

Track and Field

Site Inspection



CONNER High School – Hebron, Kentucky

Site Inspection by Oliver E. Dittus – KHSAA Track & Field Official #6598

Reviewed by Gordon D. Bocoek – KHSAA Track & Field Consultant

May 2004

Pole Vault

Landing Pad 19' 8" wide 20' 2 deep 16'5 back of box Runway 130'	Conner has no Pole Vault pits that meet the minimum requirements. At this meet and other Conner meets the event is held at other locations, (Lloyd High School in this case) or not contested.
Planting Box	This is a solid installation meeting the prescribed requirements. It could use some paint. The planting box is at the end of the back runway. It would provide a lot of interference with the track. There is a hill on the left side that would need grading if a pit were added. Additionally there is a fence at the back that would need to be removed. There is little likelihood of pole vault over being contested here or any other Boone County School as the Superintendent has said he would not purchase the insurance for the event.
Standards/Crossbar 13'8 – 14'8" Bar 14'10"	There are no standards in place at Conner.
Surrounding Area	The Area around the pole vault is excellent, with the exception that it may be close to the track with expansion. It does not, nor will it need to, contact the track with expansion it will be with in 6-8 feet if expanded and an errant jump may approach the track.
Weigh In of Athletes	It is <u>highly</u> recommended that the Pole Vault Official have scales provided by the host school to weigh the Pole Vaulters to assure that there weight is in compliance with what is listed on the vaulting pole.
Coaching Box	An area just outside the track, or and area in the football field could provide an excellent coaches box. None was designated at this time because of failure to contest the event.
Pole Vault Venue	No Pole Vault venue because of lack of legal landing pad.

High Jump

Landing Pit 16' by 8'	Excellent pit. 16x8x2 the pit appeared to be new. There was a common cover for the three sections of the pit.
Standards/Crossbar	The cross bar being used may have been an old bar but was

12' apart Bar – 12'	serviceable. The standards were in good condition and solid.
Surrounding Area	The jumping area was in good condition, far enough from the track to allow competition without interference. The approach is excellent and adequate, it might be short for a small percentage of jumpers
High Jump Venue	All in all this was an excellent area to compete in.

Long Jump and Triple Jump	
Landing Pit	7 x 20" double pits running side by side in opposite directions. 2x6 boards inlaid in the ground border the pit. Due to the lowness of the sand this presents a hazard and the pit needs to be filled with sand to insure safety.
Take Off Marks 12' or 8' 32' or 28'	The long jump and triple jump had take-off mark at 8' 24' 31'. The 8 and 24 ft marks were boards in the runway the 31 ft marks were painted. There were no marks on the runway to indicate distances.
Rakes/Shovel Brooms	Rakes were used but were in need of an upgrade. They were functional but could have been better. They were very narrow in width slowing down the procedure.
Sand Level	The sand was an average of 2" to 3" below the level of the runway. I did overhear a competitor comment it was very soft to land in. National Federation rules state the sand is to be level with the sides and the level of the runway. <u>Sands not properly filled have the school in a liable situation.</u>
Surrounding Area	This is a good area in which to compete. The pits are close enough to the spectators to allow a fairly good view.
Long Jump/ Triple Jump Venue	<u>The safety concerns of the pits being low on sand need to be addressed.</u> These are good areas except for the sand deficiency.

Shot Put	
Circle	The circle is well marked, but will need a fresh coat of paint soon. Marks need to be placed for the back half of the ring and in the center point. The toe board was firmly anchored to the ground and was of a solid metal construction. The pad is about 2" above the landing area. The landing area is in good condition. The pad being above ground needs to be addressed with the athletes spinning and sliding on the pad. Sliding or spinning out of the circle could cause foot/ankle injuries on the concrete edges. <u>Fill dirt around the concrete pad may be need to avoid liable situations</u>
Sector and Markings 40* or 60 *	Sector was set at 60 ^o and the sector marks were painted on the ground in a rather haphazard way. The sector was aligned with the end of the toe board. The sector slopped uphill a significant amount and was above the ring. There was no cage around the ring.
Surrounding Area	The shot put was out side the track away from spectators. The ring was situated so that spectators were just outside the sector of the discus and had to walk past the discus ring to reach the shot put. There are numerous areas where a safe ring could be constructed inside or outside the track area. <u>This is a high hazard area and needs to be addressed.</u>
Weight Implements	There was no weigh in of implements. This needs to be addressed to assure fair competition for all involved.
Shot Put Venue	<u>The shot ring is marginal due to the safety issues and should not</u>

be used until up grades or relocation occurs.

Discus Throw	
Cage	Very marginal, this area is the area of least compliance. The cage is less than 8' in height and allows errant throws to exit easily. There are no wings on the front of the cage and the cage ends about 18" behind the front of the ring. The ends of the cage are about 8' from the sector marks. From the figures listed above it is fair to say that the Discus Cage does not meet National Federation requirements. I highly recommend that no practice or competition be held at this venue until safety concerns have been addressed. <u>Conner is in a very liable situation with this improper cage.</u>
Circle	This is a metal circle firmly anchored. The concrete pad is in good condition but slopes to the right a degree or two.
Sector and Markings 40 * 2'9.75"	This was laid out in a 42 ^o sector eyeballed it appeared. The lines were painted with no guidelines used. They were zigzag at best. The distance between sectors at the ring was about 38 inches. This reflects on the school when not done properly.
Surrounding Area	The area is located outside the track and viewing is safe from the parking lot. No restraining flag were in place and spectators moved about at will. As noted earlier the shot ring was located such as to require movement very close to the discus ring and sector.
Weigh Implements	No weigh in was done at this meet. This needs to be addressed to assure fair play.
Discus Venue	<u>Problem area. Very much liability in this area.</u>

Running Track	
Lanes Number & Size General overall Conditions and concerns	The track was in excellent condition with 6 - 42" lanes. The covering was excellent. The track has a fence that protects the runners.
Stagger Colors:	1 Turn - yellow 3 Turn - white 2 Turn - blue 4 Turn - red There was a sign placed by the stripping company, on the fence at the start displaying this information. This was very helpful.
Relay Colors:	4 X 100 - yellow 4 X 200 - red 4 X 400 - blue Flag were present at all proper locations. The host school is to provide the necessary flags for the officials to properly officiate the exchange zones.
Break Lines	These were green and clearly marked on the track. It is recommended in the Regional Meet to use the same break line for the 800 Meters as they do in the state meet, with a line at the head of the front stretch.
Hurdle Colors	100 Girls - Blue 110 Boys - Yellow 300 Hurdles - Red
Overall condition of	The hurdles were in good condition and primarily all AAE. There were some less expensive hurdles inter mixed, but were of good

the hurdles	quality. Hurdles were in good shape and all materials were in good condition. The pull over weight was non-existent and they tipped easy.
Starting Blocks Number and condition	There were 8 starting blocks of various condition and style. They were mostly in good working order and readily available for this meet
Block Cart	
Starting Line Safety	There is a large end run at this facility, which allows for a good bull pen and safe area at the start.
Finish Line Safety	The same area is used for starts and finish for the most part and is a good area. The fence keeps people in the proper location.
Surrounding Areas (This could include bleachers, fencing, tree limbs, etc.	This is an excellent facility for the most part. The grounds were in good shape. Great spectator area.
PA / Press Box	Excellent area.

Officials Overall view of this Track and Field Complex	There are several issues that would keep this from being a Regional site. The shot and discus are the major concern. The pits are a problem that could be easily fixed. There is ample parking in the school lot and there is a staff of coaches that are dedicated to the track program. The A.D. seems to be swamped and track gets adequate but not great attention.
Regional Meet Site (In your opinion would you recommend this facility be considered as a Regional Meet Site? If No what would they need to do to bring this facility into compliance.	This could be an excellent facility with the exception of the problems mentioned. It is unlikely they will ever have Pole Vault. I have been told the superintendent will not purchase insurance to cover the event.

Respectively submitted,

Respectively submitted,

**Buddy Dittus,
KHSAA Track & Field Official**

**Gordon D. Bocock
KHSAA Track & field consultant**

