

National/Kentucky State Records

(Records are through the 2019 season)

Event 1 Girls 4x800 Meter Relay

National	8:48.29	2012	Grosse Point South, Michigan
State	9:17.45	2012	Assumption
3A	9:17.45	2012	Assumption
2A	9:35.70	2018	Elizabethtown
1A	9:42.45	1999	St. Henry

Event 2 Boys 4x800 Meter Relay

National	7:33.48	2009	Warrington Central, Pennsylvania
State	7:50.03	2016	Central Hardin
3A	7:50.03	2016	Central Hardin
2A	7:59.75	1998	Union County
1A	8:08.22	2008	St. Henry

Event 3 Girls 100 Meter Hurdles

National	13.03	2007	Vashti Thomas, California
State	14.03	1998	Danielle Carruthers, Paducah Tilghman
3A	14.29	1992	Shandy Boyd, Valley
	14.29	2014	Kianna Gray, North Hardin
2A	14.03	1998	Danielle Carruthers, Paducah Tilghman
1A	14.63	2018	Melanie Welsing, Model

Event 4 Boys 110 Meter Hurdles

National	13.10	1980	Dennis Brantley, Texas
State	13.76	2017	Isaiah McCall, Bryan Station
3A	13.76	2017	Isaiah McCall, Bryan Station
2A	13.90	1964	Larry White, Lafayette
1A	14.40	1979	Jay Sprague, Bellevue

Event 5 Girls 100 Meter Dash

National	11.14	1992	Marion Jones, California
State	11.69	2019	Rosalynd Hollingsworth, Bates Creek
3A	11.69	2019	Rosalynd Hollingsworth, Bates Creek
2A	11.97	1998	Danielle Carruthers, Paducah Tilghman
1A	12.20	1980	Angela Payne, Todd County Central

Event 6 Boys 100 Meter Dash

National	10.15	2011	Jaylon Hicks, Texas
State	10.23	2019	Langston Jackson, Henry Clay
3A	10.23	2019	Langston Jackson, Henry Clay
2A	10.61	1996	Josh Ellis, Paducah Tilghman
1A	10.70	1985	Al Baker, Trigg County

Event 7 Girls 4x200 Meter Relay

National	1:33.87	2004	Long Beach Poly, California
State	1:39.30	2019	Tates Creek
3A	1:39.30	2019	Tates Creek
2A	1:42.76	2019	Boyle County
1A	1:43.30	1982	Trigg County

Event 8 Boys 4x200 Meter Relay

National	1:23.52	2017	Port Arthur Memorial, Texas
State	1:25.78	2015	Henry Clay
3A	1:25.78	2015	Henry Clay
2A	1:28.76	2018	Boyle County
1A	1:29.00	2018	Fort Knox

Event 9 Girls 1600 Meter Run

National	4:33.29	2014	Alexa Efrimson, Washington
State	4:53.45	2015	Gabriella Karas, Collins
3A	4:53.66	2010	Emma Brink, Sacred Heart
2A	4:53.45	2015	Gabriella Karas, Collins
1A	5:02.25	1993	Maureen Egan, St. Henry

Event 10 Boys 1600 Meter Run

National	3:59.51	2001	Alan Webb, Virginia
State	4:09.99	2013	Jacob Thomson, Holy Cross (Lou.)
3A	4:10.15	2015	Ben Young, Bates Creek
2A	4:15.96	1996	La'Mone Owens, Fort Campbell
1A	4:09.99	2013	Jacob Thomson, Holy Cross (Lou.)

Event 11 Girls 4x100 Meter Relay

National	44.50	2004	Long Beach Poly, California
State	47.35	2018	Tates Creek
3A	47.35	2018	Tates Creek
2A	48.66	1991	Fort Campbell
1A	49.75	2013	St. Henry

Event 12 Boys 4x100 Meter Relay

National	39.76	1998	Fort Worth-Wyatt HS, Texas
State	41.10	2010	Male
3A	41.10	2010	Male
2A	42.54	1986	Fort Knox
1A	42.95	2016	Murray

Event 13 Girls 400 Meter Dash

National	50.74	2000	Monique Henderson, California
State	54.60	2014	Kianna Gray, North Hardin
3A	54.60	2014	Kianna Gray, North Hardin
2A	55.46	1995	Shekera Weston, Fort Campbell
1A	55.91	2018	Saleia Porter, Fort Knox

Event 14 Boys 400 Meter Dash

National	45.19	2015	Michael Norman, California
State	47.09	2015	William Allen, Paul Laurence Dunbar
3A	47.09	2015	William Allen, Paul Laurence Dunbar
2A	48.23	1985	Shawn Jackson, Paducah Tilghman
1A	48.40	1980	James Jones, Harrodsburg

Event 15 Girls 300 Meter Hurdles

National	39.98	2001	Lashinda Demus, California
State	43.00	1995	Shonna Johnson, Valley
3A	43.00	1995	Shonna Johnson, Valley
2A	44.77	2013	Abby Wiggins, West Jessamine
1A	44.56	2004	LeShea Preston, Fairview

Event 16 Boys 300 Meter Hurdles

National	35.02	2009	Reggie Wyatt, California
State	37.83	2010	Brandon Bagley, John Hardin
3A	37.83	2010	Brandon Bagley, John Hardin
2A	38.21	2018	Aaron Johnson, Mercer County
1A	38.37	2013	Khalil Maynard, Fort Campbell

Event 17 Girls 800 Meter Run

National	2:02.04	2011	Amy Weissenbach, California
State	2:11.06	2018	Phoebe McCowan, South Laurel
3A	2:11.06	2018	Phoebe McCowan, South Laurel
2A	2:14.66	2014	Gabriella Karas, Collins
1A	2:16.70	1987	Mary Dwyer, St. Henry

Event 18 Boys 800 Meter Run

National	1:46.45	1996	Michael Granville, California
State	1:49.96	2012	Tretez Kinnaird, Butler
3A	1:49.96	2012	Tretez Kinnaird, Butler
2A	1:54.06	2008	Thomas Canary, Lexington Catholic
1A	1:54.47	1981	Sam Love, Trigg County

Event 19 Girls 200 Meter Dash

National	22.52	2003	Allyson Felix, California
State	24.09	2014	Kianna Gray, North Hardin
3A	24.09	2014	Kianna Gray, North Hardin
2A	24.86	1996	Shekera Weston, Fort Campbell
2A	24.86	1998	Danielle Carruthers, Paducah Tilghman
1A	24.82	2007	Sharika Smith, Fulton County

Event 20 Boys 200 Meter Dash

National	20.13	1985	Roy Martin, Texas
State	20.73	2019	Langston Jackson, Henry Clay
3A	20.73	2019	Langston Jackson, Henry Clay
2A	21.53	1995	Josh Ellis, Paducah Tilghman
1A	21.67	2019	Isiah Pantiere, University Heights

Event 21 Girls 3200 Meter Run

National	9:47.88	2018	Katelyn Touhy, New York
State	10:35.36	2017	Michaela Reinhart, Lexington Catholic
3A	10:39.56	2004	Maddie Schueler, Sacred Heart
2A	10:35.36	2017	Michaela Reinhart, Lexington Catholic
1A	10:55.11	2015	Caroline Gosser, Presentation

Event 22 Boys 3200 Meter Run

National	8:34.23	2008	German Fernandez, California
State	9:07.17	2013	Jacob Thomson, Holy Cross (Lou.)
3A	9:12.19	2003	Bobby Curtis, St. Xavier
2A	9:26.40	1983	Mike Wilson, Rowan County
1A	9:07.17	2013	Jacob Thomson, Holy Cross (Lou.)

Event 23 Girls 4x400 Meter Relay

National	3:35.49	2004	Long Beach Poly, California
State	3:52.97	1984	Ballard
3A	3:52.97	1984	Ballard
2A	3:56.07	2019	Mercer County
1A	3:58.87	1982	Fort Campbell

Event 24 Boys 4x400 Meter Relay

National	3:07.40	1985	Hawthorne High School, California
State	3:16.78	1985	Eastern
3A	3:16.78	1985	Eastern
2A	3:19.43	1988	Paducah Tilghman
1A	3:21.40	1982	Trigg County

Event 25 Girls Shot Put

National	57-01.25	2017	Alyssa Wilson, New Jersey
State	43-07.25	1994	Carla Prewitt, Bryan Station
3A	43-07.25	1994	Carla Prewitt, Bryan Station
2A	42-10.50	2006	Pam Bell, Paducah Tilghman
1A	40-04.00	1999	Shelley Mayes, Harrodsburg

Event 26 Boys Shot Put

National	77-00.00	1979	Michael Carter, Texas
State	67-00.00	1969	Jesse Stuart, Glasgow
3A	63-09.50	2018	Bryan Hudson, Scott County
2A	65-07.50	2003	Andy Fryman, Mason County
1A	67-00.00	1969	Jesse Stuart, Glasgow

Event 27 Girls Discus Throw

National	191-06	2012	Shelbi Vaughan, Texas
State	142-02	2015	Lilli Popovich, Christian Acad.-Lou.
3A	134-06	1981	Gabrielle Sweeney, Assumption
2A	142-02	2015	Lilli Popovich, Christian Acad.-Lou.
1A	125-09	2011	Brianna McCarthy, Beechwood

Event 28 Boys Discus Throw

National	236-06	2009	Mason Finley, Colorado
State	194-11	2003	Andy Fryman, Mason County
3A	193-01	2010	Kyle Jenkins, Male
2A	194-11	2003	Andy Fryman, Mason County
1A	185-02	1984	John Poehlein, Hancock County

Event 29 Girls Long Jump

National	22-01.75	1976	Kathy McMillan, North Carolina
State	20-04.00	1975	Maxine Graham, Fleming County
3A	19-09.25	2016	Alexis Gibbons, Butler
2A	18-06.50	2012	Brianne Brown, North Oldham
1A	20-04.00	1975	Maxine Graham, Fleming County

Event 30 Boys Long Jump

National	26-04.75	1989	James Stallworth, California
State	24-00.50	1985	William White, Shelby County
3A	24-00.50	1985	William White, Shelby County
2A	23-08.25	2007	Chrys Jones, Mercer County
1A	23-11.00	1990	Corey Smith, Fulton County

Event 31 Girls Triple Jump

National	44-02.25	2001	Ychindria Spears, Texas
State	40-07.00	2019	Sophie Galloway, Graves County
3A	40-07.00	2019	Sophie Galloway, Graves County
2A	38-03.25	2012	Michaela Hunter, Rockcastle County
1A	39-03.25	2007	Sharika Smith, Fulton County

Event 32 Boys Triple Jump

National	52-10.50	1980	Charles Mayfield, California
State	50-02.50	2007	Chrys Jones, Mercer County
3A	49-02.75	2017	Darian Clyburn, Male
2A	50-02.50	2007	Chrys Jones, Mercer County
1A	48-06.00	2006	Chrys Jones, Harrodsburg

Event 33 Girls High Jump

National	6-04.50	2015	Vashti Cunningham, California
State	5-10.50	2000	Kelley Bowman, Berea
3A	5-10.25	1982	Robin Gard, Warren Central
2A	5-10.00	1982	Sharon Ottens, Webster County
1A	5-10.50	2000	Kelley Bowman, Berea

Event 34 Boys High Jump

National	7-06	2017	Vernon Turner, Oklahoma
State	6-11.25	1997	Matt Reecer, Trinity (Louisville)
3A	6-11.25	1997	Matt Reecer, Trinity (Louisville)
2A	6-10.75	2012	Tyler Bray, Lloyd Memorial
	6-10.75	1988	Tom Noe, Highlands
1A	6-10.25	1984	J.B. Brown, Fort Knox

Event 35 Girls Pole Vault

National	14-04.00	2017	Rachel Baxter, California
State	13-03.00	2017	Jaci Bickett, Henderson County
3A	13-03.00	2017	Jaci Bickett, Henderson County
2A	12-03.00	2019	Raegan Franklin, North Oldham
1A	12-01.00	2019	Grace Turner, Monroe County

Event 36 Boys Pole Vault

National	19-05.50	2018	Armand Duplantis, Louisiana
State	16-00.00	2003	Chip Heuser, St. Xavier
3A	16-00.00	2003	Chip Heuser, St. Xavier
2A	15-02.25	2018	Clayton Franklin, North Oldham
1A	14-07.25	2015	Connor Messer, Raceland

ADAPTED**Girls 100 Meter Dash Adapted**

State	34.98	2013	Taylor West, Wayne County
2A	34.98	2013	Taylor West, Wayne County

Boys 100 Meter Dash Adapted

State	12.75	2019	Mason Tilley, Trimble County
2A	22.91	2011	Lucas Cannon, Fleming County
1A	12.75	2019	Mason Tilley, Trimble County

Girls Shot Put Adapted

State	14-03.00	2017	Madison Duncan, Greenwood
3A	14-03.00	2017	Madison Duncan, Greenwood
2A	10-08.00	2011	Kayla Spurgeon, Butler County

Boys Shot Put Adapted

State	23-02.50	2013	Tyler Kilburn, Knott Co. Central
2A	23-02.50	2013	Tyler Kilburn, Knott Co. Central

UNIFIED**Shot Put Unified**

State	88-08.50	2016	T. Lindsey/Drake, Muhlenberg County
3A	88-08.50	2016	T. Lindsey/Drake, Muhlenberg County
2A	78-00.50	2016	C. Anderson/Jager, Highlands
1A	69-10.25	2016	J. Fields/Renfro, Owen County

Long Jump Unified

State	33-04.00	2019	A. Huston/Z. Blue, Atherton
3A	33-04.00	2019	A. Huston/Z. Blue, Atherton
2A	26-07.50	2019	L. Mathes/S. Jones, Doss
1A	31-05.75	2019	W. Lairson/W. O'Bryan, Frankfort

2x50 Relay Unified

State	12.50	2019	A. Huston/I. Coleman, Atherton
3A	12.50	2019	A. Huston/I. Coleman, Atherton
2A	12.91	2019	R. Teagle/L. Mathes, Doss
1A	14.28	2019	B. Bridges/L. Terrell, Fulton County

4x100 Meter Relay Unified

State	54.32	2017	Oldham County
3A	54.32	2017	Oldham County
2A	54.44	2018	Doss
1A	55.58	2019	Fulton County

2x200 Relay Unified

State	48.62	2019	I. Coleman/A. Huston, Atherton
3A	48.62	2019	I. Coleman/A. Huston, Atherton
2A	50.20	2017	T. Daniel/I. Butler, Calloway County
1A	52.58	2019	W. Lairson/J. Bush, Frankfort