## Track and Field

**Site Inspection** 



## Henderson County High School – Henderson, Kentucky Site Inspection by ..... Craig Hopkins – KHSAA Track & Field Official #1357

Reviewed by ..... Gordon D. Bocock - KHSAA Track & Field Consultant

## Saturday, May 15, 2004

Pole Vault	
Landing Pad 19' 8" wide 20' 2 deep 16'5 back of box	Legal size and extra padding surrounding the main pad to cover extra concrete. Runway is 130 ft plus and cushioned surface.
Runway 130'	
Planting Box	Planting box is legal and safe
Standards/Crossbar 13'8 – 14'8" Bar 14'10"	Standards and Crossbar meet the legal requirements and the standard bases are covered.
Surrounding Area	This is a safe area, isolated from any traffic and distractions
Weigh In of Athletes	It is <u>highly</u> recommended that the Pole Vault Official have scales provided by the host school to weigh the Vaulters to assure that there weight is in compliance with what is listed on the vaulting pole.
Coaching Box	The Coaching Box is at the back of the venue slightly back from the runway and provides a safe area for coaches as well as giving them a good view fo the event.
Pole Vault Venue	Over-all, this is a safe and legal venue. The event can be viewed from the end of the stadium by the spectators. The coaches are provided with a safe and accessible box. The officials in charge do a good job of conducting the event. This is one of the best Vault facilities in the State.

High Jump	
Landing Pit	Landing pit is legal size. Provisions are made to cover the
16' by 8'	immediate surrounding area as needed with extra padding.
Standards/Crossbar	Standards are new this year; easily adjusted, and easily read.
12' apart	Crossbar is 12 ft and extra crossbars are available if needed.
Bar – 12'	
Surrounding Area	The Approach Apron is large enough to accommodate all athletes. It is flat and has a cushioned surface. The surface is in good condition and is well maintained.
High Jump Venue	The High Jump venue is within the track circle. Therefore it is isolated from interference from non-participants and yet is easily

viewed. Athletes can enter and exit the venue with out problems. This is a well maintained venue, protected from distractions, and the officials do a good job of conducting the event.

	Long Jump and Triple Jump
Landing Pit	Landing pits for both Boys and Girls are 9ft by 16ft.
9' by 15'	
Take Off Marks	Take Marks are well marked. Girls marks are 8ft and 12 ft for the
12' or 8'	Long Jump and 24ft and 32ft for the Triple Jump.
32' or 28'	Boys marks are 12ft and 16ft for the Long Jump and 32ft for the
	Triple Jump
Rakes/Shovel	Rakes and Shovels and brooms are provided
Brooms	
Sand Level	Sand is level with the take off boards
Surrounding Area	The two Long/Triple Jump pits are located along the backside of
	the track. It is isolated enough for the athletes to compete
	without distractions. Both Pits are safe and well maintained.
	Henderson County makes every effort to keep the sand fluffed and
	protected from the weather.
Long Jump/	Long/Triple Jump Venues are safe and well maintained. The
Triple Jump	Officials know their duties and provide the athletes with a safe
Venue	well-conducted event. Both pits are in compliance with legal
	measurements and are excellent facilities.

	Shot Put
Circle	Shot Circle is a concrete pad sufficiently roughened with a
	generous amount of concrete on the outside of the legal ring.
Sector and Markings	40 degree sectors are well-marked. The landing sector is laid with
40* or 60 *	small chipped gravel. This works well to accurately mark the
	landing and provides for a clean landing surface.
Surrounding Area	The Shot area is roped off from spectators.
Weight Implements	It is <u>highly</u> recommended that the Shot Put Officials be provided
	with the necessary equipment, provided by the host school, to
	properly weight the throwing implements and the a marking
	material to indicate proper weight.
Shot Put Venue	This is a good venue. It is safe for athletes and spectators. The
	chipped gravel is a good addition to the venue. This is a good idea
	as it helps to keep the shot clean and helps the officials to do a
	better job of officiating.

	`Discus Throw
Cage	Cage is of legal measurements and the netting is of heavy black
	twine which does a good job of arresting an errant implement. All
	supports are safe and with-in legal requirements.
Circle	The circle is a concrete pad with sufficient outside concrete
	around the outside of the circle. Concrete is roughened to
	provide good footing for the throwers.
Sector and Markings	Sector and markings are 40 degrees and are well marked. Sector
_	lines extend well out into the throwing area.
Surrounding Area	The surrounding area is well-marked and safe
Weigh Implements	It is highly recommended that the Discus Officials be provided
	with the necessary equipment, provided by the host school to
	properly weigh the throwing implements and the marking
	material to indicate proper weight.
Discus Venue	This is a good, safe, legal venue. The officials know the rules and
	conduct a safe, efficient event.

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_	Running Track
Lanes	This is an eight lane track with 42in lanes. The cushioned surface
Number & Size	is in good condition and all lines are clearly marked.
General overall	The outside lane is protected from the speatator's area on three
Conditions and	sides by fencing. The other end is open but not accessible by non-
concerns	participants. Access to the track is by three gates that are
	controlled by meet officials
Stagger Colors:	1 Turn - Green 3 Turn - Blue
	2 Turn - White 4 Turn - Red
Relay Colors:	4 X 100 – Yellow
	4 X 200 – Red/yellow for Lane 1,1-2 and 2-3 Red:3-4 yellow
	4 X 400 - Blue
	The host school is to provide the necessary flags for the officials to
Break Lines	properly officiate the exchange zones.  One turn stagger is green.
Break Lines	One turn stagger is green.
	It is recommended in the Regional Meet to use the same break
	line for the 800 Meters as they do in the state meet, with a line a
	the head of the front stretch. On the Pulaski track it would be the
	100 Meter Starting Line.
Hurdle Colors	100 Girls - Yellow
Turdie Colors	110 Boys - Blue
	300 Hurdles - Red
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Overall condition of	Condition of hurdle is good and extras are provided as needed.
the hurdles	
Starting Blocks	Eight Starting Blocks are provided. They are easy to use and fit
Number and	to the cushioned track by pins. Transportation of the blocks is by
condition	cart.
Starting Line	Starting Line is protected by 7 ft fencing and all start lines are
Safety	safe.
Finish Line	Finish line is protected by 7ft fence. It is easily viewed by the
Safety	spectators and is safe
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Surrounding Areas	Surrounding areas are isolated and the view is un-obstructed.
(This could include	
bleachers, fencing,	
tree limbs, etc.	
PA / Press Box	The PA system is located in the Press box and is easily heard by
	spectators and participants. The announcer knows how to control
	a meet and keeps the audience as well as participants informed of
	the progress of the meet.

Officials Overall view of this Track and Field Complex	This is a large stadium complex. It is easily accessible to all spectators and participants. This is a well-maintained facility with large rest rooms and concession stand. The high school officials do an excellent job of conducting a well-organized meet.
	Henderson has several restaurants and motels are available should they be needed by visiting schools.
Degianal Mast Site	I highly recommend this site as a Regional Meet site. It could
Regional Meet Site	• •
(In your opinion would	easily accommodate one to three classes at this facility. The
you recommend this	school officials are cooperative, the event officials are well-
facility be considered as a	schooled in their responsibilities and professional in their
Regional Meet Site.	conduct. The electronic timing system is flawless and the Hy-tek
If No what would they need to do to bring this	scoring is quick and efficient.

## facility into compliance.

Respectively submitted,

Gordon D. Bocock, KHSAA Track & Field Consultant Respectively submitted,

Craig Hopkins KHSAA Track & Field Official