



# Kentucky High School Athletic Association

2280 Executive Drive ° Lexington, KY 40505 ° www.khsaa.org ° (859)299-5472 (859)293-5999 (fax)

## **FOR IMMEDIATE RELEASE: AUGUST 24, 2009**

### **KHSAA BOARD OF CONTROL APPROVES CHANGE TO SOFTBALL PITCHING DISTANCE**

Beginning with the 2010 season the distance from the pitching rubber to home plate in fast pitch softball will move from 40 to 43 feet. The measure was approved by the KHSAA Board of Control in a unanimous vote during a special meeting on Monday in Lexington.

The rule requiring the change was approved by the National Federation of High Schools and given to member states for implementation by the 2011 season. Several states, including Florida, Oregon, Tennessee and Missouri, have also implemented the change for the upcoming season.

"Once the Federation adopted the changes all schools were going to have to do it by 2011 and our Board decided it would be best if everyone went ahead and did it now," said KHSAA Assistant Commissioner in charge of Softball Darren Bilberry. "This way it will give our coaches and student-athletes a chance to get adjusted to the new rule by the time everyone must adopt it."

The first contest date for the 2010 fast pitch season is Monday, March 22, 2010. The KHSAA Fast Pitch Softball State Tournament will be held June 11-12, 2010, at Jack C. Fisher Park in Owensboro.

### **HYPE STUDENT LEADERSHIP CONFERENCE THIS WEEK**

The annual HYPE/KHSAA Student Leadership Conference is set for this Wed., Aug. 26, at Heritage Hall in the Lexington Center. This marks the ninth year the Association has provided the free conference for student-athletes to learn teamwork exercises, sportsmanship initiatives and discuss current issues. More than 400 students and 50 adults have signed up to participate.

### **CROSS COUNTRY CONTESTS BEGIN TODAY**

Monday, Aug. 24, marks the first contest date of the cross country season. The regular season will conclude the week of Oct. 31, with regionals scheduled for the following week. The State Cross Country Meet will be held on Saturday, Nov. 14 at the Kentucky Horse Park in Lexington.

For more information on regular season meets as well as team rankings, please consult the Kentucky Track and Cross Country Coaches Association Web site at [www.ktccca.org](http://www.ktccca.org)

### **SPORTS SAFETY WORK GROUP MEETING**

The Sports Safety Work Group will hold a meeting Sept. 1 at 10 a.m. at the KHSAA office in Lexington.

### **2009-2010 KHSAA PUBLICATIONS**

The 2009-2010 KHSAA Event Calendar is now available for purchase. The calendar includes sports specific important dates as well as Board of Control and Advisory Committee meetings and other related information. Calendars are \$10 each and can be ordered on line through the KHSAA website ([www.khsaa.org](http://www.khsaa.org)) or by contacting Marsha Day at the KHSAA.

Orders are now being taken for the 2009-2010 KHSAA Handbook. Those may also be ordered online or by contacting Ms. Day. Handbooks by mail are \$25 each for the bound printed version or \$20 each if purchased in person at the KHSAA Office.



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*The Athlete* magazine, the quarterly publication of the Association, is \$20 for a one-year individual subscription. The subscription includes the "Year-End" State Championship results issue. The 2008-2009 Year-End results issue of *The Athlete* will be available in late August.

**--KHSAA --**

## **UPCOMING EVENTS/MEETINGS**

August 26	HYPE Student Leadership Conference, Heritage Hall, Lexington
September 1	Sports Safety Work Group Meeting, KHSAA Office, Lexington
September 14-15	Regular KHSAA Board of Control Meeting, KHSAA Office, Lexington
September 22	KHSAA Annual Meeting of Delegates, Lexington Center, Lexington