

KHSAA STATE SWIMMING AND DIVING CHAMPIONSHIPS 2016-2017

DATE: Thursday, Friday, and Saturday, February 23, 24, & 25, 2017

**SITE: University of Louisville, Ralph Wright Natatorium, 2216 South Floyd Street,
Louisville, Kentucky 40208**

TIME SCHEDULE:

Thursday, February 23, 2017 – Warm-Up Schedule and Boys' and Girls' Diving Preliminaries

Note: Regional Designee and Swimming and Diving Coaches must be present during warm-ups.

Session 1: Boys' and Girls' Diving Preliminaries

10:30 a.m.	Doors open for divers only
11:30 a.m.	Tickets go on sale and gates open (Ticket is good all day)
11:00 a.m. - 12:30 p.m.	Warm-ups for Boy's diving
12:30 p.m. - 3:00 p.m.	Boys' diving preliminaries
3:00 p.m. - 5:00 p.m.	Pool closed
5:00 p.m. - 6:30 p.m.	Warm-ups for Girls' diving
6:30 p.m. - 9:00 p.m.	Girls' diving preliminaries

The Ralph Wright Natatorium will be available to swimmers to workout according to the following schedule:

4:30 p.m.	Doors open for swimmers
5:00 p.m. - 6:00 p.m.	Regions 5 and 6
6:00 p.m. - 7:00 p.m.	Regions 4 and 7
7:00 p.m. - 8:00 p.m.	Regions 3 and 8
8:00 p.m. - 9:00 p.m.	Regions 1, 2, and 9

Other than the times published in these instructions, there will be no other warm-ups allowed in the Natatorium for athletes competing in the state meet.

Friday, February 24, 2017

Session 2: Boys' Swimming Preliminaries

7:30 a.m.	Doors will open for swimmers and divers only
8:00 – 8:30 a.m.	Coaches Scratch Meeting (This meeting can be for both genders)
9:00 a.m.	Tickets go on sale and gates open

SWIMMING WARM-UPS

8:30 a.m. - 9:10 a.m.	(Regions 3, 4, 6, 7, and 9 in the competitive lanes used for the meet)
9:00 a.m. - 9:10 a.m.	Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes
9:10 a.m. - 9:50 a.m.	(Regions 1, 2, 5, and 8 in the competitive lanes used for the meet)
9:40 a.m. - 9:50 a.m.	Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes

Note: Diving off the blocks will be permitted in the sprint lanes only or with permission of warm-up supervisor

Open Warm-ups: During the 8:30 - 9:50 a.m. warm-up period other areas of the pool will be open for warm-up as well

9:50 a.m. Pool closed
10:00 a.m. Boys' swimming preliminaries begin
(There will be 5 heats of 8 swimmers in each event)

At the conclusion of Session 2 spectators will be required to vacate the seating area.

Friday, February 24, 2017

Session 3: Girls' Swimming Preliminaries

2:30 - 3:00 p.m. Coaches Scratch Meeting (Girls Teams)
2:30 p.m. Doors will open for swimmers and divers only
3:30 p.m. Tickets go on sale and gates open

SWIMMING WARM-UPS

3:00 p.m. - 3:40 p.m. (Regions 3, 4, 5, 7, and 9 in the competitive lanes used for the meet)
3:30 p.m. - 3:40 p.m. Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes
3:40 p.m. - 4:20 p.m. (Regions 1, 2, 6, and 8 in the competitive lanes used for the meet)
4:10 p.m. - 4:20 p.m. Lanes 2-7 are designated as sprint lanes. Lanes 1 and 8 are pace lanes

Note: Diving off the blocks will be permitted in the sprint lanes only or with permission of warm-up supervisor

Open Warm-ups: During the 3:00 - 4:20 p.m. warm-up period other areas of the pool will be open for warm-up as well

4:20 p.m. Pool closed
4:30 p.m. Girls' swimming preliminaries begin
(There will be 5 heats of 8 swimmers in each event)

Diving boards will be open for practice to all Boys' and Girls' Diving Finalists only from 4:30 p.m. – 7:00 p.m.

Saturday – February 25, 2017

Session 4: Boys' Swimming and Diving Finals

8:30 a.m. Doors open for swimmers and divers only
9:00 – 9:30 a.m. Coaches Meeting (Boys Only)

BOYS' SWIMMING AND DIVING WARM-UPS

9:45-10:45 a.m. Open Swimming and Diving Warm-ups in the competitive lanes used for the meet: Sprint Lanes (Lanes 2-7), Pace Lanes (Lanes 1 and 8)

10:00 a.m. Tickets go on sale and gates open

10:45 a.m. Pool closed

11:00 a.m. Boys' finals in all events

11:05 a.m. Boys' diving warm-ups resume

Diving finals will commence immediately after 50 free.

The top sixteen divers will perform their final 3 dives as event #10

At the conclusion of Session 4 spectators will be required to vacate the seating area.

Session 5: Girls' Swimming and Diving Finals

3:30 p.m. Doors open for swimmers and divers only

3:30 – 4:00 p.m. Coaches Meeting (Girls Coaches)

GIRLS' SWIMMING AND DIVING WARM-UPS

4:00 – 5:00 p.m. Open swimming and diving warm-ups in the competitive lanes used for the meet: Sprint Lanes (Lanes 2-7), Pace Lanes (Lanes 1 and 8)

4:15 p.m. Tickets go on sale and gates open

5:00 p.m. Pool closed

5:15 p.m. Girls' finals in all events

5:20 p.m. Girls' diving warm-ups resume

Diving finals will commence immediately after 50 free.

The top sixteen divers will perform their final 3 dives as event #9