

# KHSAA GIRLS' 3A TRACK & FIELD STATE CHAMPIONS

*Updated through 2019 state meet*

## 100 METER HURDLES

Year	Name(s)	School	Time
1977	Kimbrough	Pleasure Ridge Park	15.20
1978	Kimbrough	Pleasure Ridge Park	15.10
1979	Crockett	Franklin County	15.30
1980	Lois Bryant	Boyd County	15.20
1981	Alicia Bass	Fern Creek	14.84
1982	Alicia Bass	Fern Creek	14.59
1983	Alicia Bass	Fern Creek	13.86
1984	Delicia Canada	Bryan Station	14.76
1985	LaWanda Page	Central	14.61
1986	LaWanda Page	Central	14.34
1987	Celia Tyson	Oldham County	14.91
1988	Stacy Henry	Ashland Blazer	15.04
1989	Nalo McWilliams	Southern	15.69
1990	Alisa DeHaven	Moore	15.87
1991	Shandy Boyd	Valley	14.63
1992	Shandy Boyd	Valley	14.29
1993	Tenesha Blakey	Valley	14.82
1994	Tenesha Blakey	Valley	14.75
1995	Shonna Johnson	Valley	14.40
1996	Michelle Williams	Paul Dunbar	14.52
1997	Temitayo Adeagbo	Eastern	15.54
1998	Temitayo Adeagbo	Eastern	15.88
1999	Cynita Hoskins	Dupont Manual	14.92
2000	Cynita Hoskins	Dupont Manual	14.56
2001	Christen Jones	Boone County	14.94
2002	Ebony Jones	North Hardin	14.6h
2003	Amber Floyd	Henry Clay	14.40
2004	Elaina Shumake	Ballard	15.93
2005	Laken Dirkes	Marshall County	15.51
2006	Laken Dirkes	Marshall County	15.71
2007	Laken Dirkes	Marshall County	14.88
2008	Lutisha Brown	Ballard	14.34
2009	Nealy Williams	Bryan Station	15.21
2010	Nealy Williams	Bryan Station	15:37
2011	Dominique Edmonds	Male	15.62
2012	Dominique Edmonds	Male	15.00
2013	Kianna Gray	North Hardin	14.83
2014	Kianna Gray	North Hardin	14.29
2015	Kianna Gray	North Hardin	14.53
2016	KeAsia Johnson Bell	Eastern	14.56
2017	Hadiya Williams	Male	14.87
2018	Jasmine Varner	Bowling Green	14.86
2019	Sophie Galloway	Graves County	14.45

## 75 YARD DASH

Year	Name(s)	School	Time
1969	McManus	Central	11.60
1970	Cochran	Shawnee	8.60

## 100 YARD DASH

Year	Name(s)	School	Time
1969	McManus	Central	11.60
1970	McManus	Central	11.30
1971	Marcus	Central	10.80
1972	Logan	Central	11.10
1973	Cole	Male	11.30
1974	Stewart	Manual	11.60
1975	Stewart	Manual	10.90
1976	Hightower	Stuart	10.80
1977	Storm	Ballard	11.30
1978	McCoy	Assumption	11.70

## 100 METER DASH

Year	Name(s)	School	Time
1979	Wickley	Thomas Jefferson	12.40
1980	Dina Piersall	Tates Creek	12.50
1981	Natalie Reed	Henry Clay	12.27
1982	Natalie Reed	Henry Clay	12.42
1983	Alicia Bass	Fern Creek	12.49
1984	Tracy Wright	Ballard	12.31
1985	Sonia Wharton	Moore	12.12
1986	Shawn Higgs	Owensboro	12.32
1987	Sonia Wharton	Moore	12.31
1988	Sonia Wharton	Moore	11.97

1989	Lisa Brown	Central	12.13
1990	Ericka Muncy	Bryan Station	12.61
1991	Gwen Thomas	Shawnee	12.52
1992	Stephany Davis	George Rogers Clark	12.69
1993	Sumayya Rashid	Henry Clay	12.28
1994	Tenesha Blakey	Valley	12.44
1995	Sumayya Rashid	Henry Clay	12.29
1996	Tiya Thomas	Louisville Valley	12.85
1997	Simidele Adeagbo	Eastern	12.46
1998	Simidele Adeagbo	Eastern	12.48
1999	Marion McDonald	North Hardin	12.51
2000	Christen Jones	Boone County	12.40
2001	Denasha Mondy	Ballard	12.33
2002	Denasha Mondy	Ballard	11.8h
2003	Denasha Mondy	Ballard	11.95
2004	Brittney Belle	Louisville Central	12.30
2005	Brittney Belle	Louisville Central	12.51
2006	Chelsea Brown	Butler	12.43
2007	Candace Johnson	Hopkinsville	12.27
2008	Chelsea Brown	Butler	12.22
2009	Mariah Murphy	Owensboro	12.15
2010	Tamyah Pipkin	Tates Creek	12.25
2011	Tamyah Pipkin	Tates Creek	12.62
2012	Natavia Barber	Tates Creek	12.30
2013	Kianna Gray	North Hardin	12.20
2014	Kianna Gray	North Hardin	11.81
2015	Kianna Gray	North Hardin	11.73
2016	Taliyah Townsend	Male	11.95
2017	Brooke Raglin	Bryan Station	11.79
2018	Kaleb McDonald	Jeffersontown	11.76
2019	Rosalynd Hollingsworth	Tates Creek	11.69

## MILE RUN

Year	Name(s)	School	Time
1974	Sligar	Ballard	5:18.30
1975	Kathy Jones	Pleasure Ridge Park	5:18.70
1976	Jones	Pleasure Ridge Park	5:12.30
1977	Jones	Pleasure Ridge Park	5:03.60
1978	Jones	Pleasure Ridge Park	5:06.40

## 1600 METER RUN

Year	Name(s)	School	Time
1979	Straight	Henderson County	5:09.30
1980	Kathleen Beumal	Apollo	5:12.00
1981	Camille Forrester	Central	5:12.72
1982	Nancy Crutcher	Oldham County	5:13.50
1983	Nancy Crutcher	Oldham County	5:15.30
1984	Angela Brit	Atherton	5:11.58
1985	Donna Combs	Ballard	4:57.37
1986	Donna Combs	Ballard	5:04.99
1987	Wendy Frazier	Henry Clay	5:03.00
1988	Jill Nickerson	Boone County	5:14.70
1989	Alison Staples	Henderson County	5:15.60
1990	Michelle Marshall	Boone County	5:18.40
1991	Michelle Marshall	Boone County	5:18.70
1992	Michelle Marshall	Boone County	5:13.95
1993	Megan Newcome	Nelson County	5:13.62
1994	Catoyia Brown	Owensboro	5:20.64
1995	Melissa Foon	Henry Clay	5:14.69
1996	Natalie Scruggs	Pulaski County	5:18.68
1997	Rebekah Christman	Daviess County	5:14.40
1998	Aimee Wellerding	Male	5:06.61
1999	Alli Sauer	South Oldham	5:11.10
2000	Sara Graybill	Daviess County	5:00.95
2001	Holly Greers	South Oldham	5:10.31
2002	Jordan Wagenseller	Ballard	5:15.27
2003	Leah Ryan	Sacred Heart	5:07.13
2004	Maddie Schueler	Sacred Heart	4:55.57
2005	Kortni Dukes	Scott	5:06.48
2006	Kortni Dukes	Scott	5:10.38
2007	MaryGrace Pellegrini	DuPont Manual	5:04.12
2008	Anna Bostrom	Woodford County	5:07.88
2009	Emma Brink	Sacred Heart	5:05.95
2010	Emma Brink	Sacred Heart	4:53.66
2011	Emma Brink	Sacred Heart	5:03.73
2012	Bailey Davis	Assumption	5:03.06

2013	Maggie Allen	Sacred Heart	5:04.38
2014	Maggie Allen	Sacred Heart	5:00.37
2015	Maggie Allen	Sacred Heart	4:57.24
2016	Alena Sapienza-Wright	DuPont Manual	5:02.24
2017	Breanna Alderton	Owensboro	5:01.65
2018	Breanna Alderton	Owensboro	5:00.03
2019	Jenna Strange	Tates Creek	4:57.85

## 440 YARD DASH

Year	Name(s)	School	Time
1969	Houchins	Valley	1:01.70
1970	Dow	Eastern	58.30
1971	McManus	Central	56.50
1972	Holt	Central	58.80
1973	Kraweic	Eastern	59.00
1974	Wright	Assumption	60.90
1975	Richards	Western	57.70
1976	Richards	Western	55.60
1977	Lowery	Westport	57.20
1978	Fontana	Thomas Jefferson	58.30

## 400 METER DASH

Year	Name(s)	School	Time
1979	Boggs	Boyd County	58.90
1980	Adrienne Diamond	Marshall County	56.20
1981	Adrienne Diamond	Marshall County	55.67
1982	Adrienne Diamond	Marshall County	56.69
1983	Adrienne Diamond	Marshall County	55.50
1984	Karen Carbin	Ballard	55.68
1985	Sheryl Smith	Eastern	56.68
1986	Andrea Coleman	Seneca	59.49
1987	Alicon Barney	Henry Clay	56.89
1988	Alicon Barney	Henry Clay	56.56
1989	Felicia Upton	Pulaski County	56.80
1990	Ericka Muncy	Bryan Station	57.39
1991	Shandy Boyd	Valley	57.40
1992	Rian Livisay	Henry Clay	1:00.12
1993	Rian Livisay	Henry Clay	57.82
1994	Tamika Townsend	Eastern	57.49
1995	Sumayya Rashid	Henry Clay	57.88
1996	Erika Johnson	Eastern	58.61
1997	Katrina Graves	Ballard	57.62
1998	Tineisha Davis	Madisonville-NH	56.93
1999	Tineisha Davis	Madisonville-NH	56.78
2000	Tineisha Davis	Madisonville-NH	56.95
2001	Tineisha Davis	Madisonville-NH	56.49
2002	Tineisha Davis	Madisonville-NH	58.42
2003	DeAngela McDougald	Jeffersontown	56.79
2004	Asia Brown	Butler	57.44
2005	Ashley Boykin	North Hardin	58.84
2006	Chelsea Brown	Butler	56.18
2007	Chelsea Brown	Butler	56.98
2008	Chelsea Brown	Butler	56.98
2009	Anna Carrigan	Campbell County	57.32
2010	Anna Carrigan	Campbell County	57.13
2011	Anna Carrigan	Campbell County	56.59
2012	Labi Frazier	Bryan Station	56.44
2013	Taylor Bradley	Eastern	55.36
2014	Kianna Gray	North Hardin	54.60
2015	Kianna Gray	North Hardin	55.17
2016	Taliyah Townsend	Male	55.46
2017	Jakayla McSwain	Hopkinsville	56.90
2018	Kaleb McDonald	Jeffersontown	56.17
2019	Iaunia Pointer	Sacred Heart	57.09

## 50 YARD HURDLES

Year	Name(s)	School	Time
1969	Samuels	male	7.80
1970	Samuels	male	7.20
1971	Underwood	Fairdale	7.50
1972	Underwood	Fairdale	7.00
1973	Davis	Eastern	6.30
1974	Newtown	Moore	7.20

**60 YARD HURDLES**

Year	Name(s)	School	Time
1975	Hightower	Stuart	8.00
1976	Hightower	Stuart	8.10
1977	Kimbrough	Pleasure Ridge Park	8.30
1978	Kimbrough	Pleasure Ridge Park	8.40

**70 YARD HURDLES**

Year	Name(s)	School	Time
1969	Green	Male	10.00
1970	Samuels	Male	9.10

**80 YARD HURDLES**

Year	Name(s)	School	Time
1971	Hardin	Fairdale	11.70
1972	Wilt	Doss	11.80
1973	Schafer	Ballard	11.00

**300 METER HURDLES**

Year	Name(s)	School	Time
1979	Crockett	Franklin County	46.50
1980	Lois Bryant	Boyd County	46.20
1981	Alicia Bass	Fern Creek	44.57
1982	Alicia Bass	Fern Creek	44.00
1983	Alicia Bass	Fern Creek	44.70
1984	Tracy Webb	Ballard	45.11
1985	Celia Tyson	Oldham County	45.11
1986	Celia Tyson	Oldham County	44.32
1987	Celia Tyson	Oldham County	43.77
1988	Stephanie Cordell	Pulaski County	46.71
1989	Kay Creech	Laurel County	46.00
1990	Tosha Withers	Valley	46.40
1991	Clarissa Gay	Henry Clay	45.22
1992	Tenesha Blakey	Valley	45.31
1993	Clarissa Gay	Henry Clay	43.22
1994	Teneska Blakey	Valley	43.96
1995	Shonna Johnson	Valley	43.00
1996	Michelle Williams	Paul Dunbar	43.96
1997	Vonda Johnson	Valley	46.61
1998	Katie Grone	Dixie Heights	45.49
1999	Erica Mason	Paul Dunbar	45.56
2000	Olubusola Adeagbo	Eastern	44.47
2001	Christen Jones	Boone County	46.47
2002	Ebony Jones	North Hardin	44.97
2003	Angel Jennings	Assumption	46.21
2004	Nicole Cabrera	John Hardin	46.16
2005	Kristen Elder	Assumption	46.77
2006	Chelsea Brown	Butler	46.24
2007	Chelsea Brown	Butler	44.22
2008	Chelsea Brown	Butler	43.82
2009	Nealy Williams	Bryan Station	44.44
2010	Nealy Williams	Bryan Station	44.40
2011	Kristen Matula	Sacred Heart	45.15
2012	Christina Heilman	Campbell County	44.64
2013	Zahara Gully	DuPont Manual	44.77
2014	Jaylyn Johnson	Central	44.86
2015	Ke'Asia Johnson	Eastern	44.86
2016	Alexandra Lawson	North Hardin	44.58
2017	Jasmine Varner	Bowling Green	44.88
2018	Tahlea Harris	Central	44.73
2019	Naturi Robinson	Tates Creek	44.98

**880 YARD RUN**

Year	Name(s)	School	Time
1969	Best	Eastern	2:32.60
1970	Dow	Eastern	2:23.50
1971	Dow	Eastern	2:24.50
1972	Holt	Central	2:18.50
1974	Sligar	Ballard	2:18.30
1975	Ruark	Moore	2:21.30
1976	Jaggers	Butler	2:24.10
1977	Jaggers	Butler	2:19.30
1978	Martin	Central	2:16.20

**800 METER RUN**

Year	Name(s)	School	Time
1979	Straight	Henderson County	2:25.50
1980	Mindy Boggs	Boyd County	2:16.60
1981	Juli Maynard	Apollo	2:18.33
1982	Diana Greene	Christian County	2:17.60

1983	Marilyn Johnson	Male	2:16.20
1984	Debbie Meece	Pulaski County	2:18.44
1985	Donna Combs	Ballard	2:17.24
1986	Donna Combs	Ballard	2:18.22
1987	Jill Nickerson	Boone County	2:22.20
1988	Jill Nickerson	Boone County	2:20.79
1989	Kay Creech	Laurel County	2:18.60
1990	Angie Rohrscheib	Daviess County	2:21.00
1991	Tanya Clay	Ballard	2:17.74
1992	Megan Newcombe	Nelson County	2:20.60
1993	Megan Newcombe	Nelson County	2:19.47
1994	Anna Adams	Daviess County	2:20.81
1995	Janette Pike	Meade County	2:21.52
1996	Angela Lee	Grayson County	2:18.56
1997	Kasey Favinger	Ballard	2:18.64
1998	Janette Pike	Meade County	2:18.05
1999	Jordan Wagenseller	Ballard	2:16.65
2000	Jordan Wagenseller	Ballard	2:15.68
2001	Jordan Wagenseller	Ballard	2:14.80
2002	Jordan Wagenseller	Ballard	2:16.61
2003	Holly Geers	South Oldham	2:17.14
2004	Katherine Alcorn	Conner	2:18.23
2005	Laura Armstrong	Assumption	2:19.26
2006	Chani Clark	Eastern	2:15.20
2007	Betsy Goodin	Tates Creek	2:18.44
2008	Leslie Davis	Paul Laurence Dunbar	2:17.72
2009	Emma Brink	Sacred Heart	2:13.88
2010	Emma Brink	Sacred Heart	2:13.26
2011	Emma Brink	Sacred Heart	2:14.81
2012	Katherine Receveur	Assumption	2:15.50
2013	Maggie Allen	Sacred Heart	2:17.67
2014	Maggie Allen	Sacred Heart	2:13.68
2015	Emma Kuntz	DuPont Manual	2:12.69
2016	Emma Kuntz	DuPont Manual	2:14.31
2017	Emma Kuntz	DuPont Manual	2:12.97
2018	Phoebe McCowan	South Laurel	2:11.06
2019	Phoebe McCowan	South Laurel	2:13.28

**220 YARD DASH**

Year	Name(s)	School	Time
1969	McManus	Central	25.50
1970	McManus	Central	25.20
1971	McManus	Central	24.30
1972	Logan	Central	25.00
1973	Cole	Male	25.50
1974	Stewart	Manual	25.70
1975	Stewart	Manual	25.20
1976	Thomas	Ahrens	10.80
1977	Richards	Western	26.00
1978	Dobiesz	Central	26.10

**200 METER DASH**

Year	Name(s)	School	Time
1979	Wickley	Thomas Jefferson	25.60
1980	Adrienne Diamond	Marshall County	25.50
1981	Adrienne Diamond	Marshall County	25.04
1982	Kim Dunlap	Shawnee	25.29
1983	Adrienne Diamond	Marshall County	24.00
1984	Karen Carbin	Ballard	24.94
1985	Sonia Wharton	Eastern	25.05
1986	Sonia Wharton	Eastern	24.57
1987	Sonia Wharton	Moore	25.18
1988	Sonia Wharton	Moore	24.98
1989	Lisa Brown	Central	24.76
1990	Ericka Muncy	Bryan Station	25.22
1991	Gwen Thomas	Shawnee	25.13
1992	Stephany Davis	George Rogers Clark	26.18
1993	Sumayya Rashid	Henry Clay	25.02
1994	Tenesha Blakey	Valley	25.26
1995	Shonna Johnson	Valley	24.92
1996	Michelle Williams	Paul Dunbar	25.65
1997	Simidele Adeagbo	Eastern	25.75
1998	Jill Powell	Ryle	25.86
1999	Marion McDonald	North Hardin	25.24
2000	Samantha Garret	Scott County	25.30
2001	LaShondra Durias	Iroquois	25.68
2002	Denasha Mondy	Ballard	24.84
2003	Denasha Mondy	Ballard	25.30
2004	Brittney Belle	Louisville Central	25.23
2005	Brittney Belle	Louisville Central	25.55

2006	Chelsea Brown	Butler	25.15
2007	Jazzmin Jeter	Ballard	24.96
2008	Chelsea Brown	Butler	25.05
2009	Jazzmin Jeter	Ballard	25.11
2010	Tamyah Pipkin	Tates Creek	25.05
2011	Sariah Edwards	Bryan Station	25.07
2012	Natavia Barber	Tates Creek	25.32
2013	Kianna Gray	North Hardin	25.16
2014	Kianna Gray	North Hardin	24.09
2015	Kianna Gray	North Hardin	24.18
2016	Taliyah Townsend	Male	24.63
2017	Brooke Raglin	Bryan Station	24.27
2018	Kaleb McDonald	Jeffersontown	24.52
2019	launia Porter	Sacred Heart	24.39

**3200 METER RUN**

Year	Name(s)	School	Time
1982	Karen Daniel	Owensboro	11:38.86
1983	Nancy Crutcher	Oldham County	11:36.65
1984	Jeanne Sapinza	Central	11:28.60
1985	Donna Combs	Ballard	11:00.31
1986	Donna Combs	Ballard	11:21.09
1987	Wendy Frazier	Henry Clay	11:06.35
1988	Kristi Stephens	Pulaski County	11:54.49
1989	Kristi Stephens	Pulaski County	11:59.00
1990	Michelle Marshall	Boone County	11:30.60
1991	Michelle Marshall	Boone County	11:36.90
1992	Michelle Marshall	Boone County	11:15.55
1993	Michelle Marshall	Boone County	11:38.73
1994	Anna Ryan	Scott	11:56.69
1995	Rachel Sanford	Pulaski Southwestern	11:47.35
1996	Rachel Sanford	Pulaski Southwestern	11:25.10
1997	Cara Nichols	Henderson County	11:11.54
1998	Natalie Scruggs	Pulaski County	11:12.99
1999	Alli Sauer	South Oldham	11:13.18
2000	Suzanne Cooney	Paul Dunbar	11:24.32
2001	Ali Sauer	South Oldham	11:25.94
2002	Melissa Massey	Dupont Manual	11:28.93
2003	Melissa Massey	Dupont Manual	11:02.39
2004	Maddie Schueler	Sacred Heart	10:39.56
2005	Kortni Dukes	Scott	11:24.09
2006	Kortni Dukes	Scott	11:29.65
2007	MaryGrace Pellegrini	DuPont Manual	10:59.03
2008	Emma Brink	Sacred Heart	11:03.53
2009	Emma Brink	Sacred Heart	11:13.45
2010	Anna Bostrom	Woodford County	10:53.25
2011	Emma Brink	Sacred Heart	11:12.96
2012	Emily Bean	Assumption	11:22.90
2013	Emily Bean	Assumption	10:59.93
2014	Ciara Scott	Bowling Green	11:01.49
2015	Maggie Allen	Sacred Heart	11:16.53
2016	Alena Sapienza-Wright	DuPont Manual	11:08.12
2017	Kaitlyn Lacy	Male	10:58.23
2018	Kaitlyn Lacy	Male	10:52.46
2019	Jenna Strange	Tates Creek	11:02.49

**SHOT PUT**

Year	Name(s)	School	Mark
1969	Wheeler	Iroquois	39-00.00
1970	White	Male	36-00.00
1971	Laha	Southern	36-00.00
1972	Steele	Male	39-00.50
1973	Copeland	Male	37-07.00
1974	Starkey	Southern	39-03.50
1975	Starkey	Southern	38-06.50
1976	Jordan	Manual	38-08.50
1977	Hampton	Iroquois	39-11.25
1978	Hampton	Iroquois	40-06.50
1979	Gay	Bryan Station	42-04.75
1980	Kim Hampton	Iroquois	46-04.00
1981	Cheryl Kopatz	Doss	39-05.00
1982	Dana Thomas	Ashland Blazer	36-05.00
1983	Janet Stone	Shelby County	36-01.00
1984	Tonya Crawford	Butler	37-10.00
1985	Tonya Crawford	Butler	39-08.50
1986	Kim Goodwin	Western	39-06.00
1987	Phaedra Washington	Bryan Station	40-02.00
1988	Phaedra Washington	Bryan Station	40-11.50
1989	Felicia Goodwin	Western	37-06.00
1990	Tasha Phelps	Christian County	36-04.00

1991	Danielle Leonard	Daviess County	38-03.00
1992	Carla Prewitt	Bryan Station	37-04.00
1993	Carla Prewitt	Bryan Station	40-11.00
1994	Carla Prewitt	Bryan Station	43-07.25
1995	Renee Taylor	Jessamine County	39-11.00
1996	Nikki Bingham	Jessamine County	37-00.50
1997	Nikki Bingham	Jessamine County	38-06.50
1998	Amber Marshall	Daviess County	35-08.75
1999	Cequanna Sims	Lafayette	39-04.75
2000	Erin Greunke	North Hardin	37-10.75
2001	Cequanna Sims	Lafayette	37-00.50
2002	Cequanna Sims	Lafayette	40-00.75
2003	Courtney Wood	Apollo	40-11.00
2004	Geri Brown	North Hardin	38-04.00
2005	Stephanie Robinson	Bowling Green	37-03.75
2006	LaShelle Pitney	DuPont Manual	38-04.00
2007	Amashi Kendall	Owensboro	38-07.75
2008	Amashi Kendall	Owensboro	38-09.50
2009	Amashi Kendall	Owensboro	42-11.75
2010	Alexis Crawford	Eastern	40-10.00
2011	DeShericka McReyno	Madisonville	37-00.25
2012	Chanel Roberts	North Hardin	40-02.25
2013	Chanel Roberts	North Hardin	43-01.50
2014	Janna Lewis	Butler	37-11.00
2015	Halee Hudson	Scott County	39-02.25
2016	Allison Harper	Greenwood	39-01.75
2017	Kirsten Lacy	Male	37-06.50
2018	Angel Lee	North Hardin	37-05.00
2019	Angel Lee	North Hardin	40-09.00

#### DISCUS THROW

Year	Name(s)	School	Mark
1969	Laha	Southern	107-07
1970	Laha	Southern	116-05
1971	Laha	Southern	119-05
1972	Laha	Southern	131-11
1973	Risinger	Fairdale	105-07
1974	Coleman	Thomas Jefferson	109-00
1975	Maggard	Butler	111-03
1976	Potts	Doss	114-10
1977	Maggard	Butler	125-00
1978	Miller	Moore	122-10.50
1979	Gay	Bryan Station	114-10
1980	Gabe Sweany	Assumption	101-08
1981	Gabe Sweany	Assumption	134-06
1982	Gabe Sweany	Assumption	130-02
1983	Janet Stone	Shelby County	111-04
1984	Lisa Schmidth	Boone County	118-07.50
1985	Bobbie Horseley	Boyd County	120-11
1986	Marissa Pace	Paducah Tilghman	120-07
1987	Phaedra Washington	Bryan Station	118-10
1988	Phaedra Washington	Bryan Station	116-04
1989	Stephanie Thomas	Madisonville	107-11
1990	Tina Phelps	Pulaski County	107-03
1991	Danielle Leonard	Daviess County	114-04
1992	Sue Ennels	Hopkinsville	116-06
1993	Solitaire Shacklette	Meade County	118-01
1994	Carla Prewitt	Bryan Station	129-02
1995	Deshea Brock	Grayson County	117-04
1996	Lenitta White	Shelby County	120-02
1997	Lenitta White	Shelby County	130-00
1998	Patsy Funke	Simon Kenton	115-11
1999	Amber Marshal	Daviess County	122-08
2000	Lenita White	Shelby County	131-04
2001	Gloria Dennis	North Hardin	115-10
2002	Derrica Jones	Christian County	114-01
2003	Courtney Wood	Apollo	128-09
2004	Tiffany Dumas	Tates Creek	125-07
2005	Tiffany Dumas	Tates Creek	123-02
2006	Stephanie Robinson	Bowling Green	114-04
2007	Amashi Kendall	Owensboro	124-02
2008	Amashi Kendall	Owensboro	119-10
2009	Amashi Kendall	Owensboro	130-07
2010	Camille Lannert	Assumption	118-01
2011	DeShericka McReyno	Madisonville	124-11
2012	Alexandria Grant	Fern Creek	118-09
2013	Johnsha Gregory	Henderson County	126-05
2014	Halee Hudson	Scott County	118-08
2015	Halee Hudson	Scott County	124-10
2016	Rachel Lancaster	Assumption	131-01

2017	Brianna Laws	North Hardin	115-02
2018	Myla Lee	North Hardin	118-06
2019	Brianna Seibert	Notre Dame	123-06

#### LONG JUMP

Year	Name(s)	School	Mark
1969	Fischer	Mercy Academy	16-06.00
1970	Samuels	Male	17-02.00
1971	Sadler	Fairdale	16-04.25
1972	Milsap	Male	17-05.00
1973	Merette	Male	18-00.75
1974	Samuels	Male	18-06.00
1975	Zoeller	Angela Merici	17-03.25
1976	Scott	Manual	16-06.00
1977	Handley	Ballard	16-09.50
1978	Wagemaker	Central	17-06.00
1979	King	North Hardin	18-02.50
1980	Valarie Coffey	Southern	17-04.00
1981	Arnola Smith	Bryan Station	18-02.50
1982	Felicia Canada	Bryan Station	17-07.50
1983	Tina Smith	Bryan Station	18-03.00
1984	Tina Smith	Bryan Station	18-11.00
1985	Anna Tutt	Owensboro	18-04.75
1986	Sheronda O'Bannon	Male	17-11.00
1987	Roanette Byrd	Bryan Station	18-02.50
1988	Leslie Brooks	Henderson County	17-01.25
1989	Shandy Boyd	Valley	17-10.75
1990	Shandy Boyd	Valley	17-10.00
1991	Shandy Boyd	Valley	18-05.75
1992	Shandy Boyd	Valley	19-03.00
1993	Sumayya Rashid	Henry Clay	17-08.00
1994	Sumayya Rashid	Henry Clay	18-03.75
1995	Shonna Johnson	Valley	18-05.125
1996	Maegham Ramsor	Assumption	16-11.75
1997	Simidele Adeagbo	Eastern	18-07.50
1998	Simidele Adeagbo	Eastern	18-01.50
1999	Simidele Adeagbo	Eastern	19-08.25
2000	Rosalind Goodwin	Ballard	17-07.50
2001	Denasha Mondy	Ballard	18-01.25
2002	Denasha Mondy	Ballard	17-05.25
2003	Denasha Mondy	Ballard	18-01.25
2004	Asia Brown	Butler	17-04.25
2005	Brittany Douglas	Owensboro	17-00.75
2006	Dominique Lyons	Assumption	17-00.50
2007	Brittany Douglas	Owensboro	17-00.25
2008	Nealy Williams	Bryan Station	18-04.25
2009	Michelle Canterna	Cooper	17-07.75
2010	Allison Ponzer	Simon Kenton	18-00.25
2011	Keisha Chiles	Southern	18-02.25
2012	Ashley Woolum	North Laurel	17-03.25
2013	Jessica Jones	Boone County	17-06.50
2014	Alexis Gibbons	Mercy	17-06.00
2015	Alexis Gibbons	Butler	18-09.25
2016	Alexis Gibbons	Butler	19-09.25
2017	Grace Slater	Paul Laurence Dunbar	18-02.75
2018	Sophie Galloway	Graves County	18-04.00
2019	Sophie Galloway	Graves County	18-03.25

#### TRIPLE JUMP

Year	Name(s)	School	Mark
1998	Shondale Price	Paul Dunbar	36-07.75
1999	Kim Polk	North Hardin	36-03.75
2000	Rosalind Goodwin	Ballard	36-09.75
2001	Rosalind Goodwin	Ballard	38-02.00
2002	Denasha Mondy	Ballard	36-02.50
2003	Denasha Mondy	Ballard	36-10.00
2004	Olivia Joseph	Henderson County	36-10.00
2005	Jenean Pressly	Paul Laurence Dunbar	35-03.75
2006	Tarayla Merriweather	North Hardin	36-11.50
2007	Tarayla Merriweather	North Hardin	35-06.25
2008	Alyssa Frank	Ryle	36-11.25
2009	Haile Holloway	John Hardin	35-07.75
2010	Halie Holloway	John Hardin	36-11.00
2011	Halie Holloway	John Hardin	36-04.00
2012	Kenya Johnson	Male	37-09.00
2013	Kierra Muhammad	Paul Laurence Dunbar	36-11.50
2014	Maryssa Stewart	Madison Central	35-07.50
2015	Aleah Nix	Madisonville-NH	36-03.75
2016	Chimond Vaughn	Male	36-10.50
2017	Alexa Winn	Henry Clay	37-11.00

2018	Sophie Galloway	Graves County	38-10.00
2019	Sophie Galloway	Graves County	40-07.00

#### HIGH JUMP

Year	Name(s)	School	Mark
1969	Hughes	Central	4-10
1970	Hughes	Central	4-11.25
1971	Abrams	Assumption	5-01.25
1972	McCoy	Eastern	5-03
1973	Abrams	Assumption	5-06
1974	Swan	Thomas Jefferson	5-02
1975	Smith	Southern	5-02
1976	Deters	Assumption	5-02
1977	Wagemaker	Central	5-01
1978	Wagemaker	Central	5-03
1979	Depp	Owensboro	5-05
1980	Tammy Bolin	Warren Central	5-03
1981	Kelly Mayes	Lafayette	5-04
1982	Robin Gard	Warren Central	5-10.25
1983	Robin Gard	Warren Central	5-04
1984	Susan Franzman	Holy Rosary	5-04
1985	Lisa Morrison	Boone County	5-04
1986	Megan Young	Montgomery County	5-06
1987	Lisa Morrison	Boone County	5-06
1988	Lisa Morrison	Boone County	5-07
1989	Jennifer Parr	Daviess County	5-02
1990	Angie Johnson	Lafayette	5-01
1991	Kim Escue	Grayson County	5-04
1992	Spring Wall	Grayson County	5-02
1993	Spring Wall	Grayson County	5-04
1994	Jayaetta Saunders	Eastern	5-02
1995	Shondale Price	Paul Laurence Dunbar	5-04
1996	Shondale Price	Paul Laurence Dunbar	5-04
1997	Jayaetta Saunders	Eastern	5-06
1998	Lesley Drury	Pleasure Ridge Park	5-06
1999	Susanne Funken	Ryle	5-04
2000	Rebecca Brown	Marshall County	5-04
2001	Susanne Funken	Ryle	5-04
2002	Shelby Ellis	Shelby County	5-04
2003	Maggie McKay	Daviess County	5-04
2004	Maggie McKay	Daviess County	5-04
2005	Maggie McKay	Daviess County	5-06
2006	Rachel Adams	Calloway County	5-06
2007	Rachel Adams	Calloway County	5-02
2008	Rachel Adams	Calloway County	5-06
2009	Jennifer Stutland	Paul Laurence Dunbar	5-02
2010	Hillary Jamison	Dixie Heights	5-04
2011	Kate Hengelbrok	Notre Dame	5-04
2012	Jazmin Smith	Sacred Heart	5-04
2013	Natalie Higgs	Apollo	5-04
2014	Rylee Windham	Horth Hardin	5-04
2015	Taliyah Colone	East Jessamine	5-04
2016	Heaven Bigelow	Tates Creek	5-03
2017	Jalynn Landversic	East Jessamine	5-06
2018	Tori McCracken	Marshall County	5-02
2019	Tori McCracken	Marshall County	5-06

#### POLE VAULT

Year	Name(s)	School	Mark
2000	Jacey Hughes	Daviess County	10-06
2001	Jacey Hughes	Daviess County	10-00
2002	Jennifer Verville	Scott	10-06
2003	Andrea Sabbatine	Scott County	10-07
2004	Andrea Sabbatine	Scott County	11-00
2005	Mary Kris Durham	Owensboro	11-06
2006	Andrea Sabbatine	Scott County	11-07
2007	Lexie Barr	Daviess County	11-06
2008	Leigh Allin	Henry Clay	11-00
2009	Leigh Allin	Henry Clay	11-08
2010	Allyson Hughes	Owensboro	10-06
2011	Megan Zimlich	Ballard	11-09
2012	Maggie Murdock	Scott County	10-00
2013	Abby Harris	Scott County	11-00
2014	Jaci Bickett	Henderson County	10-06
2015	Kristina Leggas	Lafayette	11-06
2016	Jaci Bickett	Henderson County	12-06
2017	Jaci Bickett	Henderson County	13-03
2018	Jaci Bickett	Henderson County	12-06
2019	Sarah Ferguson	Lafayette	12-06

**4x800 METER RELAY**

<b>Year</b>	<b>Name(s)</b>	<b>School</b>	<b>Time</b>
1992		Pulaski County	9:59.35
1993		Pulaski County	10:00.81
1994		Sacred Heart	9:55.65
1995		Daviess County	9:51.44
1996		Daviess County	9:52.80
1997		Daviess County	9:38.79
1998		Pulaski County	9:39.64
1999		Scott	9:37.10
2000		Male	9:43.69
2001		South Oldham	9:35.47
2002		Greenwood	9:39.01
2003		Sacred Heart	9:41.03
2004		Sacred Heart	9:20.86
2005		Sacred Heart	9:40.64
2006	Camila Aramburu, Chani Clark, Ariana Reid, Sarah Turi	Eastern	9:33.39
2007	Alex Burgess, Maggie Mattingly, Natasha Sydnor, Kristia Worthy	John Hardin	9:34.64
2008	Hanna Alcock, Alex Burgess, Kristia Worthy, Maggie Mattingly	John Hardin	9:33.70
2009	Kaitlynn Ramsey, Sarah Turi, Anna Schreiner, Tori Mayfield	Eastern	9:31.87
2010	Carolynn Dreyer, Faith Roaden, Taylor Robinson, Anne Marie Dumaine	Campbell County	9:39.58
2011	Caroline McCaslin, Amanda Vokoun, Melanie Strothman, Ellen Marko	Assumption	9:24.83
2012	Katherine Receveur, Melanie Strothman, Amanda Vokoun, Caroline McCaslin	Assumption	9:17.45
2013	Mattie Gottbrath, Cassidy Hale, Kristen Hale, Danielle Kitchen	DuPont Manual	9:28.28
2014	Meghan Carrico, Bailey Davis, Sarah Crawford, Abbie Wright	Assumption	9:27.95
2015	Sophie Beavin, Abbie Wright, Maggie Kaelin, Lisi Spence	Assumption	9:38.18
2016	Rachel Been, Labreea Hall, Grace DuPlessis, Emma Kuntz	DuPont Manual	9:23.66
2017	Taylor Boggess, Emma Kuntz, Grace DuPlessis, Mye'cia Bright	DuPont Manual	9:34.36
2018	Taylor Boggess, Kennedy Duncan, Myecia Bright, Alena Sapienza-Wright	DuPont Manual	9:32.75
2019	Madison Adkins, Emma Endress, Cierra Wright, Esperance Nibitanga	Butler	9:35.87

**880 YARD RELAY**

<b>Year</b>	<b>Name(s)</b>	<b>School</b>	<b>Time</b>
1970		Eastern	1:44.05
1971		Eastern	1:53.60
1972		Eastern	1:52.00
1973		Eastern	1:45.20
1974		Central	1:47.20
1975		Manual	1:44.10
1977		Jeffersontown	1:46.50
1978		Central	1:46.00

**4x200 METER RELAY**

<b>Year</b>	<b>Name(s)</b>	<b>School</b>	<b>Time</b>
1979	N/A	N/A	N/A
1980	Boo Craighead, Pam Leonard, Carla Sweat, Karin Corbin	Westport	1:44.90
1981	Kendra Booker, Willetta Woolfork, Natalie Reed, April Harris	Henry Clay	1:43.91
1982		Bryan Station	1:42.13
1983		Ballard	1:41.17
1984		Ballard	1:43.74
1985		Eastern	1:43.62
1986		Franklin County	1:44.78
1987		Bryan Station	1:42.47
1988		Bryan Station	1:42.17
1989		George Rogers Clark	1:44.55
1990		Ballard	1:44.89
1991		George Rogers Clark	1:43.06
1992		Valley	1:44.35
1993		Valley	1:45.63
1994		Henry Clay	1:44.37
1995		Louisville Male	1:45.00
1996		Louisville Male	1:45.19
1997		Valley	1:44.37
1998		Ballard	1:45.52
1999		Ballard	1:44.31
2000		Bryan Station	1:45.36
2001		North Hardin	1:46.12
2002		North Hardin	1:45.93
2003		Louisville Central	1:44.43
2004		Louisville Central	1:43.08
2005		Paul Laurence Dunbar	1:44.81
2006	Tamecia Wilson, Taylor Crawford, Kelsey Johnson, Mariah Murphy	Owensboro	1:44.73
2007	Brittany Douglas, Shanice Carbon, Mariah Murphy, Tasia Smith	Owensboro	1:43.32
2008	Karma Berkley, Moriah Corey, Shanika Cox, Tiffany Rogers	Butler	1:44.92
2009	Paige Yenter, Katie Kitchen, Christina Heilman, Anna Carrigan	Campbell County	1:42.96
2010	Paige Yenter, Molly Kitchen, Christina Heilman, Anna Carrigan	Campbell County	1:43.58
2011	Natavia Barber, Tatiyana Dean, Tamyah Pipkin, Michelle Tichenor	Tates Creek	1:41.92
2012	Jasmine Kraft, Dominique Edmonds, Mallory Dunn, Kenya Johnson	Male	1:42.55
2013	Gabby Perdue, Dakesha Stewart, Labi Frazier, Shania Lyvers	Bryan Station	1:41.53
2014	Brooke Raglin, Talor Wilkerson, Dakesha Stewart, Shania Lyvers	Bryan Station	1:39.53

2015	Talor Wilkerson, Teairra Payton, Dakesha Stewart, Brooke Raglin	Bryan Station	1:41.05
2016	Lauren Buchanan, Jumyia Denning, Tarryn Long, D'Myia Thornton	Eastern	1:42.27
2017	Talor Wilkerson, Jokenia Bond, Queenie Livingston, Brooke Raglin	Bryan Station	1:40.43
2018	Miranda Morton, Miyale Dunn, MiKayla Morton, Kamaya V. Johnson	Male	1:43.21
2019	Myann Davidson, Naturi Robinson, Alex Smith, Rosalynd Hollingsworth	Tates Creek	1:39.30

#### 4x100 METER RELAY

Year	Name(s)	School	Time
1977		Ballard	50.80
1978		Thomas Jefferson	50.70
1979		Bryan Station	49.60
1980	Kim Hand, Natalie Reed, Debbie Taylor, April Harris	Henry Clay	50.20
1981	April Harris, Kim Hand, Kendra Booker, Natalie Reed	Henry Clay	48.67
1982		Bryan Station	48.60
1983		Bryan Station	49.25
1984		Owensboro	49.67
1985	N/A	N/A	N/A
1986		Owensboro	49.85
1987		Bryan Station	48.92
1988		Bryan Station	49.00
1989		Valley	49.94
1990		Valley	49.22
1991		George Rogers Clark	49.02
1992		Valley	49.51
1993		Valley	49.86
1994		Valley	50.45
1995		Valley	50.18
1996		Louisville Male	50.52
1997		Eastern	50.47
1998		Henderson County	49.84
1999		North Hardin	49.34
2000		North Hardin	49.96
2001		Male	50.70
2002		Male	51.08
2003		Henderson County	50.08
2004		Henderson County	49.74
2005		Paul Laurence Dunbar	49.95
2006	Tara Johnson, Jenean Pressley, Chantelle Pressley, Charlse Brown	Paul Laurence Dunbar	50.02
2007	Brittany Douglas, Shanice Carbon, Mariah Murphy, Tasia Smith	Owensboro	49.73
2008	Kierra Moore, Jasmine Webb, Monique Reid, Victoria Mitchell	Fern Creek	49.53
2009	Asia Grigsby, Diamond Wilson, Colleen Mitchell, Victoria Mitchell	Fern Creek	48.78
2010	Ziah Nelson, Diamond Tedford, Dominique Edmonds, Nayia Bishop	Male	49.48
2011	Natavia Barber, Tatiyana Dean, Tamyah Pipkin, Michelle Tichenor	Tates Creek	48.18
2012	Raven Graves, Tamara Jenkins, Brianna Woodson, Jazmine Byrd	North Hardin	48.38
2013	Jasmine Kraft, Dominique Edmonds, Mariah Collins, Shaelyn Waller	Male	48.46
2014	Dakesha Stewart, Talor Wilkerson, Shania Lyvers, Brooke Raglin	Bryan Station	47.48
2015	Kaleshia Harris, Brooke Raglin, Dakesha Stewart, Jokenia Bond	Bryan Station	48.53
2016	Chimond Vaughn, Anaiya Crawford, Taylor Kraft, Tashyonna Bethel	Male	48.42
2017	Nakaiya Wearren, Rosalynd Hollingsworth, Myann Davidson, Naturi Robinson	Tates Creek	47.91
2018	Kayla Smalley, Naturi Robinson, Myann Davidson, Rosalynd Hollingsworth	Tates Creek	47.35
2019	Kamaya Johnson, Veronique Ninamou, Miyale Dunn, Jozlen Brisbon	Male	48.71

#### MILE RELAY

Year	Name(s)	School	Time
1971		Eastern	4:10.70
1972		Eastern	4:10.20
1973		Ballard	4:09.90
1974		Ballard	4:10.30
1975		Pleasure Ridge Park	4:06.08
1976		Pleasure Ridge Park	4:09.00
1977		Western	4:07.80
1978		Pleasure Ridge Park	4:05.20

#### 4x400 METER RELAY

Year	Name(s)	School	Time
1979		Butler	4:03.70
1980	Rosanna Burnette, Terri Pounds, Kathleen Beumel, Julie Maynard	Apollo	4:00.30
1981	Pam Leonard, Tina Stoner, Pat McAtee, Karen Corbin	Westport	3:57.75
1982		Shawnee	3:58.10
1983		Lafayette	4:00.28
1984		Ballard	3:52.97
1985		Eastern	3:57.32
1986		Seneca	3:58.97
1987		Seneca	4:01.50
1988		Butler	4:02.10
1989		Central	4:00.00
1990		Ballard	3:59.90
1991		Bryan Station	4:00.94
1992		Valley	4:02.02
1993		Henry Clay	3:58.53

1994		Valley	4:06.26
1995		Henry Clay	4:02.98
1996		Louisville Central	4:04.74
1997		Ballard	4:04.86
1998		Ballard	4:03.07
1999		Ballard	3:59.89
2000		Ballard	3:56.83
2001		Ballard	4:03.81
2002		North Hardin	4:06.63
2003		Assumption	4:00.97
2004		Lafayette	4:04.47
2005		Louisville Central	4:07.01
2006	Michelle Ruberg, Jessica Bramladge, Julie Fleming, Jamie Board	Notre Dame	4:05.10
2007	Michelle Ruberg, Samantha Kerr, Julie Fleming, Jessica Bramladge	Notre Dame	4:04.01
2008	Katie Kitchen,Carolynn Dreyer, Christian Heilman, Anna Carrigan	Campbell County	3:59.69
2009	Katie Kitchen,Carolynn Dreyer, Christian Heilman, Anna Carrigan	Campbell County	3:58.83
2010	Carolynn Dreyer, Anne Marie Dumaine, Christina Heilman, Anna Carrigan	Campbell County	3:59.01
2011	Anna Carrigan, Carolyn Dreyer, Christina Heilman, Faith Roaden	Campbell County	4:00.95
2012	Gentel Blair, Trisha Chism, Alexis LaPrelle, Kelsey Briscoe	Henry Clay	3:57.47
2013	Jade Spaulding, Alexis Carter, Scarlet Stovall, Taylor Bradley	Eastern	4:00.59
2014	Teairra Payton, Crystal Irvin, Desarae Jones, Talor Wilkerson	Bryan Station	3:56.24
2015	Alena Sapienza-Wright, Grace duPlessis, Labreea Hall, Emma Kuntz	DuPont Manual	3:57.29
2016	Grace duPlessis, Labreea Hall, Alena Sapienza-Wright, Emma Kuntz	DuPont Manual	3:54.00
2017 *	-----		
2018	MiKayla Morton, Miranda Morton, Dreeanna Wade, Kendal Gibbons	Male	3:55.97
2019	Kamaya Johnson, Veronique Ninamou, Dreeanna Wade, Kendal Gibbons	Male	3:58.81

\* the 4x400 at the 2017 3A State Meet was not contested due to severe weather conditions

# KHSAA GIRLS' 2A TRACK & FIELD STATE CHAMPIONS

*Updated through 2019 state meet*

## 100 METER HURDLES

Year	Name(s)	School	Time
1977	Logan	Bryan Station	14.50
1978	Clark	Danville	14.60
1979	Moiser	Whitesburg	14.86
1980	Dawne Durbin	Elizabethtown	15.20
1981	Kim Mundy	Woodford County	14.99
1982	Kim Mundy	Woodford County	15.03
1983	Cathy Acquaviva	Franklin County	14.93
1984	Cathy Acquaviva	Franklin County	15.03
1985	Cathy Acquaviva	Franklin County	14.77
1986	Schoene Thomas	LaRue County	14.99
1987	Schoene Thomas	LaRue County	15.10
1988	Schoene Thomas	LaRue County	15.00
1989	Yolanda Parker	Fort Campbell	15.85
1990	Stephanie Moore	Fort Campbell	16.22
1991	Stephanie Moore	Fort Campbell	16.03
1992	Latanza Stephens	Fort Campbell	15.44
1993	Aimee Bohn	Russell	16.32
1994	Aimee Bohn	Russell	16.29
1995	Becky Collingsworth	West Carter	15.57
1996	Danielle Carrothers	Paducah Tilghman	14.72
1997	Danielle Carruthers	Paducah Tilghman	14.42
1998	Danielle Carruthers	Paducah Tilghman	14.36
1999	Janet Crawford	Fleming County	15.54
2000	Peachie Jones	Paducah Tilghman	15.70
2001	Jenna Littleton	Fleming County	16.01
2002	Jessica Smith	Hart County	15.72
2003	Brooke Mullis	West Carter	16.17
2004	Ehi Akojie	Paducah Tilghman	15.97
2005	Ehi Akojie	Paducah Tilghman	16.83
2006	Ehi Akojie	Paducah Tilghman	15.03
2007	Chelsea Overstreet	Paducah Tilghman	15.84
2008	Sarah McKinney	Rockcastle County	15.93
2009	Nathelie Zetrenne	Louisville Central	15.56
2010	Sadie Stone	Christian Academy	15.73
2011	Maya Spalding	Louisville Central	15.91
2012	Abby Wiggins	West Jessamine	15.26
2013	Jaylyn Johnson	Louisville Central	14.92
2014	Arius Brown	Paducah Tilghman	15.12
2015	Kassidy Cook	Harrison County	15.14
2016	Emmie Harris	Boyle County	15.92
2017	Zinaija Reed	John Hardin	15.14
2018	Zinaija Reed	John Hardin	14.79
2019	Alexis Witherspoon	John Hardin	14.91

## 75 YARD DASH

Year	Name(s)	School	Time
1969	Arkins	Christian County	8.8
1970	Arkins	Christian County	8.8

## 50 YARD DASH

Year	Name(s)	School	Time
1969	Croney	Christian County	6.2
1970	Arkins	Christian County	6.1
1971	Shaw	Paducah Tilghman	6.2
1972	Sales	Tates Creek	6.3
1973	Wilson	Lafayette	6.1

## 100 YARD DASH

Year	Name(s)	School	Time
1969	Rideway	Paducah Tilghman	11.70
1970	Arkins	Christian County	11.10
1971	Combs	Franklin County	11.30
1972	Combs	Franklin County	11.40
1973	Harris	Franklin Simpson	11.60
1974	Blackburn	Lafayette	10.8
1975	Maxwell	Paducah Tilghman	11.0
1976	Ridgeway	Paducah Tilghman	11.0
1977	Maxwell	Paducah Tilghman	10.90
1978	Hill	Bryan Station	11.20
1979	Ward	Newport	11.38

## 100 METER DASH

Year	Name(s)	School	Time
1980	Lisa Shirley	Barren County	12.80
1981	Danita Coulter	Danville	12.69
1982	Enid Kemp	Newport	12.91
1983	Danita Coulter	Danville	12.68
1984	Regina Robey	Logan County	12.58
1985	Tina Robinson	Danville	12.59
1986	Lydawn Rainwater	LaRue County	12.11
1987	Lydawn Rainwater	LaRue County	12.21
1988	Bobbi Jefferson	Paducah Tilghman	12.10
1989	Philana Sibley	Union County	12.45
1990	Philana Sibley	Union County	12.45
1991	Melinda Goodman	Fort Campbell	12.31
1992	Darlene Shipman	Fort Campbell	12.51
1993	Lakeasha Jones	Paducah Tilghman	12.80
1994	Jennifer Kimbrough	Franklin-Simpson	13.05
1995	Danielle Carruthers	Paducah Tilghman	12.54
1996	Shekera Weston	Fort Campbell	12.13
1997	Danielle Carruthers	Paducah Tilghman	12.63
1998	Danielle Carruthers	Paducah Tilghman	11.97
1999	Pauline White	Trigg County	12.41
2000	Shanea Wilson	Paducah Tilghman	12.39
2001	Shanea Wilson	Paducah Tilghman	12.63
2002	Shanea Wilson	Paducah Tilghman	12.26
2003	Temi Akojie	Paducah Tilghman	12.63
2004	Diamonde Jones	Franklin Simpson	12.54
2005	Diamonde Jones	Franklin Simpson	12.62
2006	LeEssence Buckner	Western	12.73
2007	LeEssence Buckner	Western	12.49
2008	DeAudrea Horne	Paducah Tilghman	12.65
2009	Abigail Torian	Trigg County	12.44
2010	Ashley Collinsworth	Highlands	12.47
2011	Ashley Collinsworth	Highlands	12.60
2012	Alisha Adair	Western Hills	12.32
2013	Cassidy Shippy	Knox Central	12.58
2014	Anna Curlin	Western Hills	12.38
2015	Tymeitha Tolbert	Waggener	12.20
2016	Valesha Watson	Paducah Tilghman	12.45
2017	Valesha Watson	Paducah Tilghman	12.37
2018	Valesha Watson	Paducah Tilghman	12.13
2019	Valesha Watson	Paducah Tilghman	12.13

## MILE RUN

Year	Name(s)	School	Time
1974	Moore	Franklin County	5:23.2
1975	Witt	Bourbon County	5:20.5
1976	Straight	Woodford County	5:17.8
1977	Beumel	Apollo	5:09.00
1978	Beumel	Apollo	5:07.00

## 1600 METER RUN

Year	Name(s)	School	Time
1979	Lisa Witty	Glasgow	5:10.14
1980	Lisa Witty	Glasgow	5:10.20
1981	Lisa Witty	Glasgow	4:58.96
1982	Pam Raglin	Bourbon County	5:13.10
1983	Pam Raglin	Bourbon County	5:12.50
1984	Kathy Plank	Conner	5:03.95
1985	Deanna Boggs	Whitesburg	5:13.43
1986	Susan Rankin	Danville	5:11.10
1987	Susan Rankin	Danville	5:15.60
1988	Kristen Edwards	Warren East	5:28.14
1989	Patty Dowd	Fleming County	5:17.30
1990	Ginger Watkins	Franklin County	5:23.00
1991	Sylvia Moreno	Fort Campbell	5:24.50
1992	Sylvia Moreno	Fort Campbell	5:18.11
1993	Catoyia Brown	Owensboro	5:23.45
1994	Jenny Koch	Western Hills	5:19.68
1995	Jenny Koch	Western Hills	5:22.73
1996	Marie Perry	Western Hills	5:15.06
1997	Jessica Southers	Russell	5:17.33
1998	Jessie Wilder	Western Hills	5:08.76
1999	Jessica Southers	Russell	5:10.09
2000	Jessica Southers	Russell	5:19.30
2001	Ashley Harmon	Fleming County	5:21.22

2002	Carmen Mims	Mercy	5:12.16
2003	Carmen Mims	Mercy	5:12.26
2004	Carmen Mims	Mercy	4:56.68
2005	Sondra Nieporte	Lloyd Memorial	5:20.13
2006	Sondra Nieporte	Lloyd Memorial	5:27.32
2007	Michaela Hunter	Rockcastle County	5:21.41
2008	Helen Heines	North Bullitt	5:31.31
2009	Adrianne Shearer	West Jessamine	5:22.93
2010	Kelsey McCain	Pendleton County	5:27.24
2011	Caterina Karas	Collins	5:17.87
2012	Gabriella Karas	Collins	4:57.62
2013	Gabriella Karas	Collins	5:03.08
2014	Gabriella Karas	Collins	4:53.73
2015	Gabriella Karas	Collins	4:53.45
2016	Erin Edmundson	North Oldham	5:02.23
2017	Michaela Reinhart	Lexington Catholic	4:58.53
2018	Madalyn O'Dea	Christian Acad.-Lou.	5:11.34
2019	Sarah Been	Elizabethtown	5:10.36

## 440 YARD DASH

Year	Name(s)	School	Time
1969	Moorman	Owensboro	58.80
1970	Moorman	Owensboro	59.30
1971	Moorman	Owensboro	58.50
1972	Moore	Franklin County	59.40
1973	Holmes	Fort Knox	57.80
1974	Shannon	Paducah Tilghman	58.0
1975	Meade	Paducah Tilghman	58.5
1976	Pinner	Calloway County	59.1
1977	Pendygraft	Barren County	58.70
1978	Pinner	Calloway County	57.90

## 400 METER DASH

Year	Name(s)	School	Time
1979	Richardson	Paducah Tilghman	57.67
1980	Latonya Jones	Paducah Tilghman	59.10
1981	Lafonda Stallworth	Danville	57.49
1982	Lawana Barber	Newport	58.21
1983	Lafonda Stallworth	Danville	57.08
1984	Mary Custard	Harrison County	57.88
1985	Mary Custard	Harrison County	59.45
1986	Lydawn Rainwater	LaRue County	56.96
1987	Lydawn Rainwater	LaRue County	58.30
1988	Michelle Wilson	Bullitt East	57.67
1989	Kisha Nelson	Ashland Blazer	59.40
1990	Alison Howard	Fort Campbell	57.89
1991	Michelle Harris	Paducah Tilghman	57.32
1992	Charnale Pinner	Paducah Tilghman	59.94
1993	Kyra Elzy	Oldham County	57.39
1994	Shekera Weston	Fort Campbell	57.08
1995	Shekera Weston	Fort Campbell	55.46
1996	Shekera Weston	Fort Campbell	55.60
1997	Shevan Threats	Elizabethtown	59.05
1998	Valerie Forbes	Highlands	60.01
1999	Angelina Gracian	Fort Campbell	58.85
2000	Angelina Gracian	Fort Campbell	59.39
2001	Heather Hammond	Rockcastle County	59.90
2002	Shanea Wilson	Paducah Tilghman	57.93
2003	Temi Akojie	Paducah Tilghman	58.64
2004	Heather Hammond	Rockcastle County	59.12
2005	Heather Hammond	Rockcastle County	58.91
2006	DeAudra Horne	Paducah Tilghman	59.81
2007	DeAudra Horne	Paducah Tilghman	59.36
2008	Cheyenne Evans	Boyle County	59.61
2009	Michaela Hunter	Rockcastle County	59.33
2010	Michaela Hunter	Rockcastle County	58.51
2011	Michaela Hunter	Rockcastle County	58.60
2012	Alisha Adair	Western Hills	56.53
2013	Anna Curlin	Western Hills	57.73
2014	Anna Curlin	Western Hills	56.42
2015	Nicole Moeller	North Oldham	56.62
2016	Valesha Watson	Paducah Tilghman	58.04
2017	Rebecca Cook	Franklin County	57.08
2018	McKenzie Bell	Spencer County	57.08
2019	Valesha Watson	Paducah Tilghman	57.36

**50 YARD HURDLES**

Year	Name(s)	School	Time
1969	Gipson	Auston Tracy	7.4
1970	Frecking	Boone County	7.2
1971	Sleet	Boyle County	7.3
1972	Ballew	Bryan Station	7.0
1973	Hill	Oldham County	7.0

**60 YARD HURDLES**

Year	Name(s)	School	Time
1974	Hightower	Fort Knox	10.6
1975	Logan	Bryan Station	8.20
1976	Lynn	Paducah Tilghman	8.10
1977	Logan	Bryan Station	8.10
1978	Young	Bryan Station	8.00

**70 YARD HURDLES**

Year	Name(s)	School	Time
1969	Sleet	Boyle County	9.9
1970	Frecking	Boone County	7.2

**80 YARD HURDLES**

Year	Name(s)	School	Time
1971	Sleet	Boyle County	11.3
1972	Ballew	Bryan Station	11.2
1973	Hill	Oldham County	10.5

**300 METER HURDLES**

Year	Name(s)	School	Time
1979	Jill Molden	Somerset	47.02
1980	Jill Molden	Somerset	46.80
1981	Ann Hicks	Western Hills	46.65
1982	Monick Wampier	Whitesburg	46.39
1983	Cathy Acquaviva	Franklin County	46.00
1984	Monick Wampier	Whitesburg	45.90
1985	Cathy Acquaviva	Franklin County	45.54
1986	Keisha Tillman	Danville	47.36
1987	Michelle Wilson	Bullitt East	46.34
1988	Michelle Wilson	Bullitt East	45.46
1989	Beverly Bunton	Warren East	45.90
1990	Michelle Harris	Paducah Tilghman	47.26
1991	Michelle Harris	Paducah Tilghman	45.90
1992	Jennifer Politt	Fleming County	46.51
1993	Kelley Corwin	Dixie Heights	47.12
1994	Amanda Collinsworth	West Carter	47.60
1995	Marcisha Brazley	Fort Campbell	46.33
1996	Marcisha Brazley	Fort Campbell	46.83
1997	Misty Clark	Green County	46.64
1998	Kitty Galloway	Owensboro Catholic	46.42
1999	Brooke Lencki	Calloway County	45.29
2000	Kristin Herron	Western Hills	46.14
2001	Kristen Herron	Western Hills	46.29
2002	Ashley Arnold	Lexington Catholic	48.21
2003	Heather Hammond	Rockcastle County	48.03
2004	Heather Hammond	Rockcastle County	45.51
2005	Heather Hammond	Rockcastle County	46.22
2006	Chelsea Overstreet	Paducah Tilghman	45.88
2007	Chelsea Overstreet	Paducah Tilghman	46.85
2008	Maddie Roark	Russell	47.95
2009	Jessica Gabhart	Elizabethtown	45.25
2010	Jessica Gabhart	Elizabethtown	45.72
2011	Maya Spalding	Louisville Central	46.86
2012	Jaylyn Johnson	Louisville Central	45.90
2013	Abby Wiggins	West Jessamine	44.77
2014	Alaina Hall	Western Hills	45.65
2015	Lily Lowe	Calloway County	47.16
2016	Emmie Harris	Boyle County	46.16
2017	Zinaija Reed	John Hardin	45.46
2018	Zinaija Reed	John Hardin	45.49
2019	Kaylee Lanigan	Boyle County	45.56

**880 YARD RUN**

Year	Name(s)	School	Time
1969	Moorman	Owensboro	2:24.30
1970	Rice	Boyd County	2:28.70
1971	Rice	Boyd County	2:29.30
1972	Rice	Boyd County	2:27.40
1973	Rice	Boyd County	2:25.90
1974	Moore	Franklin County	2:19.90
1975	Zembrodt	Boone County	2:19.60

1976	Cook	Franklin County	2:18.20
1977	Beumel	Apollo	2:18.90
1978	Beumel	Apollo	2:20.90

**800 METER RUN**

Year	Name(s)	School	Time
1979	Baldwin	Harrison County	2:28.00
1980	Christy Higdon	Ohio County	2:22.30
1981	Pam Raglin	Bourbon County	2:21.42
1982	Pam Raglin	Bourbon County	2:20.24
1983	Pam Raglin	Bourbon County	2:16.03
1984	Deanna Boggs	Whitesburg	2:17.95
1985	Kathy Plank	Conner	2:19.81
1986	Susan Rankin	Danville	2:20.93
1987	Susan Rankin	Danville	2:21.80
1988	Kathleen Lewis	Elizabethtown	2:26.44
1989	Holly Townsend	Webster County	2:23.10
1990	Adrienne John	Ashland Blazer	2:25.80
1991	Sylvia Moreno	Fort Campbell	2:23.90
1992	Sylvia Moreno	Fort Campbell	2:19.45
1993	Kim Murphy	Oldham County	2:26.21
1994	Ilene Kelly	Lloyd Memorial	2:24.28
1995	Marie Perry	Western Hills	2:20.01
1996	Marie Perry	Western Hills	2:19.76
1997	Marie Perry	Western Hills	2:21.74
1998	Marie Perry	Western Hills	2:21.11
1999	Marie Perry	Western Hills	2:18.56
2000	Lauren Owsley	Highlands	2:21.33
2001	Dannella McClure	Warren East	2:22.95
2002	Dannella McClure	Warren East	2:22.12
2003	Dannella McClure	Warren East	2:18.74
2004	Heather Coulter	Warren East	2:19.07
2005	Kelsa Mueller	Highlands	2:24.07
2006	Valerie Whitlock	LaRue County	2:26.14
2007	Candace Barbee	Edmonson County	2:23.85
2008	Brianna Buck	East Carter	2:20.01
2009	Cheyenne Evans	Boyle County	2:19.83
2010	Chelsey Slayton	North Bullitt	2:21.35
2011	Chelsey Slayton	North Bullitt	2:23.44
2012	Caterina Karas	Collins	2:16.30
2013	Tia Weston	Fairdale	2:16.50
2014	Gabriella Karas	Collins	2:14.66
2015	Gabriella Karas	Collins	2:17.06
2016	Erin Edmundson	North Oldham	2:15.64
2017	Victoria Dotson	Rockcastle County	2:17.80
2018	Victoria Dotson	Rockcastle County	2:15.36
2019	Amirr Evans	Elizabethtown	2:17.65

**220 YARD DASH**

Year	Name(s)	School	Time
1969	Croney	Christian County	25.80
1970	Croney	Christian County	25.90
1971	Hutsell	Tates Creek	26.80
1972	Combs	Franklin County	25.80
1973	Hill	Oldham County	25.50
1974	Reid	North Hardin	25.90
1975	Maxwell	Paducah Tilghman	24.70
1976	Ridgeway	Paducah Tilghman	25.30
1977	Maxwell	Paducah Tilghman	25.00
1978	Pinner	Calloway County	25.60

**200 METER DASH**

Year	Name(s)	School	Time
1979	Enid Kemp	Newport	26.22
1980	Enid Kemp	Newport	25.80
1981	Kim Mundy	Woodford County	25.77
1982	Kim Mundy	Woodford County	26.28
1983	Danita Coulter	Danville	26.17
1984	Mary Custard	Harrison County	26.32
1985	Mary Custard	Harrison County	25.91
1986	Lydawn Rainwater	LaRue County	24.95
1987	Lydawn Rainwater	LaRue County	25.07
1988	Bobbi Jefferson	Paducah Tilghman	25.47
1989	Bobbi Jefferson	Paducah Tilghman	25.27
1990	Melinda Goodman	Fort Campbell	25.30
1991	Melinda Goodman	Fort Campbell	25.59
1992	Latanza Stephens	Fort Campbell	25.58
1993	Lakeasha Jones	Paducah Tilghman	25.76
1994	Shekera Weston	Fort Campbell	25.99
1995	Shekera Weston	Fort Campbell	25.18

1996	Shekera Weston	Fort Campbell	24.86
1997	Danielle Carruthers	Paducah Tilghman	26.12
1998	Danielle Carruthers	Paducah Tilghman	24.86
1999	Pauline White	Trigg County	25.62
2000	Shanea Wilson	Paducah Tilghman	25.23
2001	Shanea Wilson	Paducah Tilghman	25.63
2002	Shanea Wilson	Paducah Tilghman	25.18
2003	Temi Akojie	Paducah Tilghman	25.70
2004	Janaya Robbins	Hart County	26.38
2005	Saundria Sims	Paducah Tilghman	26.25
2006	DeAudra Horne	Paducah Tilghman	26.07
2007	DeAudra Horne	Paducah Tilghman	25.25
2008	DeAudra Horne	Paducah Tilghman	26.50
2009	Alisha Adair	Western Hills	25.26
2010	Alisha Adair	Western Hills	25.75
2011	Alisha Adair	Western Hills	25.90
2012	Alisha Adair	Western Hills	25.33
2013	Alisha Adair	Western Hills	25.15
2014	Anna Curlin	Western Hills	25.14
2015	Tymeitha Tolbert	Waggener	25.51
2016	Valesha Watson	Paducah Tilghman	25.46
2017	Daneezia Patton	Boyle County	25.46
2018	Valesha Watson	Paducah Tilghman	25.22
2019	Valesha Watson	Paducah Tilghman	25.08

**3200 METER RUN**

Year	Name(s)	School	Time
1982	Missie Thomas	Union County	11:51.40
1983	Kathy Plank	Conner	11:19.96
1984	Kathy Plank	Conner	11:28.88
1985	Susan Rankin	Danville	11:41.94
1986	Katie Stamps	Danville	11:39.29
1987	Katie Stamps	Danville	11:36.20
1988	Kristen Edwards	Warren East	11:53.10
1989	Patty Dowd	Fleming County	11:34.80
1990	Kristin Edwards	Warren East	11:56.70
1991	Lauren Moore	Oldham County	11:48.10
1992	Emily Roebel	Notre Dame	11:42.27
1993	Christi Beth Johnston	Hart County	11:53.83
1994	Christi Beth Johnston	Hart County	11:41.12
1995	Christi Beth Johnston	Hart County	11:36.15
1996	Christi Beth Johnston	Hart County	11:51.01
1997	Jessica Southers	Russell	11:22.96
1998	Cara Nichols	Bowling Green	11:19.69
1999	Jessica Southers	Russell	11:40.84
2000	Emily Sheffer	Union County	11:41.44
2001	Emily Sheffer	Union County	11:48.21
2002	Carmen Mims	Mercy	11:20.76
2003	Carmen Mims	Mercy	10:58.81
2004	Carmen Mims	Mercy	10:52.22
2005	Miranda Meeks	Caldwell County	12:00.95
2006	Sondra Nieporte	Lloyd Memorial	12:04.71
2007	Maddie White	Union County	12:02.97
2008	Tenny Ostrem	Powell County	12:06.93
2009	Tenny Ostrem	Powell County	11:42.37
2010	Grace Whitworth	South Oldham	11:32.82
2011	Caterina Karas	Collins	11:26.76
2012	Aleja Grant	Paducah Tilghman	11:35.99
2013	Gabriella Karas	Collins	10:58.50
2014	Gabriella Karas	Collins	10:42.05
2015	Michaela Reinhart	Lexington Catholic	11:03.61
2016	Michaela Reinhart	Lexington Catholic	11:14.28
2017	Michaela Reinhart	Lexington Catholic	10:35.36
2018	Sarah Been	Elizabethtown	11:21.75
2019	Sarah Been	Elizabethtown	11:22.71

**SHOT PUT**

Year	Name(s)	School	Mark
1969	Matthew	Temple Hill	36-06.00
1970	Shumpert	Paducah Tilghman	36-02.00
1971	Shumpert	Paducah Tilghman	40-05.25
1972	Custard	Harrison County	37-08.50
1973	Custard	Harrison County	38-01.75
1974	Hamilton	Paducah Tilghman	40-01.00
1975	Patrick	Boyd County	41-05.00
1976	Patrick	Boyd County	45-08.50
1977	Hayes	Bowling Green	40-02.00
1978	Fogle	Lafayette	40-10.50
1979	Zachery	Webster County	38-09.50
1980	G. Wright	Lawrence County	39-02.00



1981	Karen Hoskins	Newport	35-08.00
1982	Paula Everhart	Union County	37-05.00
1983	Monica Herren	Western Hills	36-07.50
1984	Sherry Hatchett	Ohio County	35-10.00
1985	Pam Clements	Danville	35-10.50
1986	Anita Powell	LaRue County	38-06.50
1987	Pam Clements	Danville	38-05.00
1988	Kim Jones	Clay County	35-06.00
1989	Lisa Phillips	LaRue County	34-11.00
1990	Tonya Bedford	Newport	33-05.00
1991	Cara Fasig	Simon Kenton	34-01.25
1992	Tia McGee	Franklin County	34-08.50
1993	Robin Fryman	Bourbon County	36-03.00
1994	Malena Hall	Powell County	35-11.00
1995	Malena Hall	Powell County	37-05.00
1996	Malena Hall	Powell County	40-05.25
1997	Melissa Gale	Russell	34-11.25
1998	Courtney Pace	Lone Oak	35-06.00
1999	Courtney Pace	Lone Oak	35-11.00
2000	Valerie Raiser	Newport	35-05.25
2001	Valerie Raiser	Newport	36-09.75
2002	Valerie Raiser	Newport	38-01.50
2003	Jade Perry	Muhlenberg North	38-06.50
2004	Chinwe Okoro	Russell	42-03.75
2005	Pam Bell	Paducah Tilghman	39-03.75
2006	Pam Bell	Paducah Tilghman	42-10.50
2007	Chinwe Okoro	Russell	40-05.00
2008	Tasha Roberson	Warren East	39-07.75
2009	Jackie Stevens	Bullitt East	37-09.50
2010	Jackie Stevens	Bullitt East	39-01.25
2011	Lindsey Burd	Hart County	36-00.00
2012	Lindsey Burd	Hart County	36-04.25
2013	Maggie Mollak	North Oldham	35-09.25
2014	Maggie Mollak	North Oldham	37-05.00
2015	Maggie Mollak	North Oldham	39-10.00
2016	Mikayla Reichert	Highlands	37-02.00
2017	Zoe Yeast	Mercer County	36-04.00
2018	Ciara Mosley	Taylor County	37-08.00
2019	Denaleigh Starks	Webster County	38-10.00

#### DISCUS THROW

Year	Name(s)	School	Mark
1969	Taylor	Paul Blazer	98-00.50
1970	Thomas	Paul Blazer	117-09.00
1971	Thomas	Ashland	109-09.50
1972	Hawkins	Harrison County	109-11.00
1973	Hawkins	Harrison County	119-08.50
1974	Doyle	Hopkinsville	112-01
1975	Hamilton	Paducah Tilghman	114-09.75
1976	Patrick	Boyd County	136-01
1977	Willingham	Henderson County	123-05
1978	Gay	Bryan Station	116-04
1979	Zackery	Woodford County	119-08
1980	Emily Willis	Paducah Tilghman	107-02
1981	Billie Cornett	Clay County	104-09
1982	Gilly Martin	Reidland	112-05.50
1983	Joannie Magrave	Rowan County	112-04
1984	Sherry Hatchett	Ohio County	122-01
1985	Joannie Magrave	Rowan County	120-08
1986	Joannie Magrave	Rowan County	122-05
1987	Julie Magrane	Rowan County	128-04
1988	Julie Magrane	Rowan County	132-05
1989	Cynthia Garland	Calloway County	109-05
1990	Cynthia Garland	Calloway County	112-05
1991	Helen Johnson	Paducah Tilghman	103-06
1992	Robin Fryman	Bourbon County	112-03
1993	Robin Fryman	Bourbon County	125-09
1994	Robin Fryman	Bourbon County	125-04
1995	Melissa Gale	Russell	116-10
1996	Melissa Gale	Russell	123-02
1997	Melissa Gale	Russell	138-06
1998	Veronica Carter	Monroe County	110-07
1999	Misty Hair	Casey County	114-09
2000	Misty Hair	Casey County	123-10
2001	Emily Rader	Casey County	125-08
2002	Pam Bell	Paducah Tilghman	134-09
2003	Pam Bell	Paducah Tilghman	133-09
2004	Pam Bell	Paducah Tilghman	124-10
2005	Pam Bell	Paducah Tilghman	139-06
2006	Lindi Berry	Webster County	128-02

2007	Chinwe Okoro	Russell	110-03
2008	Loran Crowell	Mercer County	103-01
2009	Jackie Stevens	Bullitt East	111-05
2010	Jackie Stevens	Bullitt East	122-03
2011	Denisha Nichols	Elizabethtown	114-02
2012	Amy Johnson	Rockcastle County	108-00
2013	Aja Leachman	Western Hills	120-03
2014	Lilli Popovich	Christian Acad.-Lou.	128-11
2015	Lilli Popovich	Christian Acad.-Lou.	142-02
2016	Mikayla Reichert	Highlands	125-03
2017	Zoe Yeast	Mercer County	122-08
2018	Zoe Yeast	Mercer County	115-01
2019	Zoe Yeast	Mercer County	130-03

#### LONG JUMP

Year	Name(s)	School	Mark
1969	Houchens	Christian County	17-06.50
1970	Luzadder	Paul Blazer	17-00.75
1971	Hutsell	Tates Creek	16-09.00
1972	Vixon	Henderson County	17-05.50
1973	Graham	Fleming County	17-09.00
1974	Graham	Fleming County	18-04.00
1975	Kuepel	Apollo	17-05.50
1976	Pennygraft	Barren County	16-05.75
1977	Givens	Henderson County	17-03.63
1978	Ward	Newport	17-10.75
1979	Ruehl	Highlands	16-11.50
1980	Jill Molden	Somerset	16-09.00
1981	Rosland Groves	Franklin Simpson	17-09.00
1982	Latonya Jones	Paducah Tilghman	17-07.00
1983	Latonya Jones	Paducah Tilghman	17-03.00
1984	Sherita Bailey	Franklin Simpson	18-02.00
1985	Chris Schimmoeller	Woodford County	17-02.75
1986	Tarolyn Eskridge	Fort Knox	17-06.00
1987	Lynn Eskridge	Fort Knox	18-03.00
1988	Erica Muskgrow	Calloway County	17-07.00
1989	Mashana Cole	Paducah Tilghman	17-06.25
1990	Lisa Hockensmith	Mercer County	16-08.25
1991	Michelle Harris	Paducah Tilghman	18-02.00
1992	Darlene Shipman	Fort Campbell	17-10.75
1993	Shekera Weston	Fort Campbell	17-02.25
1994	Rebecca Collingsworth	West Carter	17-10.25
1995	Becky Collingsworth	West Carter	18-02.50
1996	Shevan Threats	Elizabethtown	18-01.00
1997	Shevan Threats	Elizabethtown	18-00.50
1998	Kristen Herron	Western Hills	16-09.75
1999	Nicole Carter	West Jessamine	17-05.00
2000	Shanea Wilson	Paducah Tilghman	18-01.25
2001	Shanea Wilson	Paducah Tilghman	17-04.00
2002	Shanea Wilson	Paducah Tilghman	17-10.50
2003	Heather Hammond	Rockcastle County	17-02.00
2004	Heather Hammond	Rockcastle County	17-01.75
2005	Heather Hammond	Rockcastle County	17-07.50
2006	Morgan Thacker	Rockcastle County	16-09.00
2007	Natalie Shumpert	Paducah Tilghman	16-11.00
2008	Morgan Thacker	Rockcastle County	18-02.50
2009	Samantha Smith	Rockcastle County	17-02.75
2010	Samantha Smith	Rockcastle County	18-00.75
2011	Michaela Hunter	Rockcastle County	17-10.25
2012	Brianne Brown	North Oldham	18-06.50
2013	Demondrea Starnes	Louisville Central	17-08.75
2014	Lily Lowe	Calloway County	17-05.25
2015	Lily Lowe	Calloway County	17-02.25
2016	Becca Tarter	Boyle County	17-02.25
2017	Haley Glynn	Calloway County	17-08.50
2018	Jasmine Claunch	Mercer County	16-11.75
2019	Jaaliyah Biggers	Paducah Tilghman	17-04.75

#### TRIPLE JUMP

Year	Name(s)	School	Mark
1998	Kristen Herron	Western Hills	36-05.25
1999	Nicole Carter	West Jessamine	35-07.50
2000	Carmen Haynes	Western Hills	36-04.00
2001	Kristen Herron	Western Hills	36-00.25
2002	Beth Patterson	Casey County	34-11.00
2003	Beth Patterson	Casey County	34-08.00
2004	Aseer Itiavkase	Paducah Tilghman	37-08.00
2005	Natalie Shumpert	Lone Oak	36-11.25
2006	Natalie Shumpert	Paducah Tilghman	35-08.00
2007	Natalie Shumpert	Paducah Tilghman	37-00.75

2008	Natalie Shumpert	Paducah Tilghman	37-01.50
2009	Anna Goetz	Highlands	35-03.75
2010	Samantha Smith	Rockcastle County	36-05.00
2011	Michaela Hunter	Rockcastle County	36-11.25
2012	Michaela Hunter	Rockcastle County	38-03.25
2013	Demondrea Starnes	Louisville Central	35-10.25
2014	Hannah Schenck	Highlands	35-00.25
2015	Rosmanie Long	Highlands	36-00.25
2016	Mya Muschette	John Hardin	35-10.50
2017	Autumn King	Rockcastle County	36-01.00
2018	Jasmine Claunch	Mercer County	36-05.50
2019	Jasmine Claunch	Mercer County	37-04.00

#### HIGH JUMP

Year	Name(s)	School	Mark
1969	Greenwell	Paducah Tilghman	4-09
1970	Newcomb	Owensboro	4-11
1971	Elliot	Owensboro	4-11
1972	Campbell	Madison Central	5-01
1973	Graham	Flemington	5-01.50
1974	Murphy	Newport	5-03
1975	Tolle	Harrison County	5-04
1976	Williams	Bryan Station	5-04
1977	Williams	Bryan Station	5-07.25
1978	Snow	Bryan Station	5-05
1979	Sharon Ottens	Webster County	5-05
1980	Sharon Ottens	Webster County	5-06
1981	Sharon Ottens	Webster County	5-06
1982	Sharon Ottens	Webster County	5-10
1983	Megan Young	Montgomery County	5-01
1984	Amberly Moss	Calloway County	5-03
1985	Megan Young	Montgomery County	5-04
1986	Lauren Cammack	Harrison County	5-05
1987	Lauren Cammack	Harrison County	5-05
1988	Beverly Bunton	Warren East	5-09
1989	Beverly Bunton	Warren East	5-06
1990	Philana Sibley	Union County	5-04
1991	Glenna Easterling	Russell	5-04
1992	Hope Smith	Ashland Blazer	5-00
1993	Sarah Padgett	Elizabethtown	5-02
1994	Janet Crawford	Fleming County	5-03
1995	Janet Crawford	Fleming County	5-06
1996	Janet Crawford	Fleming County	5-04
1997	Janet Crawford	Fleming County	5-02
1998	Janet Crawford	Fleming County	5-08
1999	Janet Crawford	Fleming County	5-02
2000	Natalie Lane	Russell	5-02
2001	Brandi Griffin	Webster County	5-02
2002	Brandi Griffin	Webster County	5-06
2003	Brandi Griffin	Webster County	5-04
2004	Aseer Itiavkase	Paducah Tilghman	5-05
2005	Brandi Griffin	Webster County	5-04
2006	Donnell Nocero	Lloyd Memorial	5-02
2007	Erin Overcash	North Oldham	5-04
2008	Erin Overcash	North Oldham	5-06
2009	Donnell Nocero	Lloyd Memorial	5-04
2010	Cha'Niquia Gore	Louisville Central	5-03
2011	Cha'Niquia Gore	Louisville Central	5-02
2012	Ngodoo Itiavkase	Paducah Tilghman	5-02
2013	Lily Lowe	Calloway County	5-02
2014	Lily Lowe	Calloway County	5-04
2015	Lily Lowe	Calloway County	5-08
2016	Lily Lowe	Calloway County	5-08.25
2017	Leia Gregory	Elizabethtown	5-04
2018	Promise Cross	Rowan County	5-06
2019	Promise Cross	Rowan County	5-07

#### POLE VAULT

Year	Name(s)	School	Mark
2000	Stacy Isaacs	Hart County	8-06
2001	Allie McNabb	Russell	9-06
2002	Allie McNabb	Russell	9-00
2003	Kathryn Yates	Elizabethtown	10-00
2004	Chelsea Roundtree	South Oldham	10-00
2005	Lindsey Alford	Mercer County	8-00
2006	Tawni Lockard	Lloyd Memorial	9-00
2007	Tawni Lockard	Lloyd Memorial	9-00
2008	Madison Kuklinski	Elizabethtown	9-06
2009	Erica Mills	Boyle County	9-00
2010	Laura Geiman	Highlands	9-06

2011	Lindsey Scaggs	Highlands	9-06
2012	Jessica Gabhart	Elizabethtown	9-00
2013	Shelby Stringer	Casey County	10-00
2014	Bridgette Mangold	Lex. Catholic	11-00
2015	Dascha Hix	Fort Campbell	11-06
2016	Camille Mangold	Lexington Catholic	12-00.25
2017	Katie Wright	North Oldham	10-00
2018	Raegan Franklin	North Oldham	11-08
2019	Raegan Franklin	North Oldham	12-03

**4x800 METER RELAY**

Year	Name(s)	School	Time
1992		Warren East	9:54.84
1993		Highlands	10:07.69
1994		Russell	10:12.20
1995		Western Hills	9:47.83
1996		Russell	10:12.39
1997		Russell	9:51.20
1998		Western Hills	9:47.20
1999		Western Hills	9:53.51
2000		Russell	9:51.26
2001		Mercy Academy	9:59.95
2002		Mercy	9:45.00
2003		Lloyd Memorial	10:02.47
2004		Highlands	9:58.34
2005		Highlands	10:01.88
2006	Darcie Dressman, Alisha Hansman, Sarah Hensley, Kelsa Mueller	Highlands	10:09.04
2007	Stephanie Hills, Gretchen Hinkel, Caitlin Beck, Kelsa Mueller	Highlands	10:04.66
2008	Cheyenne Evans, Kelsey Barbato, Abby Kerbaugh, Emily Wesley	Boyle County	9:52.96
2009	Kami Orrender, Jessie Murner, Kacie Niemann, Hannah Ellis	South Oldham	9:51.46
2010	Katie Cease, Hannah Ellis, Jessie Murner, Kami Orrender	South Oldham	9:51.48
2011	Logan Arnold, Maddie Kriz, Niki Coffey, Rachel Ditto	Boyle County	9:57.57
2012	Katherine Kennedy, Hannah Godfrey, Brittany Whitworth, Lexy Hazle	Elizabethtown	9:48.58
2013	Logan Arnold, Nikki Coffey, Hannah Harris, Hannah Robertson	Boyle County	9:43.42
2014	Breanna Carter, Emmie Harris, Nikki Coffey, Hannah Robertson	Boyle County	9:51.65
2015	Christie Jackson, Abby VanHoeve, Michaela Reinhart, Emma Vogelsang	Lexington Catholic	9:39.67
2016	Emma Vogelsang, Madolyn Ivy, Michaela Reinhart, Abby VanHoeve	Lexington Catholic	9:41.23
2017	Sarah Been, Savannah Kingery, Amirr Evans, Isabella Galvez	Elizabethtown	9:43.16
2018	Savannah Kingery, Isabella Galvez, Sarah Been, Amirr Evans	Elizabethtown	9:35.70
2019	Haley Blevins, Jai Maria Piazza, Clayra Darnell, Abby Dean	Mercer County	9:47.99

**880 YARD RELAY**

Year	Name(s)	School	Time
1969		Christian County	1:45.70
1971		Franklin County	1:49.50
1972		Franklin County	1:47.50
1973		Fort Knox	1:51.00
1974		Lafayette	1:44.50
1975		Paducah Tilghman	1:49.7
1976		Bryan Station	1:45.7
1977		Bryan Station	1:44.50
1978		Bryan Station	1:44.30

**4x200 METER RELAY**

Year	Name(s)	School	Time
1979		Newport	1:46.11
1980	Patricia McCauley, Vicky Giles, Kara Brown, Donna Isaac	Harrison County	1:47.20
1981	Darla White, Olivia Clark, Tina Jackson, Michele Walker	Franklin County	1:44.96
1982		Newport	1:44.87
1983		Danville	1:44.88
1984		Danville	1:46.29
1985		Franklin County	1:45.34
1986		LaRue County	1:46.47
1987		Fort Campbell	1:45.19
1988		Paducah Tilghman	1:44.83
1989		Paducah Tilghman	1:44.21
1990		Fort Campbell	1:44.01
1991		Fort Campbell	1:43.63
1992		Fort Campbell	1:45.72
1993		Warren Central	1:47.39
1994		McLean County	1:49.27
1995		Elizabethtown	1:48.29
1996		Elizabethtown	1:46.19
1997		Elizabethtown	1:47.92
1998		Franklin Simpson	1:47.42
1999		Fort Campbell	1:47.87
2000		Bowling Green	1:45.50
2001		Fort Campbell	1:48.53
2002		Highlands	1:50.07
2003		Mercer County	1:50.25
2004		Lawrence County	1:47.34
2005		Lawrence County	1:47.39
2006	Bree Frazier, Hilary Laney, Iris Meddings, Lynden O'Brian	Lawrence County	1:46.04
2007	Katie Collinsworth, Stephanie Newman, Liza Pendery, Dianna Rafferty	Highlands	1:45.74
2008	Ashley Collinsworth, Katie Collinsworth, Maria Weyer, Liza Pendery	Highlands	1:47.59
2009	Janada Acree, Khadijah Grubbs, Shelby Grubbs, Abigail Torian	Trigg County	1:43.68
2010	Jordan Earlywine, Lindsey Scaggs, Sydney Watson, Maria Weyer	Highlands	1:46.92
2011	Lindsey Scaggs, Jordan Earlywine, Caroline Newman, Maria Weyer	Highlands	1:48.03
2012	McKenzie Bicknell, Amanda Collier, Kate Freel, Rachel Wallace	Madison Southern	1:45.91
2013	Cheyney Carney, Dazha Berry, Mya Spalding, Demondrea Starnes	Louisville Central	1:45.21

2014	Erin Olsson, Elizabeth Olive, Nicole Moeller, Jesse Sanders	North Oldham	1:45.25
2015	Elizabeth Olive, Heather Klusman, Erin Olsson, Nicole Moeller	North Oldham	1:44.11
2016	Rachael Barber, Sarah Rymer, Kaylee Robinson, Hannah Reese	Ashland Blazer	1:44.59
2017	Cheslea Elmore, Daneezia Patton, Kylie Thompson, Kaylee Lanigan	Boyle County	1:43.57
2018	Chelsea Moore, Daneezia Patton, Chelsea Elmore, Kaylee Lanigan	Boyle County	1:44.32
2019	Payton Bugg, Chelsea Elmore, Kaylee Lanigan, Daneezia Patton	Boyle County	1:42.76

#### 4x100 METER RELAY

Year	Name(s)	School	Time
1977		Paducah Tilghman	48.50
1978		Bryan Station	49.50
1979		Paducah Tilghman	50.49
1980	Kim Mundy, Sherry Brown, Susan Gormby, Eddy Anthony	Woodford County	50.80
1981	Darla White, Olivia Clark, Tina Jackson, Michele Walker	Franklin County	50.07
1982		Woodford County	50.05
1983		Danville	50.12
1984		Logan County	50.54
1985		Franklin County	49.83
1986		Union County	50.02
1987		Danville	50.55
1988		Paducah Tilghman	49.57
1989		Paducah Tilghman	49.54
1990		Fort Campbell	49.60
1991		Fort Campbell	48.66
1992		Fort Campbell	49.99
1993		Paducah Tilghman	49.99
1994		Paducah Tilghman	51.38
1995		Paducah Tilghman	50.61
1996		Elizabethtown	50.90
1997		Franklin Simpson	50.70
1998		Paducah Tilghman	49.81
1999		Bowling Green	50.84
2000		Paducah Tilghman	49.92
2001		Paducah Tilghman	50.70
2002		Paducah Tilghman	51.98
2003		Paducah Tilghman	50.99
2004		Paducah Tilghman	49.11
2005		Paducah Tilghman	49.78
2006	Ehi Akojie, Chelsea Overstreet, Natalie Shumpert, Saundria Sims	Paducah Tilghman	49.75
2007	Caroline Hutson, Chelsea Overstreet, Natalie Shumpert, Rachel Smith	Paducah Tilghman	50.33
2008	DeAudrea Horne, Caroline Hutson, Rachel Smith, Natalie Shumpert	Paducah Tilghman	49.80
2009	Janada Acree, Khadijah Grubbs, Shelby Grubbs, Abigail Torian	Trigg County	49.72
2010	Jordan Earlywine, Lindsey Scaggs, Sydney Watson, Maria Weyer	Highlands	51.28
2011	Lindsey Scaggs, Jordan Earlywine, Sydney Watson, Maria Weyer	Highlands	51.64
2012	Cheyne Carney, Brooke Payne, Demondrea Starnes, Shalante Branham	Louisville Central	50.97
2013	Cheyne Carney, Brooke Payne, Paige Irvine, Demondrea Starnes	Louisville Central	49.63
2014	Jessicka Tucker, Jameelah Shamburger, Ashley Wesley, Mercedes Nicholson	Fort Campbell	50.34
2015	Emily Knetsche, Cait Baker, Allison Hall, Kylie Thompson	Boyle County	49.96
2016	Tanaisha Jordan, Valesha Watson, Brantarius Millikan, Tajhanique Wood	Paducah Tilghman	49.64
2017	Rebecca Cook, Laken Ellis, Chynna Jackson, Caelin Taylor	Franklin County	49.37
2018	Katie Turner, Aimee Hagins, Taliyah Colone, Jalynn Landversicht	East Jessamine	50.17
2019	Bria Wilson, Shavi Kennedy, Laken Ellis, Brooklynn Miles	Franklin County	49.39

#### MILE RELAY

Year	Name(s)	School	Time
1971		Franklin County	4:18.80
1972		Christian County	4:13.10
1973		Paducah Tilghman	4:08.60
1974		Boone County	4:02.00
1975		Hopkinsville	4:04.10
1976		Boyd County	4:06.40
1977		Owensboro	4:04.10
1978		Boyd County	4:03.50

#### 4x400 METER RELAY

Year	Name(s)	School	Time
1979		Harrison County	4:10.52
1980	Jennifer Johnson, Naomi Bolen, Mattie Morris, Latonya Jones	Paducah Tilghman	4:10.80
1981	Shelia Ford, Lafonda Stallworth, Elana Ford, Dianna Smith	Danville	4:05.70
1982		Danville	4:03.10
1983		Danville	4:08.37
1984		Danville	4:02.90
1985		Harrison County	4:06.87
1986		Danville	4:07.74
1987		Fort Campbell	4:08.14
1988		Fort Campbell	4:13.70
1989		Paducah Tilghman	4:03.00
1990		Paducah Tilghman	4:03.40
1991		Paducah Tilghman	4:11.92
1992		Warren East	4:10.11

1993		Paducah Tilghman	4:11.36
1994		Fort Campbell	4:07.06
1995		Fort Campbell	4:07.93
1996		Fort Campbell	4:06.45
1997		Highlands	4:09.21
1998		Highlands	4:03.71
1999		Union County	4:09.99
2000		Russell	4:11.95
2001		Rockcastle County	4:06.67
2002		Russell	4:11.64
2003		Paducah Tilghman	4:14.98
2004		Paducah Tilghman	4:14.82
2005		Rockcastle County	4:06.84
2006	Chelsea Overstreet, Kristen McElroy, DeAudra Horne, Saundria Sims	Paducah Tilghman	4:12.07
2007	Jessica Albright, Sara Hammond, Morgan Kincer, Ella McQueary	Rockcastle County	4:12.45
2008	Emily Hall, Kelsey Barbato, Emily Wesley, Cheyenne Evans	Boyle County	4:07.64
2009	Hannah Ellis, Mercedes Hartman, Erika Houston, Jessie Murner	South Oldham	4:06.63
2010	Logan Arnold, Emily Hall, Emily Wesley, Cheyenne Evans	Boyle County	4:06.46
2011	Natalie Settle, Tabitha Evans, Kate Carman, Logan Arnold	Boyle County	4:08.97
2012	Alisha Adair, Alaina Hall, Anna Curlin, Harper Jones	Western Hills	4:00.62
2013	Mya Spalding, Dazha Berry, Gretel Caballero, Jaylyn Johnson	Louisville Central	4:05.14
2014	Erin Olsson, Jesse Sanders, Nichole Moeller, Erin Edmundson	North Oldham	4:04.62
2015	Erin Edmundson, Jesse Sanders, Nicole Moeller, Erin Olsson	North Oldham	4:02.66
2016	Becca Tarter, Emmie Harris, Kylie Thompson, Daneezia Patton	Boyle County	4:06.53
2017	Savannah Brady, Adriana Muntaner, Beth Ann Griffith, Sophie Steppe	Highlands	4:08.94
2018	Chelsea Moore, Daneezia Patton, Chelsea Elmore, Kaylee Lanigan	Boyle County	4:00.88
2019	Haley Blevins, Jai Maria Piazza, Abby Steele, Timberlynn Yeast	Mercer County	3:56.07

# KHSAA GIRLS' 1A TRACK & FIELD STATE CHAMPIONS

*Updated through 2019 state meet*

## 100 METER HURDLES

Year	Name(s)	School	Time
1977	Grinter	Olmstead	15.00
1978	Gallion	Jenkins	14.90
1979	Linneman	St. Henry	15.18
1980	Rose Willett	Walton Verona	15.40
1981	Bambi Fisher	Raceland	15.19
1982	Andy Anthony	Bullitt East	15.66
1983	Andy Anthony	Bullitt East	15.17
1984	Lisa Robertson	Bellevue	14.90
1985	Michelle Bollinger	Fort Knox	15.00
1986	Theresa Woeste	Bishop Brossart	15.66
1987	Michelle Ray	Ballard Memorial	15.75
1988	Keisha Tillman	Danville	15.61
1989	Keisha Tillman	Danville	16.10
1990	Tina Edmonds	Todd County Central	17.01
1991	Adrienne Hundemer	Dayton	15.40
1992	Adrienne Hundemer	Dayton	15.20
1993	Adrienne Hundemer	Dayton	15.16
1994	Adrienne Hundemer	Dayton	14.70
1995	Tori Tillman	Danville	16.25
1996	Amy Baker	Dayton	16.16
1997	Hallison Putnam	Sayre	16.29
1998	Cara Kopp	Bishop Brossart	17.08
1999	Cheryl Gerde	Bishop Brossart	16.36
2000	Julie Armstrong	St. Henry	16.11
2001	Julie Armstrong	St. Henry	15.73
2002	Kristen Enzweiler	Bishop Brossart	15.45
2003	LaShea Preston	Fairview	14.99
2004	LaShea Preston	Fairview	14.95
2005	Laura Mitchell	Murray	15.98
2006	Caitlyn Schilling	St. Henry	16.27
2007	Mallory Reynolds	Bellevue	16.07
2008	Chelsea Harnack	Model	15.97
2009	Chelsea Harnack	Model	15.89
2010	Kiara Austin	Fort Knox	15.73
2011	Melanie Fleissner	Bishop Brossart	16.66
2012	Kiara Austin	Fort Knox	15.47
2013	Paige McKnight	Fairview	15.41
2014	Tina Felix	St. Henry	15.68
2015	Tina Felix	St. Henry	15.37
2016	Melanie Welsing	Model	15.62
2017	Melanie Welsing	Model	15.50
2018	Melanie Welsing	Model	14.63
2019	Krista Perry	Morgan County	15.49

## 50 YARD DASH

Year	Name(s)	School	Time
1970	Walker	Harlan	6.2
1971	Walker	Harlan	6.3
1972	Walker	Harlan	11.5
1973	Crooks	Paris	6.2

## 75 YARD DASH

Year	Name(s)	School	Time
1970	Walker	Harlan	9.00

## 100 YARD DASH

Year	Name(s)	School	Time
1969			
1970	Brashear	Bath County	11.50
1971	Walker	Harlan	11.40
1972	Walker	Harlan	11.50
1973	Wilcher	Mercer County	11.70
1974	Brown	Mercer County	11.30
1975	Taylor	Mercer County	11.30
1976	Thomas	Ft. Campbell	11.00
1977	Boyd	Harrodsburg	11.20
1978	Boyd	Harrodsburg	11.10

## 100 METER DASH

Year	Name(s)	School	Time
1979	Boyd	Harrodsburg	11.18
1980	Angela Payne	Todd County Central	12.20
1981	Verna Ballew	Madison	12.69
1982	Roma Hendrix	Trigg County	13.00

1983	Jada Yeast	Harrodsburg	12.82
1984	Lisa Robertson	Bellevue	12.63
1985	Jackie Beach	Frankfort	12.62
1986	Jackie Beach	Frankfort	12.56
1987	Serena Winkfield	Frankfort	12.96
1988	Serena Winkfield	Frankfort	12.35
1989	Robin Minter	Madison	12.73
1990	Veronica Shanklin	Todd County Central	12.79
1991	Linda Lindsay	Carroll County	12.64
1992	Shannon Horan	Bishop Brossart	12.70
1993	Shannon Horan	Bishop Brossart	12.59
1994	Shannon Horan	Bishop Brossart	12.44
1995	Terica Hathaway	Providence	13.01
1996	Terica Hathaway	Providence	13.12
1997	Terica Hathaway	Providence	12.89
1998	Von Jefferson	Russellville	12.94
1999	Shemeika Townsend	Harrodsburg	12.79
2000	Temi Akojie	St. Mary	12.81
2001	Paulene White	Trigg County	12.52
2002	Pauline White	Trigg County	12.45
2003	Nia Davis	Fort Knox	12.50
2004	Sharika Smith	Fulton County	12.69
2005	Alexandria Payne	Danville	12.70
2006	Kaylyn Pratt	Model	13.00
2007	Sharika Smith	Fulton County	12.32
2008	Abigail Torian	Trigg County	12.77
2009	Katie Neiser	Bishop Brossart	12.47
2010	Chelsea Harnack	Model	12.68
2011	Diamond Hines	Russellville	12.82
2012	Chandler Cain	Newport Catholic	12.45
2013	Madison Culbertson	St. Henry	12.54
2014	Madison Culbertson	St. Henry	12.35
2015	Abby Jones	Raceland	12.70
2016	Breanna Glover	Glasgow	12.89
2017	Alexandra Lawson	Fort Knox	12.60
2018	Nevaeh Gupton	Holy Cross (Lou.)	12.62
2019	Taeha Speaks	Paris	12.31

## MILE RUN

Year	Name(s)	School	Time
1974	Nugent	Hancock County	5:42.60
1975	Patrick	Fort Campbell	5:33.00
1976	Porter	Owen County	5:35.80
1977	Hood	Fort Campbell	5:23.50
1978	Foster	Owen County	5:18.30

## 1600 METER RUN

Year	Name(s)	School	Time
1979	Porter	Owen County	5:05.69
1980	Mary Shuber	Berea	5:15.90
1981	Janie Crews	Providence	5:18.55
1982	Kim Hawkins	Bath County	5:09.72
1983	Kim Hawkins	Bath County	5:06.71
1984	Kim Hawkins	Bath County	5:10.71
1985	Kim Hawkins	Bath County	5:11.50
1986	Stephanie Edgar	Dayton	5:20.55
1987	Stephanie Edgar	Dayton	5:14.60
1988	Stephanie Edgar	Dayton	5:14.26
1989	Stephanie Edgar	Dayton	5:16.20
1990	Stephanie Edgar	Dayton	5:12.70
1991	Debbie Finke	Danville	5:11.40
1992	Maureen Egan	St. Henry	5:26.12
1993	Maureen Egan	St. Henry	5:02.25
1994	Christy Schmidt	Walton-Verona	5:19.07
1995	Mindy Martin	Walton-Verona	5:23.14
1996	Aubrey Durbin	St. Mary	5:26.42
1997	Mindy Martin	Walton-Verona	5:22.63
1998	Megan Hoffman	Owsley County	5:20.10
1999	Jackie Wagner	St. Mary	5:09.92
2000	Jackie Wagner	St. Mary	5:08.95
2001	Jackie Wagner	St. Mary	5:11.74
2002	Jackie Wagner	St. Mary	5:19.45
2003	Mollie Schlarman	Holy Cross (Cov.)	5:09.74
2004	Mollie Schlarman	Holy Cross (Cov.)	5:20.39
2005	Mollie Schlarman	Holy Cross (Cov.)	5:18.46
2006	Jenna Siemer	St. Henry	5:24.01

2007	Raegan Deaton	Green County	5:17.86
2008	Kaitlin Snapp	Danville	5:11.19
2009	Maria Frigo	St. Henry	5:13.41
2010	Kaitlin Snapp	Danville	5:12.56
2011	Kaitlin Snapp	Danville	5:03.03
2012	Kaitlin Snapp	Danville	5:18.99
2013	Megan Smith	Danville	5:15.62
2014	Karly Gawarecki	Lou. Holy Cross	5:18.86
2015	Maddox Patterson	Sayre	5:13.91
2016	Selena Mattingly	Williamsburg	5:19.62
2017	Abby Jones	Newport Central Cath.	5:16.32
2018	Kailee Perry	Morgan County	5:04.73
2019	Kailee Perry	Morgan County	5:08.16

## 440 YARD DASH

Year	Name(s)	School	Time
1970	Herzel	Frankfort	63.30
1971	Townsend	Frankfort	1:01.00
1972	Townsend	Frankfort	59.60
1973	Johnson	Fort Campbell	1:00.06
1974	Crooks	Paris	59.10
1975	Jones	Fort Campbell	59.10
1976	Twerpe	Dayton	59.20
1977	Crooks	Paris	59.30
1978	Angela Payne	Todd County Central	59.50

## 400 METER DASH

Year	Name(s)	School	Time
1979	Angela Payne	Todd County Central	59.36
1980	Angela Payne	Todd County Central	58.30
1981	Cathy Hogan	Fort Campbell	59.00
1982	Debra McLemore	Fort Campbell	57.10
1983	Debra McLemore	Fort Campbell	58.82
1984	Jackie Beach	Frankfort	58.14
1985	Jackie Beach	Frankfort	58.00
1986	Jackie Beach	Frankfort	59.15
1987	Serena Winkfield	Frankfort	58.60
1988	Serena Winkfield	Frankfort	57.20
1989	Serena Winkfield	Frankfort	58.90
1990	Mel Young	Menifee County	59.61
1991	Adrienne Hundemer	Dayton	58.14
1992	Adrienne Hundemer	Dayton	58.59
1993	Adrienne Hundemer	Dayton	58.45
1994	Adrienne Hundemer	Dayton	58.63
1995	Erika Black	St. Francis	59.42
1996	Amy Franks	St. Henry	59.15
1997	Lisa Shoemaker	Newport Central Cath.	1:00.28
1998	Jackie Gordon	Frankfort	59.87
1999	Amy Franks	St. Henry	57.39
2000	Jackie Gordon	Frankfort	57.50
2001	Jackie Gordon	Frankfort	59.48
2002	Jackie Gordon	Frankfort	57.10
2003	Jackie Gordon	Frankfort	57.48
2004	Sharika Smith	Fulton County	58.70
2005	Maggie Wilder	Model	1:00.02
2006	Bri Hasbrouck	St. Henry	1:00.28
2007	Kaitlin Smith	Newport Central Cath.	1:00.26
2008	Abby Janzsen	St. Henry	59.96
2009	Victoria Yocum	Bardstown	59.51
2010	Randi Norris	Glasgow	59.30
2011	Randi Norris	Glasgow	58.90
2012	Nicole Goderwis	Bishop Brossart	58.35
2013	Nicole Goderwis	Bishop Brossart	58.20
2014	Chandler Cain	Newport Central Cath.	57.32
2015	Nicole Goderwis	Bishop Brossart	56.95
2016	Olivia Schalk	Newport Central Cath.	59.70
2017	Ann Taylor	Murray	58.22
2018	Saleia Porter	Fort Knox	55.91
2019	Maria Kinnett	Newport Central Cath.	58.69

## 50 YARD HURDLES

Year	Name(s)	School	Time
1970	Thurmand	Lynn Camp	7.1
1972	Burry	Lexington Catholic	7.3
1972	Jones	Fort Campbell	7.4
1973	Jones	Fort Campbell	7.2

1974 Jones Fort Campbell 7.2

60 YARD HURDLES

Table with 4 columns: Year, Name(s), School, Time. Rows include Jones (Fort Campbell, 8.20), Doyle (Hancock County, 8.50), Luthy (Bellevue, 8.60), Dunn (Burgin, 8.30).

70 YARD HURDLES

Table with 4 columns: Year, Name(s), School, Time. Row: Sleet (Boyle County, 9.80).

80 YARD HURDLES

Table with 4 columns: Year, Name(s), School, Time. Rows include Burry (Lexington Catholic, 11.3), Bausch (Lexington Catholic, 11.8), Jones (Fort Campbell, 11.0).

300 METER HURDLES

Table with 4 columns: Year, Name(s), School, Time. Rows include Gallion (Jenkins, 47.69), Rose Willett (Walton Verona, 46.20), Carla Tademey (Fort Campbell, 46.69), Andy Anthony (Bullitt East, 46.27), Lisa Robertson (Bellevue, 45.19), Heather Marsh (Oneida Baptist Inst., 45.50), Barbie Case (Bellevue, 46.60), Keisha Tillman (Danville, 47.70), Keisha Tillman (Danville, 48.41), Adrienne Hundemer (Dayton, 48.86), Adrienne Hundemer (Dayton, 46.54), Adrienne Hundemer (Dayton, 49.87), Kenyatta Starks (Providence, 46.13), Adrienne Hundemer (Dayton, 45.94), Tori Tillman (Danville, 48.82), Candace Vogt (St. Henry, 47.91), Kelley Bowman (Berea, 48.03), Kelley Bowman (Berea, 47.77), Kelley Bowman (Berea, 46.53), Rizpah Torian (Trigg County, 47.01), Elizabeth Jones (Lexington Christian, 47.11), LaShea Preston (Fairview, 44.74), LaShea Preston (Fairview, 44.56), Laura Mitchell (Murray, 47.70), Kacie Gamm (St. Henry, 47.38), Gretchen Lussi (Walton Verona, 46.28), Sharika Smith (Fulton County, 45.09), Diamond Pace (Danville, 47.36), Chelsea Harnack (Model, 47.28), Diamond Pace (Danville, 47.01), Kelsie Courtney (Trimble County, 46.07), Nikki Buller (Newport Catholic, 46.38), Tina Felix (St. Henry, 46.63), Olivia Kee (Rose Hill, 45.70), Grace Campbell (Murray, 47.75), Alexandra Lawson (Fort Knox, 46.45), Alli Cundiff (University Heights, 44.90), Caroline Schilling (Beechwood, 46.51).

880 YARD RUN

Table with 4 columns: Year, Name(s), School, Time. Rows include Johnson (Frankfort, 2:22.30), White (Georgetown, 2:32.00), White (Georgetown, 2:28.50), White (Georgetown, 2:27.60), White (Georgetown, 2:27.10), Gallagher (Lexington, 2:28.60), Walker (Menifee County, 2:26.10), Porter (Owen County, 2:26.60), Hood (Fort Campbell, 2:25.00).

800 METER RUN

Table with 4 columns: Year, Name(s), School, Time. Rows include Shuber (Berea, 2:21.67), Cathy Hogan (Fort Campbell, 2:22.10), Jessica Thomas (Anderson County, 2:24.59).

Table with 4 columns: Year, Name(s), School, Time. Rows include Kim Hawkins (Bath County, 2:19.05), Kim Hawkins (Bath County, 2:20.80), Kim Hawkins (Bath County, 2:20.86), Kim Hawkins (Bath County, 2:18.81), Marcia Hall (Providence, 2:19.96), Mary Dwyer (St. Henry, 2:16.70), Adrienne Mason (Providence, 2:21.99), Maureen Egan (St. Henry, 2:21.24), Maureen Egan (St. Henry, 2:21.44), Maureen Egan (St. Henry, 2:19.17), Maureen Egan (St. Henry, 2:23.98), Maureen Egan (St. Henry, 2:18.31), Christy Schmidt (Walton-Verona, 2:20.64), Christy Schmidt (Walton-Verona, 2:22.94), Tayrn Pence (Ludlow, 2:26.18), Mindy Martin (Walton-Verona, 2:27.93), Lisa Shoemaker (Newport Central Cath., 2:21.39), Katie Schwegmann (Bishop Brossart, 2:24.11), Stephanie Clark (Bishop Brossart, 2:21.37), Jackie Wagner (St. Mary, 2:20.76), Jackie Wagner (St. Mary, 2:24.11), Mollie Schlarman (Holy Cross (Cov.), 2:20.73), Mollie Schlarman (Holy Cross (Cov.), 2:19.59), Mollie Schlarman (Holy Cross (Cov.), 2:20.81), Mandy Musick (Fairview, 2:22.23), Kaela Freppon (Newport Catholic, 2:22.30), Kaela Freppon (Newport Catholic, 2:23.36), Raegan Deaton (Green County, 2:20.20), Raegan Deaton (Green County, 2:21.95), Danielle Hoop (Owen County, 2:21.79), Hannah Nnoromele (Model, 2:21.97), Hannah Nnoromele (Model, 2:18.33), Taylor Connett (St. Henry, 2:19.61), Samantha Hentz (St. Henry, 2:19.18), Selena Mattingly (Williamsburg, 2:23.17), Selena Mattingly (Williamsburg, 2:21.99), Kailee Perry (Morgan County, 2:18.07), Kailee Perry (Morgan County, 2:18.53).

220 YARD DASH

Table with 4 columns: Year, Name(s), School, Time. Rows include Herzl (Frankfort, 26.80), Davis (Nicholas County, 26.00), Townsend (Frankfort, 59.60), Wilcher (Mercer County, 26.20), Wilder (Corbin, 26.70), Taylor (Mercer County, 11.30), Boyd (Harrodsburg, 25.20), Boyd (Harrodsburg, 25.80), Boyd (Harrodsburg, 26.00).

200 METER DASH

Table with 4 columns: Year, Name(s), School, Time. Rows include Boyd (Harrodsburg, 25.62), Angela Payne (Todd County Central, 25.90), Melissa Thompson (Trigg County, 26.07), Roma Hendrix (Trigg County, 25.98), Maria Murphy (Anderson County, 26.21), Lydawn Rainwater (LaRue County, 25.23), Jackie Beach (Frankfort, 25.86), Sonia Wharton (Eastern, 24.57), Serena Winkfield (Frankfort, 26.49), Serena Winkfield (Frankfort, 25.65), Serena Winkfield (Frankfort, 26.07), Veronica Shanklin (Todd County Central, 25.78), Veronica Shanklin (Todd County Central, 26.61), Shannon Horan (Bishop Brossart, 25.77), Shannon Horan (Bishop Brossart, 25.85), Shannon Horan (Bishop Brossart, 25.69), Erika Black (St. Francis, 26.40), Amy Franks (St. Henry, 26.91), Elisha Railey (Bardstown, 26.23), Jessica Key (Russellville, 26.81), Amy Franks (St. Henry, 26.40), Temi Akojie (St. Mary, 25.85), Paulene White (Trigg County, 25.90), Pauline White (Trigg County, 25.48), Amanda Body (Harlan, 26.29), Sharika Smith (Fulton County, 25.99), Sharika Smith (Fulton County, 25.53).

Table with 4 columns: Year, Name(s), School, Time. Rows include Sharika Smith (Fulton County, 25.40), Sharika Smith (Fulton County, 24.82), Abigail Torian (Trigg County, 25.89), Katie Neiser (Bishop Brossart, 26.15), Kalisha Rose (Todd County Central, 26.30), Asha Powell (Mayfield, 26.23), Asha Powell (Mayfield, 25.37), Victoria Yocum (Bardstown, 25.71), Madison Culbertson (St. Henry, 25.81), Nicole Goderwis (Bishop Brossart, 25.83), Sariana Allen (Russellville, 26.33), Alexandra Lawson (Fort Knox, 26.94), Saleia Porter (Fort Knox, 25.56), Taesha Speaks (Paris, 25.84).

3200 METER RUN

Table with 4 columns: Year, Name(s), School, Time. Rows include Kitty Davidson (Trigg County, 11:35.80), Kitty Davidson (Trigg County, 11:36.79), Tracy Whisman (St. Henry, 11:31.18), Stephanie Edgar (Dayton, 11:32.66), Stephanie Edgar (Dayton, 11:43.32), Stephanie Edgar (Dayton, 11:38.80), Amy Clements (St. Henry, 11:40.63), Amy Clements (St. Henry, 11:24.90), Amy Clements (St. Henry, 11:40.60), Maureen Egan (St. Henry, 11:34.70), Maureen Egan (St. Henry, 11:54.12), Maureen Egan (St. Henry, 11:13.82), Mindy Martin (Walton-Verona, 12:06.50), Adrienne Lima (St. Mary, 11:46.80), Jackie Wagner (St. Mary, 11:19.10), Jackie Wagner (St. Mary, 11:33.07), Geraldine Smith (Ky. Country Day, 12:08.78), Jackie Wagner (St. Mary, 11:26.53), Geraldine Smith (Ky. Country Day, 11:35.45), Jackie Wagner (St. Mary, 11:52.51), Jackie Wagner (St. Mary, 12:22.33), Sarah Cole (Somerset, 11:19.63), Jenna Sieimer (St. Henry, 11:50.43), Raegan Deaton (Green County, 12:16.58), Karen Lageman (St. Henry, 12:06.06), Lily Rodgers (Covington Latin, 11:42.04), Kaitlin Snapp (Danville, 11:21.33), Lily Rodgers (Covington Latin, 11:58.02), Kaitlin Snapp (Danville, 11:35.29), Ann Eason (Sayre, 11:15.00), Maddox Patterson (Sayre, 11:17.69), Megan Smith (Danville, 11:35.55), Caroline Gosser (Presentation, 11:02.60), Caroline Gosser (Presentation, 10:55.11), Kendall Hayes (Lexington Christian, 11:58.02), Haley Holbrook (Beechwood, 12:23.32), Gracie Wingler (Green County, 12:01.34), Anna Rupp (Lexington Christian, 11:43.82).

SHOT PUT

Table with 4 columns: Year, Name(s), School, Mark. Rows include Matthews (Temple Hill, 34-01.50), Matthew (Temple Hill, 35-04.75), Parrish (Henry County, 35-09.50), Little (Fairview, 37-00.25), Parrish (Henry County, 35-11.50), Oden (Jenkins, 37-03.75), Oden (Jenkins, 38-09.75), Holz (St. Henry, 38-03.00), Cummins (McLean County, 39-01.00), Yeast (Harrodsburg, 38-06.50), Vanessa Crook (Providence, 37-03.00), Vanessa Crook (Providence, 35-08.00), Sigrid Norman (Providence, 35-08.00), Lori Waller (Walton Verona, 35-07.00), Lori Waller (Walton Verona, 35-07.00), Lori Waller (Walton Verona, 37-02.00), Kim Woodwin (Western, 39-06.00), Debra Thomas (Oneida Baptist Inst., 35-02.50), Kim Johnson (Harlan, 36-01.50), Kim Johnson (Harlan, 37-03.00), Kim Johnson (Harlan, 37-10.50), Kim Johnson (Harlan, 37-10.50).

1992	Stephanie Eastwood	South Hopkins	34-02.00
1993	Stephanie Eastwood	South Hopkins	36-00.25
1994	Teresa Powell	Providence	35-06.50
1995	Krissy Davis	St. Francis	34-02.00
1996	Candi Downs	Dayton	36-04.50
1997	Shelley Mays	Harrodsburg	34-06.25
1998	Debbie Criss	Fairview	35-09.50
1999	Shelly Mayes	Harrodsburg	40-04.00
2000	Dana Pounds	Lexington Christian	35-05.50
2001	Beth Blackburn	Ludlow	34-00.50
2002	Beth Blackburn	Ludlow	36-03.25
2003	Beth Blackburn	Ludlow	36-00.75
2004	Jenny Lee	Cov. Holy Cross	34-07.75
2005	Molly McGraw	Newport Catholic	33-04.00
2006	Cherelle Bailey	Fort Knox	37-01.00
2007	Anna Roarx	Holy Cross (Lou.)	34-01.75
2008	Annie Gruenschlaeger	Newport Catholic	35-00.00
2009	Annie Gruenschlaeger	Newport Catholic	34-04.50
2010	Frannie Schultz	Newport Catholic	37-05.75
2011	Brianna McCarthy	Beechwood	34-06.25
2012	Liz Gruenschlaeger	Newport Catholic	37-08.00
2013	Venetia Jackson	Murray	37-05.00
2014	Abbie Lukens	Newport Catholic	38-02.00
2015	Cassidy Griffith	Jackson City	33-07.50
2016	Mikayla Talbott	Green County	35-06.00
2017	Mackenzie King	Harlan	35-05.00
2018	Mackenzie King	Harlan	36-09.00
2019	Leah Vogt	Presentation	35-09.75

### DISCUS THROW

Year	Name(s)	School	Mark
1970	Carmack	Oneida Inst.	92-03.50
1971	Little	Fairview	103-11.25
1972	Ball	Williamsburg	112-10.00
1973	Camp	Fort Campbell	110-01.00
1974	Ball	Williamsburg	110-08.00
1975	B. Camp	Fort Campbell	107-02.50
1976	Oden	Jenkins	103-02
1977	Ware	Todd County Central	115-11
1978	Zachary	Webster County	115-11
1979	Stevens	Raceland	109-07
1980	Cindy Barker	Walton Verona	100-09
1981	Wanda Bottoms	Harrodsburg	124-07
1982	Linda Rose	Madison	106-01.50
1983	Andy Anthony	Bullitt East	118-05
1984	Lori Waller	Walton Verona	112-00
1985	Linda Rosa	Madison	120-10
1986	Hollie Steward	Paris	109-08
1987	Kathleen Miller	Williamsburg	114-07
1988	Kim Johnson	Harlan	107-03
1989	Jenny Swope	Bellevue	112-02
1990	Kim Johnson	Harlan	111-04
1991	Kim Johnson	Harlan	106-00
1992	Kristina Johns	Dayton	110-08
1993	Michelle Hopkins	Nicholas County	121-09
1994	Michelle Hopkins	Nicholas County	123-06
1995	Candi Downs	Dayton	114-01
1996	Terica Hathaway	Providence	121-10
1997	Terica Hathaway	Providence	116-06
1998	Lori Holtz	Bishop Brossart	110-09
1999	Dana Pounds	Lexington Christian	110-02
2000	Alex Oder	Frankfort	117-10
2001	Alex Oder	Frankfort	113-10
2002	Alex Oder	Frankfort	115-03
2003	Alex Oder	Frankfort	113-10
2004	Michelle Simon	Bishop Brossart	104-03
2005	Michelle Simon	Bishop Brossart	104-03
2006	Michelle Simon	Bishop Brossart	111-09
2007	Aryn Howland	Bellevue	102-07
2008	Allison Bryan	Bishop Brossart	111-11
2009	Brianna McCarthy	Beechwood	106-10
2010	Brianna McCarthy	Beechwood	118-02
2011	Brianna McCarthy	Beechwood	125-09
2012	Maya Hardin	Holy Cross (Lou.)	111-04
2013	Abbie Lukens	Newport Catholic	116-06
2014	Raquell Verri	Mayfield	116-10
2015	Sarah Mcdowell	Murray	108-11
2016	Sarah Mcdowell	Murray	113-05
2017	Alli Thompson	Owensboro Catholic	119-01
2018	Mackenzie King	Harlan	122-00

2019 Keagin Brooks Murray 114-07

### LONG JUMP

Year	Name(s)	School	Mark
1970	Walker	Harlan	16-11.75
1971	Walker	Harlan	17-01.00
1972	Walker	Harlan	17-05.50
1973	Travis	Carroll County	16-10.00
1974	Travis	Carroll County	17-06.88
1975	Graham	Fleming County	20-04.00
1976	Graham	Fleming County	19-05.00
1977	Boyd	Harrodsburg	16-09.75
1978	Boyd	Harrodsburg	17-06.75
1979	Vickie Henderson	Henry County	
1980	Vickie Henderson	Henry County	17-05.75
1981	Sandy Tooley	Tompkinsville	16-09.00
1982	Sandy Tooley	Tompkinsville	18-07.50
1983	Sandy Tooley	Tompkinsville	18-02.00
1984	Angie Clemons	Bath County	17-03.25
1985	Maureen Shea	St. Henry	16-11.50
1986	Heather Marsh	Oneida Baptist Inst.	17-11.50
1987	Barbie Case	Bellvue	16-08.00
1988	Michelle Ray	Ballard Memorial	16-08.00
1989	Ann Greenfield	Murray	17-03.25
1990	Grace Harris	Todd County Central	16-05.50
1991	Grace Harris	Todd County Central	17-02.75
1992	Grace Harris	Todd County Central	17-06.50
1993	Tori Tillman	Danville	17-00.75
1994	Jenni Nicholson	Williamsburg	16-09.50
1995	Amy Baker	Dayton	15-11.25
1996	Patricia Wood	Oneida Baptist	16-09.50
1997	Iniko Meaux	Harrodsburg	19-01.50
1998	Ashley Webb	Pikeville	16-05.50
1999	Cheryl Gerde	Bishop Brossart	17-03.50
2000	Tasha Phillips	Campbellsville	15-10.50
2001	Kelley Bowman	Berea	16-05.25
2002	Elizabeth Jones	Lexington Christian	17-08.75
2003	Marsha Ashley	Fort Knox	16-09.25
2004	LaShea Preston	Fairview	16-08.50
2005	Tamika Hall	Mayfield	16-08.00
2006	Sharika Smith	Fulton County	16-06.50
2007	Sharika Smith	Fulton County	17-11.25
2008	Sharika Smith	Fulton County	17-10.75
2009	Candice Taylor	Danville	18-01.75
2010	Candice Taylor	Danville	17-06.00
2011	Brandi Jones	Ballard Memorial	16-10.00
2012	Cammie Jo Bolin	Murray	17-01.50
2013	Liz Marcinek	Burgin	17-00.00
2014	Liz Marcinek	Burgin	16-11.00
2015	Grace Campbell	Murray	17-10.25
2016	Yasmine Homa	Murray	17-02.75
2017	Taiza Alexander	Berea	16-06.25
2018	Taiza Alexander	Berea	17-11.25
2019	Kendall Burgess	Somerset	17-08.00

### TRIPLE JUMP

Year	Name(s)	School	Mark
1998	Natalie Howley	Frankfort	35-02.75
1999	Amy Brown	Holy Cross	34-05.00
2000	Megan Uebel	Bishop Brossart	33-03.50
2001	Megan Uebel	Bishop Brossart	33-06.50
2002	Cassandra Hickman	Bardstown	33-07.25
2003	Dominique Brown	Fort Knox	36-09.00
2004	Dominique Brown	Fort Knox	35-11.75
2005	Sharika Smith	Fulton County	39-00.00
2006	Sharika Smith	Fulton County	37-07.25
2007	Sharika Smith	Fulton County	39-03.25
2008	Diamond Pace	Danville	35-05.00
2009	Diamond Pace	Danville	35-06.50
2010	Kiara Austin	Fort Knox	36-04.75
2011	Brandi Jones	Ballard Memorial	35-03.50
2012	Maranda Mills	Somerset	36-09.25
2013	Maranda Mills	Somerset	35-06.00
2014	Celia Eltzroth	St. Henry	36-02.75
2015	Maranda Mills	Somerset	35-07.75
2016	Grace Campbell	Murray	35-06.25
2017	Ambere Barnett	Owensboro Catholic	35-09.50
2018	Samantha Sowell	Nicholas County	36-00.75
2019	Kendall Burgess	Somerset	36-02.00

### HIGH JUMP

Year	Name(s)	School	Mark
1970	Piers	St. Mary's	4-09
1971	Piers	St. Mary's	4-11
1972	Browning	Carroll County	5-01
1973	Caldwell	Greensburg	5-01
1974	Yates	Ballard Memorial	5-01
1975	Graham	Fleming County	5-05
1976	Graham	Fleming County	5-03
1977	Revis	Jenkins	5-02
1978	Campbell	Madison	5-04
1979	Smith	Jenkins	5-03
1980	Sigrid Norman	Olmstead	5-04
1981	Gail Campbell	Madison	5-04
1982	Sigrid Norman	Providence	5-02
1983	Maureen Shea	St. Henry	5-02
1984	Maureen Shea	St. Henry	5-02
1985	Sonya Blanton	Edmonson County	5-03
1986	Terrell Tucker	West Hopkins	5-00
1987	DeAnn Schroeder	Bishop Brossart	5-02
1988	Michelle Throgmorton	Heath	5-04
1989	Michelle Throgmorton	Heath	5-04
1990	Kim Haubner	Bishop Brossart	4-10
1991	Jennie Nicholson	Williamsburg	5-02
1992	Jennie Nicholson	Williamsburg	5-00
1993	Dana Diehl	St. Henry	5-04
1994	Stacey Wikie	Bellevue	5-04
1995	Amy Baker	Dayton	5-02
1996	Amy Baker	Dayton	5-00
1997	Amy Baker	Dayton	4-10
1998	Kelley Bowman	Berea	5-02
1999	Kelley Bowman	Berea	5-03
2000	Kelley Bowman	Berea	5-10.50
2001	Kelley Bowman	Berea	5-06
2002	Megan Uebel	Bishop Brossart	5-04
2003	Cassandra Hickman	Bardstown	5-02
2004	Cassandra Hickman	Bardstown	5-04
2005	Nicole Baker	St. Henry	5-02
2006	Kaylyn Pratt	Model	5-02
2007	Catherine Claywell	Murray	5-02
2008	Catherine Claywell	Murray	5-04
2009	Catherine Claywell	Murray	5-06
2010	Catherine Claywell	Murray	5-04
2011	Catherine Claywell	Murray	5-04
2012	Kelsie Courtney	Trimble County	5-09
2013	Kelsie Courtney	Trimble County	5-06
2014	Grace Campbell	Murray	5-04
2015	Grace Campbell	Murray	5-08
2016	Grace Campbell	Murray	5-06
2017	Emma Bianchi	Harlan	5-06
2018	Emma Hacker	Menifee County	5-02
2019	Grace Turner	Monroe County	5-04

### POLE VAULT

Year	Name(s)	School	Mark
2000	Jennifer Hartig	Bishop Brossart	10-00
2001	Jennifer Hartig	Bishop Brossart	10-06
2002	Katie Yeager	Bishop Brossart	9-00
2003	Katie Yeager	Bishop Brossart	9-00
2004	Allison Kremer	Bishop Brossart	8-03
2005	Mandy Musick	Fairview	8-06
2006	Lisa Ruth	Bishop Brossart	9-00
2007	Samantha Sutkamp	Newport Catholic	9-00
2008	Samantha Sutkamp	Newport Catholic	9-00
2009	Kimber Schultz	Newport Catholic	9-00
2010	Morgan McIntyre	Fairview	9-00
2011	Morgan McIntyre	Fairview	9-06
2012	Morgan McIntyre	Fairview	9-06
2013	Morgan McIntyre	Fairview	10-07
2014	Morgan McIntyre	Fairview	12-00
2015	Abby Jones	Raceland	11-00
2016	Kimberly Spritzky	St. Henry	11-06
2017	Grace Turner	Monroe County	9-06
2018	Grace Turner	Monroe County	11-06
2019	Grace Turner	Monroe County	12-01



**4x800 METER RELAY**

<b>Year</b>	<b>Name(s)</b>	<b>School</b>	<b>Time</b>
1992		Lloyd Memorial	10:25.17
1993		St. Henry	10:00.09
1994		Walton-Verona	10:07.45
1995		Walton Verona	10:12.46
1996		St. Mary	10:04.00
1997		St. Mary	10:01.34
1998		Bishop Brossart	10:05.27
1999		St. Henry	9:42.45
2000		Bishop Brossart	10:05.09
2001		Bishop Brossart	10:03.77
2002		Bishop Brossart	10:01.57
2003		St. Henry	9:49.49
2004		St. Henry	10:00.61
2005		Fairview	9:55.58
2006	Megan Dooley, Emily Fette, Jenna Siemer, Courtney Hentz	St. Henry	9:46.24
2007	Lindsey Wilhoit, Briana Ulanowski, Kelsey Hinken, Maria Frigo	St. Henry	9:59.71
2008	Lindsey Wilhoit, Briana Ulanowski, Taylor Gamm, Maria Frigo	St. Henry	9:53.23
2009	Lindsey Hinken, Maria Frigo, Marissa Vujnovich, Ashley Svec	St. Henry	9:50.23
2010	Taylor Gamm, Marissa Vujnovich, Ashley Svec, Lindsey Hinken	St. Henry	9:57.00
2011	Philippine Couturier, Ann Eason, Maddox Patterson, Bea Cameron	Sayre	9:59.83
2012	Sam Hentz, Taylor Connett, Lindsey Hinken, Ashley Svec	St. Henry	9:55.31
2013	Sam Hentz, Holly Blades, Lauren Cahill, Taylor Connett	St. Henry	9:43.75
2014	Renee Svec, Lauren Cahill, Taylor Connett, Abbey Epplen	St. Henry	9:53.50
2015	Olivia Nienaber, Madison Bertram, Megan Cookendorfer, Kendall Schuler	Bishop Brossart	9:59.66
2016	Kayla Riegler, Elizabeth Hoffman, Theresa Syfert, Nyah Hollman	St. Henry	10:03.63
2017	Ashley Akins, Elissa Craig, McCall Ponzer, Caileigh Waters	Walton-Verona	9:59.00
2018	Mccall Ponzer, Caileigh Waters, Ashley Akins, Olivia Lightner	Walton-Verona	10:01.17
2019	Olivia Lightner, Kalyn Hurler, Ashley Akins, Caileigh Waters	Walton-Verona	9:57.07

**880 YARD RELAY**

<b>Year</b>	<b>Name(s)</b>	<b>School</b>	<b>Time</b>
1970		Frankfort	1:48.50
1971		Trigg County	1:52.30
1972		Trigg County	1:49.70
1973		Fort Campbell	1:48.08
1974		Trigg County	1:48.50
1975		Madison	1:47.20
1976		Ft. Campbell	1:46.30
1977		Bellevue	1:48.20
1978		Madison	1:46.00

**4x200 METER RELAY**

<b>Year</b>	<b>Name(s)</b>	<b>School</b>	<b>Time</b>
1979		Madison	1:46.78
1980	Rosland Norvel, Charmaine Vassar, Paige Green, Debra McLemore	Fort Campbell	1:48.80
1981	Sharon Martin, Gail Campbell, Ronetta Farris, Verna Ballew	Madison	1:45.33
1982		Trigg County	1:43.30
1983		Trigg County	1:47.01
1984		Madison	1:46.63
1985		Bath County	1:48.26
1986		Bellevue	1:47.47
1987		Madison	1:49.19
1988		Danville	1:46.50
1989		Todd County Central	1:48.82
1990		Dayton	1:48.56
1991		Todd County Central	1:47.74
1992		Harrodsburg	1:47.96
1993		Dayton	1:47.21
1994		Providence	1:49.96
1995		Russellville	1:50.96
1996		Russellville	1:49.08
1997		Russellville	1:48.77
1998		Russellville	1:46.32
1999		Russellville	1:45.63
2000		Russellville	1:46.59
2001		Trigg County	1:47.98
2002		Russellville	1:45.08
2003		Bishop Brossart	1:46.14
2004		Model	1:48.51
2005		Newport Catholic	1:47.43
2006	Alexandria Payne, Andrea Payne, Caroline Stroup, Candice Taylor	Danville	1:46.42
2007	Candice Taylor, Caroline Stroup, Andrea Payne, Alexandria Payne	Danville	1:44.91
2008	Janada Acree, Abigail Torian, Khadijah Grubbs, Shelby Grubbs	Trigg County	1:45.86
2009	Morgan Dubuc, Andi Macke, Kiley Bartels, Aubrey Muench	Newport Catholic	1:46.61
2010	Ciarra Thompson, Rachel Rushing, Sade Daniel, Jourdan Lewis	Fort Campbell	1:48.19
2011	Chandler Cain, Morgan Dubuc, Kiley Bartels, Aubrey Muench	Newport Catholic	1:47.27
2012	Caroline Kinnett, Mikayla Seibert, Chandler Cain, Aubrey Muench	Newport Catholic	1:45.42
2013	Madison Culbertson, Lauren Cahill, Jordan Miller, Laura Felix	St. Henry	1:44.85

2014	Olivia Schalk, Chandler Cain, Ansley Davenport, Mikayla Seibert	Newport Central Catholic	1:46.10
2015	Linda Arakelyan, Rachel Mcdonald, Liz Armstrong, Ann Taylor	Murray	1:45.75
2016	Skyler Byrd, Breanna Glover, Ali Grace Hampton, Taya Taminga	Glasgow	1:46.32
2017	Catherine Henry, Hannah Jones, Ellie Laudenslayer, Sophia Laudenslayer	St. Henry	1:48.07
2018	Marguerite Louis, Carrigan Matteoli, Maria Kinnett, Jenna Riley	Newport Central Catholic	1:48.74
2019	Ellie Enslin, Jenna Riley, Maria Kinnett, Carrigan Matteoli	Newport Central Catholic	1:46.59

#### 4x100 METER RELAY

Year	Name(s)	School	Time
1977		Madison	51.50
1978		Todd County Central	51.80
1979		Todd County Central	51.48
1980	Norma Martin, Tracy Sweat, Ronetta Farris, Verna Ballew	Madison	59.70
1981	Sharon Martin, Gail Campbell, Ronetta Farris, Verna Ballew	Madison	50.48
1982		Trigg County	50.78
1983		Fort Campbell	50.35
1984		Madison	50.58
1985		Fort Campbell	50.37
1986		Madison	51.74
1987		Madison	51.59
1988		Danville	51.24
1989		Todd County Central	51.85
1990		Bishop Brossart	51.62
1991		Todd County Central	52.01
1992		Fort Knox	52.18
1993		McLean County	51.45
1994		Campbellsville	52.69
1995		Russellville	51.93
1996		Caverna	52.05
1997		Russellville	52.26
1998		Russellville	51.26
1999		Harrodsburg	51.86
2000		Russellville	52.01
2001		Trigg County	51.74
2002		Trigg County	50.16
2003		Fort Knox	51.52
2004		Beechwood	51.93
2005		Danville	51.21
2006	Candice Taylor, Alexandria Payne, Andrea Payne, Caroline Stroup	Danville	51.34
2007	Candice Taylor, Caroline Stroup, Andrea Payne, Alexandria Payne	Danville	50.61
2008	Abigail Torian, Janada Acree, Shelby Grubbs, Khadijah Grubbs	Trigg County	50.43
2009	Hannah Kelly, Andi Macke, Kiley Bartels, Aubrey Muench	Newport Catholic	51.20
2010	Carly Mathis, Lindsey Hunt, Lauren Owens, Hannah McAllister	Murray	51.38
2011	Asha Powell, Shae Jackson, Corissa Hurd, Janae Jackson	Mayfield	50.84
2012	Elizabeth Patterson, Nicole Goderwis, Suzi Brown, Lauren Goderwis	Bishop Brossart	50.09
2013	Madison Culbertson, Cathy Holt, Jordan Miller, Laura Felix	St. Henry	49.75
2014	Yasmine Homa, Rachel McDonald, Haley Glynn, Ann Taylor	Murray	51.55
2015	Yasmine Homa, Linda Arakelyan, Rachel Mcdonald, Ann Taylor	Murray	50.53
2016	Annie Futrell, Linda Arakelyan, Hannah Edminster, Ann Taylor	Murray	50.52
2017	Annie Futrell, Jamera Jones, Hannah Edminster, Ann Taylor	Murray	50.31
2018	Carrigan Matteoli, Ellie Enslin, Maria Kinnett, Jenna Riley	Newport Central Catholic	51.04
2019	Maggie Hayden, Mallary Bailey, Emilee Cecil, Genarose Jones	Owensboro Catholic	50.13

#### MILE RELAY

Year	Name(s)	School	Time
1971		Lexington Catholic	4:23.60
1972		Lexington Catholic	4:20.10
1973		Trigg County	4:14.60
1974		Bellevue	4:18.90
1975		Dayton	4:11.30
1976		Dayton	4:07.70
1977		Dayton	4:13.30
1978		Fort Campbell	4:12.90

#### 4x400 METER RELAY

Year	Name(s)	School	Time
1979		Fort Campbell	4:10.04
1980	Cathy Hogan, Carolyn Bagby, Debra McLemore, Charmaine Vassar	Fort Campbell	4:08.80
1981	Kitty Davidson, Cathy Hogan, Debra McLemore, Charmaine Vassar	Fort Campbell	4:05.88
1982		Fort Campbell	3:58.87
1983		Trigg County	4:07.33
1984		Bellevue	4:06.12
1985		Frankfort	4:11.11
1986		Frankfort	4:03.50
1987		St. Henry	4:12.63
1988		Providence	4:09.01
1989		Dayton	4:08.90
1990		Dayton	4:10.00
1991		Dayton	4:12.20
1992		Dayton	4:11.98

1993		Dayton	4:06.90
1994		Dayton	4:14.31
1995		Bishop Brossart	4:11.39
1996		Bishop Brossart	4:11.16
1997		Frankfort	4:15.29
1998		Bishop Brossart	4:13.01
1999		St. Henry	4:07.80
2000		Bishop Brossart	4:09.48
2001		Russellville	4:07.70
2002		Bishop Brossart	4:06.58
2003		Bishop Brossart	4:10.15
2004		St. Henry	4:10.09
2005		Newport Catholic	4:11.12
2006	Lacey Luttjohann, Kaitlin Smith, Samantha Sutkamp, Corryn Muench	Newport Catholic	4:07.24
2007	Kaela Freppon, Corryn Muench, Samatha Sutkamp, Kaitlin Smith	Newport Catholic	4:03.18
2008	Kaela Freppon, Samatha Sutkamp, Kaitlin Smith, Corryn Muench	Newport Catholic	4:01.48
2009	Kiley Bartels, Aubrey Muench, Morgan Dubuc, Kaela Freppon	Newport Catholic	4:08.74
2010	Morgan Dubuc, Kiley Bartels, Sarah Suedkamp, Aubrey Muench	Newport Catholic	4:11.10
2011	Kiley Bartels, Madison Little, Morgan Dubuc, Caroline Kinnett	Newport Catholic	4:09.75
2012	Caroline Kinnett, Madison Little, Nikki Buller, Aubrey Muench	Newport Catholic	4:06.19
2013	Sarah Klump, Nicole Goderwis, Lauren Goderwis, Shelly Neiser	Bishop Brossart	4:03.27
2014	Ruthie Barth, Olivia Schalk, Ansley Davenport, Caroline Kinnett	Newport Central Catholic	4:10.71
2015	Ellie Laudenslayer, Jordan Miller, Samantha Hentz, Grace Vonlehman	St. Henry	4:06.90
2016	Kayla Riegler, Hannah Jones, Janelle Tobler, Ellie Laudenslayer	St. Henry	4:16.61
2017	Sophia Laudenslayer, Hannah Jones, Natalie Pope, Ellie Laudenslayer	St. Henry	4:13.69
2018	Audrey McCoy, Ellie Laudenslayer, Natalie Pope, Mackenzie Kent	St. Henry	4:10.73
2019	Maryah Counts, Madie Hazzard, Audrey Pelster, Caroline Schilling	Beechwood	4:08.27

# KHSAA GIRLS' SINGLE DIVISION TRACK & FIELD STATE CHAMPIONS

1966-68

## ALL CLASS (1966-68)

### 75 YARD DASH

Year	Name(s)	School	Time
1968	McManus	Central	11.60

### 100 YARD DASH

Year	Name(s)	School	Time
1966	Warner	Male	11.4
1967	Warner	Male	11.2
1968	Houchens	Christian County	11.4

### 440 YARD DASH

Year	Name(s)	School	Time
1966	Brown	Franklin Simpson	1:03.2
1967	Brown	Franklin Simpson	1:00.5
1968	Moorman	Owensboro	61.3

### 50 YARD HURDLES

Year	Name(s)	School	Time
1966	Smith	Male	7.10
1967	Hall	Boyle County	7.20
1968	Booth	Male	7.10

### 70 YARD HURDLES

Year	Name(s)	School	Time
1966	Ward	Owensboro	10.30
1967	Ward	Owensboro	10.00
1968	Booth	Male	10.00

## 220 YARD DASH

Year	Name(s)	School	Time
1966	Simpson	Temple Hill	27.10
1967	Croney	Christian County	26.30
1968	Croney	Christian County	26.30

## SHOT PUT

Year	Name(s)	School	Mark
1966	Clark	Franklin County	34-07.25
1967	Goode	Lone Oak	37-08.50
1968	Taylor	Male	37-03.00

## DISCUS THROW

Year	Name(s)	School	Mark
1966	Kruegar	Owensboro	114-02
1967	Krueger	Owensboro	113-08.25
1968	McComis	Paul Blazer	105-03

## LONG JUMP

Year	Name(s)	School	Mark
1966	Early	Valley	15-10.50
1967	Hocker	Owensboro	15-06.87*
1968	Hodge	Paducah Tilghman	16-03.50

\* Running

## HIGH JUMP

Year	Name(s)	School	Mark
1966	Ward	Owensboro	5-01.25
1967	Ward	Owensboro	4-09
1968	Mann	Owensboro	4-07

## SOFTBALL THROW

Year	Name(s)	School	Mark
1966	Ward	Owensboro	218-06
1967	Ward	Owensboro	225-01

## BROAD JUMP

Year	Name(s)	School	Mark
1966	Wilford	Male	7-08.50

## 440 YARD RELAY

Year	Name(s)	School	Mark
1966		Male	50.70
1967		Male	50.00
1968		Paducah Tilghman	50.40

## 880 YARD RELAY

Year	Name(s)	School	Mark
1966		Male	1:57.20
1967		Paducah Tilghman	1:54.70
1968		Paducah Tilghman	1:54.30