

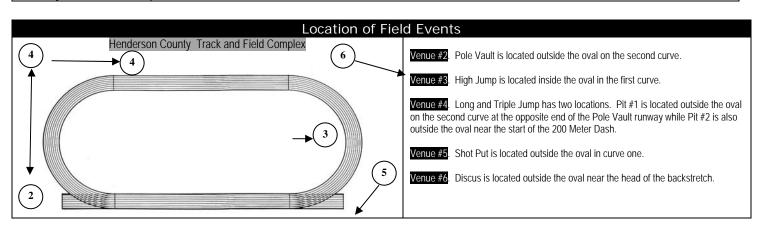
Kentucky High School Athletic Association – Track & Field Site Inspection

Henderson County High School, Henderson, Kentucky

Site Inspection Requested by Sarah Bridenbaugh, Assistant Commissioner of KHSAA Site Inspected by Gordon D. Bocock - #4848 – KHSAA Track and Field Consultant

Date of Inspection: Monday - April 4, 2016

	Name // 1
Lanes (Number and Size) General overall condition and concerns with the running track Starting Lines	Venue # 1 Running Tracks The Henderson County Track and Field Complex has a 400 Meter Oval with 8 lanes that are 42" wide. The running surface is in good condition with the exception that at the time of this inspection maintenance has been driving vehicles on a tender rubberized surface that can do damage to a costly facility. The tire marks on the track have left mud trails on the surface in several lanes that will require maintenance to clean the track surface. Any time the running track must be crossed by a vehicle it should be straight across the track with no turning of wheels. Driving up and down the straightaway or around the curves shows little regard to the costly facilities that Henderson County is trying to provide. The current stripping of the track is a couple years away from needing a new paint job. It is pointed out that color code of the Henderson Track does
(Staggers)	match the recommended colors of the National Federation Track and Field Rule Book. 1 – Turn Stagger Green 2 – Turn Stagger White 3 – Turn Stagger Red Distance races – Four two lane alleys are set up for 1 turn staggers
Relay Exchange Zone Markings	The 4 x 100 Meter Relay – The first handoff is yellow to yellow. The second handoff is yellow to yellow. The third handoff is yellow to yellow. The 4 x 200 Meter Relay - First handoff is red to red. Second handoff is red to red. Third handoff is yellow to yellow. (It is pointed out that the Fly Zone is in place for both the 4 x 100 and the 4 x 200 Relays) The 4 X 400 Meter Relay – The first handoff is the staggered Blue Pyramids while the second and third handoff is green to green The 4 X 800 Meter Relay – The first, second and third handoff is green to green
Break Lines	A one turn and two turn break line are indicated with a white broken line and are properly marked.
Hurdles Color Markings Overall condition of hurdles	Some of the hurdles are old and need repair but basically there appear to be enough to allow for a full flight of 8 lanes of hurdles for a hurdle race. 100 Meter Hurdles yellow 110 Meter Hurdles blue 300 Meter Hurdles white 400 Meter Hurdles green
Starting Blocks (Number & Condition)	The starting blocks were in the storage room. For the most part blocks are in good shape with some missing a few spikes. Some blocks needs new foot pedals and the new pedals were observed that just came in. Blocks need attention yearly.
Starting Line Safety	As far as crowd control the area is secure but attention must be given to assure that FAT equipment is not to close to the actual finish area where athletes must come on and off the track, especially in relays.
Finish Line Safety	Crowd control is excellent at this complex and there is plenty of finish area and gates to safely exit the athletes from the track. Banners should be placed over the finish line to assure the visibility of all the athletes. If banners are not available large cones should be placed at the finish line.
Surrounding area (This could include bleachers, fencing, trees, limbs, etc.)	Bleachers are excellent for viewing a track and field meet and plenty of area is available for the ever present "Tent City" that appears at large invitational and regional track and field meets. Excellent venue for viewing track and field competitions



	Venue #2 Pole Vault
New PV Landing Pad	It is pointed out that the Pole Vault landing pad is 21' x 20' which meets the National Federation Safety Standards for both practice and
19'8" wide	competition in this event. The pads have been properly put together and have a common cover that pulls the pads into a very safe
20'2" deep	landing area for the vaulting athletes. There is an all weather cover in place to protect the investment from the weather elements.
16'5" back of box	It is pointed out that a box collar is in place.
Vaulting Box	The vaulting box is properly placed in the ground however attention needs to be paid to National Federation Rule 7-5-12it is
	recommended that the planting box be of a color contrasting to the color of the runway. The new box collar is in place.
Zero Point Markings	Zero Point is not marked on the vaulting surface as was instructed at the KHSAA Track and Field Rules Clinics.
Runway	The runway is more than adequate in length and serves as a dual runway as the Girls also us this runway for their long and triple jump.
130′0″	The concrete edges of the runway need to be cleared of dead grass and runway particles as well as Bermuda grass that is growing over
	the edges of the runway.
Standards / Crossbars	The standards are in good working order but are not secured to the ground and no evidence of sandbags or weighted material to keep
13′8″ – 14′8″	the standards in place. Three cross bars were observed during the inspection.
Bar – 14'10"	

Weigh in Athletes	It is pointed out that the host school is responsible to provide scales for the KHSAA Meet Official to weigh all the vaulters before each competition. It is highly recommended that each coach weigh his or her vaulters weekly to assure that they are legal for the vaulting poles that they are using.
Coaching Box	For the Regional Meet a coaching box must be established and an area flagged off. It is recommended that ONLY authorized PCSCB certified coaches with a badge or wrist band to identify them be allowed in the coaching box.
Area surrounding the Pole Vault Venue	The area around the vaulting pads has been covered with sand and is a safe area with all hard an unyielding surfaces
Pole Vault Venue (General Notes)	A good vaulting area

Venue # 3 High Jump	
HJ Landing Pad	It is pointed out that the High Jump landing pad is 8' x 20' which meets the National Federation Safety Standards for both practice and
16' x 8'	competition in this event. The pads have been properly put together and have a common cover that pulls the pads into a very safe landing area
Exposed Surfaces	for the high jumping. There is an all weather cover in place to protect the investment from the weather elements. It is pointed out that the back side of the landing pads has a rather large of area of hard and unyielding surface as well as some drop off. The hard and unyielding surface around the pits edges have been covered but the large area and drain hole at the back of the pit need padding as well.
HJ Apron	The high jump apron is more than adequate to accommodate the take offs of all of the athletes
Standards / Crossbar	Two high jump cross bars were observed in the storage building.
12' apart	
bar is 12' to 14'10"	
Area surrounding the HJ Venue	There are some concerns with the drop off area behind and beside the landing pads even though they are padded quite well.
High Jump Venue	It is recommended that the High Jump landing pad be moved to the back side of the apron and placed with all but the front edge of the landing
(General Notes)	pad in the grass. This would get away from the heave padding needed in the original spot as well as giving a much safer foot plant for the athletes approaching from either the right or the left. It is pointed out that the goal post pad should be placed on the goad post if indeed this move is made.

	Venue # 4 Long and Triple Jump
Landing Pit	There are two sand pits used at this venue. Pit # 1 is the Girls Long/Triple Jump area and Pit # 2 is the Boys Long/Triple Jump area. Both pits are
Take Off Marks	20' x 9'. They both have concrete edges around the sand pit as well as along both. Fresh paint is needed on the take off marks that are places at
LJ - (8' and 12')	appropriate distances from the pit. The Triple Jump takeoff marks in both pits are 2" wide at best. Book recommends 24" painted in a bright
TJ – (28' and 32")	contrasting color to the runway for visibility. In their current condition they are not suitable for Regional Competition and digital pictures will need to
And the Runway	be presented to this inspector before final approval will be given.
Sand Pit	At the time of this inspection the sand pits were in the process of being prepared for a season of competition. The sand was being tilled and
Condition	loosened and then raked level so that it could be determined if sand needed to be added to either pit. Again Bermuda grass is trying to take over
	and needs trimmed back and kept off the runway. The concrete edges of the sand pit are to be kept clean so they are visible at all times. The
	runway must be kept clean from dead grass clippings to help assure the proper footing of the athletes and digital pictures will need to be presented
	to this inspector before final approval will be given
Area around the Long	Concrete edges around the sand pit must be cleaned off.
and Triple Jump Pit(s)	
Long and Triple Jump	Sand must be loosened and rakes so that the sand is level with all the concrete edges. The concrete edges are currently not visible and need to
Venue	be cleaned so they are completely visible. Take-off boards must be painted and replaced in the triple jump. Digital pictures of improvements to
(General Notes)	both pits must be sent for final approval

	Venue #5 Shot Put
Circle – Concrete Pad	The concrete slab is 10' x 10' and the edges need trimmed back. It is recommended that the concrete be painted in the school colors with will help indicate the back half of the circle. (This was recommended at the last inspection but no evidence that it has ever taken place). At the time of the last inspection in 2007 the new sector marks were asked to be painted on the toe board. It was not done so digital pictures of improvements are to be sent to the inspector.
Sector and Cage	Sector lines were not present so a reminder is given that the 34.92 degree sector is now used for high school competition. The sector is a small grade of pea gravel and is terrible to try and get a truly accurate measurement as the gravel has a tendency to explode from the area with the shot hits. If the track venue receives a face lift would recommend giving serious consideration to a different landing area for the shot to give the athletes a much better opportunity for an accurate measurement. A new location would also all for safer travel on the sidewalk for spectators going to watch various and assorted field events.
Weight in of Implements	It is pointed out that the <u>host school is responsible</u> to provide scales for the KHSAA Meet Official to weigh all the throwing implements before each competition. It is <u>highly recommended</u> that each coach weigh his or her athlete's implements weekly to assure that they are legal and that no alterations have been made to the implements.
Surrounding Area	With the location of the shot put venue and the side walk that leads to the back stretch bleachers as well as a concession area a row of streamers needs to be stretch from the entrance gate to the concession stand on the back stretch. It is recommended that a Marshal be in the area to constantly remind people to be aware of flying implements.
Shot Put Venue (General Notes)	A shot put venue can never be adequate when pea gravel is used in the throwing sector the athletes are not getting a true measurement on any of there throws. Brooms need to be at the venue at all times to keep the pea gravel off of the concrete slab. Recommend throwing the shot in a new direction or moving it outside the track on the second curve between the track and baseball field. This area has safety concerns.

	Venue #6 Discus Throw
Circle – Concrete Pad	The concrete slab is 10' x 10' and the edges need trimmed back. It was recommended in 2007 that the concrete be painted in the school colors with will help indicate the back half of the circle. No evidence that this has taken place. Sector lines need to be present on the concrete slab and they are not.
Sector and Cage	Sector marks were not on the ground but it appeared that the front edges of the cage were in the proper place to be within 4' to 5' of the sector lines. The cage is properly constructed to meet the safety specification of the National Federation.
Weight in of Implements	It is pointed out that the host school is responsible to provide scales for the KHSAA Meet Official to weigh all the throwing implements before each competition. It is highly recommended that each coach weigh his or her athletes implements weekly to assure that they are legal and that no alterations have been made to the implements.
Surrounding Area	It is located in the best possible area for safety.
Discus Venue (General Notes)	Is more than an adequate area for throwing the discusflagging needs to be in place between the sidewalk and the discus cage.

Meet Management	
Seating and Spectator Control	Spectators who stay in the bleachers will have the best possible view of the entire track meet. Excellent crown control is in place as chain length fence goes basically around 300 meters of the track to assure that only participants are on the field of play. All field events can be viewed from the bleachers. There are bleachers on the back stretch that could also allow additional viewing of the discus and long jump venues. Marshals need to be positioned around the outside of the first curve of the track to assure safety of all persons using the sidewalks in the area of the throwing events.
Public Address and Press Box	The press box and public address are more than adequate for a track and field competition.
Meet Management	Henderson County has long been known for putting on excellent track and field competitions. A large number of new track and field officials in the area help to assure that this tradition will carry on. FAT timing will be done by Cory Westerfield who is probably the top Finish Lynx operator in Western Kentucky. Henderson County owns the Hy-Tek program Henderson County has always had a strong 30- 40 member volunteer base.
Regional Meet Site In your opinion would you recommend this facility to be considered as a Regional Track and Field Meet Site?	The track is suitable for another year of competition; however a recommendation can not be made at this time in regard to the 2016 Regional Meet one of which Henderson County is scheduled to host. A KHSAA Official will need to return to the venue when the Host Henderson County sends the digital pictures to show some of the safety concerns have been addressed. Prompt attention to the concerns with the field events needs to be addressed and pictures sent to the inspector at coachbo@twc.com .

Respectively submitted,

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