howard, Morgan State, 7-0; 2, Randy Smith, Buffalo State, 6-10; 3, (tie), Jeff Fried, Pennsylvania; John Mann, Michigan; Chris Dunn, Colgate; Bob Ruthfoss, Kentucky, 6-8.

COLLEGE TWO-MILE RELAY—1, Villanova (Ken Schapperi, Dave Wright, Chris Mason, Marty Liquori) 7:25.5; 2, Manhattan 7:25.9; 3, Texas-El Paso 7:26.7; 4, Michigan 7:31.2; 5, Florida 7:33.3.

COLLEGE 880 RELAY—1, Adelphi (Richard Hardware, Keith Davis, Ray Lee, Dennis Walker) 1:24.3; 2, Norfolk State 1:24.5; 3, Kentucky 1:26; 4, Texas-El Paso 1:26.4; 5, Michigan 1:26.7.

POLE VAULT—1, Mike Cotton, Florida, 16 feet 6 1/4 inches (meet record; old record 16-5, Brian Sternberg, Washington, 1963); 2-3 (tie), Tom Blair, Pennsylvania, and Jerry Kiyon, Villanova, 16-0; 4, Jim Williamson, Maryland, 16-0; 5, Charles Stroke, William and Mary, 15-6.

3,000-METER STEEPLECHASE—1, Sid Sink, Bowling Green, 8:52.1; 2, Joe Lucas, Georgetown, 9:08.5; 3, Jim Albano, Penn State, 9:15.6; 4, Ken Layne, Baptist (S.C.), 9:18.0; 5, B. Graham, Navy, 9:30.4.

COLLEGE MILE RELAY—1, Adelphi (Ray Lee, Keith Davis, Dennis Walker, Clyde McPherson) 3:07.9; 2, Tennessee 3:08.2; 3, Temple 3:11; 4, Villanova, 3:11.6; 5, Pitt, 3:15.6.

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