

2024 KHSAA State Swimming & Diving Championships
University of Kentucky, Lexington, Kentucky
Meet Program - Girls Swimming Preliminaries

Event 1 Girls 200 Yard Medley Relay

KHSAA Rec: 1:40.43 2020 Sacred Heart Academy

A Crush, C Donan, E Lenihan, M Meredith

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Prelims

1	Great Crossing		1:58.68
2	Greenwood		1:57.26
3	Lafayette		1:51.71
4	Christian Acad		1:49.39
5	Highlands		1:50.44
6	Notre Dame		1:54.54
7	Conner		1:58.14
8	Villa Madonna		1:59.95

Heat 2 of 3 Prelims

1	Woodford Co		1:58.29
2	Eastern		1:56.29
3	Ryle		1:51.13
4	Elizabethtown		1:47.53
5	West Jessamine		1:50.22
6	Lex Catholic		1:53.94
7	North Oldham		1:57.57
8	Beechwood		1:59.14

Heat 3 of 3 Prelims

1	South Warren		1:58.21
2	Henry Clay		1:55.81
3	Paul Dunbar		1:50.80
4	Sacred Heart		1:41.89
5	Madison Central		1:49.71
6	Dixie Heights		1:53.51
7	Boyle Co		1:57.41
8	Ky Country Day		1:58.80

Event 3 Girls 200 Yard Freestyle

KHSAA Rec: 1:44.68 2017 Brooke Forde

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Emmalyn Morrison	9	Tates Creek	2:01.31
2	Avery Gabbard	12	Henry Clay	1:58.87
3	Abby Wright	11	Sacred Heart	1:55.35
4	Sydney Braeger	12	Elizabethtown	1:51.69
5	Marlee Cooksey	9	Madison Central	1:52.69
6	Liv Wallace	10	Notre Dame	1:57.55
7	Harper Lawson	9	Assumption	2:01.01
8	Riley Crowe	10	Bowling Green	2:01.74

Heat 2 of 3 Prelims

1	Riley Shaw	11	Lafayette	2:01.16
2	Katie Coulter	12	Ky Country Day	1:58.11
3	Merritt Walker	11	Sacred Heart	1:54.34
4	Ava Grazziani	10	Sacred Heart	1:49.74
5	Sadie Hartig	11	Notre Dame	1:52.47
6	Danaka Tucker	10	Notre Dame	1:56.44
7	Ella Thomas	9	Conner	2:00.13
8	Freya Reil	9	Dixie Heights	2:01.70

Heat 3 of 3 Prelims

1	Stella Fox	12	Elizabethtown	2:01.02
2	Isla Moore	10	Oldham Co	1:58.07
3	Amelia Jones	11	Paul Dunbar	1:54.31
4	Eli Summa	11	Sacred Heart	1:49.68
5	Kinley Jones	9	Assumption	1:52.03
6	Clare Herfel	8	Highlands	1:55.65
7	Brynlee Trippett	10	Russell	1:59.43
8	Addy Warthman	10	Woodford Co	2:01.49

Event 5 Girls 200 Yard IM

KHSAA Rec: 1:56.83 2016 Asia Seidt

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Ava Gates	11	Assumption	2:18.46
2	Tierney Maynard	12	Tates Creek	2:12.76
3	Ryon Argo	11	Beechwood	2:09.54
4	Kate Braeger	10	Elizabethtown	2:03.07
5	Lauren Wedeking	9	Lafayette	2:07.19
6	Gabriella Stephens	10	Ryle	2:10.86
7	Cate Coartney	12	Ky Country Day	2:14.45
8	Ryleigh Bevil	8	Daviess Co	2:20.16

Heat 2 of 3 Prelims

1	Addi Nussbaum	12	Eastern	2:16.17
2	Sara Frericks	12	Eastern	2:12.41
3	Reese Yauger	11	Ryle	2:09.42
4	Carlie Tyler	12	Sacred Heart	2:01.49
5	Micaela Godfrey	12	Elizabethtown	2:06.54
6	Angelena Brown	9	Madison Central	2:10.02
7	Sarah Bidleman	10	Conner	2:14.43
8	Gabrielle Lee	9	Beechwood	2:19.65

Heat 3 of 3 Prelims

1	Lydia DiVita	10	Ryle	2:14.80
2	Parker Russell	9	Assumption	2:11.51
3	Greta Dale	11	Sacred Heart	2:09.09
4	Haley McDonald	11	Sacred Heart	1:58.40
5	Sydney Green	10	Sacred Heart	2:04.20
6	Sophie Thomas	11	Conner	2:09.91
7	Abby Carnes	9	Notre Dame	2:12.89
8	Sammie Poulos	12	Notre Dame	2:18.95



2024 KHSAA State Swimming & Diving Championships
University of Kentucky, Lexington, Kentucky
Meet Program - Girls Swimming Preliminaries

Event 7 Girls 50 Yard Freestyle

KHSAA Rec: 22.36		2020 Gabriela Albiero		
Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1				
2				
3	Morgan Johnson	8	Muhlenberg Co	25.62
4	Dahlia Kissel	11	Dixie Heights	25.50
5	Delaney Miller	12	Marshall Co	25.59
6				
7				
8				
Heat 2 of 4 Prelims				
1	Greta Kahler	9	Sacred Heart	25.17
2	Sarah Littrell	11	St Henry	25.07
3	Amelia Matzke	12	Greenwood	24.86
4	Kate Mardis	12	Ballard	23.61
5	Elliott Havens	12	Henry Clay	24.57
6	Olivia Cox	12	Sacred Heart	24.99
7	Maddie Staley	9	Beechwood	25.14
8				
Heat 3 of 4 Prelims				
1	Shepherd Caudill	9	Ky Country Day	25.16
2	Lauren Cox	11	Lex Christian	25.02
3	Ella Donlin	12	Sacred Heart	24.64
4	Lillian Hosinski	12	Lex Catholic	23.51
5	Caroline Wilson	12	Christian Acad	24.50
6	Ragan Moore	10	Highlands	24.94
7	Abigail Heath	10	Boyle Co	25.13
8				
Heat 4 of 4 Prelims				
1	Audrey Kiefer	12	Assumption	25.16
2	Haley Waters	9	Dixie Heights	25.01
3	Hartley Brinkmoeller	10	Sacred Heart	24.57
4	Ashley Kara	11	Collegiate	23.50
5	Caroline Beiting	11	Lex Catholic	23.74
6	Ella Kaak	11	Great Crossing	24.92
7	Kinsley Ramey	8	South Oldham	25.10
8	Emma McDowell	11	Madison Central	25.50

Event 11 Girls 100 Yard Butterfly

KHSAA Rec: 51.55		2023 Charlotte Crush		
Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	McKenna Bien	8	Villa Madonna	1:00.69
2	Noelle Adams	12	Assumption	59.63
3	Ryon Argo	11	Beechwood	57.78
4	Amelia Lee	10	West Jessamine	55.93
5	Angelena Brown	9	Madison Central	56.98
6	Mallie Whiteley	9	Assumption	58.81
7	Ava Deegan	11	Notre Dame	1:00.38
8	Kate Hoffman	11	Boyle Co	1:01.32
Heat 2 of 3 Prelims				
1	Sarah McGuinness	12	South Warren	1:00.69
2	Max Reynolds	8	Paul Dunbar	59.38
3	Meredith Carricato	9	Sacred Heart	57.41
4	Sydney Braeger	12	Elizabethtown	55.75
5	Hanna Schmidt	11	Sacred Heart	56.56
6	Reese Yauger	11	Ryle	58.44
7	Linnea Shapero	9	Eastern	59.91
8	Caroline Godfrey	12	Elizabethtown	1:00.93
Heat 3 of 3 Prelims				
1	Sarah Jones	11	Highlands	1:00.65
2	Addi Johnson	11	Dixie Heights	58.81
3	Megan Wedeking	12	Lafayette	57.26
4	Charlotte Crush	10	Sacred Heart	51.16
5	Kinley Jones	9	Assumption	56.48
6	Maddie Staley	9	Beechwood	57.86
7	Anna Thorp	10	Sacred Heart	59.72
8	Amelia Matzke	12	Greenwood	1:00.82

Event 13 Girls 100 Yard Freestyle

KHSAA Rec: 48.85		2021 Ella Welch		
Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Emma McDowell	11	Madison Central	55.43
2	Alexis Fassbender	9	St Henry	54.24
3	Margaret Wilson	11	West Jessamine	53.50
4	Caroline Beiting	11	Lex Catholic	51.49
5	Micaela Godfrey	12	Elizabethtown	53.02
6	Hannah Panko	12	Ryle	53.74
7	Sarah Littrell	11	St Henry	55.03
8	Carlie Bowen	12	Bowling Green	56.52



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Heat 2 Prelims (#13 Girls 100 Yard Freestyle)

1	Haley Waters	9	Dixie Heights	55.41
2	Jillian Beardsley	11	Christian Acad	54.18
3	Lillian Hosinski	12	Lex Catholic	53.20
4	Sydney Perkins	12	Christian Acad	51.08
5	Ashley Kara	11	Collegiate	51.81
6	Ella Donlin	12	Sacred Heart	53.67
7	Dahlia Kissel	11	Dixie Heights	54.76
8	Avery Hutchison	10	Lafayette	56.29

Heat 3 of 3 Prelims

1	Greta Kahler	9	Sacred Heart	55.06
2	Abigail Heath	10	Boyle Co	53.93
3	Elliott Havens	12	Henry Clay	53.17
4	Haley McDonald	11	Sacred Heart	49.99
5	Kate Mardis	12	Ballard	51.52
6	Ragan Moore	10	Highlands	53.62
7	Amelie Beck	12	Sacred Heart	54.69
8	Delaney Miller	12	Marshall Co	56.18

Event 15 Girls 500 Yard Freestyle

KHSAA Rec: 4:39.87 2017 Brooke Forde

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Riley Crowe	10	Bowling Green	5:24.66
2	Isla Moore	10	Oldham Co	5:19.89
3	Danaka Tucker	10	Notre Dame	5:08.49
4	Eli Summa	11	Sacred Heart	4:59.15
5	Clare Herfel	8	Highlands	5:04.03
6	Abby Wright	11	Sacred Heart	5:13.47
7	Haley Yaeger	9	Ryle	5:23.43
8	Hannah Andrews	12	South Warren	5:31.00

Heat 2 of 3 Prelims

1	Mackenzie Denigan	12	Ryle	5:24.52
2	Isabelle Bodart	11	Louisville Male	5:19.59
3	Sophie Thomas	11	Conner	5:08.26
4	Sadie Hartig	11	Notre Dame	4:57.90
5	Lillian Borkowski	10	Atherton	5:03.22
6	Gabriella Stephens	10	Ryle	5:12.34
7	Sydney Pyles	7	North Oldham	5:21.92
8	Makayla Kleman	9	Notre Dame	5:28.14

Heat 3 of 3 Prelims

1	Stella Fox	12	Elizabethtown	5:23.94
2	Ella Thomas	9	Conner	5:19.48
3	Amelia Jones	11	Paul Dunbar	5:05.26
4	Carlie Tyler	12	Sacred Heart	4:56.22
5	Lauren Wedeking	9	Lafayette	5:03.11
6	Katie Coulter	12	Ky Country Day	5:11.17
7	Aubrey Porada	9	Sacred Heart	5:21.77
8	Brynlee Trippett	10	Russell	5:27.76

Event 17 Girls 200 Yard Freestyle Relay

KHSAA Rec: 1:34.09 2016 Sacred Heart Academy

M O'Hara, K Lohman, B Forde, B Bauer

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Prelims

1	Ballard	1:46.45
2	Greenwood	1:44.85
3	Lafayette	1:42.00
4	West Jessamine	1:39.72
5	Highlands	1:41.57
6	Henry Clay	1:43.56
7	Ky Country Day	1:45.78
8	Madisonville NH	1:48.80

Heat 2 of 3 Prelims

1	Woodford Co	1:46.15
2	Paul Dunbar	1:43.93
3	Assumption	1:41.80
4	Lex Catholic	1:39.11
5	Christian Acad	1:40.32
6	Notre Dame	1:42.94
7	Tates Creek	1:45.12
8	Great Crossing	1:46.63

Heat 3 of 3 Prelims

1	Bowling Green	1:45.95
2	Ryle	1:43.66
3	Beechwood	1:41.65
4	Sacred Heart	1:38.06
5	Madison Central	1:40.14
6	St Henry	1:42.33
7	Eastern	1:45.08
8	Oldham Co	1:46.48

Event 19 Girls 100 Yard Backstroke

KHSAA Rec: 51.14 2/17/2023 Charlotte Crush

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Avery Gabbard	12	Henry Clay	1:00.55
2	Jillian Beardsley	11	Christian Acad	59.21
3	Sarah Jones	11	Highlands	57.73
4	Ava Grazziani	10	Sacred Heart	55.70
5	Mallie Whiteley	9	Assumption	57.34
6	Margaret Wilson	11	West Jessamine	58.65
7	Sarah McGuinness	12	South Warren	59.92
8	Morgan Johnson	8	Muhlenberg Co	1:03.30



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Heat 2 Prelims (#19 Girls 100 Yard Backstroke)

1	Audrey Kiefer	12	Assumption	59.97
2	Abby Carnes	9	Notre Dame	59.17
3	Megan Wedeking	12	Lafayette	57.61
4	Kate Braeger	10	Elizabethtown	55.28
5	Marlee Cooksey	9	Madison Central	56.47
6	Caroline Wilson	12	Christian Acad	58.58
7	Liv Wallace	10	Notre Dame	59.64
8	Noelle Adams	12	Assumption	1:01.43

Heat 3 of 3 Prelims

1	Hannah Panko	12	Ryle	59.96
2	Lillian Borkowski	10	Atherton	58.72
3	Sara Keefe	11	Sacred Heart	57.48
4	Charlotte Crush	10	Sacred Heart	51.27
5	Amelia Lee	10	West Jessamine	56.39
6	Merritt Walker	11	Sacred Heart	58.17
7	Max Reynolds	8	Paul Dunbar	59.47
8	Alexis Fassbender	9	St Henry	1:00.63

Event 21 Girls 100 Yard Breaststroke

KHSAA Rec: 1:00.45 2016 Madison Winstead

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Ryleigh Bevil	8	Daviess Co	1:09.72
2	Ivy Sadler	9	Danville	1:08.72
3	Ella Kaak	11	Great Crossing	1:07.13
4	Georgia Kahler	12	Sacred Heart	1:03.57
5	Kinsley Ramey	8	South Oldham	1:06.10
6	Greta Dale	11	Sacred Heart	1:07.86
7	Addi Nussbaum	12	Eastern	1:09.24
8	Izzy Gorin	11	Central Hardin	1:10.84

Heat 2 of 3 Prelims

1	Keira Kobida	9	Highlands	1:09.66
2	Lydia DiVita	10	Ryle	1:08.54
3	Lauren Cox	11	Lex Christian	1:06.87
4	Hanna Schmidt	11	Sacred Heart	1:03.44
5	Parker Russell	9	Assumption	1:05.82
6	Saraya Almasarweh	8	Central Hardin	1:07.48
7	Melia Kinross	12	Ryle	1:09.16
8	Brianne Flikkema	11	Greenwood	1:10.65

Heat 3 of 3 Prelims

1	Meher Saini	12	Paul Dunbar	1:09.52
2	Sarah Bidleman	10	Conner	1:08.05
3	Addi Johnson	11	Dixie Heights	1:06.21
4	Sydney Perkins	12	Christian Acad	1:02.56
5	Sydney Green	10	Sacred Heart	1:03.68
6	Ava Gates	11	Assumption	1:07.33
7	Tierney Maynard	12	Tates Creek	1:08.86
8	Sara Frericks	12	Eastern	1:10.02

Event 23 Girls 400 Yard Freestyle Relay

KHSAA Rec: 3:22.79 2014 Sacred Heart Academy

A Seidt, A LeClair, B Bauer, L Stevens

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Prelims

1	Collins	3:57.55
2	Bowling Green	3:53.29
3	Assumption	3:45.17
4	Highlands	3:40.99
5	Paul Dunbar	3:42.87
6	Tates Creek	3:50.73
7	Manual	3:54.96
8	Cooper	4:00.35

Heat 2 of 3 Prelims

1	Oldham Co	3:56.85
2	Conner	3:52.82
3	Dixie Heights	3:44.01
4	Elizabethtown	3:36.65
5	Beechwood	3:41.90
6	Boyle Co	3:49.60
7	Ballard	3:54.63
8	Eastern	3:59.42

Heat 3 of 3 Prelims

1	South Warren	3:56.38
2	Lafayette	3:51.17
3	Notre Dame	3:43.28
4	Sacred Heart	3:28.81
5	Ryle	3:41.85
6	St Henry	3:46.13
7	Villa Madonna	3:53.64
8	North Oldham	3:57.93

