



Kentucky High School Athletic Association – Track & Field Site Inspection
Pendleton County High School – Falmouth, Kentucky
 Site Inspection Requested by Sarah Bridenbaugh, Assistant Commissioner of KHSAA
 Site Inspected by Gordon D. Bocock - #4848 – KHSAA Track and Field Consultant

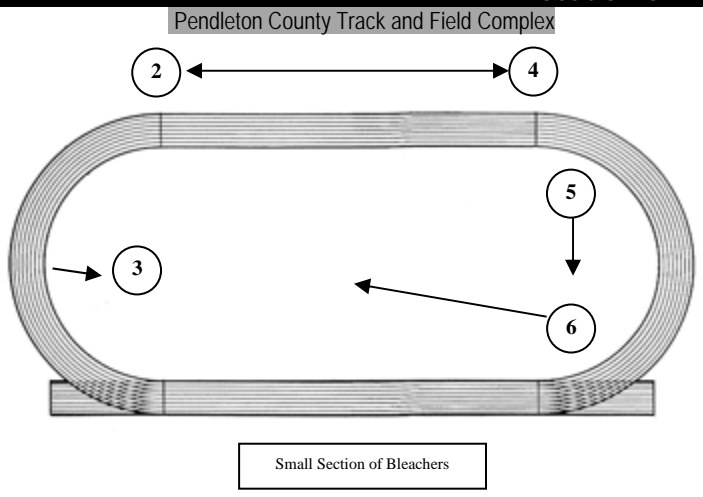
Date of Inspection: Tuesday – April 5, 2016

Reason for Inspection: Pendleton County High School is in line to Host the 2016 Class AA Region 4 Track and Field Championships and as required of all hosts an inspection must take place. The following schools are located in this Region . . . Bourbon County, Franklin County, Harrison County, Highlands, Holmes, Lexington Catholic, Pendleton County, Scott and Western Hills.

Venue # 1 Running Tracks

Lanes (Number and Size) General overall condition and concerns with the running track	The Pendleton County Track and Field Complex is located next to the Middle School a few miles north of Pendleton County High School. The running layout has 9 lanes on the sprint straight and 8 lanes around the running oval. The rubber surface is in good condition.
Starting Lines (Staggers)	The Pendleton County track has been properly marked and follows the recommendation of the National Federation and KHSAA in regard to stripping. 1 – Turn Stagger Green 2 – Turn Stagger White 3 – Turn Stagger Blue 4 – Turn Stagger Red Distance races Four two lane alleys are properly marked on the track for 1 turn staggers off of the green lines for the 800 meters, 1600 meters 3200 Meters and \$ x 400 Meter Relay
Relay Exchange Zone Markings	The 4 x 100 Meter Relay – Yellow to Yellow, Yellow to Yellow and Yellow to Yellow (Fly zone are properly marked) The 4 x 200 Meter Relay – Red to Red, Red to Red and Yellow to Yellow (Fly zones are properly marked) The 4 X 400 Meter Relay - Blue to Blue staggers then Green to Green The 4 X 800 Meter Relay - Green to Green
Break Lines	White broken line is in place for the 1 and 3 turn stagger break line.
Hurdles Color Markings Overall condition of hurdles	Enough hurdles to fill the lanes for the 100/110 Hurdles. 100 Meter Hurdles Yellow 110 Meter Hurdles Blue 300 Meter Hurdles White A hurdle cart was observed to transport the hurdles back and forth.
Starting Blocks (Number & Condition)	The starting blocks were observed in a storage building and appear to be in good shape. Blocks should be inspected by KHSAA Official at each track meet throughout the season to assure the safety and upkeep of the blocks.
Starting Line Safety	As long as spectators stay outside the fence everything is good to go.
Finish Line Safety	As long as spectators stay outside the fence everything is good to go.
Surrounding area (This could include bleachers, fencing, trees, limbs, etc.)	Very small bleacher area for spectators. Recommend they bring folding chairs. No Rest Room accommodation on site, Port-A-Pots are being brought in. Wooded area around but should not play a factor in the running of ta track and field competition.

Location of Field Events



- Venue #2. Pole Vault is located outside the oval near the 200 Meter Start.
- Venue #3. High Jump is located inside the oval in the second curve.
- Venue #4. Long and Triple Jump is located outside the oval near the 300 Meter Start.
- Venue #5. Shot Put is located inside the first curve near the 300 Meter Start.
- Venue #6. Discus is located inside the oval near the Common Finish Line.

Venue #2 Pole Vault

New PV Landing Pad 19'8" wide 20'2" deep 16'5" back of box	The overall size of the pole vault landing system shall be a minimum of 19-08" wide and 20'02" deep. The front section of the landing system "The Front Buns" shall be a minimum of 16'-5". The landing pads were out of storage and properly put together with a single common cover that binds the pads into one safe landing area.
Vaulting Box Zero Point Markings	The front edge of the vaulting box shall not extend above the grade of the runway surface. It is recommended that the planting box be of a color contrasting to the color of the runway and this one should be painted. A painted line from standard to standard shall be painted on the ground under the landing system to clearly indicate where the zero point marking is located needs to be painted on the ground to assure that point zero on both standards meet with point zero on the vaulting box. The new and proper box color was observed at the site.
Runway 130'0"	The recommended length of the runway is a minimum of 130 feet. Where conditions permit is should be 147'06". The runway should be 42" wide. The runway is 160' and is a shared run way with the Long Jump and Triple Jump so cooperation must take place between athletes and officials as this area will be very busy with six events taking place on this runway.
Standards / Crossbars 13'8" – 14'8" Bar – 14'10"	The normal cross bar shall be 14'10" in length . . . Effective January 1, 2013 the crossbar shall be circular. Square with beveled edges or triangular crossbars shall no longer be legal. Cross bars were not observed at the time of this inspection. At least two cross bars must be available at a Regional Pole Vault competition. At the time of this inspection the standards have yet to be taken from the storage building and therefore are not secured to the ground. A digital picture must be taken and sent to the inspector to assure that the zero point on the standards and the back of the box are one in the same. A digital picture that shows the standards, box color and pads in place should be sent as well.
Weigh in Athletes	It is pointed out that the host school is responsible to provide scales for the KHSAA Meet Official to weigh all the vaulters before each competition. It is highly recommended that each coach weigh his or her vaulters weekly to assure that they are legal for the vaulting poles that they are using.
Coaching Box	For the Regional Meet a coaching box must be established and an area flagged off. It is recommended that ONLY authorized PCSCB certified coaches with a badge or wrist band to identify them be allowed in the coaching box.
Area surrounding the Pole Vault Venue	Rule 7-5-9 Hard or unyielding surfaces, such as but not limited to concrete, metal, wood or asphalt around the landing pad or between the planting box and the landing system, shall be padded or cushioned with a minimum of 2 inches of dense foam or other suitable material(s). A box collar must be in place. Note: It is recommended that any excess material such as asphalt or concrete that extends out from beneath the side or back of the landing pad be removed. The area for the vault at Pendleton County is a safe area.
Pole Vault Venue (General Notes)	The pole vault venue can not properly be evaluated until the entire pit and all of the equipment are in place. Once the digital pictures requested are in the hands of the inspector a KHSAA Official will be sent to observe that all safety issues have been addresses

Venue # 3 High Jump

HJ Landing Pad 16' x 8'	The landing pad shall not be less than 16'00" wide and 8'00" deep. The pad thickness should be at least 24". When the landing system is made up of two or more sections they shall be attached and a common cover be in place to assure a safe landing surface for the athletes. No weather protector was in place and therefore the life of this pit is really uncertain. Recommend you obtain one to protect your investment.
HJ Apron	High jump apron is in excellent shape and will assure proper footing for all the athletes involved.
Standards / Crossbar 12' apart bar is 12' to 14'10"	High jump standards were yet to be taken from storage at the time of this inspection. They appeared to be in good condition but they will have to be examined by a KHSAA official at a later date. Cross bars were not observed in the storage building and it is pointed out that 2 must be present for Regional competition.
Area surrounding the HJ Venue	Rule 7-4-4 Hard and unyielding surfaces, such as but not limited to concrete, wood or asphalt, that extend out from beneath the sides and back of the high jump landing pad shall be padded with a minimum of 2-inch dense foam or other suitable material. Note: It is recommended that any excess material such as asphalt or concrete that extends out from beneath the side or back of the landing pad be removed.
High Jump Venue (General Notes)	Digital pictures need to be sent once the standards are in place and the hard and unyielding surface around the pit have been covered.

Venue # 4 Long and Triple Jump

Landing Pit Take Off Marks LJ - (8' and 12') TJ - (28' and 32')	There is only one sand pit at this venue which will present a problem for Meet Management as they will have to adjust the schedule for the sand pit competitions. The various and assorted take off marks need to be re-painted and double checked to assure that they are at the recommended distances from the pit. Digital pictures of the new boards need to be sent.
Runway	The runway should have a minimum length of 130 feet and where conditions permit it should be 147 feet 6 inches from the main long jump foul line. The runway should be between 42 inches and 48 inches wide. When a wooden or synthetic material is used as the takeoff board it should be 8 to 24 inches wide and be the width of the runway. On hard surface runways, a painted foul line of contrasting color to the runway may be used.
Sand Pit Condition	The landing pit shall be filled with sand or other soft material to a depth that will ensure a safe landing. The surface shall have the same elevation as that of the takeoff board. The sand level should always be level with the edges of the landing pit. The landing pit shall have a minimum width of 9 feet and minimum length of 15 feet. This pit is in bad condition. All the sand needs to be loosened at depth with a tiller than raked level. After it is raked level you can tell if the sand is level with the edges all around the pit . . . if not more sand needs to be added. Digital pictures must be sent to the inspector to assure safety of the pit.
Area around the Long and Triple Jump Pit(s)	The location of the sand pit is fine as spectators may view from outside the fence and not interfere with the event. There is ample room at this complex for a second sand pit and that should receive consideration for the future.
Long and Triple Jump Venue (General Notes)	Digital pictures must be sent to show the improvements to the take off boards as to the actual sand pit to assure a safe landing for all involved.

Venue #5 Shot Put

Circle – Concrete Pad Toe Board	A concrete surface with a 1 millimeter roughness is recommended. A 7' circle, sunken with drainage, raised metal ring properly secured or a 2" painted line. Back half indicators should be permanently marked on the concrete slab. The toe board shall be 4 feet in length along the inside of the surface, 4 inches in height and 4 1/2 inches in width and it shall be firmly fixed into a non-movable position. Sector lines should be placed on top of the toe board. This area is very drab and painting the outside of the circle in the school colors would brighten the area and would also serve as the back half indicators.
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Sector	A 34.92 degree sector shall be marked on the ground for both practice and competitions. There was no indication that the proper sector has been placed on the ground yet this year. The proper sectors should be painted on the front edge of the concrete slab as well as on top of the toe board.
Cage	At the present time a cage is not required by the National Federation or the KHSAA.
Weight in of Implements	It is pointed out that the host school is responsible to provide scales for the KHSAA Meet Official to weigh all the throwing implements before each competition. It is highly recommended that each coach weigh his or her athletes' implements weekly to assure that they are legal and that no alterations have been made to the implements.
Surrounding Area	It is highly recommended that all throwing areas be cordoned off, roped, fenced, or with flags placed well outside the sector lines to minimize the risk of injury for spectators, athletes and/or officials.
Shot Put Venue (General Notes)	The shot put venue is in a very bad location. There is no way to get a true accurate measurement as the entire sector surface is uphill therefore cutting every thrower out of 2 or 3 inches at the minimum, maybe even more for longer throwers. It is highly recommended that the shot put and discus venues be moved to the corners of the large field behind the pole vault area. Will need digital pictures that show the 34.92 degree sectors are in place.

Venue #6 Discus Throw

Circle – Concrete Pad	A concrete surface with a 1 millimeter roughness is recommended. A 8'21/2" circle, sunken with drainage, raised metal ring properly secured or a 2" painted line. Back half indicators should be permanently marked on the concrete slab. This area is very drab and painting the outside of the circle in the school colors would brighten the area and would also serve as the back half indicators.
Sector	A 34.92 degree sector shall be marked on the ground for both practice and competitions. There was no indication that the proper sector has been placed on the ground yet this year. The proper sectors should be painted on the front edge of the concrete slab as well as on the ground.
Cage	The cage meets all the National Federation and KHSAA Safety standards it is simply located in one of the worst spots on the track. If a discus cage is located inside the oval it should be in one of the corners on the backstretch where there is less traffic. It's current location is the most populated area of the track and it greatly increases the chances for things to go wrong. With the current condition of the netting it shows that it is not being put up in storage in the off season.
Weight in of Implements	It is pointed out that the host school is responsible to provide scales for the KHSAA Meet Official to weigh all the throwing implements before each competition. It is highly recommended that each coach weigh his or her athletes implements weekly to assure that they are legal and that no alterations have been made to the implements.
Surrounding Area	The discus area must be roped and flagged as it is the worst place on the track.
Discus Venue (General Notes)	Highly recommended that both the throwing venues (shot and discus) be moved to the corners of the large field behind the pole vault area.

Meet Management

Seating and Spectator Control	Very little seating has been provided at this Pendleton County Sports Complex. Rest Room facilities are not present. Opening the middle school and numbers of port-A-pots are the only solution to this issue. Crowd control is fine as long as spectators and non-participants stay outside the oval.
Public Address and Press Box	Public Address system was not available at the time of this inspection.
Meet Management in regard to Running Events	Track and Field meets are no stranger to several OLD Veterans and they know what is required to put on a meet.
Meet Management in regard to Field Events	Field events have some safety issues that must be addressed with some work and then some digital pictures sent to the inspector at coachbo@twc.com
Meet Management Equipment	Regional Meet Manager . . . The Athletic Director and Tim King will be working together in this capacity and all should be fine. Hy-Tek Meet Management . . . Pendleton County own the Hy-Tek program Fully Automatic Timing Frank Miklavcic is one of the most experienced in Kentucky.
Regional Meet Site In your opinion would you recommend this facility to be considered as a Regional Track and Field Meet Site?	The track is suitable for another year of competition; however a recommendation can not be made at this time in regard to the 2016 Regional Meet one of which Pendleton County is scheduled to host. A KHSAA Official will need to return to the venue when the Host Pendleton County sends the digital pictures to show some of the safety concerns have been addressed in the field events. Prompt attention to the concerns with the field events needs to be addressed and pictures sent to the inspector at coachbo@twc.com .

Respectively submitted,

Gordon D. Boccock, #4848
KHSAA Track and Field Consultant