# Schedule for Submission of Relay Cards
# First Round 2026 Kentucky High School Athletic Association Swimming and Diving Championships
# Site #3 Scott High School, Taylor Mill, Kentucky

- **Relay cards shall be picked up, at the venue, by the Coach of each school, at the Coaches meeting preceding the start of warm-ups of each session. (Bylaw 22 applies)**
- **Up to eight (8) swimmers will be listed on each event entry card for the 1st Round of the State Meet**
- **The card has listed the First and Last names of the same athletes listed from the Region Entry and postseason roster.**
- **No names may be added, deleted or changed from the Region Entry.**
- **The four names of the swimmers entered for each relay are declared by writing the number, in the order they are to swim, and the number circled, to the left of the name on the card, to declare an athlete to swim. (example below)**
- **The Coach shall sign the back of each relay card. (example below)**
- **The relay card shall be turned in at the head table by the following schedule:**

**<u>Session One Boys Timed Finals</u>**

| | |
|---|---|
| **200 Medley Relay** | **10:00 am EST** |
| **200 Free Relay** | **The end of the Diving Break, before the start of the first heat of 100 Butterfly at approximately 11:32 am** |
| **400 Free Relay** | **The finish of the last heat of the 500 Free approximately 12:00 pm** |

**<u>Session Two Girls Timed Finals</u>**

| | |
|---|---|
| **200 Medley Relay** | **3:30 pm EST** |
| **200 Free Relay** | **The end of the Diving Break, before the start of the first heat of 100 Butterfly at approximately 5:02 pm** |
| **400 Free Relay** | **The finish of the last heat of the 500 Free approximately 5:33 pm** |

***The Declaration procedure and this Schedule is in compliance with NFHS Rule 3, Section 2, Articles 2-3-4-5 pages 19 & 20. Penalties for non-compliance are listed, in bold, on those pages.***

1st Round KHSAA State Championships Site #2 - 2/17/2024

Event 1 Girls 200 Yard Medley Relay - Finals Heat:____ Lane:____

Eastern High School Seed Time: 1:58.04

| | |
|---|---|
| 1) Shapero, Linnea 9 | 2) Nussbaum, Addi 12 |
| 3) Sparks, Julia 11 | 4) Frericks, Sara 12 |
| 5) Medley, Madelyn 9 | 6) Brinkmoeller, Ansley 7 |
| 7) Ludwick, Allie 10 | 8) Peppers, Olivia 10 |

T1 ___:___.___ T2 ___:___.___ T3 ___:___.___ Official Time ___:___.___

1st Round KHSAA State Championships Site #2 - 2/17/2024

Event 17 Girls 200 Yard Freestyle Relay - Finals Heat:____ Lane:____

Eastern High School Seed Time: 1:52.40

| | | | |
|---|---|---|---|
| 1) | Shapero, Linnea 9 | 2) | Nussbaum, Addi 12 |
| 3) | Ludwick, Allie 10 | 4) | Frericks, Sara 12 |
| 5) | Medley, Madelyn 9 | 6) | Duffee, Madison 10 |
| 7) | Sparks, Julia 11 | 8) | Brinkmoeller, Ansley 7 |

T1 ___:___.___ T2 ___:___.___ T3 ___:___.___ Official Time ___:___.___

1st Round KHSAA State Championships Site #2 - 2/17/2024

Event 23 Girls 400 Yard Freestyle Relay - Finals Heat:____ Lane:____

Eastern High School Seed Time: 4:09.91

| | | | |
|---|---|---|---|
| 1) | Shapero, Linnea 9 | 2) | Ludwick, Allie 10 |
| 3) | Medley, Madelyn 9 | 4) | Brinkmoeller, Ansley 7 |
| 5) | Nussbaum, Addi 12 | 6) | Medley, Shelby 9 |
| 7) | Frericks, Sara 12 | 8) | Sparks, Julia 11 |

T1 ___:___.___ T2 ___:___.___ T3 ___:___.___ Official Time ___:___.___

Coach