

# Track and Field

## Site Inspection

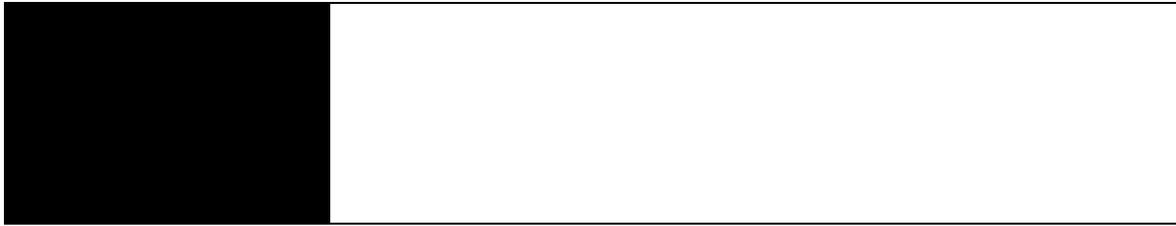


Site Inspection Requested by . . . . .

Wednesday, April 14, 2004

### Pole Vault

Landing Pad 19' 8" wide 20' 2 deep 16' 5 back of box Runway 130'	Pole vault pit is brand new. 20' 10" Wide, 24' deep. 18' from box to back of pit. The runway is 135' long. The pit is in excellent shape.
Planting Box	The planting box is in excellent shape. The padding meets all requirements.
Standards/Crossbar 13' 8 – 14' 8" Bar 14' 10"	The crossbar is yellow and 14' 10" long. The backdrop for the bar is a large tree.
Surrounding Area	The pole vault area is located outside of the end zone of the football field. The pit can be placed at either end of the runway. The area needed to be mowed.
Weigh In of Athletes	It is <u>highly</u> recommended that the Pole Vault Official have scales provided by the host school to weigh the Vaulters to assure that there weight is in compliance with what is listed on the vaulting pole.
Coaching Box	No coaching box was marked.
<b>Pole Vault Venue</b>	The pole vault area was in excellent shape. My only concern was the back of the pit being so close to the inside lane of the track.



High Jump	
Landing Pit 16' by 8'	The landing pit is 22'6" by 11'. The top pad did not cover the entire pit. Many of the straps were broke on the pits. This did not allow the pits to be connected in the manner they should.
Standards/Crossbar 12' apart Bar – 12'	Standards were in excellent shape. The bar was 12' in length
Surrounding Area	The high jump apron is located outside of the end zone. The high jump area is in excellent shape.
High Jump Venue	One of if not the best high jump area in western Kentucky.

Long Jump and Triple Jump	
Landing Pit 9' by 15'	2 pits each measuring 10' x 31'. Each has a runway of 153'. The runways are in excellent shape.

Take Off Marks 12' or 8' 32' or 28'	The take off boards need to be repainted, otherwise in good shape. Take-off boards were 3', 24' and 32' from the pit.
Rakes/Shovel Brooms	I only found one rake lying face up near one of the pits. No other equipment was located nearby, however there is a storage building located near the long jump area where equipment could be housed.
Sand Level	Must be same level as runway or takeoff board.  The sand level was 4" to 5" below the take-off level.
Surrounding Area	Needs to be mowed and benches added for competitors.
Long Jump/ Triple Jump Venue	My concern here would be the low sand level and the lack of grass in the area being mowed. The runways face each other which could cause a distraction to some of the athletes participating.

Shot Put	
Circle	Circle is in great shape. Very smooth. Toe board is in good shape.

Sector and Markings 40* or 60 *	Sectors were not marked. However sector markings were on the circle.
Surrounding Area	Area needs mowing and sectors need to be marked.
Weight Implements	It is <u>highly</u> recommended that the Shot Put Officials be provided with the necessary equipment, provided by the host school, to properly weight the throwing implements and the a marking material to indicate proper weight. I did not observe the weight equipment, but a coach nearby stated they did own proper digital equipment.
Shot Put Venue	Area needs marking and mowing.

Discus Throw	
Cage	Needs major improvement. The discus cage is nowhere near the standard set by the remainder of the track facility.
Circle	Circle is in good shape and smooth.

Sector and Markings 40 * 2'9.75"	Sectors were not marked.
Surrounding Area	Needs to be mowed. The discus area is located behind the stadium.
Weigh Implements	It is highly recommended that the Discus Officials be provided with the necessary equipment, provided by the host school to properly weigh the throwing implements and the marking material to indicate proper weight. Same as shot put.
<b>Discus Venue</b>	Major concern here would be the discus throwing net. Not up to specifications set by the remaining track area. Also, area needed to be mowed and sectors marked.

Running Track	
Lanes Number & Size General overall Conditions and concerns	8 lanes, rubberized in excellent condition. Undoubtedly the best track in Western Kentucky.
Stagger Colors:	1 Turn - Green      3 Turn - Black 2 Turn - White      4 Turn - Red
Relay Colors:	4 X 100 – Yellow to yellow

	<p>4 X 200 – Red to red, yellow to yellow 4 X 400 – Black to black.</p> <p>Did not observe flags for officiating exchange zones, however, they were probably in the storage room.</p> <p>The host school is to provide the necessary flags for the officials to properly officiate the exchange zones.</p>
Break Lines	<p>100 meter starting line for the 800. Break line was available for a three turn stagger.</p> <p>It is recommended in the Regional Meet to use the same break line for the 800 Meters as they do in the state meet, with a line at the head of the front stretch. On the Pulaski track it would be the 100 Meter Starting Line.</p>
<p>Hurdle Colors</p> <p>Overall condition of the hurdles</p>	<p>100 Girls – Yellow 110 Boys – Black 300 Hurdles – Red</p> <p><u>Hurdles were brand new and in excellent condition.</u></p>
<p>Starting Blocks Number and condition</p> <p>Block Cart</p>	<p>8 starting blocks all in excellent shape. (Brand new). Cart was available for transporting blocks.</p>
Starting Line Safety	Brick wall is less than 1 foot from lane 8.
Finish Line Safety	Excellent
Surrounding Areas (This could include bleachers, fencing, tree limbs, etc.	Excellent
PA / Press Box	Adequate.

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<p>Officials Overall view of this Track and Field Complex</p>	<p>Excellent facility for track and field. Major concerns would be discus cage, high jump pit and sand added to long and triple jump pits. Other than these minor details, this facility is by far the best facility in Western Kentucky.</p>
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<p><b>Regional Meet Site</b> (In your opinion would you recommend this facility be considered as a Regional Meet Site.  If No what would they need to do to bring this facility into compliance.</p>	
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Respectively submitted,

Gordon D. Bocoek,  
KHSAA Track & Field Consultant

Please complete the Site Inspection Form and e-mail to [coachbo@charter.net](mailto:coachbo@charter.net)