



# Executive Committee

Virginia High School League

July 15, 2020

# Virginia High School League Guidance

- NFHS – Guidance for Opening Up High School Athletics and Activities
- VHSL Guidelines for Reopening Sports/Activities
- Guidelines For All Business Sectors
- Phase Guidance For Virginia Schools
- Resocialization of Collegiate Sport: Update

***(All information subject to further revision as available COVID-19 data and other information continues to emerge and evolve.)***



# Virginia High School League Guidance

- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable (Page 22 Guidelines For All Business Sectors)
- For school athletics, indoor and outdoor recreational sports may occur if ten feet of physical distancing can be maintained by all instructors, participants, and spectators, with the exception of incidental contact or contact between members of the same household. This applies during instruction, practice, and during competitive events. Competition that involves close contact with other athletes must be avoided.



# Virginia High School League

## Sport Classification

### Lower Infection Risk Activities

Swim & Dive, Golf, Gymnastics, Tennis,  
Forensics/Debate, Scholastic Bowl, Esports

### Moderate Infection Risk Activities

Baseball, Softball, Cross Country, Soccer, Track & Field,  
Theatre, Robotics

### Higher Infection Risk Activities

Basketball, Field Hockey, Football, Boys & Girls  
Lacrosse, Cheer, Wrestling, Volleyball



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## Models

### Model 1

Leave all sports in current season.

### Model 2

Switch Fall and Spring seasons

### Model 3

Delay all VHSL sports and adopt the Condensed Interscholastic Seasons Plan



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## Models

### Model 1

- Leave all sports in the season where they are currently aligned.
- Low and Moderate contact risk sports that would be allowed to play are golf and cross country
- High risk sports that would **not** be played are field hockey, football, volleyball, and cheer
- All VHSL Academic activities are Low or Moderate risk.



# Virginia High School League

## Models

### Model 2

- Switch the Fall and Spring Season
- Low and Moderate contact risk sports that would be allowed to play in the Fall are Track & Field, Tennis, Soccer, Baseball and Softball
- High risk sports that would **not** be played are Boys and Girls Lacrosse
- All VHSL Academic activities are Low or Moderate risk.



# Virginia High School League

## Models

### Model 3

- Leave all sports in the season where they are currently aligned.
- Season 1 (Winter) December 14 – February 20  
(First Contest Date – December 28)
- Season 2 (Fall) February 15 – May 1  
(First Contest Date – March 1)
- Season 3 (Spring) April 12 – June 26  
(First Contest Date – April 26)





# Virginia High School League

## Recommendations

### Recommendation 1

- Delay the beginning of Fall Sport Season indefinitely or until a decision is reached on August 3

### Recommendation 2

- For 2020, suspend the July – August Dead Period

### Recommendation 3

- The Executive Committee meet on Monday, August 3, to vote on the three models



# Thank You

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