

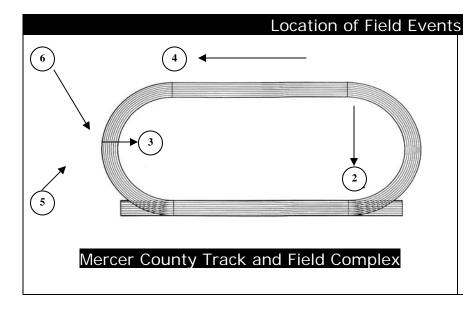
### Kentucky High School Athletic Association – Track & Field Site Inspection

Mercer County High School – Harrodsburg, Kentucky Site Inspection Requested by . . . . . Julian Tackett – Assistant Commissioner of KHSAA Site Inspected by . . . . . Gordon D. Bocock - #4848 – KHSAA Track & Field Consultant

Date of Inspection: Monday, March 13, 2006

|   | Venue # 1 Running Track   |
|---|---|
| Lanes (Number and Size) General overall condition and concerns with the running track | The Mercer County High School Track is 5 lanes of street asphalt. It is pointed out that the 5 lanes have different and varied width. The width of the track and the common finish area is 17'. It is pointed out that the track has numerous and assorted cracks going in many directions that will need attention in the near future.   |
| Starting Lines<br>(Staggers)  | The starting lines on the Mercer County Track have the proper color markings for all the starting lines. The 100 Meter and 110 Meter starting areas are in good condition and not showing signs of wear. The 200 and 300 Meter Starts are both in good condition.  1 – Turn Stagger Green Lines 2 – Turn Stagger White Lines 3 – Turn Stagger Blue Lines 4 – Turn Stagger Red Lines Distance races One waterfall starting line is on the track and is properly marked. There is no step up line painted on the track and no alley starts are marked on the track. It is recommended that when the time comes for re-stripping the track that the step up line and alley starts with step up lines be put in place.  |
| Relay<br>Exchange Zone<br>Markings  | The 4 x 100 Meter Relay is marked with the starting lines being the white lines (2 turn stagger) and the exchange zones being yellow to yellow in all three zones. The fly zones are also marked in yellow.  The 4 x 200 Meter Relay is marked with the starting lines being the red lines (4 turn stagger) and the exchange zones being red to red at the first and second zone and yellow to yellow on the third exchange. The fly zones are in place.  The 4 X 400 Meter Relay is marked with the starting lines being the blue lines (3 turn stagger) and the exchange zones being green to green staggers on the first handoff and then blue to blue for the second and third handoff.  The 4 X 800 Meter Relay is marked and the start can use either a waterfall start, a one turn stagger or a two turn stagger. All the handoffs are blue to blue. |
| Break Lines   | A green broken line is located at the head of the backstretch when a 1 turn stagger is desired for the distance races or for the 3 turn stagger on the 4 x 400 Meter Relay.   |
| Hurdles<br>Color Markings   | The 100 Meter High Hurdles – Yellow Markings The 110 Meter High Hurdles – Blue Markings The 300 Meter Hurdles – Red Markings New hurdles were observed in the track storage building that have yet to be assembled and put  |
| Overall condition of hurdles  | out on the track. The older hurdles that are currently being used are in fair condition while some are needing attention.   |
| Starting Blocks<br>(Number & Condition)   | The starting blocks were observed in the track storage building and they appeared to be in good condition. It is noted that there are only 4 sets of blocks, not enough for the host school to provide blocks for a home meet.  |
| Block Cart Starting Line Safety   | No block cart was observed on this visit.  There is a chain length fence located between the bleachers and the running track that is great for keeping people back from the area of the starting line for the straightaway races. It is pointed out that the fence runs the entire length of the front stretch and is in place to assure safety from interference from outsiders at the starting line of the oval races as well as starts on the backstretch of the track. The other area around the starts is in great shape.  |

| Finish Line<br>Safety                      | The same fence that helps with the starting lines will assure that outsiders will be behind the fence and not interfering with the finish of the races. The other area around the finish area is in great shape. |
|--|--|
| Surrounding area (This could include       | The area around the running track has fencing that goes around the complex that has the running track is great shape as far as being safe from outside items.  |
| bleachers, fencing,<br>trees, limbs, etc.) |  |



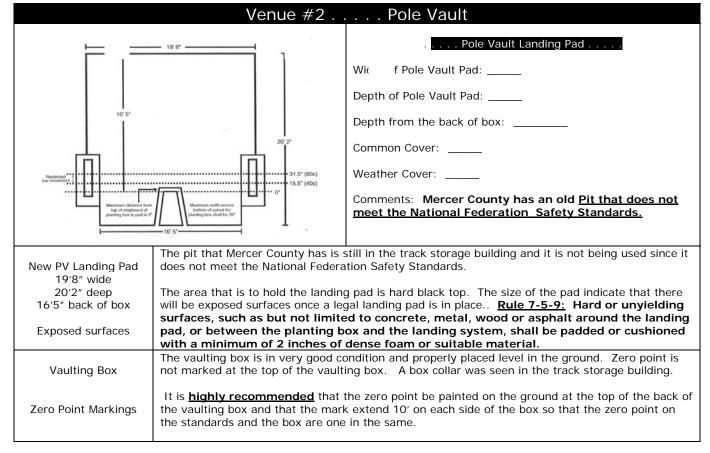
Venue #2. Pole Vault is located inside the oval in the first curve at the start and finish line area with the runway coming from the backstretch near the start of the 300 Hurdles.

Venue #3. High Jump is located inside the second oval in the second curve.

Venue #4. Long and Triple jump is located outside the oval on the backstretch with the pit being near the start of the 200 Meter Dash. The runway comes from the start of the 300 hurdles.

Venue #5. Shot Put is located outside the oval in a field located next to the track complex. It is located in an area closest to the front stretch of the track..

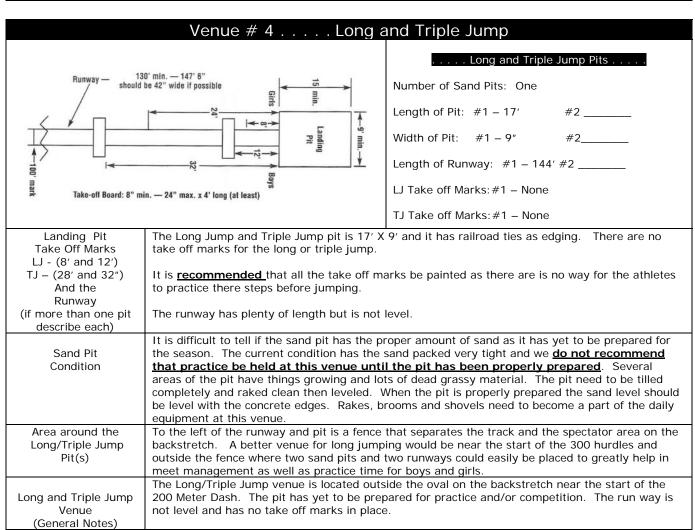
Venue #6. Discus is located outside the oval in a field located next to the track complex. It is located in an area closest to the backstretch of the track.



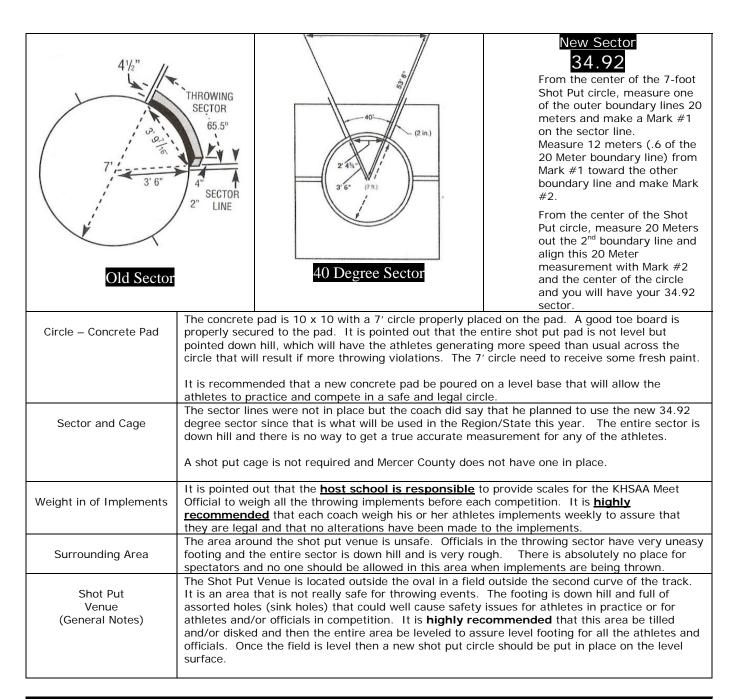
| Runway<br>130'0"                                       | The runway is 137' in length and is 20" wide and is in hard asphalt and the runway is not level throughout the approach It is noted that the runway needs to have the Bermuda grass that is growing over the edges sprayed, edged and removed before it becomes a problem  |
|--|--|
| Standards / Crossbars<br>13'8" – 14'8"<br>Bar – 14'10" | Standards were observed in the Track Storage Building. The pad under the landing pad is black top and when the standard bases are mounted and secured to the ground they will work there way loose in no time. It is <a href="https://discrete-new.nie.google.com/highly-recommended">https://discrete-new.nie.google.com/highly-recommended</a> that once the new landing pads are obtained and the proper location of the standards are determined that concrete areas be placed directly under the standard bases so they can be properly mounted and secured to the ground. New cross bars were observed in the track storage building.  |
| Weigh in Athletes                                      | It is pointed out that the <u>host school is responsible</u> to provide scales for the KHSAA Meet Official to weigh all the vaulters before each competition. It is <u>highly recommended</u> that each coach weigh his or her vaulters weekly to assure that they are legal for the vaulting poles that they are using.   |
| Coaching Box   | The area outside of the running oval next to the track storage building would be an excellent location for a pole vault coaches box.   |
| Area surrounding the<br>Pole Vault Venue               | The landing pad area for the pole vault is located in the worst possible position as it will greatly interfere with the view of the starters on all the oval races. The football field is located inside the oval of the track complex and there is no room to place the runway and landing pad on the side lines. The pole vault runway is located in the only area that could handle this venue but the landing area needs to be on the other end of the runway.   |
| Pole Vault Venue<br>(General Notes)                    | The Pole Vault venue is located inside the oval with the landing pad just past the common finish line for all running races. The location of the vaulting landing pad would be much better if switched to the other end of the runway as it's current location will see the competition stopped by the starter several times so they can view the start of the oval races. If and when a landing pad is obtained that meets the safety specifications of the National Federation, consideration should be given to moving the pad to the other end of the runway. Concrete pads will have to be added to secure the standards regardless which end of the runway the pit is located. Moving the pad would really assist with Meet Management and make for a safer venue. |

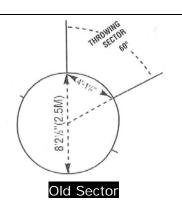
|   |  | Venue # 3 High Jump   |
|---|--|---|
|   |  | High Jump Pad and Apron   |
|   |  | Width of High Jump Pad: 16'8"   |
|   |  | Depth of the High Jump Pad: 8'  |
|   |  | Common Cover: Yes   |
|   |  | Weather Cover: Yes  |
|   |  | Comments: The eyes on the common cover need replaced.                               |
|   |  | Apron Length: 67"   |
|   |  | Apron Width: 38'  |
| HJ Landing Pad<br>16' x 8'<br>Exposed Surfaces            | The High Jump Landing Pad is 16' x 8' but it has yet to be taken out of the track storage building. It is the proper size, it has a common cover but the clips and/or eyes are in need of repair. A weather cover was noted in the storage building. Rule 7-4-4: Hard and unyielding surfaces, such as but not limited to concrete, wood or asphalt, that extend out from beneath the sides and back of the high jump landing pad shall be padded with a minimum of 2-inch dense form or other suitable material.  The High Jump apron (take off area) is a half moon (in reverse) that is 67' across the apron on the pit side and extends 38' out in front of the pit. It has a very hard asphalt surface. The apron extends out onto the curve of the track and jumping competition would have to be stopped when any oval race coming around curve 2 would take place.  High jump standards were observed in the track storage building. A new cross bar was observed. A few older bars were observed in the storage building. |   |
| HJ Apron  |  |   |
| Standards / Crossbar<br>12' apart<br>bar is 12' to 14'10" |  |   |
| Area surrounding the                                      | The area   | around the High Jump Venue is not useable for any other activity in the track meet. |

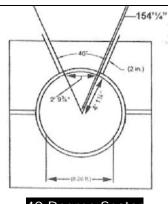
| HJ Venue        |   |
|-----------------|---|
|                 | The High Jump Venue is located inside the oval inside the 2 <sup>nd</sup> turn of the track. Using the actual |
| High Jump Venue | running track as part of the apron can delay the competition in the high jump as it will have to              |
| (General Notes) | stop for a number of running events.  |



#### Venue #5 . . . . Shot Put







## 40 Degree Sector

# New Sector 34.92

From the center of the 8 foot 2 ½" circle, measure one of the outer boundary lines 60 meters and make a Mark #1 on the sector line.

Measure 26 meters (.6 of the 60 Meter boundary line) from Mark #1 toward the other boundary line and make Mark #2. From the center of the Discus circle, measure 60 Meters out the 2<sup>nd</sup> boundary line and align this 60 Meter measurement with Mark #2 and the center of the circle and you will have your 34.92 sector.

|                                    | The concrete pad is 10' x 10' and has a 8'2 1/2" circle. The concrete is old and very rough and   |
|------------------------------------|---|
| Circle – Concrete Pad              | needs to be replaced.   |
| Sector and Cage                    | The sector lines were not in place but the coach did say that he planned to use the new 34.92 degree sector since that is what will be used in the Region/State this year. The entire sector is up hill and there is no way to get a true accurate measurement for any of the athletes. The sector is full of various and assorted holes and in unsafe for the athletes and officials.  |
|                                    | The cage does not meet the new standards of safety for the 34.92 degree throwing sector and sections will need to be added to the front of each side of the cage so that the front poles are within 5' of the sector lines on each side. It is recommended that no one be allowed to practice in this venue until the cage meets the safety requirements of the National Federation.  |
| Weight in of Implements            | It is pointed out that the <u>host school is responsible</u> to provide scales for the KHSAA Meet Official to weigh all the throwing implements before each competition. It is <u>highly</u> recommended that each coach weigh his or her athletes implements weekly to assure that they are legal and that no alterations have been made to the implements.  |
| Surrounding Area                   | The area around the discus venue is unsafe. Officials in the throwing sector have very uneasy footing and the entire sector is up hill and is very rough. There is absolutely no place for spectators and no one should be allowed in this area when implements are being thrown.   |
| Discus<br>Venue<br>(General Notes) | The Discus Venue is located outside the oval in a field outside the second curve of the track. It is an area that is not really safe for throwing events. The footing is up hill and full of assorted holes (sink holes) that could well cause safety issues for athletes in practice or for athletes and/or officials in competition. It is <b>highly recommended</b> that this area be tilled and/or disked and then the entire area be leveled to assure level footing for all the athletes and officials. Once the field is level then a new shot put circle should be put in place on the level surface. |

|   | Meet Management  |
|---|--|
| Seating and Spectator<br>Control                  | The Mercer CountyTrack and Field Complex shares the same area as the Football Stadium, therefore there are plenty of bleachers on the front stretch for this track facility as well as additional seating on the visitors side of the field. Good fencing has the crowd under control with the exception of the field being used for throwing events. It is <b>highly recommended</b> that no spectators be allowed out in this throwing area. |
| Public Address and<br>Press Box                   | The Football Press Box and Public Address system are more than adequate for a track and field meet.  |
| Meet Management<br>in regard to<br>Running Events | At this spite inspection no meets was observed. Officials at future meets at this facility would judge the meet management skills in regard to running events.   |
| Meet Management<br>in regard to<br>Field Events   | At this spite inspection no meets was observed. Officials at future meets at this facility would judge the meet management skills in regard to field events.   |
|   |  |

#### Regional Meet Site

In your opinion would you recommend this facility to be considered as a Regional Track and Field Meet Site? At this time the Mercer County High School and the Track and Field complex is not ready to host a KHSAA Regional Track and Field Meet. Throughout this report some issues are pointed out that need to be addressed before a dual meet is conducted at this facility. With the difference in width of each lane it is highly recommended that all the marks on this track be checked by a professional to assure not only the accuracy of the marks but the safety of athletes, especially in hurdle events. No Pole Vault, and questions in the long/triple jump need addressed. The throwing venues are unsafe for practice or competition at this time. At the time of this inspection we do not recommend any competition be held at this facility. It is fully recommend that practice be held only for running events and high jumpers due to the condition of other field event area.

The Meet Officials at future home meets will be better able to address any Meet Management concerns that may me present.

Respectively submitted,

Gordon D. Bocock

Gordon D. Bocock, #4848 KHSAA Track and Field Consultant