

# Track and Field

## Site Inspection



### Harrodsburg High School – Harrodsburg, Kentucky

Site Inspection by: Gordon D. Bocoek, KHSAA Track and Field Consultant

Saturday – April 27, 2004

#### Pole Vault

<b>Landing Pad</b> 19' 8" wide 20' 2 deep 16'5 back of box Runway 130'	The Pole Vault Venue is located outside the oval in the second curve near the start of the 100 Meter Dash. The landing pad was purchased new in 2003 and meets all the requirements of the National Federation. The pit has been properly put together and has a common cover that brings all the pieces together to form a very safe landing area. A weather cover is in place to protect the pad from the elements. The runway is a double runway is more than adequate.
<b>Planting Box</b>	I had received word that the vaulting box was not legal with a lip having the edge of the box above the runway. Upon inspection I noticed that the lip had been repaired and the box was level with the runway. A box collar was in place that had been borrowed from Mercer County. I do suggest that Harrodsburg High School gets its own box collar. Box needs to be examined each year for safety and painted with a bright color for better visibility.
<b>Standards/Crossbar</b> 13'8 – 14'8" Bar 14'10"	The standards are in good working order and they have been properly secured to the ground. The protective covers were properly in place. The cross bars were the correct length and the meet progressed without any delay.
<b>Surrounding Area</b>	Pallets had been placed under the standard protective pads and they were sticking out. They were cut off and placed properly underneath the padding. All the area around the landing pad was grass and nothing needed covered.
<b>Weigh In of Athletes</b>	It is <u>highly</u> recommended that the Pole Vault Official have scales provided by the host school to weigh the Vaulters to assure that there weight is in compliance with what is listed on the vaulting pole.
<b>Coaching Box</b>	One would probably not be needed but if one is desired a bleacher area could easily be set up and flagged off.
<b>Pole Vault Venue</b>	Very good vaulting venue.

#### High Jump

<b>Landing Pit</b> 16' by 8'	The High Jump Venue is located outside the oval on a field in the second curve behind the sprint straightaway. A new apron had
---------------------------------	--

	just been completed and needs a little fill around the edges of the pavement to help avoid safety issues. The landing pad has been properly put together and a common pad is in place to pull the pads together for a very safe landing area. A weather cover was in place to protect the pad from the elements. The venue meets all the requirements of the National Federation.
<b>Standards/Crossbar 12' apart Bar - 12'</b>	The standards were in good working order and the cross bars were the proper size and the competition went off very smoothly.
<b>Surrounding Area</b>	As mentioned earlier the apron needs a load of fill dirt placed around the edges of the apron for safety concerns. The apron is very large and will meet the needs of the approach of any of the styles of jumping.
<b>High Jump Venue</b>	The old high jump venue at Harrodsburg was very questionable but the new venue is going to be an excellent jumping especially if the hard pavement receives a rubber coating during the next resurface project. Great job in correcting a problem area and giving the athletes a very good jumping venue.

### **Long Jump and Triple Jump**

<b>Landing Pit 9' by 15'</b>	The Long Jump and Triple Jump venues are located outside the oval in the second curve. Two sand pits and two separate runways are available to assure a smooth running the four competitions that take place at this venue. The sand pits are bigger than the required length and width suggestions. The sand had been prepared and fluffed up so that a safe landing is assured in both pits. Pits need to be observed daily to keep the pits loose and the level of the sand level with the runway.
<b>Take Off Marks 12' or 8' 32' or 28'</b>	The take off marks are properly placed and assure that all levels of jumping ability will land safely in the pits. The runways will be excellent when they receive the same rubber surface as the running track.
<b>Rakes/Shovel Brooms</b>	Rakes, shovels and brooms were present at the meet and properly used.
<b>Sand Level</b>	The sand pits were properly prepared for the competition and level with the runway.
<b>Surrounding Area</b>	The area around the pits and runways had been flagged to assure the area was safe from people just walking through.
<b>Long Jump/ Triple Jump Venue</b>	Two very good jumping venues that will be much better when the runway surfaces have the same rubber surface as the running track.

### **Shot Put**

<b>Circle</b>	The Shot Put venue is located outside the oval in the large field behind the second curve near the equipment building. The venue is new as the old venue was very near where the new high jump venue is located. The new venue is a very nice shot put venue with a legal circle and a legal toe board.
<b>Sector and Markings 40* or 60 *</b>	The 40 degree sector was in place and properly marked.

<b>Surrounding Area</b>	The entire throwing area was flagged to address safety concerns.
<b>Weight Implements</b>	It is <b>highly</b> recommended that the Shot Put Officials be provided with the necessary equipment, provided by the host school, to properly weight the throwing implements and the a marking material to indicate proper weight.
<b>Shot Put Venue</b>	The new venue is a very nice and safe throwing area. Circle would look much better if the outside portion of the circle were painted with the school colors.

<b>Discus Throw</b>	
<b>Cage</b>	The Discus Venue is located outside the oval in the large field behind curve two that houses all the field events. The discus cage is chain length and the old front poles had extensions added to bring the new cage into compliance with the new National Federation requirements.
<b>Circle</b>	The concrete circle meets the requirements of the National Federation. In wet weather the circle is slick and holds water so careful observation needs to be given by event officials during foul weather.
<b>Sector and Markings 40 * 2'9.75"</b>	The 40 degree sector was in place and properly marked.
<b>Surrounding Area</b>	The outside portion of the throwing circle would look much better if painted with the school colors. The area has been flagged for safety concerns.
<b>Weigh Implements</b>	It is highly recommended that the Discus Officials be provided with the necessary equipment, provided by the host school to properly weigh the throwing implements and the marking material to indicate proper weight.
<b>Discus Venue</b>	The discus venue has been located in a very safe area and the competition can take place without fear of problems concerning safety issues. Very good throwing area.

<b>Running Track</b>	
<b>Lanes Number &amp; Size General overall Conditions and concerns</b>	The Harrodsburg High School Track & Field Complex has 7 – 42” lanes that have a nice soft rubber as a running surface. It is an old 440 Yard Dash track that has been converted to metrics. It has a lot of paint in the starting area that can be very confusing.
<b>Stagger Colors:</b>	<p>Has three waterfall starting lines.</p> <p>Waterfall #1 is for the 800 Meter Dash and has a two turn stagger set up with white starting lines.</p> <p>Waterfall #2 is for the 1600 Meter Run and has a one turn stagger set up with a green starting line.</p> <p>Waterfall # 3 is for the 3200 Meter Run and the 4 x 800 Meter Relay. No turn stagger is set up so you break off the waterfall line.</p> <p>1 Turn - None            3 Turn - None 2 Turn - Yellow        4 Turn - Red</p>
<b>Relay Colors:</b>	<p>4 X 100 – Yellow/Yellow/Yellow</p> <p>4 X 200 – Red/Red/Yellow</p> <p>4 X 400 – Blue/Blue</p>

	The host school is to provide the necessary flags for the officials to properly officiate the exchange zones.
<b>Break Lines</b>	Green  It is recommended in the Regional Meet to use the same break line for the 800 Meters as they do in the state meet, with a line a the head of the front stretch. On the Pulaski track it would be the 100 Meter Starting Line.
<b>Hurdle Colors</b>	100 Girls – Yellow 110 Boys – Blue 300 Hurdles – Red
<b>Overall condition of the hurdles</b>	New hurdles are in good condition. Old hurdles are still stacked behind the equipment building. Could be used at 300 stations to help speed up hurdle setting and make the meet run smoother.
<b>Starting Blocks Number and condition</b>	Starting blocks were in good condition and enough to fill the seven lanes.
<b>Block Cart</b>	Block cart was available.
<b>Starting Line Safety</b>	Fencing for crown control was in place to assure the athletes starts would not be interfered with.
<b>Finish Line Safety</b>	Finish line area was secured by fencing and flagging and was very safe and free from interference.
<b>Surrounding Areas (This could include bleachers, fencing, tree limbs, etc.)</b>	The bleachers on both sides of the track were occupied and enjoyed by fans and athletes alike. The large grassy area around the first curve and down the back stretch is great for the tent city that can develop at a track meet. The biggest problem with the Harrodsburg facility is the public rest rooms. They need to be given some attention, they can leave a bad impression of Harrodsburg High School in the public eye. Great concession area with reasonable prices. Coaches meeting was in field house and relieved a very crowded condition in the press box.
<b>PA / Press Box</b>	Press box is very good for track and field meets and since the school has the finish lynx equipment a separate room is available for the equipment of finish lynx and hy-tek. Very good sit up. The Public Address is more than adequate for a track and field meet.

<b>Officials Overall view of this Track and Field Complex</b>	The Harrodsburg Track and Field Complex has had improvements each year for the past several years that have it well on the way to being one of the top high school facilities around. The field event venues just keep improving. The school is to be commended for the support they are giving to the total athletic program at the school and the overall facilities.
<b>Regional Meet Site (In your opinion would you recommend this facility be considered as a Regional Meet Site. If No what would they need to do to bring this</b>	Yes ..... The facility is one of the top high school facilities and meets all the requirement of the National Federation and the KHSAA for hosting a Regional Track and Field Meet.

facility into compliance.

**Respectively submitted,**

**Gordon D. Bocoek,  
KHSAA Track & Field Consultant**