



# National Student Leadership Summit

The Alexander Hotel, Indianapolis, Indiana | **July 22 – 25, 2024**

The NFHS is excited to announce the eighth year of its student leadership initiative, the National Student Leadership Summit (NSLS). The NSLS will focus on relevant and contemporary issues related to high school students. Students will hone their leadership skills and realize the privilege and power of their influence in their school, community and state.

We will begin each day with a motivating speaker who will provide some insight on resilience, consistency, thoughtfulness and self-reflection. By utilizing "lead the leader" concept, the student and adult ambassadors will be developing skills that will better prepare them to effectively lead/mentor their peers at school and be of service to their respective state association. By targeting specific topics, each student ambassador will learn how to develop and maintain healthy relationships with teammates, fellow participants, coaches/adult leaders and officials.

Another topic that has gained momentum and importance is mental health. More now than ever, our young people are feeling the pressures of school, athletics, activities and life. They need practical and easy-to-use methods to keep things in balance and in the proper perspective. Our content experts will discuss how the student ambassadors can manage their mental

health and identify local advocacy resources if more care is needed. Our experts will do a "Master Class" into social media responsibility and brand development. Social media is in every aspect of our world and being more responsible with developing and maintaining your brand is ever important. Our young leaders have requested that our content experts work with them in effectively dealing with adversity. This topic is more than dealing with the wins, losses or performances of a particular activity, but actually dealing with hardship and life's challenges. Our content experts will discuss these issues in a lecture/interactive format in small breakout group sessions. Lastly, the students will participate in an exciting engagement with the local Indiana Special Olympic athletes, and local Indiana Unified team schools for joint competition, shared athletic experiences and joyous camaraderie!

The cost of the Student Leadership Summit for the student ambassadors is **free**. The students have to provide their transportation to and from the Summit. The hotel room, materials, meals, programming and ground transportation will be provided by the NFHS. The adult ambassadors will have to provide their own transportation to Indianapolis and their hotel room; however, summit materials, meals, programming and ground transportation will be provided by the NFHS.

**Contact your state high school association regarding the process for sending students to the NFHS National Student Leadership Summit.**