



**2020-21 Healthy at Sports  
Stage 3- Performance  
Return to Competition: Individual  
Sport Considerations**

**ALL SPORTS  
GUIDANCE**

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**GENERAL GUIDANCE INFORMATION**

- Guidance is broken into three areas:
  - REQUIRED- These standards are required at all sanctioned contests.
  - RECOMMENDED- These standards are best practices during all contests during the pandemic and are therefore recommended for all contests.
  - CONSIDER- While these items are also best practices during this time, local site discretion should be exercised to determine if these items are practical and feasible for use at the contest.

**INFORMATION SOURCES**

- As used in this guidance, the following groups have either supplied information or been used as a resource in the development of the document.
- CDC (Centers for Disease County)
- KDE (Kentucky Department of Education)
- KMA SMAC (Kentucky Medical Association Committee on the Medical Aspects of Sports)
- KMEA (Kentucky Music Educators Association)
- KDPH (Kentucky Department for Public Health)
- KHSAA (Kentucky High School Athletic Association)
- NFHS SMAC (National Federation of High Schools Sports Medicine Advisory Committee)

**MEDIA RESTRICTIONS AND CONSIDERATIONS**

- Media access may be limited especially if there are limits to capacity. (RECOMMENDED)
- Establish a limit on the number of credentialed media members at each event (number of passes per outlet, priority to those who regularly cover, home/visitor split, etc.). (CONSIDER)
- Encourage media members to RSVP in advance of the game, so that you can allocate space accordingly and grant access to any media on a "waiting list". (CONSIDER)
- Inform the visiting Athletic Director on the number of spaces available for the visiting team media. (RECOMMENDED)
- The press box will be limited to essential personnel only, with all individuals respecting social distancing (consider additional accommodations outside if necessary). (REQUIRED)
- No non-working individual may be in the working press area, including spouses, family members, and others. (REQUIRED)
- The media is restricted to areas outside the team areas. (REQUIRED)
- The media should notify the host school in advance of arrival before practice and games for approval. (RECOMMENDED)
- Media areas should be marked to promote social distancing. (RECOMMENDED)
- Interview opportunities may be limited during the week. (RECOMMENDED)
- Incorporate virtual media availability sessions for weeks with high demand. (CONSIDER)
- Media members will wear masks/face coverings at all times. (REQUIRED)
- Game management should conduct a basic wellness check before entry (temperature, symptoms, exposure, etc.) (RECOMMENDED)
- Staff shall disinfect the press box and working media areas before and after each game. (REQUIRED)
- Assign a staff member(s) to monitor compliance by media members. (RECOMMENDED)
- Meals and concessions offered to the media shall follow established guidelines including pre-packaging with no buffets or open lines. (REQUIRED)



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- Press box windows and doors should remain open so as not to restrict air flow. (RECOMMENDED)
- Disseminate as much information online as possible (limit handouts). (RECOMMENDED)
- Avoid bringing coaches and student-athletes into the press box for pregame and postgame interviews. Conduct all interviews in an open-air environment with proper social distancing. (RECOMMENDED)
- Do not share microphones and headsets as each individual is to have his/her dedicated equipment. (RECOMMENDED)
- Consult with Head Coach and/or Athletic Director before conducting any student-athlete interview to ensure the subject is comfortable with doing so. (CONSIDER)
- Establish operational hours for press box and media work areas, and display with proper signage. (REQUIRED)
- Limit field access to working media members only (those who are actively performing work assignments). (CONSIDER)
- Incorporate easily identifiable credentials to ensure only authorized personnel are in restricted areas. (CONSIDER)
- If radio space is limited to the home team, try to facilitate a shared feed of the home team's broadcast if possible. (CONSIDER)
- Interviews shall only be conducted if social distancing protocols can be followed. (REQUIRED)



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- CDC, Considerations for Events and Gatherings, <https://bit.ly/2Zhf1mE>
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- Healthy at Work, Requirements for Restaurants and Bars, <https://bit.ly/32nWISH>
- Google, Chiefs Planet, Chiefs Mahomes and the Chiefs doing a Len Dawson huddle, <https://bit.ly/3aWReNw>
- NOCSEA, Certification to NOCSAE Standards and Add-On Helmet Products, <https://bit.ly/3jbtHet>
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- KDE Flagship Reopening Document, Guidance on Safety Expectations and Best Practices for Kentucky Schools (K-12), <https://bit.ly/3eB1jkg>
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