



SWIMMING & DIVING

2023 STATE CHAMPIONSHIPS INSTRUCTIONS



**PRESENTED BY
UK HEALTHCARE**





2022-2023 Postseason Instructions for Swimming and Diving

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Throughout these instructions, portions that are different from previous seasons, or changed due to COVID-19, have been highlighted yellow.

2280 Executive Drive | Lexington, Ky., 40505 | www.KHSAA.org

KHSAA Staff

Commissioner	Julian Tackett
Associate Commissioner	Butch Cope
Assistant Commissioner	Darren Bilberry
Assistant Commissioner	Sarah Bridenbaugh
Assistant Commissioner	Joe Angolia
General Counsel	Chad Collins
Information Technology Director	Rob Catron
Media Relations and Publications Director	Connor Link
Event Services and Social Media Director	Jenny Elder
Administrative Assistant/Office Manager	Kara Howard
Administrative Support Specialist	Jeremy Ison
Administrative Support Specialist	Jeanie Molloy
Physical Plant Director	Roy Tatum



@KHSAA



@KHSAAEvents



GENERAL WINTER INSTRUCTIONS FOR ALL SPORT AND SPORT ACTIVITIES

SUPERSEDURE NOTE

The information in these instructions supersedes any information previously distributed, including the Competition Rules.

In many cases, these rules have been revised over the last couple of years through the pandemic to the point where time has not permitted complete overhaul and revision of the competition rules

All involved should review items such as tiebreakers and procedures for competition and consider this document authoritative.

Contact the primary event contact with any additional questions.

COVID-19 GUIDANCE

The KHSAA's complete "Healthy at Sports, Stage 5 - Partnering for Progress, Guidance for Continued Practice and Competition during the Pandemic" document can be found at the following link: [COVID GUIDANCE](#).

In addition to specific guidance, this document includes guidance for all sports, officials and media. The information in this document should be thoroughly reviewed by all managers, participants and spectators attending a district or regional tournament.

REMINDER - Anyone attending or participating in a KHSAA regular season or postseason event should review their symptoms before arriving. Those that are ill or displaying any symptoms of COVID-19 should stay home.

Some differences in the guidance are necessitated by the differences in sports, facilities and geographic areas, which are pronounced during normal years and magnified this school year.

MASKS/FACE COVERINGS

Masks/Face coverings for non-competitors and the requirements surrounding these items are a matter of local jurisdiction.

At minimum, any local or specific mask-requiring ordinance should also include a requirement for managers to post signage and make regular announcements.

COMPETITORS

Due to safety concerns, competitors who are considered to be aerobically exercising should not be required to wear masks during competition.

WATER - COVID-19 GUIDANCE

Coaches and athletes are reminded to bring their own water bottles as no community dispensers can be used.

PUBLIC HEALTH PROTOCOLS

Each member school and event host is expected to adhere to public health standards regarding isolation and quarantine as well as the adopted Return to Play Protocol in the event of a positive test in a participant or team staff member.

The host is responsible for adherence to COVID-19 guidelines in accordance with normal home site procedures.

VENUE LOGISTICS

VENUE SAFETY

Persons who attend KHSAA events may be injured as a result of the risks inherent in being a spectator at such events.

Please advise KHSAA or venue personnel of any situation you encounter which you or a team member feels should be addressed to minimize risk to all involved.

Any crowd control problems or acts of violence should be brought to the attention of the event staff, which will contact the appropriate authorities.

Attendance at events is a vital family and community based activity which is encouraged.

SIGNAGE, BALLOONS AND NOISEMAKERS

Signs/banners are permitted at the facility but must be of good taste and sportsmanship.



2023 State Winter Championship presented by UK HealthCare

Signs/banners must be handheld or attached in a manner not to damage the existing structure.

Signs/banners shall not cover any corporate signage or obstruct the view of patrons.

Amplified noisemakers or items that replicate game management cues are not permitted inside the facility. These items include, but are not limited to: air horns, electronic amplifiers, portable sound systems, instruments that require additional electricity, game clock horns and whistles.

Artificial noisemakers of any kind are not permitted inside the facility per NFHS rules.

Balloons, which can block the view of other patrons, are not permitted at the event.

Only venue provided amplified music is permissible, but only during pre-competition or natural and planned breaks.

SPORTSMANSHIP

The KHSAA requires officials to enforce sportsmanship rules.

High school athletics emphasize positive values and all parties have worked hard to create a sense of teamwork, respect, responsibility and perspective.

We remind you that officials expect good behavior and will quickly penalize misconduct.

We encourage and appreciate your help in letting this competition reflect mutual respect among all participants and officials.

HEALTH INFORMATION

ATHLETIC TRAINERS

The Association will use the services of UK HealthCare to provide trainers for the KHSAA State Bowling Championships presented by UK HealthCare.

Athletic Training Staff will be available beginning one (1) hour prior to the event and remain available throughout the day.

PHYSICAL EXAM FORM

Schools are reminded that they are responsible for ensuring parental permission to seek medical treatment is authorized for each participant.

The Principal, Athletic Director or Head Coach can use a copy of KHSAA Form GE04 (Physical Exam Form) for this purpose.

The form contains appropriate emergency treatment permission and should be brought for each athlete at the competition.

EMERGENCY ACTION PLAN

KHSAA staff will, in consultation with the athletic training staff and venue personnel, develop an Emergency Action Plan (EAP) for this event and the plan will be available upon arrival from the athletic training staff.

If an athlete or fan is in need of emergency medical attention, contact the nearest KHSAA staff member, official, UK HealthCare trainer or venue staff so emergency medical services can be reached.

An AED will be located at the team check-in area.

BYLAW 22 REMINDER

REQUIREMENT TO ACCOMPANY TEAM MEMBERS

You are reminded that KHSAA Bylaw 22 requires a principal, coach or another approved individual of the school to be present along with any student-athlete who is representing a member school.

VIDEOTAPING, MEDIA AND INTELLECTUAL PROPERTY RIGHTS

GENERAL MEDIA RIGHTS

At all levels of competition during postseason play, control of media access and location at those contests is with the KHSAA, and as such, there are necessary policies and restrictions concerning this event and these provisions will be vigorously enforced.

The intellectual property, corporate, broadcasting and media rights to all postseason rounds belong exclusively to the KHSAA, including titling agreements and sponsorships.



Control of media access and location at all levels of postseason play is with the KHSAA.

At all levels of KHSAA sponsored postseason events, including district, regional, first round, second round, quarterfinal and state competition, allowances shall be made for television media to record video of the contests, without play-by-play, at no charge as long as the sole purpose is for newscast highlights.

At all levels of KHSAA sponsored postseason events, including district, regional, first round, second round, quarterfinal and state competition, allowances shall be made for other media outlets to be admitted to the contests as long as the sole purpose is for reporting of the actions taking place at the contest and promoting the event.

Participating teams in KHSAA events shall be allowed to record the contest, for coaching purposes only, if space is available with such availability at the discretion of the KHSAA and may be required to sign a waiver indicating that the KHSAA shall be held blameless for any and all liability to those parties involved in the video recording.

Any video recording must not violate existing, acknowledged, written copyright protection or intellectual property agreements and cannot be broadcast in any form, including internet and social media.

If space is deemed available, the KHSAA has the right to designate a specific area for video recording and no video recording will be allowed outside of that area.

The determination of space availability is solely with the KHSAA and shall be equitable for all teams.

A freelance/commercial photographer is any person, including a school employee, not representing an established media outlet or a person who will capture images from the event.

SCHOOL MEDIA CREDENTIALS

Each school is permitted one (1) school media pass at KHSAA State Championship events, valid only for a student or full-time school employee, for the sole purpose of reporting the events for school internal publications.

Outside entities such as professional photographers, videographers or parents may not utilize the school media pass.

The school media pass may not be used for taking pictures that will later be sold as these individuals need to apply for a freelance/commercial photographer pass and pay the requisite fee.

This pass must be requested in advance of the start of the event through the online system using Form SI103 which is included as a link at the end of these instructions.

TRADITIONAL MEDIA CREDENTIALS

Traditional media members (print, TV, radio, online) interested in covering KHSAA State Championship events should apply for credentials through the KHSAA's online system. A link to the credential application is included at the end of these instructions.

The deadline to apply is 3 p.m. the day before competition begins.

Applications should be submitted by the editor or director at each organization.

Complete information should be submitted for all attendees (including unique email addresses and cell phone numbers), as the KHSAA will use these methods to communicate information surrounding the event.

Media outlets may be limited during this event.

Freelance/commercial photographers, as defined herein, will not be granted access to KHSAA events unless the requisite media rights fee is paid.

KHSAA Media policies are outlined online at - <https://khsaa.org/news-stats-pubs/media-resources/media-credentials/>

MEDIA RIGHTS FEE

Freelance/commercial photographers as defined in these instructions and radio stations interested in originating a broadcast of a KHSAA State Championship event are subject to a media rights fee.

Information regarding the fee for each event is available through the online credentialing system.

TELECAST/WEBCAST INCLUDING NFHS NETWORK RESTRICTIONS

The KHSAA is a full member of the NFHS Network and as such, restrictions exist on all postseason levels.

A telecast, as used in these instructions, is a video, live or delayed account, including play-by-play, of any contest over the air.

A webcast, as used in these instructions, is a video, live or delayed account, including play-by-play, of any contest distributed



using the internet.

The KHSAA is the only entity permitted to produce live or delayed video from state championship events including first round, second round, quarterfinal and state rounds, and is the sole authority for approval of any other.

No entity, unless given prior approval by the KHSAA shall be permitted to produce video telecasts or broadcasts, with the exception of approved media outlets solely recording highlights for news use.

No entity, including media members, may stream live video content during postseason events including the use of social media products such as Facebook® Live.

The mandated minimum fee schedule will be published annually by the Commissioner's office on the KHSAA website.

For all postseason play, all questions regarding live or delayed broadcast or telecast policies, including requests for approval shall be referred to the Media Relations and Publications Director for approval by the Commissioner.

MUSIC COPYRIGHT

KHSAA schools are reminded to adhere to all music copyright laws.

FILMING

External power sources may not be used by patrons.

Spectators may film with a hand-held camera from the spectator area, but may not in any manner transmit live video through any resource, including personal social media accounts.

Violators are subject to removal.

EVENT MERCHANDISE

KHSAA State Championship apparel will be available for sale at the event and online at the following link - khsaa.teamip.com.

No outside merchandise representative of the event may be produced by any other entity and sold or distributed at the championship venue.



SWIMMING AND DIVING SPECIFIC INSTRUCTIONS

BRIEF WELCOME

Congratulations on behalf of the Kentucky High School Athletic Association Board of Control and staff for advancing to the 2023 KHSAA State Swimming & Diving Championships Presented by UK HealthCare.

Refer to this manual and the important website links included at the end of the document to guide you through preparation for your participation.

KHSAA CONTACTS

The primary contact for swimming and diving is Assistant Commissioner Sarah Bridenbaugh (sbridenbaugh@khsaa.org).

If Mrs. Bridenbaugh is for some reason not available, Associate Commissioner Butch Cope (bcope@khsaa.org) is the backup contact.

Event Services and Social Media Director Jenny Elder (jelder@khsaa.org) will also be on site throughout the event to assist you as needed.

Media inquiries should be directed to Media Relations and Publications Director Connor Link (clink@khsaa.org).

Questions may also be directed to the KHSAA offices at (859) 299-5472 and any member of the staff should be able to refer you to the correct party.

QUALIFYING FOR PARTICIPATION IN CHAMPIONSHIPS

The top two (2) swimmers in each event from each Region Meet and then the next fastest 22 times achieved throughout the state in all finals heats at Regional Meets, will qualify for the KHSAA State Swimming Meet.

The top two (2) divers in each event from each Region Meet and then the next highest 22 scores achieved throughout the state in all finals at Regional Meets, will qualify for the KHSAA State Diving Meet.

No more than 16 participants from any one region will advance in any event.

The coach or school representative is responsible for contacting the Region Manager to determine the at-large qualifiers.

Each school must contact Sarah Bridenbaugh (sbridenbaugh@khsaa.org) at the KHSAA if there is a need to discuss any withdrawal or other permitted substitutions which must comply with the competition rules.

COMPETITION DATES, LOCATION AND SCHEDULE

DATES

The 2023 KHSAA State Swimming & Diving Championships presented by UK HealthCare will be held Feb. 16-18 at the Lancaster Aquatics Center on the University of Kentucky campus in Lexington. Diving will be Feb. 16. Girls' swimming will compete Feb. 17 with the boys'/coed competition on Feb. 18.

SCHEDULE

A complete timetable is published on the KHSAA website, as well as all other necessary information. Links to the Swimming & Diving page and timetable are included at the end of this document.

VENUE AND ADDRESS

SWIMMING & DIVING

[Lancaster Aquatics Center](#)

University of Kentucky

416 Complex Drive, Lexington, Ky., 40502

(859) 257-7940



GPS Coordinates: 38.028565/-84.504200

TICKETS AND FAN ADMISSION

STATE SWIMMING TICKETS

Tickets are \$15 each, per session, and each individual in line may only purchase one ticket.

Due to space limitations and in the interest of equity and opportunities for all fans, there are no advance sales for this event and all tickets are sold on site.

Kentucky Children's Hospital is sponsoring FREE tickets for all children 2-and-under, which must be selected as Children's Ticket and "purchased" through GoFan for admission.

Due to space limitations, there is no re-entry for the event.

If you leave the facility for any reason, you will be required to purchase another ticket.

- Friday's sales will begin at 9:15 am ET for girls' swimming prelims and at 5:45 p.m. for the girls' swimming finals.
- Saturday's sales will begin at 9:15 a.m. ET for boys'/coed swimming prelims and at 5:45 p.m. for the boys'/coed swimming finals.
- All four (4) sessions require a separate ticket and the facility will be cleared at the end of each.

STATE DIVING TICKETS

Tickets are \$14 each, per session, if purchased prior to day of the event, plus electronic transaction fees that are not received by the KHSAA. Day of the event, cost is \$16, per session, plus fees.

Kentucky Children's Hospital is sponsoring FREE tickets for all children 2-and-under, which must be selected as Children's Ticket and "purchased" through GoFan for admission.

There is no re-entry for the event. If you leave the facility for any reason, you will be required to purchase another ticket.

- Thursday's sales will begin at 9 a.m. ET for girls' diving and at 4 p.m. for the boys'/coed diving.

SAVING SEATS

This is a general admission event, but due to seating limitations, saving seats is prohibited.

It is suggested that those wanting to attend a session arrive early.

COMPLIMENTARY TICKETS/PASSES

No passes, other than those produced by the KHSAA for the championships, including the Commonwealth ID Cards, and KHSAA ID badges, will be honored at the gate.

The Commonwealth ID Card issued by the office for Athletic Directors and Principals will allow comp admission to the participants' deck access area. Only 1 individual will be admitted per card.

For liability and insurance reasons, deck access is limited to meet staff, officials, coaches and state qualified competitors and will be enforced throughout the meet.

USA Swim coaches, unless they are a designated KHSAA high school coach, may not be listed on a team's state meet entry as an Assistant Coach or Support Personnel and may not be on the deck at any time.

BACKPACKS FOR STATE SWIMMING

Backpacks may not be brought into the Lancaster Aquatics Center by the general public.

CLEAR BAG POLICY

UK Athletics has instituted a clear bag policy. See what is allowed at <https://ukathletics.com/clearbag/>



DECK-LEVEL ADMINISTRATORS

Due to space limitations, administrators are not permitted on the deck.

PRE-EVENT LOGISTICS

CONFERENCE CALL

There will be a brief web conference for participating coaches and athletic directors Feb. 13 at 2 p.m.

Additional instructions regarding the call will be sent via email once the field is set.

Participants can set up from any location to join the conference and are encouraged to join by computer to view pertinent information, maps, etc.

PRE-EVENT, ON-SITE MEETING

A schedule of the coaches' meetings is published in the event timetable, which is included as a link at the end of these instructions.

PRE-EVENT MATERIALS

Regional results will be submitted by the Region Managers.

There is no additional information you need to submit prior to the coaches' meeting.

Upon check-in at the Aquatics Center, head coaches will be provided the appropriate number of bag tags for the participants.

Bag tags are only to be used as a souvenir and will not be valid for admission.

PRACTICE

No practice times are permitted at the Aquatics Center.

Please do not contact University of Kentucky staff in an attempt to gain access to the facility.

LODGING

Each school is responsible for securing lodging arrangements, if desired.

Schools are responsible for all travel expenses, including lodging, for participation in the event.

Have your school's or Board of Education's Sales Tax Exempt Number with you at check-in to avoid sales tax from being added to the hotel bill.

The Association has posted information on its website for properties offering a limited number of discounted rooms being held (first come, first serve).

Refer to the links section at the end of this document for hotel information.

STATE SWIMMING & DIVING BUS AND SPECTATOR PARKING

Thursday & Friday

- Team buses park in the Green Lot next to Kroger Field off Cooper Drive.
- Participants may be dropped at the team check-in gate located off of Complex Drive.
- For patrons, there will be limited parking in the Green Lot and East end of the Blue Lot, nearest the Joe Craft Football training facility.
- Patrons may also park in Parking Structure 7 and pay the appropriate rate to exit prior to 1 pm. As capacity allows, additional parking will be available in the Sports Center Drive lots starting at 1 pm.
 - o Parking is not permitted in Kroger Field Purple Lots or Parking Structure 1.

Saturday

- Team buses park in the Green Lot next to Kroger Field off Cooper Drive.
- Participants may be dropped at the team check-in gate located off of Complex Drive.



- For patrons, there will be limited parking in the Green Lot.
- Patrons may also park in Parking Structure 7, Parking Structure 1 and Sports Center Drive lots as capacity allows.

POSTSEASON ROSTERS

Team rosters are maintained through the KHSAA member school website throughout the regular season.

Roster revisions must be made before the first date of the postseason when online rosters are closed and considered final.

Schools must log into the KHSAA website and designate their postseason roster, which is separate from the regular-season roster.

Only athletes marked as a postseason participant in the online system from the freshmen, junior varsity or varsity rosters as of the first date of the postseason are eligible to participate in any round.

No additional athletes may be added to the roster following that deadline, including those teams that advance to the state competition.

For 2023, since there are no alternates for the maximum of 40 qualifiers per event, any scratches or withdrawals for swimming & diving events must be received by Tuesday, Feb. 14 at 5 pm (medical and injury excluded per rule). Email all changes for approval to swresults@khsaa.org.

ADMISSION INTO VENUE

TEAM ENTRY

Teams will check-in to receive their credentials for all approved coaches and be given the proper number of bag tags for the participants based upon the number of swimmers and divers entered in the meet.

Coaches: Each school will receive wristbands as on-deck credentials that will only be given to an approved coach.

- For swimming the number of coach wristbands in your packet will be based on swimmers entered. For each day, you will receive two for nine swimmers or less and three for 10 swimmers or more.
- For diving, wristbands will be issued at check-in.
- Wristbands must be worn at all times at swimming and diving.

There are separate wristband credentials for the boys'/coed and girls' events, so those that coach both will check-in each day.

- Wristbands will provide deck access for the day of that competition only (i.e., a Friday pass does not grant deck access for Saturday).

All entry for coaches and participants is through the Team Check-In Gate located at the bottom of the Lancaster Center on the left-hand side of the building.

- Any athlete entering through this gate must be on the school roster and a participant or alternate in the state meet.
- Anyone trying to enter through the ticket gate, for any reason, will be rerouted.
- Coaches wristbands are not media credentials and do not provide access to take photos or video.
- The opposite gender will not be given comp admission for the day they are not competing.

TIMES

Diving, Feb. 16

- Doors will open for girls' divers only at 8:30 a.m. ET.
- Gates open for fans at 9 a.m. ET.
- Doors will open for boys'/coed divers at 3:30 p.m. ET.
- Gates reopen for fans at 4 p.m. ET.

Swimming, Feb. 17-18

- Doors will open for swimmers at 7:35 a.m. ET.
- Gates open for fans at 9:15 a.m. ET.



- Doors will reopen after preliminaries for swimmers at 4:45 p.m. ET.
- Gates reopen for fans at 5:45 p.m. ET.

VENUE LOGISTICS

DRESSING/LOCKER ROOMS

Locker room facilities are available on site.
Any damage to the facility shall be charged to the school involved.
Only participants are allowed in the locker room area.
Restrooms for coaches are located in the Seaton Center.

TEAM SEATING

Teams are to sit in their respective area as designated by region.
When not competing, participants should remain in their designated areas.
Participants located around the deck must keep all exits clear at all times.

SPECTATOR SEATING

Spectators must remain in the designated bleacher area at all times and are not permitted on deck for any reason.
Wheelchair/A.D.A. Accommodations - Efforts will be made to make a reasonable accommodation for those individuals who need wheelchair access or other needs due to disabilities. Please see Butch Cope of the KHSAA or Lancaster Aquatic Center staff for assistance.

SIGNS

Per Lancaster Aquatics Center and University of Kentucky policy, no adhesive tape or putty is permitted to be used to hang signs on walls. Posters can be hung from railings using zip ties or string.

CONCESSIONS

Concessions will be provided from 10 am - 2 pm and 4 pm - 8 pm Thursday, Friday and Saturday.

COOLERS AND WATER

Athletes will be admitted with their gym bags, and unless identified as a security concern, bags will not be subject to search.
Team coolers must be kept in the foyer area of the Lancaster Aquatics Center.
For fans and other individuals, coolers and other containers used to transport food may NOT be brought inside.
Please keep in mind that this is a KHSAA ruling and is necessary for insurance and liability reasons.
Coaches and athletes are reminded to bring their own water bottles.

CONDUCTING THE EVENT

STATE COMPETITION OFFICIALS

Officials presiding over the event are licensed and assigned by the KHSAA.

HEAT SHEETS

Psych and Heat Sheets will be posted on the KHSAA website once finalized.
Due to the format, heat sheets for the finals will not be provided to the coaches.
You can access the information via the Meet Mobile app, as well as the KHSAA website.

SCORING

Sixteen (16) place scoring shall be used for the Regional Meets (NFHS Rule 7-3) and for all relays, double the individual points possible for that place.



2023 KHSAA State Swimming & Diving Championships presented by UK HealthCare

16-place scoring will be used:

PLACE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
POINTS	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

TIMING/JUDGING

A fully automatic timing system and back-up watches will be used to time each event.

CUT

The top 16 participants in each event advance to the finals.

In swimming events, the top eight (8) from prelims advance to the championship.

The next eight (9-16) will participate in the consolation final.

TIE-BREAKERS

By rule, there are swim-offs for advancing from prelims to finals.

For team awards, duplicate trophies will be awarded instead of breaking ties.

RULES POINTS OF EMPHASIS/CLARIFICATIONS

ENTRY LIMITS

A competitor may enter a maximum of four (4) events, of which no more than two (2) may be individual events.

Once a competitor swims or dives in the preliminaries of an event, it counts toward the total, regardless of whether or not they make the finals.

An alternate entered in an individual event counts as an event entered for that swimmer.

A competitor may withdraw from a preliminary event or final, including diving, with a declared false start.

- Notice must be given to the referee or referee's designee by the swimmer, diver, coach or other team personnel.
- A declared false start must be reported to the referee at a published time designated by the Meet Manager.
- The event shall still count as an entry for the competitor, however, it does not disqualify the competitor from further competition or nullify previous performances.

DIVING ENTRIES

All regional diving events utilized DiveMeets.com and the State Diving Championship will as well.

To confirm if you are already registered, go to DiveMeets.com and use the Find link at the top of the page. Use the Diver, Coach or Judge search and if you see your name, select it to get your DiveMeets ID number.

You cannot participate in a DiveMeets meet as a diver, coach or judge or enter a meet online until you open a DiveMeets account.

Registering is free and you should only register once. If you have forgotten your password or account number, select "Forgot your password or DiveMeets ID" at the login page. DO NOT make a new account.

COACHES: You need to be registered with DiveMeets before your divers enter a meet online. When your divers enter a meet, they must select your name from a drop down list of coaches. If your name is not there, they must wait for you to create an account. If you have not registered, your name will not be there to select.

Once your account has been created, go to DiveMeets.com and login. You will then select the KHSAA state meet, register for the meet and enter your dive list.

This must be completed by 9:00 am on Feb. 15 or the diver will be scratched.

The State Championships will consist of 40 divers in the preliminaries.

After the first three (3) dives, a cut will be made to the top 32 divers to finish the prelims.

Each contestant shall submit a description of dives on divemeets.com.

Include the number, position, degree of difficulty and order in which dives will be attempted for all levels of competition



(preliminaries through finals).

The final list of dives must be submitted no later than one (1) hour before the competition is to begin.

DIVE ORDER

Preliminaries: Any two (2) voluntary dives and three (3) optional dives.

Semifinals: Two (2) voluntary and one (1) optional.

- All five (5) groups of dives must be represented in the first eight (8) rounds

Finals: One (1) voluntary and two (2) optional.

In championship meets, more than one (1) optional dive from the same group is not permitted through the semifinals (Rule 9, Section 4, Article 1 a., b., c., & d, P-61).

The five (5) voluntary dives shall come from each of the five (5) groups with their assigned DD and have a sum total of 9.0 or less.

RELAYS

Coaches must submit their relay cards, according to the schedule included in the meet packets, to the Meet Director's desk.

The relay cards may include as many as six (6) names.

The four (4) swimmers who are competing in the preliminaries must be marked (the lead off swimmer shall be designated).

No names may be added or deleted after this time.

Being listed on the card does not count as an event unless the competitor actually competes in the event.

Coaches will need to mark those competing in the finals (the lead off swimmer shall be designated) according to the time sensitive schedule.

FACILITY SPECIFICATIONS

The facility specifications as outlined in the NFHS Swimming & Diving Rulebook will be used.

STARTING BLOCK WEDGES

Starting block wedges will be used at the state meet.

POST EVENT

RESULTS

Results will be available through the Meet Mobile app and posted on the KHSAA website throughout the event.

TROPHIES AND AWARDS

Boys'/coed and girls' team trophies will be awarded to the top four (4) schools.

Medals will be awarded for the top eight (8) places in all events.

Only properly credentialed media members are permitted to take pictures during the awards ceremony.

- Coaches are not permitted to use cameras or camera phones to take pictures from the deck during the meet or the awards presentation.

OFFICIAL KHSAA CHAMPIONSHIP PHOTOS

The KHSAA pays for professional photography coverage of the event.

Official championship photos will be available for purchase through the KHSAA's online photo gallery within 72 hours of the completion of the event, khsaaphotos.org.

Coaches/parents WILL NOT be permitted access to the deck to take pictures at the awards ceremonies.

FINANCES AND EXPENSES

There is no school reimbursement for this event.



2023 KHSAA State Swimming & Diving Championships presented by UK HealthCare

Member schools are responsible for all expenses incurred for participation.

The KHSAA underwrites the expenses of facility rental, security, first aid, judges and event workers.

IMPORTANT WEBSITE LINKS

[KHSAA Swimming & Diving Website](#)

[Competition Rules](#)

[Overall Time Schedule](#)

[Event by Event Schedule](#)

[Psych Sheet](#)

[Boys'/Coed Heat Sheets](#)

[Girls' Heat Sheets](#)

[DiveMeets.com Registration](#)

[Meet Mobile \(iOS\) \(Android\)](#)

[Parking Map](#)

[Media Credential Request Form](#)

[School Media Credential Request Form](#)

[Official KHSAA Championship Photos](#)

[Team Hotel Information](#)

[Form GE04 \(Physical Exam Form\)](#)



THE KENTUCKY OFFICE OF HIGHWAY SAFETY TEAMING UP WITH THE KHSAA TO DRIVE HOME A LIFE-SAVING MESSAGE FOR ALL MOTORISTS –
BUCKLE UP AND PUT THE PHONE DOWN.

THESE BASIC SAFETY PRACTICES MAKE A CONSIDERABLE DIFFERENCE IN PREVENTING CRASHES AND LESSENING THE SEVERITY OF INJURIES AND THE NUMBER OF DEATHS ON OUR ROADWAYS. EACH YEAR IN KENTUCKY, DISTRACTED DRIVING RESULTS IN MORE THAN 50,000 CRASHES, MORE THAN 15,000 INJURIES AND APPROXIMATELY 200 DEATHS. [LEARN MORE AT KYHIGHWAYSAFETY.COM.](https://www.kyhighwaysafety.com)